

Senior Box Distribution

(Commodity and Supplemental Food Program - CSFP)

The Houston Food Bank has commodity boxes of shelf stable food valued at \$50 retail from the USDA/TDA to distribute to qualified senior applicants.

Bring a cart to take your cheese/boxes home or to your vehicle.

Requirements for receiving Senior Box:

Be a resident of one of these counties: Harris, Montgomery, Galveston, Brazoria, Brazoria, Waller, Walker, Chambers, Liberty, Fort Bend

Be age 60 or older

Meet the following household income guidelines:

Household of 1: Monthly income does not exceed \$1,729

Household of 2: Monthly income does not exceed \$2,345




All applicants are subject to verify their age, residence, and household income.

Can't make it to the distribution?

Have your family or a friend pick up your Senior Box for you by following these instructions:

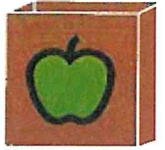
- Write a letter stating you give them permission and include a time frame the person is allowed to pick up your box (for example: today only or always)
- Sign and date that letter
- Send the designated person with the letter and some form of your ID (a copy or photo of your ID or your apple/ food bank card)
- Make sure the designated person also brings their own ID for verification
- Please bring your ID or Apple Card to pick up Senior Box

Need additional food assistance? Call the Houston Food Bank Helpline at 832-369-9390

 **JULY 16, 8:30 a.m. - 10:30 a.m.**
Distribution at Christ's Church, 1401 Bay Area Blvd.,
Houston 77058
Call 281-488-1775 or email dianejones@myccag.com
for more information.

Senior Box Program

The **Senior Box Program** manages the **Commodity Supplemental Food Program (CSFP)** - a **federally-funded national food distribution** effort that provides a monthly box of food to low income seniors to improve the health, nutrition, and well-being of their lives.



Who is eligible to apply?

Residents of **Harris, Montgomery, Galveston, Brazoria, Waller, Walker, Chambers, Liberty, Austin, and Fort Bend** counties who are **60 years of age or older** and with **household income** within the following guidelines:

- The total monthly household income for a **household of 1** must be **no more than \$1,729**
- The total monthly household income for a **household of 2** must be **no more than \$2,345**

Where can I apply?

Apply at any one of our **83 sites**. If you are unable to come in person to apply, you may send a representative with the necessary documentation listed below.

Call **832-369-9390** for the location nearest to you or go to **houstonfoodbank.org** for locations and dates.

Last year, each month, 9,000 seniors received food from Senior Box.

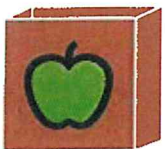
What do I need to bring to apply?

Proof of ID, such as:

- **Driver's License, Military ID, Veteran ID, Health Card, Identification Card**
- **Birth Certificate, Baptismal Certificate**
- **Passport, Refugee Visa**

Applicants will be asked to provide age, income, and residency information. Proof is not required.

What will I receive?



One box of food per month with an average retail value of **\$50**, which includes the following commodities provided through the **U.S. Department of Agriculture**



Bottled fruit juice and 2% milk



Protein
(e.g., non-perishable chicken, salmon, tuna chili, stew)



Non-perishable vegetables/fruit



Bag of dried beans or jar of peanut butter



Hot or cold cereal



Pasta



Two-pound block of cheese



Non-fat dry milk