



ST CHRISTOPHER'S SYNDAL PARISH

5 DOON AVENUE, SYNDAL

IN THE CARE OF THE PALLOTTINES

In partnership with Holy Saviour, Vermont South

THE MOST HOLY BODY AND BLOOD OF CHRIST (YEAR A)

07 JUNE 2026

WELCOME TO ST CHRISTOPHER'S

You are INVITED!

St Christopher's is a Missionary Parish of Intentional Disciples, passionate about being Christ to all, through our witness of God's love in action.

REFLECTIONS...

The feast of the Body and Blood of Christ, also known as *Corpus Christi*, celebrates and commemorates the institution of the Eucharist at the Last Supper. Although the liturgy on Holy Thursday remembers the celebration of the Last Supper, its focus tends to be more aligned with the events of the Passion rather than on the institution of the Eucharist. In the 13th Century, Pope Urban IV established the feast of Corpus Christi (the Body of Christ) and it was St Thomas Aquinas who composed the official prayers of the Church for the feast day. In 1970 the feast was changed to the Solemnity of the Body and Blood of Christ.

Jesus repeatedly demands that his followers must eat his flesh and drink his blood. It is through these actions that his followers will share in eternal life. Jesus says that whoever does this will live in him and he will live in them. That is one of the fundamental beliefs about the Eucharist. When we receive the body and blood of Jesus in the Eucharist we become what we receive – we become Christ's body in the world. When Jesus called his disciples, he called them to be like himself. He reissues that call to be like him every time we receive his body and blood in Eucharist.

REGULAR MASS TIMES

Saturday Vigil 6.00 pm
Sunday 8.30 am & 10.30 am
Livestream Sunday 10.30 am

Weekday Masses

Tues, Thurs & Sat 9.15am

Priest available for
Confession on Saturdays
after mass



READINGS THIS WEEK (YEAR A)

1st Reading: Deuteronomy 8:2-3. 14-16
Moses reminds the people of the hardships
God saved them from.

Resp Psalm: Ps 147:12-15. 19-20. R. v.12
(R.) Praise the Lord, Jerusalem

2nd Reading: 1 Corinthians 10:16-17
We are a single body sharing from a single loaf.

Gospel Acclamation:

Alleluia, alleluia!
I am the living bread from heaven, says the Lord;
whoever eats this bread will live for ever.
Alleluia!

Gospel: John 6:51-58

COMMUNION ANTIPHON

Whoever eats my flesh and drinks my blood
remains in me and I in him, says the Lord.

READINGS NEXT WEEK:

ELEVENTH SUNDAY IN ORDINARY TIME (YEAR A)

1st: Exodus 19:2-6

Resp Psalm: Ps 99:2-3. 5. R. v.3

2nd: Romans 5:6-11

Gospel: Matthew 9:36 – 10:8

New to St Christopher's? Connect with Us:

<https://stchristopherssyndal.com.au/welcome-from-our-parish-priest/pages/new-parishioner-registration-form>

PARISH PRIEST: FR JACOB ALVARES SAC
E. jacob.alvares@cam.org.au

Elevate: Chelsea Lim
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RCIA: Alison Trudgett
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PARISH SECRETARY/VENUE HIRE:
T. 9802 8538
E. syndal@cam.org.au

Baptisms, Weddings, Funerals:
T. 9802 8538
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**Children's Ministry & Sacramental
preparation: Charles, Germaine**
E. childrensministrysyndal@gmail.com

SCHOOL PRINCIPAL: MR PATRICK GREEN
E. principal@scsyndal.catholic.edu.au

ST CHRISTOPHER'S CHURCH ADDRESS:
184 BLACKBURN RD, SYNDAL

St Vincent dePaul:
T. 1800 305 330 (M-F 10am-3pm)

Parish Office Opening Hours:

Tuesdays & Thursdays 9am - 4pm

Fridays 9am - 4.30pm

5 Doon Ave, Syndal

St Christopher's website

We welcome you to browse through our new website ...

there is so much to see!

Link: <https://www.stchristopherssyndal.com.au>

PARISH MINISTRIES AND NOTICES

Seniors Mass @ Holy Saviour Parish

Wednesday 10 Jun - 12pm

Followed by lunch - please bring a plate to share.
Coffee/tea will be provided.

All are welcome !

Contact Rose 0411 706 016

**** there will be NO 9.15am Mass ****

CHARISMATIC Prayer Group

the **GIFT**

6 session video course

a life in the Spirit course

Session 1: The Fathers's Loving Plan

Wednesday 10th June @7.30pm Fellowship Area

Rosa: 0447 111 270 / John: 0407 182 916

All are welcome

Wedding Anniversaries

We praise you, O God, we bless you, Creator of all things, who in the beginning made man and woman that they might form a communion of life and love. We also give you thanks for graciously blessing our family so that it might present an image of Christ's union with the Church.

SAVE THE DATE

TRIVIA NIGHT Fundraiser

Saturday 25 July : 7:00pm

Hennessy Hall

\$30pp



FRIDAY 12 JUNE, 2026

**Feast of the Most Sacred
Heart of Jesus**



Prayer

*Adorable Sacred Heart of Jesus, which so greatly loved men and has not spared anything for them, unite with the Immaculate Heart of your loving Mother, so full of merciful love, and together be my help, my comfort, and my salvation.
Amen*

SATURDAY 13 JUNE, 2026

**Feast of the Immaculate
Heart of The Blessed
Virgin Mary**

Fr Jacob's Reflection ...

**"I am the living bread that came down from heaven; whoever eats this bread will live forever."
(John 6:51)**

On the Solemnity of the Most Holy Body and Blood of Christ, the Church stands in awe before the sublime mystery at the heart of her life and worship: the Eucharist. In this sacrament, Christ does not merely leave us a reminder of His saving work; He gives us His very Self. Under the humble appearances of bread and wine, He remains truly, really, and substantially present — Body, Blood, Soul, and Divinity — offering Himself continually for the life of the world.

The Eucharist is the crowning gift of God's covenant love. In the wilderness, the Lord nourished the people of Israel with manna, the bread sent from heaven, sustaining His people on their journey to the Promised Land. Yet that manna was only a foreshadowing of a far greater reality to come. As Jesus reveals in the Gospel of John, He Himself is the true Bread from Heaven. The manna preserved earthly life for a time; the Eucharist imparts divine life and becomes for us the pledge of eternal glory. What was prefigured in the Old Testament finds its perfect fulfilment in Christ, who gives His flesh for the salvation of the world.

The Eucharist is both sacrifice and sacrament. At every Mass, the one saving sacrifice of Calvary is made sacramentally present. Through the ministry of the priest and the power of the Holy Spirit, Christ offers Himself anew to the Father and feeds His people with the Bread of Life. As St Paul reminds the Corinthians, "This is my body, which is for you." The Eucharist is not a human creation or communal invention; it is a divine gift entrusted to the Church. We do not possess it as our own achievement but receive it with gratitude and reverence as a gift of grace.

The mystery we celebrate also forms us into the Body of Christ. Sharing in the one Bread, we become one in Him. Communion with Christ necessarily leads to communion with one another. The Eucharist therefore calls us beyond the walls of the church to become what we receive: the living presence of Christ in the world. Nourished by His Body and Blood, we are sent forth to serve the poor, comfort the suffering, welcome the stranger, and bear witness to His love in our families and communities.

In an age marked by distraction and spiritual hunger, the Eucharist remains the inexhaustible source and summit of the Church's life. Here Christ satisfies the deepest longing of the human heart — the longing for God Himself. May our participation in the Holy Mass never become routine or superficial. Rather, may we approach the altar with faith, reverence, and holy desire, recognising in the Blessed Sacrament the living Lord who walks with His people.

On this sacred feast, let us renew our love for the Eucharist, our devotion to the Blessed Sacrament, and our commitment to the Holy Mass. May our hearts echo the prayer of the Church throughout the ages.

PARISH / OTHER NOTICES

GUILD OF ST STEPHENS MASS – FRIDAY 12 JUNE 2026

The Annual Guild of St Stephens Mass for Altar Servers will take place on Friday 12 June 2026 at St Patrick's Cathedral at 7.30pm. Archbishop Comensoli will be the Principal Celebrant of the Mass, during which he will admit new members into the Guild of Stephen.

For correspondence, you may contact samuel.pearson@cam.org.au, and copy syndal@cam.org.au

HOME MASS INVITATION

You are warmly invited to join our Home Masses:

Friday, 19 June | 7:30pm
(Hosts: Joyce and Jerry Yap)

☎ Text/WhatsApp: 0424 553 592

Friday, 26 June | 7:30pm
(Hosts: Susan and Nigel Lee)

☎ Text/WhatsApp: 0422 888309

Please text the hosts directly if you'd like to attend.

elevate *Barclod* *Mission '26* CHARITY NIGHT

FRIDAY 12 JUNE, 7-10pm

St. Christopher's Parish Hall, Syndal | DOORS AT 6:30



ENTRY TICKETS

\$10pp



BOOK NOW IN TEAMS OF 6-10

www.trybooking.com/DMIXC

ST. CHRISTOPHER'S PARISH PRESENTS

Ministry Fair



13TH & 14TH JUNE 2026

After all Masses · Fellowship Area

THANK YOU—INDONESIAN FOODFEST

We sincerely thank our Parish Indonesian community for their generous fundraising effort, which raised **\$7,175.40** towards the repayment of our parish loan. We are grateful to everyone who participated and contributed to this wonderful achievement. Special thanks to **Amy Noto** and all our Indonesian brothers and sisters who worked so tirelessly and generously for this cause. May God bless you abundantly for your dedication and support of our parish.

Fr Jacob.

MELBOURNE SYNOD 2026

New Synod Commission calls for prayers for missionary leaders ..

As the work towards the Archdiocese of Melbourne Synod continues, a new Synod Commission has been appointed. Having already met twice, it is calling on all the faithful to pray during the month of May for missionary leadership in our Archdiocese.

Catholic Family Market



Sunday 21 June 2026

12.00pm–3.00pm

Join Catholic families from around Melbourne for a fun, relaxing day to come together and connect with others. The afternoon will include market stalls, food, music, a jumping castle and an animal farm for the kids. Free entry.



CATHOLIC THEOLOGICAL COLLEGE

UNIVERSITY OF DIVINITY

Catholic Theological College

Online Information Session

Explore Philosophy, Theology, and Ministry-related courses

Monday 15 June at 7pm (AEST)

Register via our website:

ctc.edu.au/information-session

Acknowledgment of Country -

We acknowledge the traditional custodians of this land of the Kulin Nation. We pay our respect to them and their cultures.



PARISH MINISTRIES & NOTICES

1ST COLLECTION - PRESBYTERY

May 2026 : \$ 7,351.80

Supports the Parish Priest, Supply Priests, Priests of the Archdiocese and Archbishop's fund

2ND COLLECTION - THANKSGIVING OFFERING

May 2026 : \$ 12,522.60

This collection goes towards the running costs of the Parish and supports all the Ministries

THANKSGIVING CONTRIBUTION TO ST CHRISTOPHER'S PARISH

Your kind donation helps support our community



ROSTER

Week Beginning Monday 8 June 2026

Prayer Leader	Reader	Prayers of the Faithful	Counters
Tuesday 9.15am	John Hackett	Cheryl & John Hackett	Ashley D'Silva, Brian Incigneri, Genny Leeworthy
Thursday 9.15am	Ronnie Poskitt		
Saturday 9.15am	Phil Green		
Duty	6.00pm	8:30am	10:30am
Sacristan	Ida Wati	Anastasia Darmawan	Robert Vecchio
Altar Server	Oliva Lettice, Rashwin & Radesh Lenora	Francesca & Vincenzo Purawinata	Chrislyn & Celine Wawolangi, Beatrice Li
Commentator	Mary Tan	Jon Chavarria	Catherine Drake
Reader	Justin Tan	David Whalan	Luciano De Biase
Eucharistic Minister	Andy Lim, Marie Murphy	Betty Robinson, Graham Perrin	Genny Leeworthy, Cheryl Hackett, Volunteer
Welcome Desk	-	-	Cynthia Boudeville
Greeters	Angelina Cubinar	Rianny Tjung	Carol Peters
Ushers	Volunteer	Eunice Wong	Chris De Silva, Volunteer
Videographer	-	-	Jerome Tan
Music	CANTATE	Joe & Bernadette Fernandes	TRINITY
Morning Tea	-	Gregory Cardoz, Margaret Yap	Deepa Gurusinghe & Angela Yap

In Faith, Hope and Love, let us pray for repose of the souls of

Recently Deceased:

Death Anniversaries: Joan McCormick, Irvine Henshall, Adrian Lazaroo, Rosalind Goh, Patsy Lyons, Angelo Staffieri, Adele Hanson, Lois Clarke, Norma Dempsey, Elizabeth Lyons, Patricia Lyons, Alfred Gabriel, Harry Bennett, John Atkinson, Br Brendan Crowe FSC, Nonilo Demetrio, Joyce Bourke, Nicola Di Sario, Marjorie Deegan, Franciszek Jaskola, Mary Carmelita Bourke.

St. Christopher's is committed to the safety, wellbeing and dignity of all children and vulnerable adults