



WE ACKNOWLEDGE THAT AS A PARISH OF THE DIOCESE OF NEW WESTMINSTER,
WE GATHER ON THE TRADITIONAL AND UNSURRENDERED TERRITORY OF THE
HALQ'EMELYN-SPEAKING COAST SALISH PEOPLES, INCLUDING BUT NOT LIMITED TO
THE ḑ^wa:ḥłəḥ (KWANTLEN), QAYQAYT, k^wik^wəłəm (KWIKWETLEM), x^wməθk^wəyəm
(MUSQUEAM), səlilwətał (TSEIL-WAUTUTH), AND ḥts'əwaθən məstejəx^w (TSAWWASSEN).

WE SEEK TO WALK A PATH OF RECONCILIATION AND HEALING.

**10 am Eucharist
Pentecost 3
14 June 2026**

514 CARNARVON STREET, NEW WESTMINSTER, B.C. V3L 1C4

Phone: 604 521-2511

Office: Weijin Ross

Rector: the Rev. Stephanie Shepard

Website: www.holytrinitycathedral.ca

administrator@holytrinitycathedral.ca

stephanie@holytrinitycathedral.ca

*Whether you have been a lifelong Anglican or are new to our tradition, we welcome you this morning! If you are not familiar with Anglican worship, simply allow the words, music and symbols to speak to you. Participate as fully as you feel comfortable in doing. We stand to sing and sit to listen. Some people kneel for prayer, some sit and some stand. Please do what is comfortable for you. You are invited to join in the words in **bold type**. Music for the songs is found in the blue Common Praise or green Songs for a Gospel People hymnbooks in the pews.*

Prelude

Announcements

THE GATHERING OF THE COMMUNITY

Gathering Hymn

'Praise the Lord with the Sound of Trumpet'
Common Praise 309 (tune Praise the Lord)

**Praise the Lord with the sound of trumpet,
praise the Lord with harp and lute,
praise the Lord with the gentle sounding flute.
Praise the Lord in the field and forest,
praise the Lord in the city square,
praise the Lord anytime and anywhere.
Praise the Lord in the wind and sunshine,
praise the Lord in the dark of night,
praise the Lord in the rain or snow or in the morning light.
Praise the Lord in the deepest valley,
praise the Lord on the highest hill,
praise the Lord; never let your voice be still.**

**Praise the Lord with the crashing cymbal,
praise the Lord with the pipe and string,
praise the Lord with the joyful songs you sing.
Praise the Lord on a weekday morning,
praise the Lord on a Sunday noon,
praise the Lord by the light of sun or moon.
Praise the Lord in the time of sorrow,
praise the Lord in the time of joy,
praise the Lord every moment; nothing let your praise destroy.
Praise the Lord in the peace and quiet,
praise the Lord in your work and play,
praise the Lord everywhere and in every way.**

Greeting

Presider: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

People: And also with you.

Presider: We gather here from many places on land that is the traditional and unsundered territory of the Halq'emeyn-speaking Coast Salish peoples.

People: May Christ lead us on right pathways as we seek truth and reconciliation in action.

*The Gloria (sung 3 times)
Common Praise 376 (tune Taizé)*

**Gloria, gloria, in excelsis Deo!
Gloria, gloria, alleluia, alleluia!**

Young People's Time

The Collect of the Day

Presider: Let us pray,

All: **God of the prophets and apostles,
your Son commissioned the twelve disciples
to proclaim good news.
Send us into your world to proclaim your kingdom,
heal the sick, resist evil and bring the exile home;
in the name of Christ who calls us all. Amen.**

THE PROCLAMATION OF THE WORD

The First Reading: Genesis 18:1-15

Reader: A reading from the Book of Genesis,

The LORD appeared to Abraham by the oaks of Mamre, as he sat at the entrance of his tent in the heat of the day. ² He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. ³ He said, 'My lord, if I find favour with you, do not pass by your servant. ⁴ Let a little water be brought, and wash your feet, and rest yourselves under the tree. ⁵ Let me bring a little bread, that you may refresh yourselves, and after that you may pass on—since you have come to your servant.' So they said, 'Do as you have said.' ⁶ And Abraham hastened into the tent to Sarah, and said, 'Make ready quickly three measures of choice flour, knead it, and make cakes.' ⁷ Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. ⁸ Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate.

⁹ They said to him, 'Where is your wife Sarah?' And he said, 'There, in the tent.' ¹⁰ Then one said, 'I will surely return to you in due season, and your wife Sarah shall have a son.' And Sarah was listening at the tent entrance behind him. ¹¹ Now Abraham and Sarah were old, advanced in age; it had ceased to be with Sarah after the manner of women. ¹² So Sarah laughed to herself, saying, 'After I have grown old, and my husband is old, shall I have pleasure?' ¹³ The LORD said to Abraham, 'Why did Sarah laugh, and say, "Shall I indeed bear a child, now that I am old?" ¹⁴ Is anything too wonderful for the LORD? At the set time I will return to you, in due season, and Sarah shall have a son.' ¹⁵ But Sarah denied, saying, 'I did not laugh'; for she was afraid. He said, 'Oh yes, you did laugh.'

Reader: Holy Word, Holy Wisdom.

All: Thanks be to God.

The Psalm: 116:1 & 10-17 (said responsively)

¹ I love the Lord *

who has heard the voice of my supplication.

¹⁰ I believed, even when I said, *

"I have been brought very low."

¹¹ In my distress I said, *

"No one can be trusted."

¹² How shall I repay you, O Lord, *

for all the good things you have done for me?

¹³ I will lift up the cup of salvation *

and call upon your name.

¹⁴ I will fulfil my vows to the Lord *

in the presence of all the people.

¹⁵ Precious in your sight, O Lord *

is the death of your servants.

¹⁶ O Lord, I am your servant; *

**I am your servant and the child of your handmaid;
you have freed me from my bonds.**

¹⁷ I will offer you the sacrifice of thanksgiving *

and call upon the name of the Lord.

The Second Reading: Romans 5:1-8

Reader: A reading from Paul's Letter to the Romans,

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, ² through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. ³ And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, ⁴ and endurance produces character, and character produces hope, ⁵ and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

⁶ For while we were still weak, at the right time Christ died for the

ungodly.⁷ Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die.⁸ But God proves his love for us in that while we still were sinners Christ died for us.

Reader: Holy Word, Holy Wisdom.

All: Thanks be to God.

Gospel Hymn

'Sing a New Song'

Common Praise 312 (tune Sing a New Song)

***Refrain Sing a new song unto the Lord;
let your song be sung from mountains high.
Sing a new song unto the Lord, singing alleluia.***

Yahweh's people dance for joy.

O come before the Lord

and play for him on glad tambourines,

and let your trumpet sound.

Refrain

Rise, O children from your sleep;

your Saviour now has come.

He has turned your sorrow to joy,

and filled your soul with song.

Refrain

The Gospel: Matthew 9:35-10:8

Reader: The Lord be with you.

All: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ according to Matthew.

All: Glory to you, Lord Jesus Christ.

³⁵Then Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. ³⁶When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. ³⁷Then he said to his disciples, 'The harvest is plentiful, but the labourers are few; ³⁸therefore ask the Lord of the harvest to send out labourers into his harvest.'

Then Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. ²These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee, and his brother John; ³Philip and Bartholomew; Thomas and Matthew the tax-collector; James son of Alphaeus, and Thaddaeus; ⁴Simon the Cananaean, and Judas Iscariot, the one who betrayed him. ⁵These twelve Jesus sent out with the following instructions: ‘Go nowhere among the Gentiles, and enter no town of the Samaritans, ⁶but go rather to the lost sheep of the house of Israel. ⁷As you go, proclaim the good news, “The kingdom of heaven has come near.” ⁸Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment.

Reader: The Gospel of Christ.

All: Praise to you, Lord Jesus Christ.

Gospel Hymn continued

**Glad my soul, for I have seen
the glory of the Lord.**

The trumpet sounds; the dead shall be raised.

I know my Saviour lives.

Refrain

Teaching

The Rev. Stephanie Shepard

The Prayers of the People

Leader: Let us pray with confidence to God, who has called us into the service of the Kingdom. To the bidding ‘Sending God’, please respond ‘equip us for ministry’.

Leader: As we have been called to be disciples in the Church, may we be worthy of our calling. We lift up all in leadership, including Archbishop of Canterbury Sarah, our Primate Shane, national Indigenous Archbishop Chris, our Archbishop John, and Bishop Benny of Northern Philippines. We give thanks for all clergy and lay

leaders who proclaim the gospel in word and action. Inspire us all to share the Word and bring comfort to those in need. May we seek no reward except for the grace we have received. Sending God,

All: Equip us for ministry.

Leader: Great Shepherd, look with compassion on the peoples of the world who lack purpose and direction. Have mercy on those who have been hurt and scattered by war or persecution. We remember places and peoples of concern...

Lead the nations into the secure fold of your love. Sending God,

All: Equip us for ministry.

Leader: We pray for the spirit of mission, the power to speak of the faith that is in us, and the courage to show it in our lives. Open our eyes and hearts to know where the harvest is ripe in this community. We pray for the ministries here, especially for the community brunch and pastoral care. Bless all who ministry to the needy, the lonely, and the vulnerable. Sending God,

All: Equip us for ministry.

Leader: We pray for those who are sick in mind, body, or spirit, and we lift their names silently or aloud at this time...

May all who work to heal and reclaim the outcast ones by given the compassion and power which led your first disciples to fulfil the commands of our Lord. Sending God,

All: Equip us for ministry.

Leader: We remember all those whose harvest has been gathered in and now behold the Lord in all his glory. Today we especially remember Brian and Morgan, and others we name now silently or aloud...

We give thanks that, free from all harm and sorrow, they have entered into the Kingdom of Heaven. May we, after faithfully labouring in your fields, be welcomed home with them. Sending God,

All: Equip us for ministry.

Leader: We pray in the name of Christ Jesus, who has compassion on his wandering sheep and gathers us into one flock.

All: Amen.

The Exchange of the Peace

Presider: May the peace of the Lord be always with you.

All: And also with you.

*You are invited to share a sign of God's peace with your neighbours,
respecting their comfort with distance and touch.*

THE HOLY COMMUNION

Offering Hymn

**'Your Hand, O God, Has Guided'
*Common Praise 444 (tune Thornbury)***

**Your hand, O God, has guided your flock from age to age;
The wondrous tale is written full clear on every page.
Our forebears owned your goodness and we their deeds record,
And both of these bear witness: one Church, one faith, one Lord.**

**Your heralds brought glad tidings to greatest as to least;
They bade them rise and hasten to share the royal feast;
And this was all their teaching, in every deed and word,
To all alike proclaiming: one Church, one faith, one Lord.**

**When shadows, thickly falling, engulfed the world in night,
You summoned forth your servants, your messengers of light.
On them and one your people your plenteous grace was poured,
And this was still their message: one Church, one faith, one Lord.**

**And we, shall we be faithless, shall hearts fail, hands hang down?
Shall we evade the struggle and cast away the crown?
Not so: in God's deep counsels some better gift is stored:
The covenant of promise: one Church, one faith, one Lord.**

**Your mercy will not fail us, nor leave your work undone;
With your right hand to help us, your people shall be one;
And then, by all creation, your name shall be adored,
And this shall be their anthem: one Church, one faith, one Lord!**

The Prayer over the Gifts

Presider: Let us pray,

**All: God of the nations,
May we who have received the good news
give all that we are and all that we have
to the proclamation of your saving grace.
We ask this in the name of Jesus Christ. Amen.**

The Great Thanksgiving

EP 4

Presider: The Lord be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Presider: It is right to give you thanks and praise, O Lord, our God,
sustainer of the universe, you are worthy of glory and praise.

All: Glory to you for ever and ever.

Presider: At your command all things came to be: the vast expanse of interstellar
space, galaxies, suns, the planets in their courses, and this fragile earth,
our island home; by your will they were created and have their being.

All: Glory to you for ever and ever.

Presider: From the primal elements you brought forth the human race, and
blessed us with memory, reason, and skill; you made us the stewards
of creation.

All: Glory to you for ever and ever.

Presider: But we turn against you, and betray your trust; and we turn against one
another. Again and again you call us to return. Through the prophets
and sages you reveal your righteous law. In the fullness of time you
sent your Son, born of a woman, to be our Saviour. He was wounded
for our transgressions, and bruised for our iniquities. By his death he
opened to us the way of freedom and peace.

All: Glory to you for ever and ever.

Presider: Therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus

Songs for a Gospel People 117 (Land of Rest)

**All: Holy, holy, holy Lord.
God of power and might.
Heaven and earth are full of your glory.
Hosanna in the highest!
Blessed is the One who comes in the name of the Lord.
Hosanna in the highest, hosanna in the highest!**

Presider: Blessed are you, Lord our God, for sending us Jesus, the Christ, who on the night he was handed over to suffering and death, took bread, said the blessing, broke the bread, gave it to his friends, and said, "Take this, and eat it: this is my body which is given for you. Do this for the remembrance of me." In the same way, after supper, he took the cup of wine; he gave you thanks, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

All: Glory to you for ever and ever.

Presider: Gracious God, we recall the death of your Son Jesus Christ, we proclaim his resurrection and ascension, and we look with expectation for his coming as Lord of all the nations. We who have been redeemed by him, and made a new people by water and the Spirit, now bring you these gifts. Send your Holy Spirit upon us and upon this offering of your Church, that we who eat and drink at this holy table may share the divine life of Christ our Lord.

All: Glory to you for ever and ever.

Presider: Pour out your Spirit upon the whole earth and make it your new creation. Gather your Church together from the ends of the earth into your kingdom, where peace and justice are revealed, that we, with all your people, of every language, race, and nation, may share the banquet you have promised; through Christ, with Christ, and in Christ, all honour and glory are yours, creator of all.

All: Glory to you for ever and ever. Amen.

The Lord's Prayer

Presider: In the language closest to your heart,
let us pray as Jesus taught us:

You are invited to use either the traditional or contemporary version in English or the language you find most helpful for prayer.

**Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us today our daily bread.
Forgive us our trespasses
as we forgive those who
trespass against us.
Lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory
for ever and ever. Amen.**

**Our Father in heaven,
Hallowed be your name.
Your kingdom come,
Your will be done
on earth as in heaven.
Give us this day our daily bread.
Forgive us our sins,
As we forgive those who
sin against us.
Save us from the time of trial
and deliver us from evil,
for the kingdom, the power,
and the glory are yours
now and forever. Amen**

Fraction Hymn

Common Praise 63 (Eat this Bread)

**Eat this bread, drink this cup:
Come to me and never be hungry.
Eat this bread, drink this cup:
Trust in me and you will not thirst.**

Presider: Dear friends in Christ, God bids you welcome to this table. Here we are strengthened for the journey. Here strangers become friends and the seeker finds God's wisdom speaking to them. See who you are and become what you see. These are the gifts of God for the people of God.

People: Thanks be to God.

The Communion

You are invited to come forward to receive bread and wine. Low gluten wafers are available. You receive the fullness of Christ's love if you prefer to take one kind (just the bread or the wine). If you would prefer to have a blessing, please let the priest know.

During Communion

'God, Whose Giving Knows No Ending'
Common Praise 601 (tune Blaenwern)

**God, whose giving knows no ending,
from your rich and endless store—
nature's wonder, Jesus' wisdom,
costly cross, grave's shattered door—
gifted by you, we turn to you,
offering up ourselves in praise;
thankful song shall rise forever,
gracious Donor of our days.**

**Skills and time are ours for pressing
toward the goals of Christ, your Son:
all at peace in health and freedom,
races joined, the Church made one.
Now direct our daily labour,
lest we strive for self alone.
Born with talents, make us servants
fit to answer at your throne.**

**Treasure, too, you have entrusted,
gain through powers your grace conferred,
ours to use for home and kindred,
and to spread the gospel word.
Open wide our hands in sharing,
as we heed Christ's ageless call,
healing, teaching, and reclaiming,
serving you by loving all.**

Anthem- HTC Choir
'Lead Me Lord, I Will Follow'

THE SENDING FORTH OF THE COMMUNITY

The Prayers after Communion

Presider: Let us pray:

**All: Holy and Blessed God,
as you strengthen us with the body and blood of your Son,
guide us with your Holy Spirit,
that we may honour you not only with our lips
but also in our lives as we are sent to do your work.
This we ask in the name of Jesus Christ our Lord. Amen.**

Presider: Glory to God,

**All: Whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, now and forever. Amen.**

Announcements

Sending Hymn

'Lord, You Give the Great Commission'
Common Praise 433 (tune Abbot's Lane)

**Lord, you give the great commission:
'Heal the sick and preach the word'
lest the church neglect its mission
and the gospel go unheard,
help us witness to your purpose with renewed integrity;
with the Spirit's gifts empower us for the work of ministry.**

**Lord, you call us to your service:
'In my name baptize and teach'
that the world may trust your promise,
life abundant meant for each,
give us all new fervour, draw us closer in community:
with the Spirit's gifts empower us for the work of ministry.**

**Lord, you make the common holy:
'This my body, this my blood.'
Let your priests, for earth's true glory,
daily lift life heavenward,
asking that the world around us share your children's liberty:
with the Spirit's gifts empower us for the work of ministry.**

**Lord, you show us love's true measure:
'Father, what they do, forgive.'
Yet we hoard as private treasure
all that you so freely give,
may your care and mercy lead us to a just society:
with the Spirit's gifts empower us for the work of ministry.**

**Lord, you bless with words assuring,
'I am with you to the end.'
Faith and hope and love restoring,
may we serve as you intend,
and, amid the cares that claim us, hold in mind eternity:
with the Spirit's gifts empower us for the work of ministry.**

The Dismissal

Presider: Go in peace to love and serve the Lord.

All: Thanks be to God.

Postlude

The flowers in the church today are donated by Sybil and Lorne Collett to the Glory of God by and in loving memory of their son John who died June 8 2019, and Sybil's sister Anne who died July 8 2019. May they rest in peace and Light Perpetual shine upon them.



Liturgical Ministers today

Greeter & worship assistant, 8:00 am:	Stewart Morton
Greeters, 10 am:	Susan Switch & Marney Godkin
Reader:	Celeste Snowber
Chalice Administrators:	Carol Murdoch & Susan Stensgaard
Presider & Preacher:	The Rev. Stephanie Shepard
Server:	Greg Kennelly
Crucifer:	Linda Gravlin
Guest Musician:	James Dekker

& the Holy Trinity Cathedral Choir

THIS WEEK AT HOLY TRINITY CATHEDRAL

Wednesday Midweek Eucharist, 9:30-10 am*

Wednesday Fellowship Time, 10-10:30 am in the Lounge

Wednesday Bible Study, 10:30-11:30 am in the Lounge

Thursdays Pastoral Care Series, 4-5 pm in the Lounge

Thursday Vespers, 5:30-6 pm via Zoom+

Saturday Community Brunch, 11 am- noon in the Hall

Sunday BCP Eucharist, 8-9 am.*

Sunday Choral Eucharist, 10-11:15 am.*

**live-streamed over Facebook.*

+ link through the weekly newsletter. Sign up on the website.

Go to <https://www.holytrinitycathedral.ca/events>.

Click on the photo of the service. This will take you to Facebook. A box will come up asking for your Facebook login. Click the X on the right upper corner of the box. If you do not have Facebook you should be able to watch from the HTC site.

**Next Sunday's Readings for the
National Indigenous Day of Prayer, June 21, 2026:
Isaiah 40:25-31; Psalm 19; Philippians 4:4-9; John 1:1-16**