



# Diocese of Athabasca

## Sunday School Lesson Plan – Second Sunday of Easter

Here's a **Sunday School Lesson Plan** for young children (ages 4–8) and some activities for older children using the **Revised Common Lectionary readings** for the **Second Sunday of Easter (Year A)**. Bible Verses: Acts 2:14a, 22-32; Ps 16; 1 Pet 1:3-9; Jn 20:19-31; Preface of Easter

## ✨ Anglican Sunday School Lesson Plan

The Second Sunday of Easter

### Lesson Title

“Peace Be With You!”

### Theme

Jesus brings peace and helps us believe.

### Big Idea

Even when we have questions, Jesus loves us and helps us believe.

### Lesson Focus for Kids

After Jesus rose from the dead, He appeared to His friends and gave them peace. Jesus is alive and wants us to trust Him.

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# Scripture Readings – Kid Friendly Language

## **Acts 2:14a, 22–32**

Peter tells the people that Jesus did amazing things, died on the cross, and that God raised Him back to life. Jesus is alive!

## **Psalm 16**

God keeps us safe and fills our hearts with joy.

## **1 Peter 1:3–9**

Because Jesus rose from the dead, we have a living hope and great joy.

## **John 20:19–31**

Jesus appears to His disciples. Thomas is not there and says he will believe when he sees Jesus. Later Jesus appears again and tells Thomas, “Do not doubt, but believe.” Thomas says, “My Lord and my God!”

## **Preface of Easter (Simple Explanation)**

During Easter we celebrate that Jesus defeated death and brings new life and peace to the world.

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# Welcome & Opening Prayer / Circle Time

## **Welcome**

“Good morning everyone! Last week we celebrated Easter and the amazing news that Jesus is alive. Today we hear what happened when Jesus visited His friends after He rose from the dead.”

## **Opening Prayer**

“Dear God, thank You for the joy of Easter. Help us to trust Jesus and remember that He brings us peace and love. Amen.”

## **Circle Time Questions**

- Have you ever wondered if something was really true?
- What helps you believe something?
- How do you feel when someone brings you peace or comfort?

Explain: Jesus’ friend Thomas had questions too.

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# Memory Verse

## John 20:29 (Simplified)

“Blessed are those who have not seen and yet believe.”

Actions:

- **Blessed** – hands over heart
- **Have not seen** – cover eyes briefly
- **Believe** – point upward

Repeat several times together.

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# Bible Story Time

Tell the story in simple steps.

1. The disciples were together in a room. The door was locked because they were afraid.
2. Suddenly Jesus appeared and said, “**Peace be with you.**”
3. The disciples were amazed and joyful because Jesus was alive.
4. One disciple, Thomas, was not there.
5. Thomas said he wanted to see Jesus himself before he believed.
6. Later Jesus appeared again and showed Thomas His hands.
7. Thomas believed and said, “**My Lord and my God!**”
8. Jesus said people who believe without seeing are blessed.

## Main Lesson:

Jesus understands our questions and helps us believe.

Optional props:

- Toy door (for the locked room idea)
  - Picture of Jesus appearing to the disciples
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# Craft / Activity

## “Peace Hands Craft”

### Supplies

- Construction paper
- Markers or crayons
- Child’s hand tracing
- Glue
- Small paper heart

### Instructions

1. Trace each child’s hand on paper and cut it out.
2. Write on the hand: **“Peace Be With You – Jesus”**
3. Glue a small heart in the middle.
4. Decorate with crosses, hearts, and sunshine.

Explain: Jesus showed His hands to the disciples and brought them peace.

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# Game

## “Peace Be With You”

1. One child pretends to be behind a “door.”
2. The teacher says: “The disciples were hiding.”
3. The child opens the door and says: **“Peace be with you!”**
4. Everyone repeats the words together.

Alternate version: whisper then shout “Peace be with you!”

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# Song Suggestions

- “Peace Like a River”
- “Jesus Loves Me”
- “Alleluia, Alleluia Give Thanks”
- “This Little Light of Mine”

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# Snack Suggestions

## Peace Snacks

- Pretzels shaped like hearts
- Fruit cups
- Crackers and cheese

Optional: decorate napkins with small crosses or hearts.

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# Wrap Up & Reflections

Ask the children:

- Who was the disciple who had questions?
- What did Jesus say when He appeared?
- How did Thomas feel after seeing Jesus?
- How can Jesus bring peace to our hearts?

Remind them:

Jesus loves us even when we have questions.

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# Closing Prayer

“Dear Jesus, thank You for loving us and bringing peace to our hearts. Help us to trust You and share Your love with others. Amen.”

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# Take Home Idea

Send children home with:

- Their **Peace Hands craft**
  - Memory verse card
  - Encourage families to say together during the week:  
“**Peace be with you.**”
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## Teacher Notes

- Young children often relate well to the idea of **questions and reassurance**.
- Emphasize that Thomas was not “bad” for asking questions.
- Focus on **peace, trust, and Jesus’ love**.
- Encourage joyful repetition of the phrase “**Peace be with you.**”

## Other Idea Links

In searching for ideas for the lessons I sometimes come up with things that I choose not to add at this time but maybe you will find them helpful if the previous information is not what you are looking for. You can click on the links below to see more ideas.

<https://ministry-to-children.com/thomas-sunday-school-worksheet/>

[https://sermons4kids.com/activities/doubting-thomas-5?srsltid=AfmBOorav2rnb-zf8gK\\_UN5ObrI3qDrUjcQXHd2CzXYEJ3O6HWh5EeJf](https://sermons4kids.com/activities/doubting-thomas-5?srsltid=AfmBOorav2rnb-zf8gK_UN5ObrI3qDrUjcQXHd2CzXYEJ3O6HWh5EeJf)

<https://sundayschool.works/crafts/doubting-thomas-sunday-school-craft-activities/>

<https://www.scripturalgrace.com/post/doubting-thomas-sunday-school-lesson>

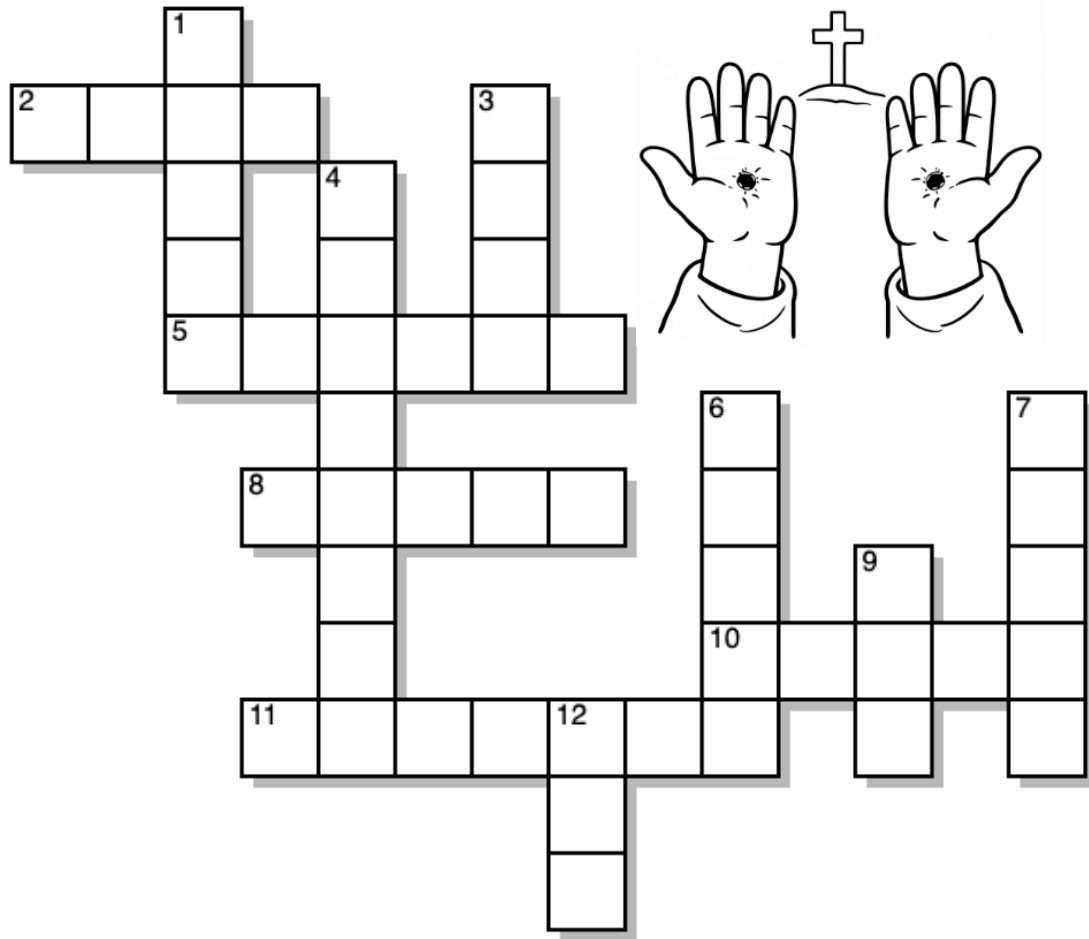
# Peace Be With You!

Second Sunday of Easter



# Peace Be With You!

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## ACROSS

- 2 Aid
- 5 Celebration of the Resurrection
- 8 Rose up
- 10 Jesus was crucified on
- 11 Accept as true

## DOWN

- 1 Not dead
- 3 Expect with confidence
- 4 Follower of Christ
- 6 Quietude
- 7 To believe in
- 9 Great happiness
- 12 Comes from a chicken

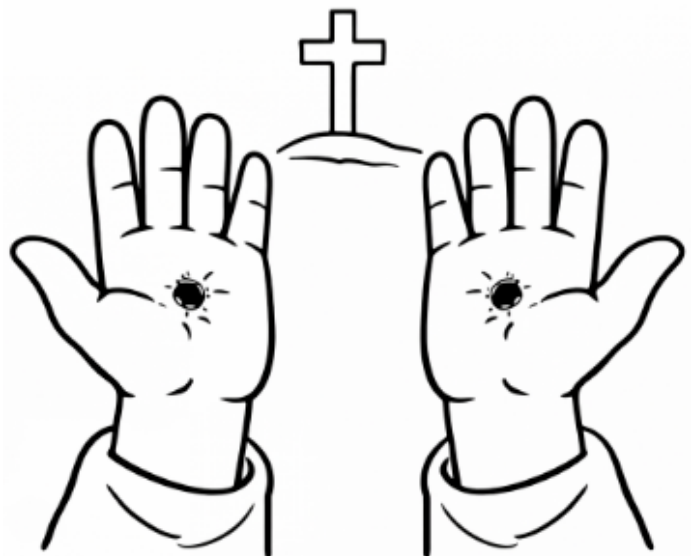
# Peace Be With You!

Second Sunday of Easter

R E T S A E P D N G  
N T L X J E I B L V  
E R D O A S E C N N  
S U Y C C L R E G G  
I S E I I O V H Z D  
R T P E S I E P O H  
N L V S L L R R W J  
E E J A P Q R Y T L

Peace  
Easter  
Believe  
Help  
Risen  
Trust

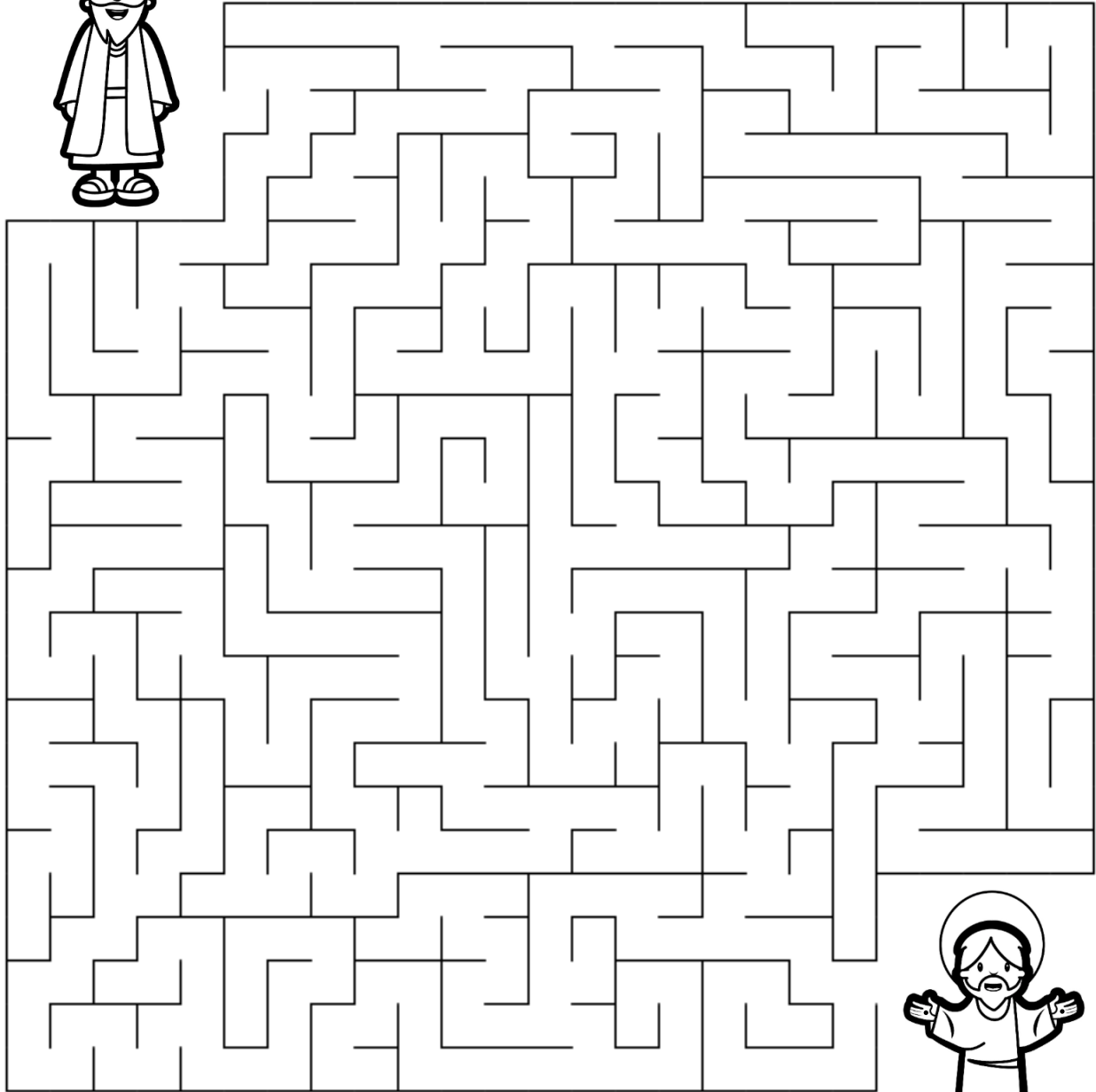
Cross  
Alive  
Egg  
Joy  
Hope  
Disciple



# Peace Be With You!

Second Sunday of Easter

Help Thomas Find Jesus.





# Peace Be With You!

Second Sunday of Easter

Fill in the blanks with the words in the box.

Words to Use				
afraid	alive	blessed	disciples	door
hands	Jesus	Lord	Peace	people
Thomas				

## Jesus Appears to the Disciples

The \_\_\_\_\_ were together in a room. The \_\_\_\_\_ was locked because they were \_\_\_\_\_.

Suddenly \_\_\_\_\_ appeared and said, “\_\_\_\_\_ be with you.” The disciples were amazed and joyful because Jesus was \_\_\_\_\_.

One disciple, \_\_\_\_\_, was not there. Thomas said he wanted to see Jesus himself before he believed.

Later Jesus appeared again and showed Thomas His \_\_\_\_\_. Thomas believed and said, “My \_\_\_\_\_ and my God!”

Jesus said \_\_\_\_\_ who believe without seeing are \_\_\_\_\_.

## Crossword – Key:

### Across

2. Help
5. Easter
8. Risen
10. Cross
11. Believe

### Down

1. Alive
3. Hope
4. Disciple
6. Peace
7. Trust
9. Joy
12. Egg

## Cryptogram – Key:

### 1 Peter 1:8-9

Although you have not seen him, you love him, and even though you do not see him now, you believe in him and rejoice with an indescribable and glorious joy, for you are receiving the outcome of your faith, the salvation of your souls.

## Fill in the Blanks – Key:

The disciples were together in a room. The door was locked because they were afraid.

Suddenly Jesus appeared and said, “Peace be with you.” The disciples were amazed and joyful because Jesus was alive.

One disciple, Thomas, was not there. Thomas said he wanted to see Jesus himself before he believed.

Later Jesus appeared again and showed Thomas His hands. Thomas believed and said, “My Lord and my God!”

Jesus said people who believe without seeing are blessed.