



Trendings

June 10, 2026

Growing Together in Christ to Love and Serve All People

Prayer of the Week:

God of justice and joy, we give thanks for the radiant presence of lesbian, gay, bisexual, transgender, queer, intersex, and asexual people in the life of the church and the beauty of your diverse creation. During this Pride month, and always, we affirm their sacred worth and commit ourselves to creating a world where all can live openly in safety and love – especially our transgender and nonbinary siblings who face escalating injustice and violence. Strengthen us to be bold in love and unwavering in our advocacy for the life and flourishing of all your children. In Christ's name we pray. Amen.

Source: <https://insideoutfaith.org/prideprayers/>

Adapted by Rev. Lara Forbes

Ruth Miller's Memorial service is Saturday, June 20 at 11:00 AM.

Upcoming Greeters and Coffee Hosts:

June 14: Katrin and Gunter Bonnofsky, Greeters

June 21: Joyce and John Arnold, Greeters: **Teresa Lutterman, Coffee host**

Contact Sherry (sherry@salc.church) to be a Sunday greeter or to Host coffee hour.

Sign up to provide flowers on the Flower Chart in the Narthex.

The office will be CLOSED Thursday, June 18th for the Juneteenth holiday and Thursday, July 2nd for the Fourth of July holiday.

Worship is at 10:00 am on Sundays, both in-person and via livestream.

Livestream: Visit salc.church/media to access the bulletin and livestream link on YouTube. If you have a Google account, we invite you to offer a greeting or comment in the chat window.

Sunday, June 14, Semi-Annual Congregational Meeting

10:00 AM Worship

11:15 AM Congregational Meeting

Worship Texts for June 14

Exodus 19:2-8a and Matthew 9:35—10:14

Tuesday Morning Men: Every Tuesday at 8:30 AM, this group meets for discussion and prayer via ZOOM.

Did you know??

Our SALC office is **closed on Fridays**, and our staff does NOT check their church email or church voicemail Friday-Sunday. So, if you send something to the office or other staff members after 3:00 PM on Thursday, please do not expect a reply until after 9:00 AM on Monday. *Thank you!*

June 17th will be a two-week edition of Trendings. Kathy's taking a little vacation! If you have news to share for the end of June/beginning of July, please submit it by June 15th. The next edition after June 17th will be July 1st!

Summer Evening Worship:



Our first SUNDAY EVENING WORSHIP will be July 5th!!

There will be NO 10:00 AM WORSHIP JULY 5th!!

Because of the long summer daylight hours in this part of the world, this will still be a safe driving time to and from church for you.

The order of worship will remain the same, with hymns, liturgy, sermon, and Holy Communion.

We are excited to do this, and we look forward to hearing your feedback at the end of the summer after we've had a chance to try this out.

Calendar note: The ELCC Worship in the Park will be **August 16, 2026** at 10:00 AM at Ebright Park in Sammamish Hills - 1317 212th Ave SE, Sammamish, WA 98075. **There will be NO worship service onsite at SALC that day! See you at the park!**

Ratification Vote for Constitution Changes: At our Annual Congregation Meeting on January 25, 2026, we voted on proposed changes to the Saint Andrew's Constitution. A majority of those voting voted in favor of the changes, which means they were approved. The next step, which will happen at the Semi-Annual Congregation Meeting on **June 14, 2026**, is a **second vote on these same changes**. As at the Annual Meeting, **one ballot will be presented to decide if all the changes are ratified**. This ratification vote requires a 2/3 approval to pass.

A copy of the Saint Andrew's Constitution that includes the changes (with explanations for each change) is available for review. A copy is in the church office and it is on the Saint Andrew's website at <https://tinyurl.com/SALCConstitution>.

If you have questions or comments, please reach out to Constitution Task Force chair Susan Hegedus, susanhegedus@outlook.com, or any council member.

Semi-Annual Congregational MEETING



June 14, 2026

11:15 AM

SAINT ANDREW'S LUTHERAN CHURCH



Annual reports were emailed to SALC members last week. If you didn't receive yours, please check your spam folder, or contact Kathy (kathy@salc.church) to re-send. Hard copies are available in the Narthex, as well. *A ZOOM link to attend the meeting remotely will be emailed to members on Friday morning.*

Book Study with Pastor Lara:

There will be two opportunities for discussion each week. On **Tuesdays, there will be a hybrid option from 10:00am – 11:30am either in-person or via Zoom.** ([Tuesday Zoom Link](#)) On Wednesdays, there will be an **online only option from 7:00pm – 8:30pm.** ([Wednesday Zoom link](#)). The Zoom links are also accessible from our website on the **Book Study event page.**

We will follow this schedule for the discussions:

- June 16 (Tu), 17 (W) – Chapters 5 and 6
- June 23 (Tu), 24 (W) – Chapters 7 and 8
- June 30 (Tu), July 1 (W) – Chapters 9 and 10

Please contact Pastor Lara (pastor@salc.church) if you have any questions.



Sundae Sunday Scoopers Needed

Six strong-armed volunteers needed to scoop ice cream on June 28th.

Our traditional “Sundae Sunday” will be held after the 10 a.m. worship service on June 28th. We’ve moved the date to the week before Fourth of July weekend because of our new summer evening worship service the first Sunday in July,

August and September. *Scooping is easy.* We provide the ice cream and scoops and you dish it up. We set out a variety of toppings so people can make their own sundaes. To volunteer, email Fellowship Coordinator Sherry Grindeland at sherry@salc.church.

Did you see this GREAT PICTURE on KidVantage’s Facebook page (or ours? I shared ...) The big winners are the families that will not have to worry about diapers! Thanks to ALL for supporting the High 5 Diaper Drive ... Saint Andrew’s is the ‘Gimme 5’ Award winner!



Lantern Hill Mission Trip



Seven years ago this month, my daughter Jillian and I were preparing with 10 others from Saint Andrews, to pack up and go to Ensenada Mexico for an immersive experience. It was described as an opportunity to serve together, build relationships, and a hope to return home with a different perspective on generosity, community and faith.

I came home humbled, inspired, optimistic and hopeful. I returned having created unforgettable memories, forever friendships, and experience with my daughter that I will forever refer to as a tremendous gift. What I did not anticipate nor mentally plan on, was the next several months of thinking about the children that we got to know, work, play and eat with daily, and the incredible dedication that their teachers, all from their own community, were committing to and devoting their time and extremely limited resources to, to do whatever they could through the program at Lantern Hill, to provide education support, nutritional stability, and most importantly love and support critically needed to keep these kids in school, that be getting an education would have a forever positive change on generations to come. To this day, as I share about Lantern Hill, and try to explain why and what makes it so special, I find myself thinking of the classic proverb; "Give a man a fish and you feed him for a day. Teach a man to fish and you feed him for a lifetime." That is exactly what makes a Lantern Hill trip/experience different; a person doesn't go to Lantern Hill and DO something TO their community, but rather a person is immersed within a learning/teaching environment that lets a person engage and contribute, but the school doesn't stop when volunteers step away. In fact, all it does is strengthen and support the structure that is already there - and it is only going to continue to grow, thrive and build....and yes, our time, talents, and financial contributions 100% makes a positive and necessary impact every single day.

When the team heads out later this month, I ask on behalf of each of them, that you keep them in your daily thoughts and prayers. Things are different than they were seven years ago ~ that is to be expected! But what experiences and impact our team can make while there, that is the prayer that we pray, and that only God knows how He will optimally use each person.

Shana Nielsen

[Our Lantern Hill Mission Trip team will be serving June 26 - July 2! Who's going?

From Saint Andrew's: Jean Wahlstrom, Becca Piehl, Doug Johnson; Sammamish Hills: Lucas Knapp; Mt. Si: Pastor Krista Johnson, Erica Haycox, Declan Haycox.]

Corner of Blessing Collection for June



For June, Hopelink has asked us to help supply them for their End Summer Hunger program. They have asked us to help them stock up on foods that are kid friendly and will provide these children with adequate nutrition when they are not getting fed at school.

For June we will be collecting these items:

- Healthy Cereal/Oats
- Nut/Seed Butters (almond, sunflower, peanut)
- Jelly (no glass jars)
- Snacks (trail mix, crackers, fruit bars, seaweed)
- Applesauce/Fruit Cups
- Ready to Eat Meals (Bumble Bee Snack on the Run, Star Kist Smart Bowls, Campbell's Snacking soup, BeanVivo pouches, etc.)



PORCHLIGHT NEEDS OUR HELP!

The Porchlight Rotating Shelter houses 20 to 25 men each month at different churches from 6:00 pm to 7:30 am. First Congregational Church in downtown Bellevue will be the host church in June. They also host in November and they are in need of people to provide meals.

Contact Cheryl Jurrus by phone or email (cheryljurrus74@gmail.com) or Nancy Davis (davisnancyr@comcast.net) to volunteer to help. Many dates in June are available. Donations of money to buy meals are welcome. Designate your donation for *Porchlight Rotating Shelter*.

The men at the Rotating Shelter are required to "be clean and sober", sign up for chores, and follow some other rules and requirements. Many of them are employed, and some of them are able to move into housing with the help of their case manager. Please pray for them.

"Be hospitable to one another without complaining. Like good stewards of the manifold grace of God, serve one another with whatever gift each of you has received." I Peter 4: 9-10

Health and Wholeness

The results from last Thursday's blood drive were a bit disappointing. We collected only seven (7) units of blood. Registered donors were decreased and then there were a few no shows. We appreciate those who made it! We really need to have better participation to continue these regular drives.

Health and Wholeness will be working with our new coordinator from BloodWorks NW, Kimberly Bullinger, to try to get the numbers up for the next drive, which will be on Thursday, July 23rd, again on the blood mobile in our parking lot.

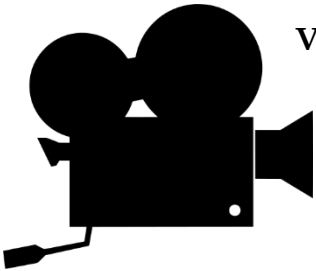
How can YOU help? Sign up! Share the QR Code with friends and family! Every donation makes a difference.

July
Blood Drive
Thursday, July 23rd
Appointments available
9:00 AM - 3:00 PM

Use this QR code to schedule!!

Bloodworks Northwest

Bloodworks NW will have the Blood Mobile in our parking lot! Let's fill all 30 slots!!



Volunteers needed for Sunday video livestreaming! We'd love to have a few more volunteers to run the livestream video on Sunday mornings! It's fairly easy, and you don't have to be particularly good with computers. Ample training and instruction are provided. Please contact Facilities Manager Kurt Lutterman at kurt@salc.church to apply.



Strengthening the system

Over the last few weeks, I've been sharing some insight into our Outreach Programme, and it's been such a joy to see so much support for the work we do.

KAFIKA HOUSE Outreach doesn't only happen in villages and communities – it also happens within the healthcare system itself.

Too often, children do come into contact with health services, but opportunities are missed when conditions aren't recognised or referrals aren't made.

In this context, outreach becomes about strengthening knowledge, systems, and pathways.

We work directly with hospitals and clinics
It's why we work directly with hospitals and clinics.

We train healthcare professionals to identify treatable disabilities, build relationships with medical staff, and create referral pathways that ensure children don't fall through the cracks.

We also engage with mothers at antenatal and postnatal clinics.

We teach them how we can help if their baby is born with a congenital condition, and leave behind materials that continue to inform and guide other mamas long after our visit.

We engage with mothers:

- In 2025, our team visited 23 hospitals, reaching 1,175 medical professionals and mamas.
- Healthcare centres refer children who meet our scope
- The results speak for themselves: healthcare centres accounted for 18% of our patient referrals last year.

That's over 100 children who came to Kafika House as a result of these efforts.



ELCC (Eastside Lutheran Church Community) churches, the Synod and the ELCA:



The Eastside Lutheran Church Community (ELCC) are the ELCA churches on the eastside. WE have opportunity to share worship, resources, and events – separately and collectively. While we often share collaborative and in Be sure to check out the website [HERE](#).

An ELCC newsletter is in the works! Sign up to receive the links!

Newsletter opt-in instructions:

1. Go to the [ELCC website](#) and scroll to the bottom of the HOME page
2. View the Newsletter Signup section - add your email and press the SUBSCRIBE link
3. Now go to your email inbox and find the Tithe.ly email asking you to verify your email address, and then you are done!

IN GOD WE TRUST

Faith in Action. Service in Unity.

Join us for a meaningful morning of service
as we come together in faith and love
to bless our community.

FRIDAY | JUNE 27 | 9 AM-11 AM



BULK FOOD BAGGING
for Jewish Family Services
Help provide nutritious food to local individuals and families in need.



BRACELETS OF JOY
for Birthday Dreams
Make a birthday bracelet for a homeless child and help them feel seen, special, and celebrated.

WE HAVE ALL THE SUPPLIES.
We just need helping hands and serving hearts.

SINGLE ADULTS 36+



All are welcome! Let's join together—across faiths, with open hearts—to be the hands and feet of Christ.
TOGETHER, WE CAN MAKE AN IMPACT.

THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
BELLEVUE SOUTH BUILDING
2808 148th Ave SE
Bellevue, WA 98007

SIGN UP HERE!
Scan the QR code to let us know you're coming.



Interfaith Service Event for SINGLE ADULTS 36+ years old!

Our friends at the LDS congregation have organized this interfaith event for single adults. They have all the supplies – but please register to attend!

You will meet neighbors and help Jewish Family Services food bank and supply JOY to “Birthday Dreams”.

Have you read this far?? Let Kathy know you're a Trendings reader ... you'll have a bag of candy waiting in her office with your name on it. 😊

Calendar

Wednesday, June 10

2:00 PM Care Team Meeting, Online
4:00 PM Adult Education Committee, Online
7:00 PM Pastor's Book Study, Online

Thursday, June 11

Friday, June 12

Office is closed.

Saturday, June 13

Sunday, June 14

Welcome New Members!

10:00 AM Worship
11:15 AM SALC Congregational Meeting

Monday, June 15

1:00 PM Staff Meeting

Tuesday, June 16

8:30 AM Tuesday Morning Men
10:00 AM Pastor's Book Study, Hybrid
11:45 AM O.W.L.S.

Wednesday, June 17

7:00 PM Pastor's Book Study, Online

Thursday, June 18

Office is closed

Friday, June 19

Office is closed - Juneteenth

Saturday, June 20

11:00 AM Ruth Miller Memorial Service

Sunday, June 21

10:00 AM Worship
11:00 AM Fellowship Hour
11:15 AM KnitWits

Monday, June 22

1:00 PM Staff Meeting
7:00 PM Outreach Committee, Online

Tuesday, June 23

8:30 AM Tuesday Morning Men
10:00 AM Pastor's Book Study, Hybrid
7:00 PM Building and Property Committee

Wednesday, June 24

7:00 PM JEDI Committee, Online
Pastor's Book Study, Online

You can access our
weekly online calendar
HERE.

The Reverend Lara Forbes, Lead Pastor
pastor@SALC.church

The Reverend Timothy T. Weber,
Shared-Time Pastor
timwebertt@yahoo.com

Dr. Will Simpson,
Director of Music Ministries
will@SALC.church

Doug Johnson,
Director of Youth and Family Ministries
doug@SALC.church

Sherry Grindeland, Fellowship Coordinator
sherry@SALC.church

Kurt Lutterman, Facilities Manager
kurt@SALC.church

Kathy Fisher, Communications Director
kathy@SALC.church

Vanessa Wilkie, Handbell Choir Director

Elaine Koga, Choir Accompanist

Abby Kasper, Facilities Set-up

April Daniel, Records Administrator

Ann Thorpe, Sunday Church School Coordinator

Joan Tweten, Kitchen Team

SALC Family Social Media Accounts:



Find us on:

