

St. Helen's Anglican Church of Canada
Diocese of New Westminster

The Second Sunday after Pentecost
June 7, 2026



Presider: The Ven. Richard Leggett
Preacher: The Ven. Richard Leggett
Deacon: The Rev. Jeffrey Preiss
Music Director: Dale Throness

THE GATHERING OF THE COMMUNITY

PRELUDE

All stand

OPENING HYMN The God of Abraham Praise

CP 347

LAND ACKNOWLEDGEMENT

As we celebrate the outpouring of the Holy Spirit at Pentecost, we acknowledge with gratitude and respect that we gather on the ancestral territory of the Musqueam peoples. May the Spirit's unifying fire ignite within us a deeper commitment to reconciliation with all who dwell here.

THE GREETING

The grace of our Lord Jesus Christ, and the love of God,
and the communion of the Holy Spirit, be with you all.

And also with you.

COLLECT FOR PURITY

Almighty God,
**to you all hearts are open,
all desires known,
and from you no secrets are hidden.**
**Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

COLLECT OF THE DAY

Let us pray.

God of mercy,
Jesus broke bread with Matthew
and called him to the way of discipleship.
May we follow in that same spirit of obedience;
through the One in whom we are called. **Amen.**

Please be seated.

THE PROCLAMATION OF THE WORD

FIRST READING Genesis 12.1-9

Angela White

A reading from Genesis.

Now the Lord said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse, and in you all the families of the earth shall be blessed.”

So Abram went, as the Lord had told him, and Lot went with him. Abram was seventy-five years old when he departed from Haran. Abram took his wife Sarai and his brother’s son Lot and all the possessions that they had gathered and the persons whom they had acquired in Haran, and they set forth to go to the land of Canaan.

By your word, O God, were the heavens made,
by the breath of your mouth all the heavenly hosts.
You gather up the waters of the ocean as in a water-skin
and store up the depths of the sea. **R.**

Let all the earth fear you, O God;
let all who swell in the world stand in awe of you.
For you spoke, and it came to pass;
you commanded, and it stood fast. **R.**

O God, you bring the will of the nations to naught;
you thwart the designs of the peoples.
But your will stands fast for ever,
and the designs of your heart from age to age.
Happy is the nation whose allegiance is to God;
happy the people you have chosen to be your own! **R.**

SECOND READING Romans 4.13-25

Gillian Moore

A reading from the Letter to the Romans.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. For if it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath, but where there is no law, neither is there transgression.

For this reason the promise depends on faith, in order that it may rest on grace, so that it may be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (who is the father of all of us, as it is written, “I have made you the father of many nations”), in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become “the father of many nations,” according to what was said, “So shall your descendants be.” He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), and the barrenness of Sarah’s womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore “it was reckoned to him as righteousness.” Now the words, “it was reckoned to him,” were written not for his sake alone but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over for our trespasses and was raised for our justification.

Hear what the Spirit is saying to the Church

Thanks be to God.

THE GOSPEL ACCLAMATION

Please stand as you are able.

Alleluia, alleluia, alleluia. (2x)

CP 712

Choir:

*"I am the light of the world," says the Lord,
"All who follow me shall have the light of life."*

Alleluia, alleluia, alleluia. (2x)

THE HOLY GOSPEL Matthew 9.9-13, 18-26

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, Lord Jesus Christ.

As Jesus was walking along, he saw a man called Matthew sitting at the tax-collection station, and he said to him, "Follow me." And he got up and followed him.

And as he sat at dinner in the house, many tax collectors and sinners came and were sitting with Jesus and his disciples. When the Pharisees saw this, they said to his disciples, "Why does your teacher eat with tax collectors and sinners?" But when he heard this, he said, "Those who are well have no need of a physician, but those who are sick. Go and learn what this means, 'I desire mercy, not sacrifice.' For I have not come to call the righteous but sinners."

While he was saying these things to them, suddenly a leader came in and knelt before him, saying, "My daughter has just died, but come and lay your hand on her, and she will live." And Jesus got up and followed him, with his disciples. Then suddenly a woman who had been suffering from a flow of blood for twelve years came up behind him and touched the fringe of his cloak, for she was saying to herself, "If I only touch his cloak, I will be made well." Jesus turned, and seeing her he said, "Take heart, daughter; your faith has made you well." And the woman was made well from that moment. When Jesus came to the leader's house and saw the flute players and the crowd making a commotion, he said, "Go away, for the girl is not dead but sleeping." And they laughed at him. But when the crowd had been put outside, he went in and took her by the hand, and the girl got up. And the report of this spread through all of that district."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Alleluia, alleluia, alleluia. (2x)

CP 712

Please be seated.

SERMON

The Ven. Richard Leggett

AFFIRMATION OF FAITH

Please stand as you are able.

Let us declare our faith in God.

**We believe in God the Creator
from whom every family
in heaven and on earth is named.**

**We believe in God the Word
who lives in our hearts through faith,
and fills us with love and compassion.**

**We believe in God the Holy Spirit,
who strengthens us
with power from on high.**

**We believe in one God;
Father, Son and Holy Spirit. Amen.**

PRAYERS OF THE COMMUNITY

INTERCESSIONS, PETITIONS, AND THANKSGIVINGS

Iman Zandroto

Please stand, sit or kneel.

CONFESSION AND ABSOLUTION

Let us pray for the forgiveness of our sins.

Have mercy upon us, most merciful God,
**in your compassion, forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honour and glory of your name;
through Jesus Christ our Lord. Amen.**

May the God of love and power
forgive you and free you from your sins,
heal and strengthen you by the Holy Spirit,
and raise you to new life in Christ our Lord. **Amen.**

THE EXCHANGE OF THE PEACE

God is love
and those who live in love live in God
and God lives in them.

The peace of the Lord be always with you.
And also with you.

THE HOLY COMMUNION

THE OFFERTORY

As the altar is prepared for Holy Communion, the congregation is invited to make an offering as an expression of gratitude for God's generosity.

OFFERTORY HYMN Your Hands, O Lord, in Days of Old CP 293

Please remain standing until communion.

PRAYER OVER THE GIFTS

Let us pray.

Holy God, gracious and merciful,
**you bring forth food from the earth
and nourish your whole creation.**
**Turn our hearts toward those
who hunger in any way,
so that all may know your care;
and prepare us now to feast on the bread of life,
Jesus Christ, our Saviour and Lord. Amen.**

THANKSGIVING AT THE TABLE

May God be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to God our Creator.

It is right to give our thanks and praise.

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Saviour Jesus Christ. You reveal your glory as the glory of the Father, the Son, and the Holy Spirit: equal in majesty, undivided in splendour, one Lord, one God, ever to be adored in your eternal glory. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

Holy, Holy, Holy Lord

CP 735

Holy God, holy and mighty, holy and immortal: you we praise and glorify, you we worship and adore. You formed the earth from chaos; you encircled the globe with air; you created fire for warmth and light; you nourish the lands with water. You moulded us in your image, and with mercy higher than the mountains, with grace deeper than the seas, you blessed the Israelites and cherished them as your own. That also we, estranged and dying, might be adopted to live in your Spirit, you called to us through the life and death of Jesus.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

Together as the body of Christ, we proclaim the Lord's death until he comes.

Christ has died. Christ is risen. Christ will come again.

With this bread and cup we remember your Son, the first-born of your new creation. We remember his life lived for others, and his death and resurrection, which renews the face of the earth. We await his coming, when, with the world made perfect through your wisdom, all our sins and sorrows will be no more.

Amen. Come, Lord Jesus.

Holy God, holy and merciful, holy and compassionate, send upon us and this meal your Holy Spirit, whose breath revives us for life, whose fire rouses us to love. Enfold in your arms all who share this holy food. Nurture in us the fruits of the Spirit, that we may be a living tree, sharing your bounty with all the world.

Amen. Come, Holy Spirit.

Holy and benevolent God, receive our praise and petitions, as Jesus received the cry of the needy, and fill us with your blessing, until, needy no longer and bound to you in love, we feast forever in the triumph of the Lamb: through whom all glory and honour is yours, O God, O Living One, with the Holy Spirit, in your holy church, now and for ever. **Amen.**

THE LORD'S PRAYER

As our Saviour taught us, let us pray.

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

THE BREAKING OF THE BREAD

We break this bread
to share in the body of Christ.
**We, being many, are one body,
for we all share in the one bread.**

These are the gifts of God for all God's people.

Thanks be to God.

JESUS, LAMB OF GOD

CP 747

THE COMMUNION

All who seek Christ and are drawn to this holy table are invited to come forth to receive Holy Communion. Dipping the bread (intinction) into the wine is not permitted. If you wish to receive a blessing rather than Holy Communion, please indicate such by placing your right hand over your heart.

COMMUNION HYMNS From All the Wind's Wide Quarters
Will You Come and Follow Me

CP 43

CP 430

THE SENDING FORTH OF THE COMMUNITY

PRAYER AFTER COMMUNION

Let us pray.

We give you thanks, almighty God,
**that you have refreshed us
through the healing power of this gift of life.
In your mercy, strengthen us through this gift,
in faith toward you and in fervent love toward one another;
for the sake of Jesus Christ our Lord. Amen.**

DOXOLOGY

Glory to God,
**whose power, working in us,
can do infinitely more
than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus,
for ever and ever. Amen.**

Welcome, St. Anselm's!

We welcome the congregation of St. Anselm's to our worship today. We are joyful and grateful to be able to share this worship with them.

UPCOMING EVENTS AT ST. HELEN'S

Book of Common Prayer | June 14, 2026, at 8:00 am

Join our 8 am Sunday service on June 14, 2026 at St. Helen's.

This is a simple yet deep spoken celebration of the Eucharist using the traditional Book of Common Prayer.

Contemplative Prayer

Contemplative Prayer sessions are held every Wednesday at 7:30pm.

Worship Exchange with Saint Anselm's on June 14, 2026

Saint Anselm's will host us (St. Helen's) next **Sunday, June 14, 2026, at their 10.30 am Eucharist**. There will be no 10 am Eucharist at St. Helen's that Sunday, we will gather St. Anselm's for worship.

All are welcome.

Prayer Requests

Prayers for:

Jamie & Beth, Tom Hodgkinson, Karen, Mrs Therese Chabot,
Mark, Lois Ruth, Diane

The Bergamasca Concert

The Bergamasca Concert will be held at **St. Helen's on Saturday, June 20, at 7 pm**. This is a benefit concert for St. Helen's, and all donations go to the church. **Admission by donation.**

The Bergamasca Consort plays

SONGS AND SWEET AYRES THAT GIVE DELYTE



Saturday June 13th at 1pm

All Saints Ladner
4755 Arthur Drive, Delta, BC

Sunday June 14th at 3pm

Old Hastings Mill Store Museum
1575 Alma Street (north end), Vancouver, BC
<https://hastingsmillmuseum.ca/upcoming-events>

Saturday June 20th at 7pm

St. Helen's Church
4405 West 8th Avenue, Vancouver, BC

Admission by donation

Encountered by the Holy

You're invited to *Encountered by the Holy, the 2026 O'Driscoll Forum on Preaching and the Arts* at Vancouver School of Theology, taking place on **June 14–15**. This year's forum explores what it means to encounter the holy not as an abstract idea, but as something that shapes how we speak, listen, create, and respond in the world. You are welcome to join two free public events featuring guest preacher and speaker Craig Barnes as well as musician and artist, Julian Davis Reid:

Sunday, June 14 | 7 PM

Notes of Rest Concert with Julian Davis Reid

Monday, June 15 | 7 PM

Seeking Beauty and Truth Public Lecture with Craig Barnes

VANCOUVER SCHOOL OF THEOLOGY
O'DRISCOLL FORUM
ON PREACHING AND THE ARTS

ANGLICAN
FOUNDATION OF CANADA

VST
VANCOUVER
SCHOOL OF
THEOLOGY

ENCOUNTERED BY THE HOLY

WORSHIP, MUSIC & PUBLIC LECTURE



JULIAN DAVIS REID



CRAIG BARNES



JUNE 14 & 15
IN-PERSON & ONLINE
CHRIST CHURCH CATHEDRAL, VANCOUVER
& VANCOUVER SCHOOL OF THEOLOGY

 [VST.EDU/EVENTS](https://vst.edu/events)

How to Contribute to St. Helen's Financially

We deeply appreciate financial contributions to our shared congregational life and mission. The best ways to donate are:

- Set up a Pre-Authorized Donation - simply send an email to sthelenswpg@gmail.com to get started or change your amount
- Donate via interact e-transfer to sthelenswpg@gmail.com
- Scan the QR code to the right or visit sthelensvancouver.com/give to donate via credit card
- Use one of the envelopes available at the back of the church by the offering plate to donate via cheques or cash



Office Hours

Tuesday, 09:00am-5:00pm
Wednesday, 09:00am-5:00pm
Friday, 09:00am-5:00pm

Interim Priest office hours: Tuesday and Friday, 9:30am-1pm
Or by appointment

Connect with us:

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