



# St. Paul's News Bulletin

June 14, 2026



**Welcome!** Please join us after the service for coffee & goodies. If you are a newcomer, please pick up information at the table just outside the sanctuary doors.

**Men's Breakfast:** The next date is Saturday, **June 20** at St. Peter's starting at 8:30 a.m. Men 13+ are invited to join for great food and fellowship!



**Baby Bottle Fundaiser:** Baby bottles are available in the parish hall for the Bottles for Change fundraiser with Mainsprings Pregnancy & Family Support. Fill bottles with change or a cheque, and return them by Father's Day, **June 21**.

**Graduation Celebration:** Next Sunday, **June 21**, we will honour our **Grade 12 graduates** during and after the 10 a.m. service. Please note, the celebration is for Grade 12 only.



**Ladies' Luncheon:** On Saturday, **June 27** at 11:20 a.m. join **Nnenna Ekweronu** as she shares her journey of faith in Jesus Christ, waiting on God's guidance, becoming a licensed Lay Reader and moving from Nigeria to Canada. On Saturday, **July 11** Ladies' Luncheon is doing a road trip from 10:30 a.m. to 3 p.m. to the Flower Festival at Millarville Christ Church. Bring your own lunch. Please sign up in the parish hall.

**Bulletin:** Deadline for announcements or bulletin items is Tuesday of each week. But because of office closure July 1- 3, the deadline for the **July 5 bulletin** is **Monday, June 29**. Please submit by email to the parish office.

**Summer office closure:** The St. Paul's admin office will be closed from **July 1-3**, as well as all **Fridays** throughout **July and August**.



**Coffee House:** Due to holiday schedules, the next Coffee House will be held **Friday, July 3** at **7 p.m.** Come enjoy our own house band, open mic and snacks. This is family friendly.

**Stampede BBQ & Picnic:** On **July 5** at 11:30 a.m. Hot dogs, hamburgers and drinks provided. Please bring a salad or desert to share. Enjoy music by the St. Paul's Stringers and line dancing. Western wear welcome. Volunteers needed, please sign up in the parish hall.

**July Rental:** A group will be renting our church every weekday, starting **July 6 – 28**, from **8:30 a.m. to 2:30 p.m.** Please be respectful of their use of the space during this time.

**Heritage Sunday Potluck Lunch:** On **Aug. 2** at **11:30 a.m.** we'll have a potluck lunch to celebrate the Heritage Day long weekend! Bring a dish that represents your ancestry (or anything you would like!) to share. Label which country it represents. All welcome.

**Living Waters:** The deadline for the August/September issue will be **Wednesday July 22**. Please submit materials as early as possible to [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca)

**Coffee Fellowship Time:** We encourage everyone to sign up to host a Coffee Fellowship Time. There is no need for a large spread — bring whatever is comfortable for you to provide. The focus is on fellowship and spending time together as a church family. Every contribution is appreciated!

## St. Paul's Anglican Church

7 Sunmills Green SE T2X 3P6

**Phone:** 403 256-1428

**E-mail:** [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca)

**web site:** [www.stpaulscalgary.ca](http://www.stpaulscalgary.ca)

**Incumbent:** The Rev'd Tony Hilling

**Assistants:** The Rev'd Cyril Haynes

The Rev'd Betty Nadurak

**People's Wardens:** Paul Bourgeois

**Rector's Warden:** Muyi Ekomwenrenren

**Main Facebook Page:** [stpaulscalgary](https://www.facebook.com/stpaulscalgary)

**X:** @stpaulscalgary

**Instagram:** [stpaulsanglican Calgary](https://www.instagram.com/stpaulsanglican Calgary)

**YouTube:** <https://www.youtube.com/channel/UCldxfHv5pFYST--i8as1GVg>

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# Outreach



## A Reminder about Alongside Hope's Resilience Fund

This is the fund launched to try to mitigate the damage done by the massive cuts to international development assistance by the U.S. Government and some European governments. You can support Alongside Hope partners by donating to the Resilience Fund online, or by phone at 1-866-308-7973. or using your parish envelope.

**5th Sundays of the Month are Food for Others Sundays at St. Paul's.** Everyone is invited to bring non-perishable food items and leave them in the bin marked Calgary Food Bank. The next Food for Others Sunday is **Aug. 30.**

**Inreach:** Many in our congregation face financial struggles due to the economy, so a special fund was created. Donations marked "Financial Help for Parishioners" are welcome. If you are in need of financial help or know of someone in our Parish who is (and you have their permission), please let Tony know. He will maintain absolute confidentiality. This is one way we can care for one another in these challenging times.

# Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact the Rev'd Deacon Betty Nadurak to find out more about it.

**Chemo Care Bags:** If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag, please contact the Parish Office.

**Prayer Shawl:** We meet in person on the first & third Wednesdays of each month at 1 p.m. Contact Laura Anne if you would like to join the group or if you know of anyone who would benefit from receiving a shawl. Everyone is welcome. No experience needed.

**Grief Support Group:** This is open to anyone who is grieving due to loss, illnesses or other struggles. For more information, please contact Laura Anne or leave your contact information at the Parish Office. Meets on Thursdays at 1 p.m.

**Hunger for Healing, a Christian Twelve Step Program,** meets Wednesdays 11:30 a.m. to 1 p.m. Everyone is welcome. We'd love to have you join us to find out what it is all about and see if it's for you. There is no official leader. We all take part in leading. For more information, please contact the Rev'd Deacon Betty Nadurak at 403-818-9879.

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## Check out these opportunities to participate

**2026 Flower Chart** is available on the bulletin board by the kitchen door. The cost is \$30. If you would like to make a dedication, please fill out the form under the flower chart or send it to Chizoba at office@stpaulscalgary.ca.

**Prayer Chain Requests:** Please contact Dinah Breu with your prayer requests.

**Sign:** To change the outdoor sign more regularly, we need helpers. ***If you can help, please contact Paul Bourgeois or the Office.***

**Card Ministry:** If anyone who is grieving, unwell, or celebrating a birthday or anniversary, and would like a greeting card from the St. Paul's Family, contact Pauline Payne at 403-988-2546 or email her at ***Pauline\_payne1@yahoo.com***

**Casserole Ministry:** If someone would benefit from receiving a casserole, please **help yourself to what is available.** Our freezer for casseroles is now well stocked thanks to parish volunteers. If you would like to contribute a casserole, please label it with what it is, ingredients and the date and put in freezer.

**Servers:** We are looking for **youth volunteers** to serve during our Sunday services. All youth are welcome to participate! If you are interested, please contact Father Tony or the parish office for more information. Training will be provided.

**We are looking for volunteers** to be **Sacramental Assistants.** Please contact Ed or the Parish Office for more information.

# Regular Activities at St. Paul's:

- Sunday:**        **Holy Eucharist** 10 a.m.  
                      **Hand Chimes Practice** 11:30 –12 p.m.  
                      **Word to World Ministries Canada:** 2 - 3 p.m.  
                      **Philippines Independent Church (IFI):** 4 p.m.
- Monday:**        **Walking Group:** 9 a.m. (see the St. Paul's website under events for locations)  
                      **St. Paul's Stringers rehearsal:** 7:30 p.m.  
                      **Prayer Group - meetings** held both in person and online: 1:30 p.m. (2nd Monday of the month **in-person**) 7:30 p.m. (4th Mondays of the month **via Zoom**)
- Tuesday:**        **Girl Guides:** 6:30 – 8 p.m.  
                      **Parish Council:** 7 p.m. (2<sup>nd</sup> Tuesday of the month) Next Date July 21
- Wednesday:**    **Morning Prayer:** 9:30 a.m.  
                      **Morning Bible Study:** 10:30 a.m.  
                      **Hunger for Healing:** 11:30 a.m. (in the Chapel)  
                      **Prayer Shawl Ministry:** 1 p.m. (1st & 3rd Wednesdays of the month)  
                      **Evening Bible Study:** 7 p.m. via Zoom.
- Thursday:**        **Grief Support Group:** (See Laura Anne if you are interested.)  
                      **TOPS (Taking off Pounds Sensibly):** 6:00 p.m.  
                      **Choir Practice:** 7:30 p.m.  
                      If you'd like to join Choir, please contact Paul Bourgeois.
- Friday:**         **Hand chimes Practice** 10 - 11 a.m.  
                      **Coffee House:** 7 p.m. second Friday on alternate months. **Next date is July 3.**
- Saturday:**        **Ladies Luncheon:** 11:20 am – 4th Saturday each month. **Next date is June 27.**  
                      **Men's Breakfast:** 8:30 am - 3rd Saturdays (at St. Peter's alternate months. Check website to confirm location). **Next date is June 20 @ St. Peter's.**

## Welcome to newcomers and visitors



St. Paul's welcomes newcomers and invites you to make this your church home. Visitors, please sign our guest book, which is on the standby the sanctuary doors.

We would be most pleased to learn about you and help you learn about us. Please indicate on a pew card, located in racks on the back of the pews, how we can help you feel part of the family.

Please place the card on the offering plate or hand it to one of the clergy or Parish Council members. There are also welcome packages available after the service. We are so glad you were able to join us.

# Financial News

Our surplus at the end of May was \$5,344. Thank you to everyone for helping support our mission financially in these challenging times.



# Our Ministries

## MUSIC GROUP: Paul Bourgeois

**Purpose:** To provide music and music leadership for our worship services. The choir leads the music throughout the year at the 10 a.m. Sunday service, as well as other special seasonal services such as Christmas and Holy Week and takes a 4-6 week summer break.

**Practice:** Typically, our practices are held Thursday evening at the church at 7:30 pm. Our practice sessions are normally about one and a half hours long.

**Materials:** We ask you to bring your voice and enthusiasm. (There is a brief audition) The ability to read music would be an asset but is certainly not required. The music is provided and Sunday selections are e-mailed to the group a few days before practice.

**Fellowship:** We try to get together as a group with our spouses a couple of times a year for some relaxation and fellowship.

## HAND CHIMES: Annette Pingot

St. Paul's has a three-octave set of Suzuki Tone Chimes that needs a group of 11-15 people to make them ring. The 'Ding-a-Lings' have played at Thanksgiving, Christmas Eve, Easter, Pentecost and Baptism services, as well as performed for fund-raising events.

First-time chimers will be given an orientation session before their first practice. The orientation will cover the basics of ringing and dampening techniques, counting and the format of our colour-coded music. No prior formal music training is required, although it is useful. Practices begin about six weeks prior to the event and are scheduled for one hour at times that are convenient to the ringers.

Come have fun with the 'Ding-a-Lings'!

# Stewardship Reflections

*"As you go, make this proclamation: 'The kingdom of heaven is at hand.'" MATTHEW 10:7*

Many of us take our lives for granted. We think we have plenty of time to "repent." Maybe we should live with a little more urgency in making things right with God. This is the difference in living our discipleship out of obligation versus out of love. Obligation implies we do the minimum required. Love implies we want a relationship. God wants us to be with Him in Heaven forever, but He also wants to be in relationship with us right now, while we are on earth. Start this second – invite the Lord into your heart.



## Anglican Journal available online

The June 2026 issue of The Anglican Journal is now available online. Please visit

<https://anglicanjournal.com/#currentissue>

## Diocesan Announcements

After 40 years of ordained ministry, seven years of serving as Incumbent at Holy Nativity, and almost three years serving as Archdeacon of Bow Valley, **The Ven. Brian Vickers** will be retiring from full time ministry at the end of June, with his last service at Holy Nativity being **June 28**. Archbishop Greg Kerr-Wilson asks that you please pray for Brian and his family as he enters retirement, and the parish of Holy Nativity as they discern their way forward.

Archbishop Greg Kerr-Wilson has extended a Letter of Permission to **The Rev. Ryan Andersen** to support the parish of **St. Stephen, Calgary**. Many will know Ryan from his work with the Calgary Alliance for the Common Good. Bishop Greg says he looks forward to working alongside Ryan and asks for your prayers as he serves St. Stephen's going forward.