

**Sunday, June 7th, 2026**

***The Most Holy Body and Blood of Christ or Corpus Christi (White)***

**The first reading is from Deuteronomy (8:2-3,14-16)**

And thou shalt remember all the way which the Lord thy God led thee these forty years in the wilderness, to humble thee, and to prove thee, to know what was in thine heart, whether thou wouldest keep his commandments, or no.

And he humbled thee, and suffered thee to hunger, and fed thee with manna, which thou knewest not, neither did thy fathers know; that he might make thee know that man doth not live by bread only, but by every word that proceedeth out of the mouth of the Lord doth man live.

Then thine heart be lifted up, and thou forget the Lord thy God, which brought thee forth out of the land of Egypt, from the house of bondage;

Who led thee through that great and terrible wilderness, wherein were fiery serpents, and scorpions, and drought, where there was no water; who brought thee forth water out of the rock of flint;

Who fed thee in the wilderness with manna, which thy fathers knew not, that he might humble thee, and that he might prove thee, to do thee good at thy latter end;

**Psalm 147:13-16,20-21**

For he hath strengthened the bars of thy gates; he hath blessed thy children within thee.

He maketh peace in thy borders, and filleth thee with the finest of the wheat.

He sendeth forth his commandment upon earth: his word runneth very swiftly.

He giveth snow like wool: he scattereth the hoarfrost like ashes.

He hath not dealt so with any nation: and as for his judgments, they have not known them.

Praise ye the Lord.

**The second reading is from St. Paul's First Letter to the Church in Corinth (10: 16-17)**

The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ?

For we being many are one bread, and one body: for we are all partakers of that one bread.

**The Holy Gospel of our Lord Jesus Christ, according to Jon (6:51-58)**

I am the living bread which came down from heaven: if any man eat of this bread, he shall live for ever: and the bread that I will give is my flesh, which I will give for the life of the world.

The Jews therefore strove among themselves, saying, How can this man give us his flesh to

eat?

Then Jesus said unto them, Verily, verily, I say unto you, Except ye eat the flesh of the Son of man, and drink his blood, ye have no life in you.

Whoso eateth my flesh, and drinketh my blood, hath eternal life; and I will raise him up at the last day.

For my flesh is meat indeed, and my blood is drink indeed.

He that eateth my flesh, and drinketh my blood, dwelleth in me, and I in him.

As the living Father hath sent me, and I live by the Father: so he that eateth me, even he shall live by me.

This is that bread which came down from heaven: not as your fathers did eat manna, and are dead: he that eateth of this bread shall live for ever.

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## Hymns

Open : CP 61 **As We Gather at your Table**

Tune: A.V. Fedak (c) 1990 Selah Publishing

Text: Carl P. Daw (c) 1989 Hope Publishing

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As we gather at your table,  
as we listen to your word,  
help us know, O God, your presence;  
let our hearts and minds be stirred.  
Nourish us with sacred story  
till we claim it as our own;  
teach us through this holy banquet  
how to make Love's victory known.

Turn our worship into witness  
in the sacrament of life;  
send us forth to love and serve you,  
bringing peace where there is strife.  
Give us, Christ, your great compassion  
to forgive as you forgave;  
may we still behold your image  
in the world you died to save.

Gracious Spirit, help us summon  
other guests to share that feast  
where triumphant Love will welcome  
those who had been last and least.  
There no more will envy blind us  
nor will pride our peace destroy,  
as we join with saints and angels  
to repeat the sounding joy.

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Gradual :CP 56 **I am the Bread , the Bread of Life**

Text and music : Brian W. Hoare (c) 1988 Hope Publishing

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I am the bread, the bread of Life;  
who comes to me will never hunger.  
I am the bread, the bread of heaven;  
who feeds on me will never die.

And as you eat, remember me,  
my body broken on the tree:  
my life was given to set you free,  
and I'm alive for evermore.

I am the vine, the living vine;  
apart from me you can do nothing.  
I am the vine, the real vine:  
abide in me and I in you.

----gospel --

And as you drink, remember me,  
my blood was shed upon the tree:  
my life was given to set you free,  
and I'm alive for evermore.

So eat this bread and drink this wine,  
and as you do, receive this life of mine.  
All that I am, I give to you,  
that you may live for evermore.

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Offertory : CP 610 **Before I Take the Body of My Lord**

Text and music : John L. Bell (c) 1989 WGRG The Iona Community /GIA

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Before I take the body of my Lord  
Before I share His life in bread and wine  
I recognise the sorry things within  
These I lay down

The words of hope I often failed to give  
The prayers of kindness buried by my pride  
The signs of care I argued out of sight  
These I lay down

The narrowness of vision and of mind  
The need for other folk to serve my will  
And every word and silence meant to hurt  
These I lay down

Of those around in whom I meet my Lord  
I ask their pardon and I grant them mine  
That every contradiction to Christ's peace  
Might be laid down

Lord Jesus Christ companion at this feast  
I empty now my heart and stretch my hands  
And ask to meet You here in bread and wine  
Which You lay down

Close : CP 60 **I Come With Joy**

Tune: Land of Rest Text: B. Wren © 1971, 1995 Hope Publishing Company

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I come with joy, a child of God,  
forgiven, loved and free,  
the life of Jesus to recall,  
in love laid down for me.

I come with Christians far and near  
to find, as all are fed,  
the new community of love  
in Christ's communion bread.

As Christ breaks bread, and bids us share,  
each proud division ends.  
The love that made us, makes us one,  
and strangers now are friends.

The Spirit of the risen Christ,  
unseen, but ever near,  
is in such friendship better known,  
alive among us here.

Together met, together bound  
by all that God has done,  
we'll go with joy, to give the world  
the love that makes us one.