

St Stephen the Martyr Anglican Church, Burnaby

Sunday, June 14, 2026 – 10 AM  
The 3rd Sunday after Pentecost



**Abraham Receiving the Three Angels**

By Bartolomé Esteban Murillo, 1617-1682<sup>1</sup>

## Holy Eucharist with Zoom Option

The Zoom codes for all our worship services are:

Meeting ID: 83846564281 Passcode: 244245 Dial In: 778 907 2071

<https://us06web.zoom.us/j/83846564281?pwd=DxZqcFXDEK6Fi7uS7Srv906FS7Xd3I.1>

*Thank you for joining us for worship this morning! This document provides a guide for our time together. You are invited to join in saying the words in **bold**. Bookmarks to pre-mark the hymnals are available where you picked up this guide. Hymns today are in the blue "Common Praise" hymnals.*

## **The Gathering of the Community**

### Words of Welcome & a Territorial Acknowledgement

Opening Hymn  
"Now Thank We All Our God" CP-399

The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with you all.

**And also with you.**

Almighty God,  
**to you all hearts are open, all desires known,  
and from you no secrets are hidden.  
Cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

### The Collect of the Day

God of love, in your compassion you reach out to the lost and helpless. Continue this work through us, so that your reign of justice and peace may increase; through Jesus Christ, the Lord of the harvest.<sup>ii</sup>

**Amen.**

*The children and their teachers move to Sunday School.*

Gloria  
"Glory to God" CP-702

## **The Proclamation of the Word**

The First Reading  
*Genesis 18:1-15* Read by Bob R

*God has promised that he will be God of Abraham and of his descendants. The only obligation God has placed on Abraham is that he, and his male descendants, be circumcised. When God promised that he will have a son by Sarah, the old man laughed.*

The Lord appeared to Abraham by the oaks of Mamre, as he sat at the entrance of his tent in the heat of the day. He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them and bowed down to the ground. He said, "My lord, if I find favor with you, do not pass by your servant. Let a little water be brought, and wash your feet, and rest yourselves under the tree. Let me bring a little bread, that you may refresh yourselves, and after that you may

pass on—since you have come to your servant.” So they said, “Do as you have said.” And Abraham hastened into the tent to Sarah and said, “Make ready quickly three measures of choice flour, knead it, and make cakes.” Abraham ran to the herd and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. Then he took curds and milk and the calf that he had prepared and set it before them, and he stood by them under the tree while they ate.

They said to him, “Where is your wife Sarah?” And he said, “There, in the tent.” Then one said, “I will surely return to you in due season, and your wife Sarah shall have a son.” And Sarah was listening at the tent entrance behind him. Now Abraham and Sarah were old, advanced in age; it had ceased to be with Sarah after the manner of women. So Sarah laughed to herself, saying, “After I have grown old, and my husband is old, shall I be fruitful?” The Lord said to Abraham, “Why did Sarah laugh and say, ‘Shall I indeed bear a child, now that I am old?’ Is anything too wonderful for the Lord? At the set time I will return to you, in due season, and Sarah shall have a son.” But Sarah denied, saying, “I did not laugh,” for she was afraid. He said, “Yes, you did laugh.”

Hear what the Spirit is saying to God’s People.

**Thanks be to God!**

The Psalm<sup>iii</sup>

**Psalm 116:1-2, 12-19**

*Our cantor today is Bob D.*

*The cantor sings the refrain first, then everyone repeats it the second time. The cantor sings the verses.*



**Refrain: I will lift up the cup of salvation.**

I love you, O God, because you have heard the voice of my supplication,  
because you have inclined your ear to me whenever I called upon you.  
The cords of death entangled me; the grip of the grave took hold of me;  
I came to grief and sorrow.  
Then I called upon your name, O God: "My defender, I pray you, save my life."

**Refrain: I will lift up the cup of salvation.**

How shall I repay you, O God for all the good things you have done for me?  
I will lift up the cup of salvation and call upon your name, O God.

**Refrain: I will lift up the cup of salvation.**

I will fulfil my vows to you, O God, in the presence of all your people.  
Precious in your sight, O God, is the death of your servants.

**Refrain: I will lift up the cup of salvation.**

O God, I am your servant; I am your servant and the child of your handmaid;  
you have freed me from my bonds.

I will offer you the sacrifice of thanksgiving and call upon your name, O God.

**Refrain: I will lift up the cup of salvation.**

I will fulfil my vows to you, O God, in the presence of all your people.  
In the courts of God's house, in the midst of Jerusalem. Hallelujah!

**Refrain: I will lift up the cup of salvation.**

### The Second Reading

*Romans 5:1-8* Read by Roxee

*Paul has argued that it was Abraham's faith that put him in a right relationship with God, rather than his obedience to a law. Now Paul tells of the results of the oneness with God that comes through faith in Christ.*

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand, and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our afflictions, knowing that affliction produces endurance, and endurance produces character, and character produces hope, and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

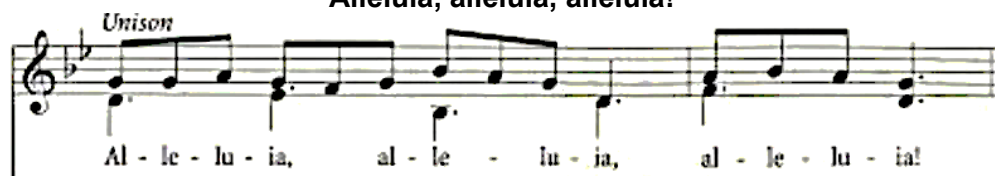
Hear what the Spirit is saying to God's People.

**Thanks be to God!**

### Gospel Acclamation

"Alleluia" CP-710

**Alleluia, alleluia, alleluia!**



### The Gospel Reading

*Matthew 9:35-10:8*

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, Lord Jesus Christ.**

*Matthew has just told us of ten miracles Jesus performed; he has cured people both physically and spiritually. Now he commissions the twelve disciples, giving them authority and power to preach the nearness of the kingdom to all who are receptive to the good news. Their task will not always be easy.*

Then Jesus went about all the cities and villages, teaching in their synagogues and proclaiming the good news of the kingdom and curing every disease and every sickness. When he saw the crowds, he had compassion for them because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, "The harvest is plentiful, but the laborers are few; therefore ask the Lord of the harvest to send out laborers into his harvest."

Then Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee and his brother John; Philip and Bartholomew; Thomas and Matthew the tax collector; James son of Alphaeus and Thaddaeus; Simon the Cananaean and Judas Iscariot, the one who betrayed him.

These twelve Jesus sent out with the following instructions: “Do not take a road leading to gentiles, and do not enter a Samaritan town, but go rather to the lost sheep of the house of Israel. As you go, proclaim the good news, ‘The kingdom of heaven has come near.’ Cure the sick; raise the dead; cleanse those with a skin disease; cast out demons. You received without payment; give without payment.”

The Gospel of Christ

**Praise to You, Lord Jesus Christ.**

Gospel Acclamation  
“Alleluia” CP-710  
**Alleluia, alleluia, alleluia!**

*Unison*  
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

Homily  
*The Rev. Neil Jongbloed*

Opportunity for Contemplation with Musical Interlude  
*Natan Bádue*

Let us confess the faith of our baptism, as we sing,

Affirmation of Faith  
“I Believe in God Almighty” CP-44

Intercessions & Thanksgiving  
*led by Sara*

*The leader will name aloud our parish's known prayer concerns and conclude with the following prayer:*

In peace, we pray to you, Lord God.

*Silence*

For all people in their daily life and work;

**For our families, friends, and neighbours, and for all those who are alone.**

For this community, our country, and the world;

**For all who work for justice, freedom, and peace.**

For the just and proper use of your creation;

**For the victims of hunger, fear, injustice, and oppression.**

For all who are in danger, sorrow, or any kind of trouble;

**For those who minister to the sick, the friendless, and the needy.**

For the peace and unity of the Church of God;

**For all who proclaim the gospel, and all who seek the truth.**

For John our bishop, and for all bishops and other ministers;  
**For all who serve God in his Church.**

For our own needs and those of others.

*Silence. The people may add their own petitions.*

Hear us, Lord;

**For your mercy is great.**

We thank you, Lord, for all the blessings of this life.

*Silence. The people may add their own thanksgivings.*

We will exalt you, O God our king;

**And praise your name for ever and ever.**

We pray for all those who have died in the peace of Christ,  
and for those whose faith is known to you alone,  
that they may have a place in your eternal kingdom.

*Silence. The people may add their own petitions.*

Lord, let your loving kindness be upon them;

**Who put their trust in you.**

We pray to you also for the forgiveness of our sins.

*Silence may be kept.*

Have mercy upon us, most merciful Father;

**in your compassion, forgive us our sins,  
known and unknown, things done and left undone;  
and so uphold us by your Spirit  
that we may live and serve you in newness of life,  
to the honour and glory of your name;  
through Jesus Christ our Lord. Amen.**

#### The Absolution

Almighty God have mercy upon you, pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness, and keep you in eternal life;  
through Jesus Christ our Lord.

**Amen.**

#### The Peace<sup>iv</sup>

The peace of the Christ be always with you.

**And also with you.**

*The congregation is invited to share a sign of the peace of Christ with one another.*

#### Offertory Hymn

*“O Love, How Deep, How Broad”* CP-628

*During the singing of the Offertory Hymn, the greeters will bring the offering plates through the congregation. Financial offerings may be placed in the plates at the entrances to the worship space or made online at [www.ststephenburnaby.ca/pages/donate](http://www.ststephenburnaby.ca/pages/donate). St Stephen's depends on the generosity of our members and visitors to continue to offer Christ's light to our neighbours.*

### Prayer Over the Gifts

God of mercy and grace, the eyes of all wait upon you, and you open your hand in blessing. Fill us with good things at your table, so that we may come to the help of all in need, through Jesus Christ, our redeemer and Lord.

**Amen**

### The Eucharistic Prayer

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is right to give you thanks and praise,  
O Lord, our God, sustainer of the universe,  
you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be:  
the vast expanse of interstellar space,  
galaxies, suns, the planets in their courses,  
and this fragile earth, our island home;  
by your will they were created and have their being.

**Glory to you for ever and ever.**

From the primal elements  
you brought forth the human race,  
and blessed us with memory, reason, and skill;  
you made us the stewards of creation.

**Glory to you for ever and ever.**

But we turn against you, and betray your trust;  
and we turn against one another.

Again and again you call us to return.

Through the prophets and sages you reveal your righteous law.

In the fullness of time you sent your Son,

born of a woman, to be our Saviour.

He was wounded for our transgressions,  
and bruised for our iniquities.

By his death he opened to us the way of freedom and peace.

**Glory to you for ever and ever.**

Therefore we praise you, joining with the heavenly chorus,  
with prophets, apostles, and martyrs,  
and with those in every generation who have looked to you in hope,  
to proclaim with them your glory,  
in their unending hymn:

Sanctus

*"Holy, Holy, Holy Lord"* CP-735

**Holy, holy, holy Lord, God of power and might.  
Holy, holy, holy Lord, God of power and might,  
heaven and earth are full, full of your glory.  
Hosanna in the highest, hosanna in the highest.**

**Blesséd is he who comes in the name of the Lord.  
Hosanna in the highest, hosanna in the highest.**

Blessed are you, Lord our God, for sending us Jesus, the Christ,  
who on the night he was handed over to suffering and death,  
took bread, said the blessing,  
broke the bread, gave it to his friends,  
and said, "Take this, and eat it:  
this is my body which is given for you.  
Do this for the remembrance of me."

In the same way, after supper,  
he took the cup of wine;  
he gave you thanks,  
and said, "Drink this, all of you:  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Whenever you drink it,  
do this for the remembrance of me."

**Glory to you for ever and ever.**

Gracious God,  
we recall the death of your Son Jesus Christ,  
we proclaim his resurrection and ascension,  
and we look with expectation for his coming as Lord of all the nations.  
We who have been redeemed by him,  
and made a new people by water and the Spirit,  
now bring you these gifts.

Send your Holy Spirit upon us and upon this offering of your Church,  
that we who eat and drink at this holy table  
may share the divine life of Christ our Lord.

**Glory to you for ever and ever.**

Pour out your Spirit upon the whole earth  
and make it your new creation.

Gather your Church together from the ends of the earth into your kingdom,  
where peace and justice are revealed,  
that we, with all your people,  
of every language, race, and nation,  
may share the banquet you have promised;  
through Christ, with Christ, and in Christ,  
all honour and glory are yours, creator of all.

**Glory to you for ever and ever.**

**Amen.**

Gathering our prayers and praises into one, let us pray as our Saviour taught us.

### The Lord's Prayer

"The Lord's Prayer" (SGP-12)

**Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins as we forgive those who sin against us.  
Save us from the time of trial, and deliver us from evil.  
For the kingdom, the power, and the glory are yours,  
now and for ever. Amen.**

### The Breaking of the Bread

We break this bread to share in the body of Christ.

**We, being many, are one body, for we all share in the one bread.**

### Agnus Dei

Written by Nattaniel Bádue

Lamb of God you take a -  
*mp*

- way the sins of the world. Have mer - cy on us.

Lamb of God you take a - way the sins of the world.

Have mer - cy on us. Lamb of God you take a -

- way the sins of the world. Grant - - - us peace.

### The Communion

The gifts of God for the people of God.

**Thanks be to God.**

Come to this table not because you must, but because you may.

Come not because you have all faith, but because you have some faith and would like to grow.

Come because you love the Lord and would like to love more.

Come because all is ready and because you are his body.

**To Receive Communion:**

*Please come forward to the step before the Altar to receive. We begin with the choir, the tech team, and the pews behind them and then move to the other side. Be attentive to physical distancing as you move within the space. To receive, extend both hands, one on top of the other so that the wafer may be placed on your palm. For the wine, you may take a sip from the chalice. We do not dip the wafer into the wine.*

*If you are not receiving wine, you may stay until the chalice is offered to you or return to your seat immediately.*

*If you would prefer a blessing instead, please ask for one.*

*If you need Communion brought to you, please alert a greeter or wave at the priest when everyone else has received.*

**Those on Zoom will say this prayer together.**

*If you are attending in-person, but are not receiving communion at this time, you may also wish to say the following prayer.*

In union, O God, with all your faithful people gathered wherever the eucharist is celebrated this day, we offer you praise and thanksgiving for creation and all the blessings of this life, for the redemption given to us through the life, death and resurrection of Christ, and for the means of grace and the hope of glory.

We pray that we may know you in heart, and soul and mind. Let nothing separate us from you. May we serve you in this life until, by your grace, we come to your promised reign of justice and peace; through Christ and in the unity of the Spirit. Amen.

**Communion Hymns**

*"Tree of Life and Awesome Mystery"*

CP-179

*"Jesus, to your table led"*

SFGP-15 (green hymnal)

**1 Jesus, to your table led,  
Now let every heart be fed  
With the true and living Bread.**

**2 When we taste the mystic wine,  
Of your out-poured blood the sign,  
Fill our hearts with love Divine.**

**3 While on your cross we gaze,  
Mourning o'er our sinful ways,  
Turn our sadness into praise.**

**4 Draw us you your wounded side,  
Whence there flowed the healing tide,  
There our sins and sorrows hidel.**

**5 From the bonds of sin release,  
Cold and wavering faith increase;  
Lamb of God, grant us thy peace.**

*"Holy Spirit, Come to Us"*

SNC-161 – see below.

The image shows a musical score for a hymn. It consists of two systems of music. Each system has a treble clef staff on top and a bass clef staff on the bottom. The key signature is one sharp (F#). The first system has two lines of lyrics: "Ho-ly Spir-it, come to us, kin-dle in us the fire of your love." and "Ve-ni San-cte Spir-i-tus, tu-i a-mo-ris i-gnem ac-cen-de." The second system has two lines of lyrics: "Ho-ly Spir-it, come to us. Ho-ly Spir-it, come to us." and "Ve-ni San-cte Spir-i-tus, ve-ni San-cte Spir-i-tus." The music is written in a simple, hymn-like style with block chords and moving lines.

Prayer after Communion

Holy and blessed God, as you give us the body and blood of your Son, guide us with your Holy Spirit, that we may honour you not only with our lips but also in our lives.  
This we ask in the name of Jesus Christ our Lord.

Glory to God,

**Whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever.  
Amen.**

Announcements

*Pat N*

Blessing

The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord and the blessing of God our Creator, Redeemer and Giver of life be with you always.  
**Amen.**

Sending Hymn

*"In the Cross of Christ I Glory"* CP-537

Dismissal

Go forth in the name of Christ  
**Thanks be to God.**

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Please join us for tea and coffee in the Parish Hall.

## St STEPHEN'S CONTACT INFORMATION

**Address:** 9887 Cameron St, Burnaby BC V3J 1M3

**Telephone:** 604-421-0472

**Web:** [www.StStephenburnaby.ca](http://www.StStephenburnaby.ca)

**General Email:** [info@ststephenburnaby.ca](mailto:info@ststephenburnaby.ca)

**Thrift Shop Email:** [thriftshop@ststephenburnaby.ca](mailto:thriftshop@ststephenburnaby.ca)

**Prayer Chain:** [prayerchain@ststephenburnaby.ca](mailto:prayerchain@ststephenburnaby.ca)

**Rector:** The Venerable Ruth Monette

**Rector:** The Reverend Neil Jongbloed

**Music Director:** Natan Badue

**Parish Administrator:** Lois Holmlund

**Rentals:** [rentals@ststephenburnaby.ca](mailto:rentals@ststephenburnaby.ca)

**Wardens:** Val Krause and Sara Shaw

**Associate Warden:** Sandra Sutherland

**THANK YOU THIS WEEK** to our choir members, our readers, our tech support (Shin), and to our other volunteer servers this Sunday: Our Zoom host: Barb; Parish host: Pat N; our greeters: Man and Judy; our Offering custodian Bob R; Altar Guild: Elaine and Wendy; Sunday School: Ruth Z; and Coffee hosts: Betty and Man

**TERRITORIAL ACKNOWLEDGEMENT:** WE ACKNOWLEDGE THAT ST. STEPHEN THE MARTYR IS LOCATED ON THE UNCEDED LANDS OF THE COAST SALISH PEOPLES, ON THE SHARED TRADITIONAL TERRITORY OF SKW̱X̱WÚ7MESH (SQUAMISH), səliłwətaʔ (TSLEIL-WAUTUTH), X̱w̱MƏØḴw̱ƏY̱ƏM (MUSQUEAM) AND ḵw̱iḵw̱əł̱əm KWIKWETLEM (COQUITLAM) FIRST NATIONS.

### Liturgical Note:

In the context of Christian worship, Israel does not refer to the current political state but either to the historic Hebrews of the ancient Near East, or in Christian theology, to all people who put their faith and trust in Jesus Christ.

*Elements of this liturgy without an endnote come from the Book of Alternative Services. (BAS).*

*The prayer for those not receiving Holy Communion is borrowed from Holy Trinity Cathedral, New Westminster.*

*The summaries of the scripture readings are from Comments, a ministry of the Anglican Diocese of Montreal.*

Hymns, unless noted otherwise, are from the "Common Praise" hymnal of the Anglican Church of Canada. All other hymns are licenced via: OneLicence Church Music copyright permission.

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<sup>i</sup> Cover art is from Art in the Christian Tradition, a project of the Vanderbilt Divinity Library, Nashville, TN.

Original source: [https://commons.wikimedia.org/wiki/File:Murillo\\_Abraham.jpg](https://commons.wikimedia.org/wiki/File:Murillo_Abraham.jpg).

<sup>ii</sup> The Collect is from Propers Working Group (2016)

<sup>iii</sup> The Psalm is from the George Black Psalter <https://theredeemer.ca/music/george-black-psalter/>

<sup>iv</sup> The Peace is from Times & Seasons, Church of England

<sup>v</sup> The Dismissal is from Pray Without Ceasing