



CBM

embracing a broken world
through word & deed

Bustin' With News

Ministry Update from the Bustins



From Canada



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Time to Once Again Get "Active in Mission"

Have you had a time in the last 12 months when your pants felt a little too tight after a big meal? Have you had days when thought to yourself you may need to cut back a bit on how much you're eating? Were there times you looked at your shelves or in your fridge, trying to decide among food options? The truth is, most of us are so blessed when it comes to available food that it is hard to imagine what it would be like to not be in that situation.

But for many people in Canada and around the world, hunger is a constant companion, an enemy to battle every day, a cruel reality that steals health and hope. It can be caused by changes in the economy, fighting and wars, mental health issues, extreme weather, and even traditions and habits.

With a problem that is so big, we might be tempted to just "Park It" – set the issue aside, keep things as they are. After all, what can one person do ... really? But instead of choosing that direction, we would rather "Park It" by going walking in a local park in order to battle global hunger. In other words, we are planning once again to take part in



CBM's *Active in Mission* campaign. Over the last few years, this annual initiative has raised thousands of dollars to help feed people locally (through the four Canadian Baptist Conventions across the country) and globally (through our partners in Togo, Democratic Republic of the Congo, Rwanda, South Sudan, Kenya, Lebanon, Cyprus, Thailand, India, Philippines, El Salvador, Guatemala, Bolivia, Liberia and Greece).

Locally & Globally

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CBM has set an ambitious goal of raising \$100,000 which will be used both in Canada and internationally to help people know what it is like to be food secure, able to consistently provide food for themselves. Does this sound like an effort you would like to get behind? That can happen in one of two ways. **First**, you can choose to register by clicking [here](#). You can do it by yourself or get others to join you and make it a group effort. Then invite people you know to sponsor you financially and finally ... get ACTIVE! How to do that is up to you - walk, run, dance, bike, swim, rollerblade, horseback ride, kayak, jump on a trampoline, skip rope, etc. The **second** way to be a part of *Active in Mission* is to support someone who is participating.

This year the two of us are going to "Park It" in one of our local parks which is still quite new to us. Here is our 2026 *Active in Mission* Plan:

- The activity: Walk 20 km in the Irishtown Nature Park (a park on the northern edge of Moncton, NB)
- The dates: Between July 11–25 (we'll hope to find some nice days we can use)
- The goal: We have again set a target of \$3000

If you would like to know more about *Active in Mission*, or you would like to support us (or someone else), please visit <https://www.activeinmission.ca/>. Together, we can help more people put an end to hunger!

Below are some examples of food security projects at work in Rwanda:



Bananas and casava resulting from traditional farming ...



compared to what is grown using conservation agriculture methods.

