

HONOUR YOUR MARRIAGE: NO ADULTERY

EXODUS 20:14; 2 SAMUEL II; PSALM 32

10 PRINCIPLES
FOR

Healthy
Families

SERMON SERIES



“Love the Lord your God with all your heart and with all your soul and with all your mind.”^[a] 38 This is the first and greatest commandment. 39 And the second is like it: ‘Love your neighbor as yourself.’^[b] 40 All the Law and the Prophets hang on these two commandments.”

Matthew 22:37-40

“The practise of purity protects marriage”

Big Idea

“You shall not commit adultery”

Exodus 20:14

“The Lord God said, ‘It is not good for the man to be alone. I will make a helper suitable for him.’...But for Adam no suitable helper was found. So the Lord God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man’s ribs and closed up the place with flesh.

Genesis 2:18-25

Then the Lord God made a woman from the rib he had taken out of the man, and he brought her to the man. The man said, ‘This is now bone of my bones and flesh of my flesh; she shall be called ‘woman,’ for she was taken out of man.’ For this reason a man will leave his father and mother and be united to his wife, and they will become one flesh. The man and his wife were both naked, and they felt no shame.”

Genesis 2:18-25

“Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral.”

Hebrews 13:4

DEFINITION

- ❖ Adultery is defined as sexual relations between a married man and a woman who is not his wife or 2). Between a married woman and a man not her husband.
- ❖ This command is directed to every individual
- ❖ This command is an unconditional prohibition for everyone
- ❖ Adultery begins in the heart. Matthew 5:28

“You have heard the commandment that says, ‘You must not commit adultery.’²⁸ But I say, anyone who even looks at a woman with lust has already committed adultery with her in his heart.

Matthew 5:27-28 NLT

PSYCHOLOGY TODAY

According to a survey of 100,000 people: (Psychology Today)

- 23% of men and 20% of women will commit adultery.**
- And 60% of those affairs will originate at work.**
- If the person who committed adultery confesses their adultery, 57% of those marriages will stay together.**
- Only 7% of affairs end up as a marriage.**
- 75% of marriages that came from an affair end in divorce.**

**Source: *The Truth About Infidelity From Almost 100,000 People*,
Savoie, J. M., Zinck, M., & Fisher, M. L. (2023). *Between the Lines of Betrayal: An examination of a large-scale survey on sex differences in infidelity behaviors, motivations, and outcomes.***



**“So, if you think you are standing firm, be careful that
you don’t fall!”**

1 Corinthians 10:12

GOD IS NO KILLJOY

GOD IS NOT A COSMIC KILLJOY. HE CREATED US TO ENJOY EACH OTHER, WITHIN THE BOUNDARIES OF MARRIAGE. WITHIN THOSE GUARDRAILS, WE ARE FREE TO ENJOY OUR HUSBAND/ WIFE. THAT BEING SAID, GOD HAS THE RIGHT TO DECIDE AND DEFINE THE PARAMETERS OF OUR SEXUAL ACTIVITY.



THE PROBLEM

- ❖ 2 Samuel 11
- ❖ The Cause (2 Sam.11:1-4)
- ❖ The Consequence (2 Samuel 11:5)
- ❖ The Cover-up (2 Samuel 11:6-27a)
- ❖ The Condemnation (2 Samuel 11:27b)



“Sin will take you farther than you want to go, keep you longer than you want to stay, and cost you more than you’re willing to pay.”

Steve Farrar, Finishing Strong

THE PREVENTIONS

- ❖ Make a commitment to Gods standard
- ❖ Magnify the consequences
- ❖ Maintain my marriage
- ❖ Manage my mind
- ❖ Maintain proper relationships (Billy Graham Policy)
- ❖ Minimize the opportunity



CAN I BE
FORGIVEN?

PSALM 32



Blessed is the one whose transgressions are forgiven, whose sins are covered. ² Blessed is the one whose sin the Lord does not count against them and in whose spirit is no deceit.³ When I kept silent, my bones wasted away through my groaning all day long. ⁴ For day and night your hand was heavy on me; my strength was sapped as in the heat of summer. ⁵ Then I acknowledged my sin to you and did not cover up my iniquity. I said, “I will confess my transgressions to the Lord.” And you forgave the guilt of my sin.

Psalm 32:1-5

THE PATHWAY BACK TO PURITY

- ❖ Psalm 32:1-5
- ❖ The cleansing of sin brings a BLESSING(1-2)
- ❖ The covering up of sin brings DISCIPLINE (3-4)
- ❖ The confession of sin brings FORGIVENESS (5)



THE PRACTISE OF PURITY PROTECTS MARRIAGE

Big Idea