

May 10 2026



Grace Notes

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Mother's Day

**Mom,
You are a
Life Giver
Wisdom Sharer
Strong Protector
Chaser of Wonder
My mom, that is who you are...***

For everyone who is called mom, grandma, godmother, or stands tall as a mother figure, we give you thanks for the hundreds of ways you live your love everyday. For all those grieving the loss of a mother or the relationship you hoped to have, reach out to us and let us walk with you through this difficult time.

For all moms-to-be...things might be a beautiful mess for a while, but you've got a village at Mt Zion to help you through it!

**(to paraphrase Leeland's "Waymaker")*



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Movie Marathon

The title "INDIANA JONES MOVIE MARATHON" is written in a large, black, serif font with a yellow outline. The text is set against a background of a stylized, light-colored map of the world with a compass rose in the upper right corner. The compass rose has the letters N, S, E, and W. A dashed orange line with an 'X' at the end is drawn across the map, suggesting a path or discovery.

Saturday 5/16/2026
8am-5pm
Room 200-203

Join us in our 32-seat movie theater with Dolby surround-sound for a day full of archeological adventure!

8:00am - breakfast

8:10am - Indiana Jones 1: Raiders of the Lost Ark
(PG, 1981)

10:15am - Indiana Jones 2: Temple of Doom
(PG, 1984)

12:13pm - Lunch

12:41pm - Indiana Jones 3: Last Crusade
(PG-13, 1989)

2:58pm - Indiana Jones 4: Kingdom of the Crystal Skull
(PG-13, 2008)



May 10 to May 17

Sun May 10	<p>Mother's Day</p> <p>9:30am Worship Service <u>Zoom ID:</u> 841 6597 2335 <u>Passcode:</u> 12012</p> <p>10:40am Faith Formation Hour</p>
Mon May 11	<p>6:00pm Property Committee Meeting</p> <p>7:00pm Knit One, Pray Too Hearth Room</p> <p>7:00pm NA 12 Step Group Fellowship Hall</p>
Tues May 12	<p>Noon AA 12 Steps Meeting Upper Room</p> <p>6:30pm Hands of AA 12-Step Meeting Upper Room</p>
Wed May 13	<p>12:00pm Brown Bag Bible Study</p> <p>1:00pm Prayer Warriors</p> <p>1:00pm Tosa Cares Donation Drop-Offs</p> <p>4:30pm Staff Meeting</p> <p>6:00pm Voices of Zion Choir Rehearsal</p>
Thurs May 14	<p>7:00pm Stewardship Meeting</p>
Friday May 15	<p>12:00pm Mayfair AA Group</p> <p>6:00pm ACA 12 Step Group Room 100</p>
Sat May 16	<p>8:30am Tosa Cares Donation Drop Offs</p>
Sun May 17	<p>9:30am Sunday Worship Service</p> <p>10:30am Faith Formation Hour</p> <p>5:00pm Confirmation</p>
Next Week	<p>Public Theology Night</p>

Questions of the Week

The Luther V Leo article is still in the works.
Jess hopes to have it done next week. You can still add your input!
Conversations are more fun when other voices join in!
parishadmin@mtzionlutheran.org

Would Martin Luther like the current Pope Leo?
What faith or church topics would they agree or disagree on?
If Luther still went through with the Reformation, how do you
think the current Pope Leo would react that would be the
same or different from Pope Leo in the 1500s?



Today's Volunteers

Altar Care: Linda Havlicek and Edie Di Giacinto

Assisting Minister: Jenny Hawes

Lector: Linda Ertel

Communion bread: Joe Di Giacinto

Communion wine: Lora Marheine, Erin McDougal, Jenny H.

Ushers: Tom Ertel and Cody Di Giacinto

Audio/Visual: Jack Johnston and Erik Peterson

Greeters: Ruth McGill

Tellers: Tom Morgan and Brad Hext

Access the Worship Volunteer Schedule at: bit.ly/4JEMCPf


PRAYER WARRIORS

Help lift up our community's concerns and thanksgivings

<https://bit.ly/4dAHGtR>

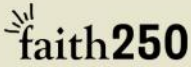
**Need Prayer?
Submit prayer requests:**

 pastor@mtzionlutheran.org

 414-258-0456

 Fill out a prayer
card in-person

Faith 250



Tikkun Ha-Ir • תיקון העיר
Repairing Milwaukee

FAITH 250: A MULTIFAITH JOURNEY THROUGH AMERICA'S FOUNDING TEXTS



Join us for gatherings leading up to July 4th, where neighbors read and discuss America's most inspiring founding words. It's a once-in-a-generation chance to counter division and build unity together.

May 14, 6:30 PM

Progressive Baptist Church

8324 W Keefe Ave, Milwaukee

**AMERICA
THE BEAUTIFUL**

KATHARINE LEE BATES
1895, 1911

May 28, 6:30 PM

Congregation Shalom

7630 N. Santa Monica Ave, Fox Point

**THE NEW
COLOSSUS**

EMMA LAZARUS
1893

June 4, 6:30 PM

Congregation Shalom

7630 N. Santa Monica Ave, Fox Point

**THE DECLARATION
OF INDEPENDENCE**

THOMAS JEFFERSON
1776

June 11 6:30 PM

Progressive Baptist Church

8324 W Keefe Ave, Milwaukee

**WHAT TO THE SLAVE
IS THE FOURTH OF JULY?**

FREDERICK DOUGLASS
1852



Scan to register



**Questions? Contact Rhonda
Lindner at rhonda@wivecwi.org**

May Mission of the Month

Reformation Lutheran's Summer Youth Program

Summer is approaching fast and that means Reformation's Serving and Learning Together (SALT) Youth Program will be starting soon! Your donations to the May Mission of the Month will support this opportunity for kids from Reformation's neighborhood to build healthy friendships, study God's word, serve their community, get real-life work experience and have some fun!!



In addition to the great experiences the kids will have, they also receive a free lunch every day. The lunches are provided by some of Reformation's partner churches, including Mt. Zion. Your donation will help cover the food costs. (If you are interested in preparing and/or serving lunches in July, please contact Linda Ertel.)



Other expenses your donation will help to cover include field trip costs like tickets and transportation, and bus passes provided to families who have no other means of transportation to get their kids to Reformation each day. And at the end of the program, each child receives a backpack filled with school supplies and a stipend for school clothes.

Your donations help make this ministry happen for Reformation youth and neighbors. Please donate by contributing on line to Mission of the Month, noting Reformation or by check to Mt. Zion with Reformation Youth noted.

Thank you for your support,

Mt. Zion Outreach Committee

Speaking of Summer

Summer Plans?

Mt Zion wants to put together a summer outing or two, but we need help deciding which event to plan!

Below are some ideas.

What sounds exciting to you?

Pool party

Picnic at Firefly Grove Park

Milwaukee Milkmen Baseball Game

Day Hike

Brewery Tour

Vote for your top choices,

<https://forms.gle/NeihTJugHMTwSfRW6>



Moving Around

We have been making progress with our move.

Some groups have changed locations already.

The conference room is no longer available for meetings as there are no tables or chairs. This will soon become the Tosa Cares "Shopping Room" with seasonal decorations and a selection of gift items, books, and other various finds.

The New Conference Room is up in the space previously used as the Prayer Corner. Cubicle style walls have been set up to provide a visual and auditory barrier between the tables and the rest of the narthex.

Groups meeting in the Hearth Room

Knit One, Pray Too

Friday Night ACA group

Troop 27

Groups meeting in the Upper Room

Tuesday Noon AA Group

Groups meeting in the new Conference Room (Old Prayer Corner)

Leadership Board

Moving In

Courage House entered their new home! 5 beds in the old; 8 in the new! 1 bathroom in the old; 2 in the new! Teenagers very happy! And there's an accessible bedroom too!

Read the full article and get more news from Courage House here:

<https://bit.ly/4neZr4B>

Community Meal

May Edition



2026

FOOD NEWS:

COMMUNITY MEAL A SUCCESS!

Over 30 people were in attendance on Sunday for a free community dinner!

Roughly half of attendees were from the Courtyard Apartments next door!

Thank you to everyone who cooked or brought something to share! →



“My name is going on this. I can’t serve jarred sauce.” Said Joe Di Giacinto who proceeded to make a tasty homemade sauce!



JOIN US NEXT TIME

Sunday, June 7 at 5:00pm
Mt Zion Fellowship Hall

Keep it Simple Sundays

Spaghetti, Caesar salad, garlic bread, meatballs (or sausage), and a dessert. We’ll be sure to make coffee, too!



Steve's Science Tidbits

How Long Should We grieve?

To grieve is to feel mental distress, sorrow or mourning after a loss. This can include a hoped-for future that never materializes, job termination, health issues and missed opportunities, but the most powerful grief usually accompanies the loss of a loved one. Plus, there is no set protocol for grieving; each person must cope in their own way.

I have often thought about my own grief experiences. I remember in grade school sobbing uncontrollably over the unexpected death of our pet dachshund, but it was short-lived and soon faded from my consciousness. I sometimes wallow in nostalgic grief, realizing I can never relive some of those special days of the past, like when I was young and in perfect health, or when my children were very small and hopelessly dependent on me. As suggested above, my most intense grief came at the passing of my parents, both at age 88, 17 and 18 years ago. To this day, I am frequently blindsided by some little comment or circumstance that brings their memory rushing back, with the attendant reactivation of grief. Perhaps the most poignant is when they appear in my dreams.

A National Geographic online article, published in March, is entitled, "Why Some Grief Never Fades." The reason stated is because grief is an endearing form of love, not just a passing emotion, and in many cases accompanies you for the rest of your life. But for some, their grief is so great it becomes incapacitating, their body suffering from a semi-permanent stress response. A 2009 scientific paper coined a phrase for this—prolonged grief disorder (PGD), where grief produces a serious mental health condition that hinders normal daily life for more than a year. I found it odd that science should put an arbitrary time limit for a normal grief response. Many onlookers expect the griever at some point to move on from their grief, but the trick is to move forward with memories rather than moving on from them (see link below).

Some quotes I found helpful:

"People often question why we still grieve, shaped by society's misconception that grief is clinging to loss. But, in reality, it is holding on to love. The hardest part of grief is that as time passes people assume we have gotten through it. That we've moved on. But we haven't. We've just learned to carry the ache more quietly." Rima Samman Whitaker

"It has been said that time heals all wounds. I do not agree; the wounds remain. With time, the mind, to preserve its sanity, covers them with scar tissue, and the pain lessens. But it is never gone." Rose Kennedy

Finally, I chanced upon a brilliant TED talk on grief by Nore McInerney that blew me away. Click on the link below for an incredibly moving story of how she coped with terrible loss.

<https://www.youtube.com/watch?v=khkJkR-1pfw>

Birthdays & Anniversaries

Birthdays

Janet M. 4/30	Charlie S. 5/5	Leah C. 5/14
Jill W. 5/1	Della S. 5/7	AJ K. 5/18
Ryan M. 5/2	Maya S. 5/7	Will S. 5/23
Meghann S. 5/2	George R. 5/7	Finley S. 5/25
Linda D. 5/3	Tom A. 5/8	Lori J. 5/28
Bob S. 5/3	Arihanna H. 5/8	John K. 5/30
Shannon S. 5/3	Kira S. 5/9	Jack S. 5/30
Brian J. 5/5	Isabella R. 5/9	Marleen C. 5/31
	Mark H. 5/13	

Anniversaries

Vince and Vicki C. 5/10
 Kurt and Debbie K. 5/15
 Matt C. and Marika M. 5/29
 Bob and Marleen C. 5/30
 Liv and Dom J. 5/31

Singing Solo!



Alex Hulen will be performing in a concert

Friday, May 15

Cheer him on at Cudahy High School at 7pm.

He'll be singing a solo this time!

He also might be in the dance line for

"New York, New York".

Tickets are available at the door for \$6.00 cash.

Plus there will also be a bake sale, raffles, and 50/50.



At Mt Zion we are
Joyfully growing disciples in Christ
so that
Everyone we meet comes to know themselves as a reflection of
God's image, worthy of life and love
by prioritizing
Faith Community
Hospitality Justice

Mt Zion Staff

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**Church Office
Hours**

Monday — Friday 10:00am — 3:00pm

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