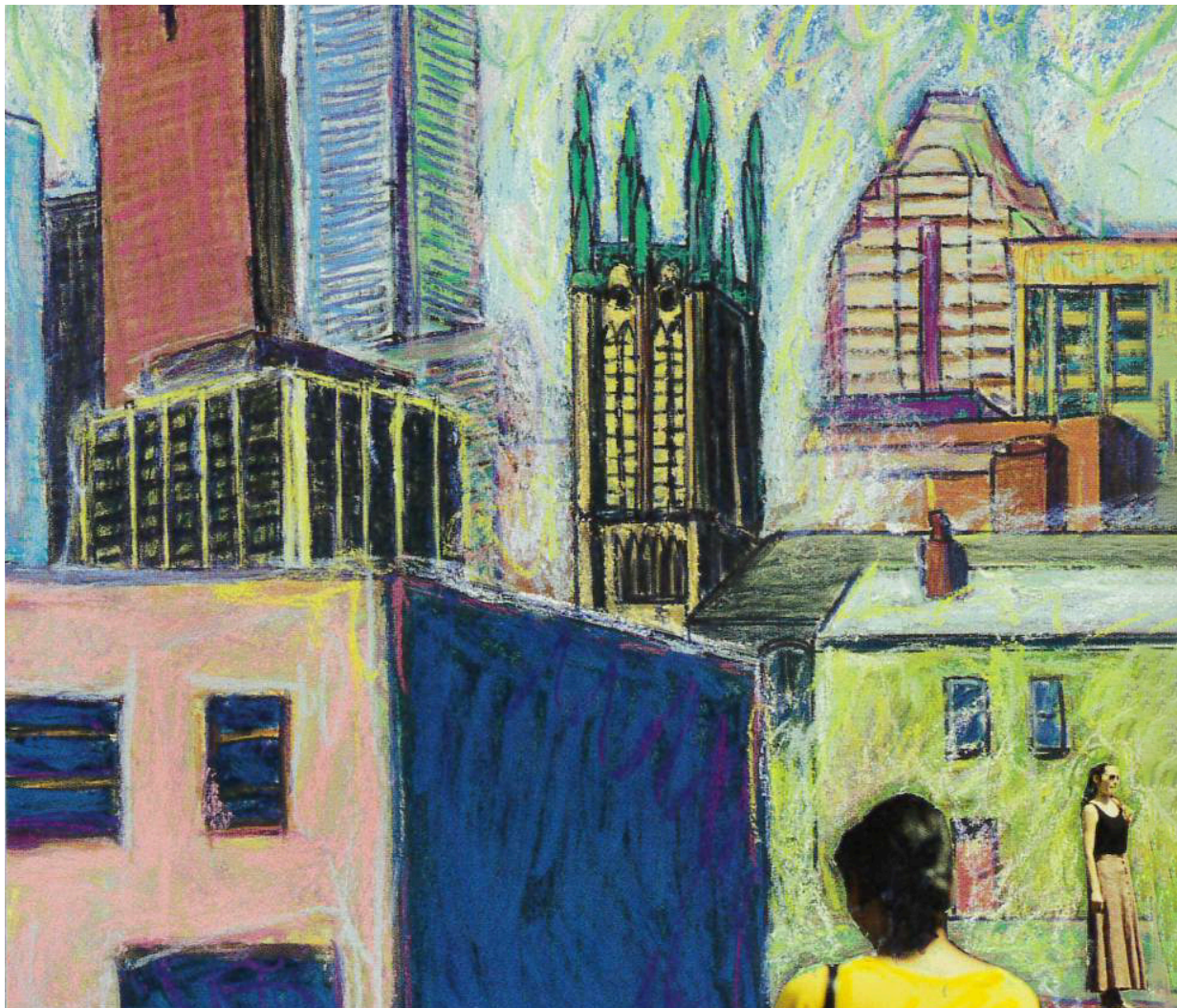


WELCOME TO METROPOLITAN UNITED CHURCH

Hope, Healing and Beauty in Jesus' name



From the series "We Are Not Alone" by Gary Crawford

SECOND SUNDAY AFTER PENTECOST - VISUAL ARTS SUNDAY **June 7, 2026**

We are an Affirming Congregation, offering welcome and companionship to all, inclusive of age, ethnicity, gender identity, differing abilities, and sexual orientation.

For thousands of years, this land has been the traditional home of the Huron-Wendat, the Seneca, and the Mississaugas of the Credit, covered by Treaty 13. It is still home to Indigenous people from across Turtle Island.

We are grateful to work, live and worship on this land.

ORDER OF SERVICE

♪ indicates “please stand as you are able.” Our services are livestreamed, so please be aware that you may appear on camera. If you have children with you, there is Sunday School and a quiet play area at the back of the sanctuary.

Taking inspiration from the service and the Spirit, one of our Visual Arts group members, Morgan Prescott, will be creating a piece of art in real-time today.

CARILLON PRELUDE

PRELUDE *Joyful Rhythm*
Chanson

Kevin McChesney
Kenneth Lowenberg

The Metropolitan Hand Bells

~ *We are gathered in Christ* ~

WORDS OF WELCOME

♪ **PROCESSIONAL HYMN 473** *Let All Mortal Flesh Keep Silence*

PICARDY

♪ INVITATION TO WORSHIP

One: The sinners, the saints, the broken, the whole:

All: we all come seeking the One who offers grace.

One: The doubters, the devout, the wonderers, the wanderers:

All: we all seek to follow the One who works for justice.

One: The hesitant, the heroic, the young, and the young at heart:

**All: we all listen for the songs of joy all creation sings
to the One who gives life**

One: The Lord be with you.

All: And also with you.

One: Let us pray. (*please be seated*)

PRAYER OF APPROACH AND CONFESSION

SILENCE FOR PRIVATE PRAYER

KYRIE (*All*) **More Voices 67** John Bell

Kyrie eleison. (*Lord, have mercy*)

Christe eleison. (*Christ, have mercy*)

Kyrie eleison. (*Lord, have mercy*)

ASSURANCE OF PARDON



Painting by Met member, Carolyn Pack, of her father Rowland Pack.



ACT OF PRAISE (All) 870 v1 *Let All Creation Bless the Lord ALLEIN GOTT IN DER HÖH*

Let all creation bless the Lord, till heaven with praise is ringing.
Sun, moon, and stars peal out a chord, stir up the angels' singing.
Sing, wind and rain! Sing, snow and sleet! make music, day, night, cold,
and heat: exalt the God who made you.

~ We encounter the Word ~

READINGS Isaiah 9:1-4

“The people who walked in darkness have seen a great light”

“I thank You God for most this amazing” by *E.E. Cummings*

The poem that inspired the banner created by Doris McCarthy to the left,
which hangs on the East side of the proscenium arch

ANTHEM *Make Music for the Lord*

Nathalie Sleeth

The Metropolitan Choristers, directed by Alessia Signorella

GOSPEL Matthew 9:9-13, 18-26

Jesus heals a woman and raises a girl

One: This is the witness of the good news of Jesus Christ.

All: Thanks be to God.

HYMN 336 *Christ, Whose Glory Fills the Skies*

RATISBON

During the hymn children are invited to meet Ael at the front to go down to Sunday School.

SERMON *“Angels Unawares”*

The Rev Jason Meyers

ANTHEM *The Best of Rooms*

Randall Thompson, 1899-1984

~ We respond with love ~

PEACE GREETING

One: The peace of Christ be with you always.

All: And also with you.

One: Let us greet one another with the peace of Christ.
(please greet each other with a bow)

♪AFFIRMATION OF FAITH

We are not alone, we live in God's world.

We believe in God:

who has created and is creating, who has come in Jesus,
the Word made flesh, to reconcile and make new,
who works in us and others by the Spirit.

We trust in God.

We are called to be the Church:

to celebrate God's presence, to live with respect in Creation,
to love and serve others, to seek justice and resist evil,
to proclaim Jesus, crucified and risen, our judge and our hope.

In life, in death, in life beyond death, God is with us.

We are not alone. Thanks be to God. *(please be seated)*



ANNOUNCEMENTS AND OFFERING

(To make a donation, you can use the envelopes in the pews or scan the QR code to the left with your phone.)

OFFERTORY *Cantad al Señor* arr. Kevin McChesney

The Metropolitan Hand bells

♪OFFERTORY HYMN 541

Praise God from Whom all blessings flow; Praise God, all creatures high and low;
Give thanks to God in love made known: Creator, Word and Spirit, One. Amen.

OLD 100TH

♪DEDICATION OF OFFERING

SACRAMENT OF COMMUNION

♪GREAT THANKSGIVING

One: Lift up your hearts.

All: We lift them up to the Lord.

One: Let us give thanks to the Lord God.

All: It is right to give God thanks and praise.

One: Let us pray. *(please be seated)*

EUCCHARISTIC PRAYER

SANCTUS AND BENEDICTUS *(sung by all)* 942

Franz Schubert

Holy, holy, holy Lord, God of power and might,

Heaven and earth are full of your glory. Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.



'In Honour of Mother' by Norval Morrisseau. © Official Estate of Norval Morrisseau



Lamb of God, you take a-way the sin of the world; (1,2) Have mer-cy on us.
(3) Grant us your peace.

DISTRIBUTION

*The elements are gluten-free bread and grape juice. Please follow the usher's lead and come to the rails in the front row to kneel (or stand) to receive communion. **Please wait for the ministers' invitation to take the bread and cup.** If you wish to remain in your pew, a server will bring the elements to you.*

After taking the elements, if you would like a blessing and anointing with oil on your hand or forehead, there are stations at the end of rows.

MUSIC DURING COMMUNION O Taste and See

Ralph Vaughan Williams, 1872-1958

O taste and see how gracious the Lord is: blessed is the one that trusteth in him. - Psalm 34 v.8

ENGAGING WITH THE ART AND PRAYER

LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name,
Thy kingdom come, thy will be done, on earth, as it is in heaven.
Give us this day our daily bread,
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil:
For thine is the kingdom, the power, and the glory forever and ever. Amen.

~ We are sent to offer hope, healing and beauty in Jesus' name ~

PRECESSIONAL HYMN 232 Joyful, Joyful, We Adore Thee

HYMN TO JOY

COMMISSIONING AND BLESSING

BLESSING (All - please turn toward the centre)

Izumi Shiota



May the peace of Christ be with you. May the love of God dwell deep in your heart. May the

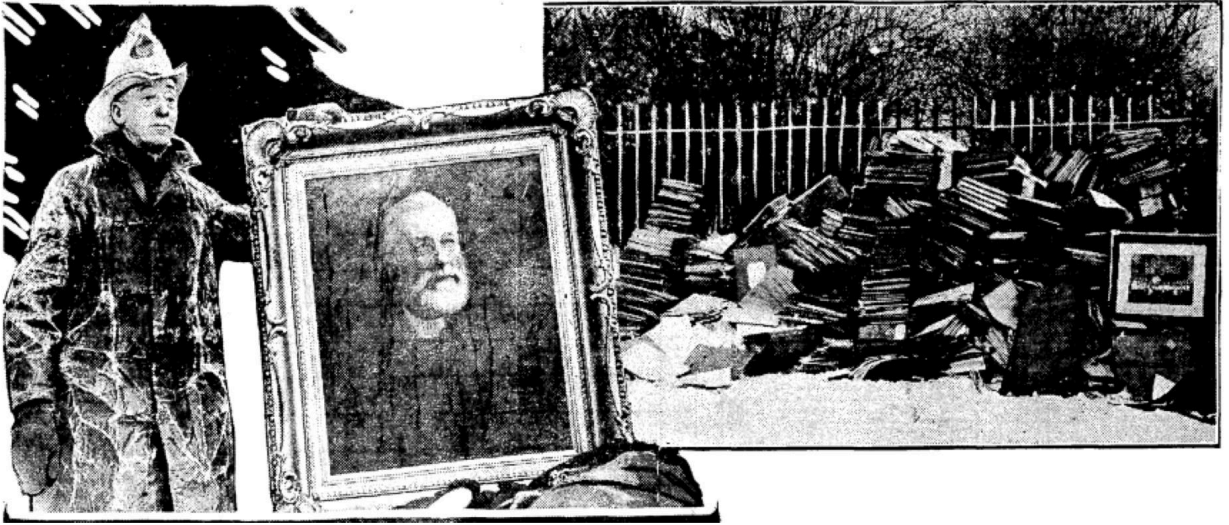


Spi-rit en-light-en your way. May you walk in the com-fort of God's care.

ORGAN POSTLUDE Finale, from Symphonie II

Charles-Marie Widor, 1844-1937

Valuable Retrievals from Metropolitan Church Fire



Leading in worship are **The Rev. Jason Meyers**, **The Rev. Susan Mabey** and **Morgan Prescott**. Reading the lessons is **Alan Hall**. The ministry of music is offered by Wayne C. Vance Carillonneur **Dr. Elisa Tersigni**, The **Metropolitan Choristers** (directed by **Alessia Signorella**); the **Metropolitan Hand Bells**, Minister of Music **Dr. Jonathan Oldengarm**, Wayne C. Vance Organ Scholars **Edward Xu** and **Ethan Duan**, and the **Metropolitan Choir**. Members of our Care Staff are **Siva Selva** and **Krissy Borsa**. Our sound and livestream technicians are **Paya Dehghani** and **Nishaanth Siva**. Metropolitan's livestreaming equipment was made possible thanks to the generosity of **Wayne C. Vance**. Music reprinted with permission under One Licence #707-069. All rights reserved.

UPCOMING PROGRAMS AND EVENTS

Zoom and livestream links in Met Connect and at metunited.ca

SUNDAY, June 7th | The Second Sunday after Pentecost | Visual Arts Sunday

- 9:30 am Choristers
- 10:00 am Library Open (re-opens 12:15 p.m.)
- 10:30 am Nursery
- 11:00 am Worship Service
- 11:15 am Sunday School
- 12:30 pm Visual Arts Lunch and Learn (*Met Centre*)

MONDAY, June 8th

- 8:00 pm Centring Prayer (*Zoom*)

TUESDAY, June 9th

- 12:30 pm Celtic Communion (*Founders Chapel & Zoom*)
- 6:00 pm Trustees
- 6:30 pm Young Adults Social (*Library*)
- 7:00 pm Metropolitan Silver Band

WEDNESDAY, June 10th

12:00 pm Zoom Bible Study (email Rev. Jason for details) (*Zoom*)

4:00 pm Worship Committee

THURSDAY, June 11th

10:45 am Rimbala (*Chancel Room & Zoom*)

12:00 pm Noon at Met Carillon Festival - Minako Uchino

12:00 pm Knitting Group (*Learning Room & Zoom*)

5:00 pm Wild Church (*Toronto Music Garden*)

6:00 pm Stewardship Committee

6:30 pm Handbell Choir

7:00 pm Beatitudes for Progressive Christians (*Flanders Library*)

7:30 pm Metropolitan Choir

FRIDAY, June 12th

10:30 am Community Meal

NEXT SUNDAY: June 14th - Outdoor Service with the Blessing of the Animals

9:30 am Choristers

10:00 am Library Open (re-opens 12:15 p.m.)

10:30 am Nursery

11:00 am Worship Service - The Rev. Jason Meyers preaching (*Outside and Livestream*)

11:15 am Sunday School

12:30 pm Church Picnic

COMMUNITY NEWS

WILD CHURCH ON JUNE 11TH

The last nature-based, Wild Church service for the season will be on June 11th, 5pm at the Toronto Music Garden, one of the city's most enchanted locations. We will meet at the East end of the garden, on the South side of Queens Quay just west of the Lower Spadina streetcar stop.

PLAN AHEAD:

- June 14 - Outdoor service with the Metropolitan Silver Band and a blessing of the pets. BBQ to follow.
- June 21 - Indigenous Day of Prayer service. Session after worship on Funeral Planning.
- June 26 - Pride service

THANK YOU!

On behalf of your Official Board, thank you to those who participated in our study to determine the feasibility of proceeding with a capital fundraising campaign to raise funds for our heritage building. Your comments and insights were invaluable as we plan for Metropolitan's future. A copy of the Feasibility Study Summary Report is available from Doug Flanders: dougflanders@sympatico.ca or by text at 416-988-7013.

WE'RE WELL ON OUR WAY!

Thanks to your generous support, we are well on our way to rebuilding our revenue sources for Metropolitan's Community Meal Program. Since January 1, we have raised \$28,835 from all sources including \$8,975 from the congregation since April 1. Our Friday meal program is an important part of Met's outreach to the community and because of your gifts, we can continue. On behalf of the many we serve weekly, thank you!

DIRECTORY

Chair of the Official Board: Peter Johnston (boardchair@metunited.ca)
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Minister of Pastoral Care: The Rev. Mark Aitchison, ext. 254 (marka@metunited.ca)
Minister of Music: Dr. Jonathan Oldengarm, ext. 226 (jonathano@metunited.ca)
Minister Emeritus: The Rev. Dr. G. Malcolm Sinclair
Minister of Music Emerita: Dr. Patricia Wright
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Voluntary Associate Minister: The Rev. Warren McDougall (officialant2@metunited.ca)
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Nursery Attendant: Johnavac Abraham
Library: Marion Lick and Maureen Maguire (library@metunited.ca)



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Minister of Music: Dr. Jonathan Oldengarm, ext. 226 (jonathano@metunited.ca)
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Metropolitan Choir Lead Singers: Noelle Slaney, Gisele Kulak, Valeria Kondrashov, Michelle Simmons, Alexander Cappellazzo, Alain Paquette, Ian Speck, Matheus Coelho, Parker Clements
Director, Great Heart Youth Ensemble: Dr. Benjamin Stein
Conductor, Metropolitan Choristers: Alessia Signorella
Wayne C. Vance Carillonist: Dr. Elisa Tersigni
Director, Metropolitan Silver Band: Fran Harvey



Administrative Ministry

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