

Psalm 140

Eripe me, Domine

1 Deliver me, O Lord, from evildoers; *
protect me from the violent,

2 who devise evil in their hearts *
and stir up strife all day long.

3 They have sharpened their tongues like a serpent; *
adder's poison is under their lips.

4 Keep me, O Lord, from the hands of the wicked; *
protect me from the violent, who are determined to trip me up.

5 The proud have hidden a snare for me and stretched out a net of cords;
* they have set traps for me along the path.

6 I have said to the Lord, "You are my God; *
listen, O Lord, to my supplication."

7 O Lord God, the strength of my salvation, *
you have covered my head in the day of battle.

8 Do not grant the desires of the wicked, O Lord, *
nor let their evil plans prosper.

9 Let not those who surround me lift up their heads; *
let the evil of their lips overwhelm them.

10 Let hot burning coals fall upon them; *
let them be cast into the mire,
never to rise up again.

11 A slanderer shall not be established on the earth, *
and evil shall hunt down the lawless.

12 I know that the Lord will maintain the cause of the poor *
and render justice to the needy.

13 Surely, the righteous will give thanks to your name, *
and the upright shall continue in your sight.

Psalm 142

Voce mea ad Dominum

1 I cry to the Lord with my voice; *
to you I make loud supplication.

2 I pour out my complaint before you *
and tell you all my trouble.

3 When my spirit languishes within me, you know my path; *
in the way wherein I walk they have hidden a trap for me.

4 I look to my side and find no one who knows me; *
I have no place to flee to, and no one cares for me.

5 I cry out to you, O Lord; *
I say, "You are my refuge,
my portion in the land of the living."

Morning Prayer – Joseph Butler, Bishop of Durham - 1752
Tuesday June 16, 2026

6 Listen to my cry for help, *
for I have been brought very low;
save me from those who pursue me, *
for they are too strong for me.

7 Bring me out of prison, *
that I may give thanks to your name;
when you have dealt bountifully with me, *
the righteous will gather around me.

Glory to God, Source of all being, eternal Word, and Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.

Romans 1:16-25

A reading from the letter of Paul to the Romans.

For I am not ashamed of the gospel; it is God's saving power for everyone who believes, for the Jew first and also for the Greek. For in it the righteousness of God is revealed through faith for faith, as it is written, "The one who is righteous will live by faith."

For the wrath of God is revealed from heaven against all ungodliness and injustice of those who by their injustice suppress the truth. For what can be known about God is plain to them, because God has made it plain to them. Ever since the creation of the world God's eternal power and divine nature, invisible though they are, have been seen and understood through the things God has made. So they are without excuse, for though they knew God, they did not honor him as God or give thanks to him, but they became futile in their thinking, and their senseless hearts were darkened. Claiming to be wise, they became fools, and they exchanged the glory of the immortal God for images resembling a mortal human or birds or four-footed animals or reptiles.

Therefore God gave them over in the desires of their hearts to impurity, to the dishonoring of their bodies among themselves. They exchanged the truth about God for a lie and worshiped and served the creature rather than the Creator, who is blessed forever! Amen.

The word of the Lord.

Thanks be to God.