



“Patience, Kindness + Goodness” (Fruit of the Spirit - Ep. II)

We celebrate Dads today, but regardless, where you are married, single, kids, or no kids there’s something here for you today.

“But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.” **Galatians 5:22-23** (NIV)

Galatians 5:22-23

KJV: **longsuffering, gentleness, goodness**

ESV: **patience, kindness, goodness**

You can see fruit!

Patience:

Often translated as “forbearance” or “longsuffering,” this is the ability to endure difficult circumstances, delays, or provocations without lashing out. It is about maintaining _____ and a gentle spirit while waiting or dealing with _____.

Kindness:

This is the active expression of grace and _____ toward others. It involves treating people with gentleness, respect, and practical helpfulness, often when they do not expect or deserve it.

Goodness:

Closely related to kindness, this virtue is about moral excellence and _____. It means actively choosing to do what is right and beneficial for others, acting out of a pure and upright heart.

Fruit is a discussion on what’s happening with the tree. How does showing these fruits apply to being a dad, parent, person, Christian.

Goodness:

What about when I don’t feel like it?

“Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving.”

Colossians 3:23-24

Kindness:

“Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord.” **Ephesians 6:4** (NIV)

“Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.” **Ephesians 6:4** (ESV)

Kindness requires wisdom, because there are short term and long term qualities to it. Finding the wise balance is ideal and sometimes Dads push kids too far and they get exasperated.

Patience:

“But do not forget this one thing, dear friends: With the Lord a day is like a thousand years, and a thousand years are like a day. The Lord is not slow in keeping his promise, as some understand slowness. Instead he is patient with you, not wanting anyone to perish, but everyone to come to repentance.” **2 Peter 3:8-9** (NIV)

You have to be very careful about every fruit you wish to grow in. In order to grow patience/kindness/goodness, you need to be put into a situation where your patience/kindness/goodness can be tested.

FRUIT OF THE SPIRIT means SHOW ME by living what the HOLY SPIRIT has done in you.

All scripture is from the New International Version unless otherwise note.



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