



Diocese of Athabasca

Sunday School Lesson Plan – Sunday, June 14, 2026

Here's a **Sunday School Lesson Plan** for young children (ages 4–8) and some activities for older children using the **Revised Common Lectionary readings** for **June 14, 2026 – Third Sunday after Pentecost (Year A)**. Bible Verses: Gen 18:1-15, (21:1-7); Psalm 116:1, 10-17; Romans 5:1-8; Matthew 9:35 – 10:8, (9-23); Preface of the Lord's Day

✨ Sunday School Lesson Plan

Third Sunday after Pentecost

Sunday School Lesson Plan – Third Sunday after Pentecost

Lesson Title

“Jesus Sends Helpers”

Theme

Jesus sees people who need love and sends His followers to help.

Big Idea

Jesus loves people and asks us to share His love with others.

Lesson Focus for Kids

Children will learn:

- Jesus cares for everyone
 - Jesus asks people to help others
 - We can share kindness and love
 - God gives us what we need to help
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Scripture Readings (Kid-Friendly Language)

Genesis 18:1–15; 21:1–7 (Simplified)

God visited Abraham and Sarah and promised they would have a baby. Even though they were old and Sarah laughed, God kept His promise.

Psalms 116:1, 10–17 (Simplified)

I love God because God listens to me and helps me.

Romans 5:1–8 (Simplified)

God showed His love for us through Jesus.

Matthew 9:35–10:8 (Main Story)

Jesus saw many people who needed help. He loved them and cared for them. Jesus chose disciples and sent them out to help others and share God's love.

Welcome & Opening Prayer (Circle Time)

Welcome Question:

“Can you think of someone who helps you? Who helps at home? At school? At church?”

Allow children to share.

Opening Prayer

“Dear God,
Thank you for loving us.
Help us learn how to help others.
Teach us to share kindness and joy.
Amen.”

Memory Verse

Matthew 10:8 (Simplified)

“Freely you have received; freely give.”

Actions:

- “received” → hands receive something
- “give” → hold hands outward

Repeat several times together.

Bible Story Time

Storytelling Version

One day Jesus looked around and saw many people.

Some people were sad.

Some people were sick.

Some people needed help.

Jesus loved all of them very much.

Jesus said:

“There are many people who need help.”

Then Jesus chose His special helpers—the disciples.

He sent them to help people, pray for people, and tell everyone that God loves them.

Jesus still wants us to help others too.

We can:

- Share toys
- Help clean up
- Say kind words
- Pray for people
- Include others

When we help people, we share Jesus' love.

Interactive Questions

- Who did Jesus send?
 - Why did Jesus send helpers?
 - How can we help someone?
 - What kind thing could you do this week?
-

Craft / Activity

“Helping Hands Wreath”

Supplies:

- Construction paper
- Child hand tracings
- Scissors
- Crayons
- Glue
- Paper plate center removed

Instructions:

1. Trace and cut out children's hands
2. On each hand write ways to help:
 - Share
 - Pray
 - Hug

- Help
 - Love
3. Glue hands around plate ring

Write:

"Jesus Sends Helpers"

Game

"Helper Relay"

Set up stations:

- Pick up toys
- Carry a pretend food basket
- Help a friend put on a hat
- Carry a tissue box

Children race through helping stations.

Lesson Tie-In:

Jesus sends us to help others.

Song Suggestions

- *Jesus Loves Me*
 - *This Little Light of Mine*
 - *If You're Happy and You Know It*
 - *I Have Decided to Follow Jesus*
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Snack Suggestions

“Helping Hands Snack”

Ideas:

- Hand-shaped sugar cookies
- Pretzels
- Fruit slices
- Juice boxes

Discuss:

“How can our hands help others?”

Wrap-Up & Reflection

Ask:

- What did Jesus ask His helpers to do?
- How can you be a helper?
- Who can you help this week?

Key Message:

Jesus sends us to share His love.

Closing Prayer

“Dear Jesus,
Thank you for loving us.
Help us be kind helpers.
Teach us to share your love with everyone we meet.
Amen.”

Take Home Idea

Send home:

- Helping Hands craft
- Memory verse card

Family Activity:

Have children do one helpful act at home and tell about it next week.

Teacher Notes

- Focus on practical helping actions children understand
- Keep the lesson positive and encouraging
- Reinforce that every child can help
- Praise children when they share ideas
- Emphasize that helping shows Jesus' love

Other Idea Links

<https://first.church/wp-content/uploads/THP-Unit-21-Session-1-Younger-1.pdf>

<https://teachldschildren.com/2016/02/service-lesson-ideas/>

https://blogger.googleusercontent.com/img/b/R29vZ2xl/AVvXsEjMluslO-6ujqBy0VEinIJuvFXUDoBXaOWfgslZTcGsdp9qaGY1x-zeTF3mvzsjANxRPah-QuvVmihhYlIHMQgUW5DBU0qyy5HxbBwlQKP7zwuQz-ru0aWSIK4m_KN49jJs9UhnSCmMX-Q2/s1600/7.+Good+Samaritan++n+is+for+neighbor+love+your+neighbor%252C+helping+hands+mazes+%2523Biblefun.JPG

<https://www.etsy.com/ca/listing/4391748619/bible-hand-fan-craft-helping-hands>

<https://ca.pinterest.com/pin/8796161764568238/>

<https://asketchoffaith.com/2022/04/18/special-helpers/>

<https://www.inspirethemom.com/five-good-samaritan-craft-ideas/>

<https://pcc-sundayschool.weebly.com/4-activity1.html>

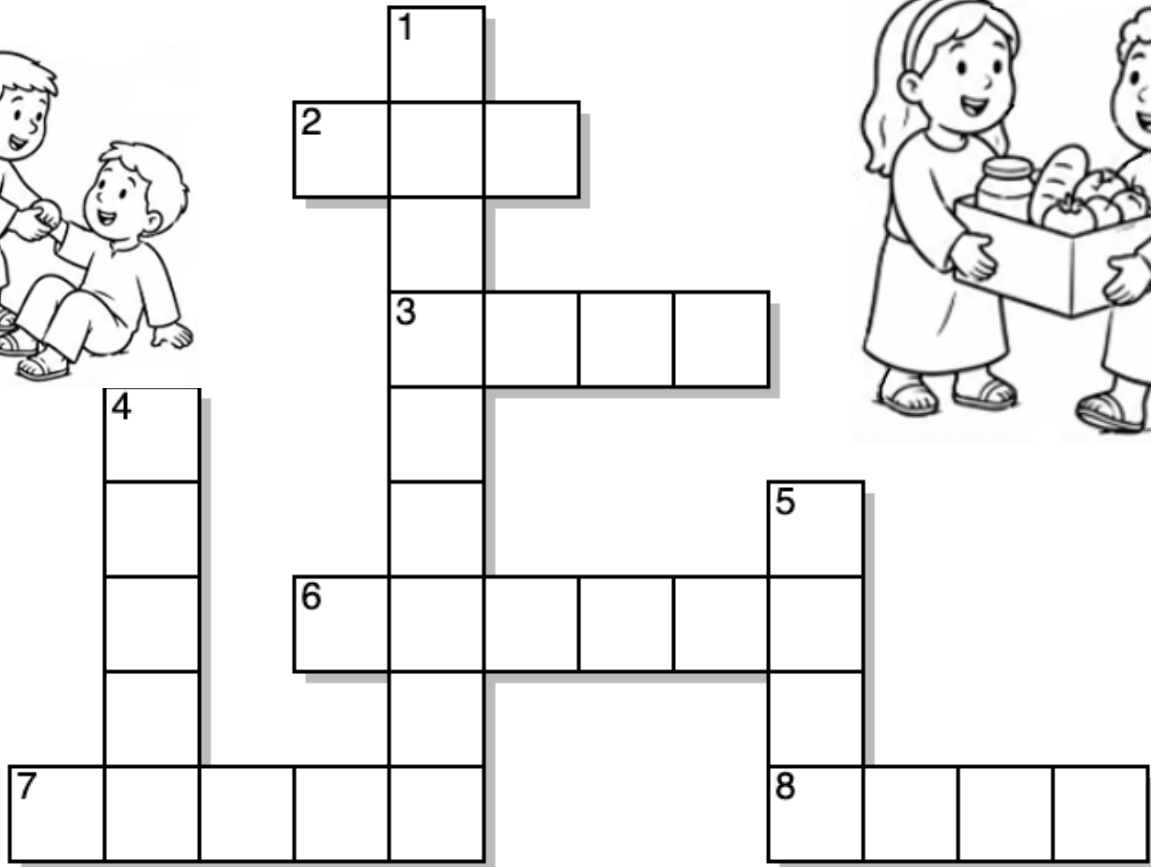
Jesus Sends Helpers

Third Sunday after Pentecost



Jesus Sends Helpers

Third Sunday after Pentecost



ACROSS

- 2 The Father
- 3 Cherish
- 6 Humans
- 7 Son of God
- 8 Talk to God

DOWN

- 1 Disciples
- 4 Give to another
- 5 Give aid



Jesus Sends Helpers

Third Sunday after Pentecost

S R E W O L L O F
P U S D M L R N Y
R E S H O P R A Y
T K O E A G L X M
Q Q T P J R L N M
D M L T L O E G D
L E D Z V E Z Z W
H D X E Q P B L T

Jesus
People
Followers
Love

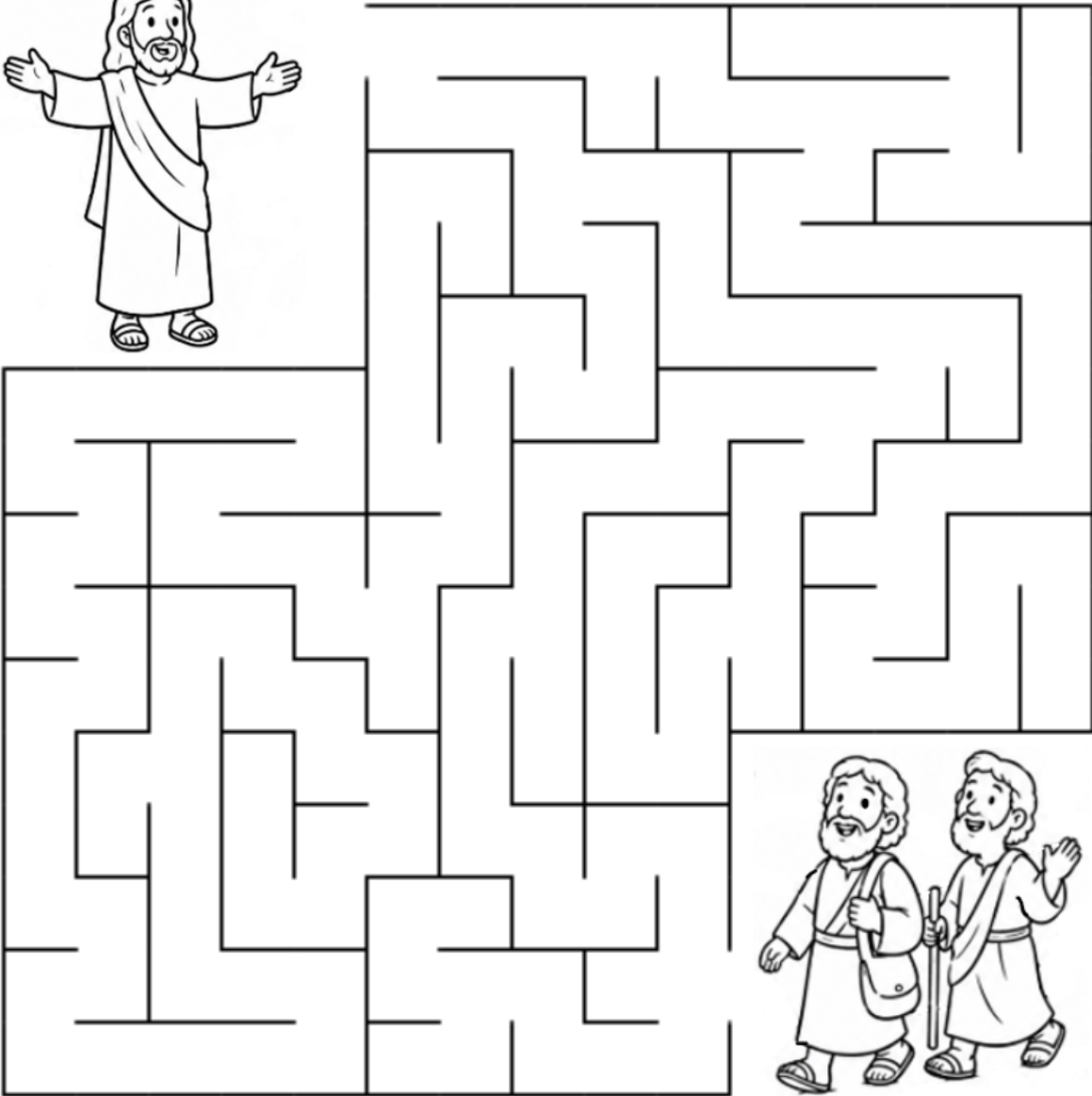
Share
Help
God
Pray



Jesus Sends Helpers

Third Sunday after Pentecost

Help the disciples reach Jesus.



Jesus Sends Helpers

Third Sunday after Pentecost

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	
		18				9									7										10	

23 6 1 9 16 22 7 17 16 19 5 13

4 24 13 3 16 19 5 26 16 17

6 13 24 11 1 4 14 1

12 4 24 3 5 12 5 13 1 24 3 3

12 5 17 5 13 24 11 11 5 17 13

18 4 17 24 13 1 22 24 5 22

26 16 17 6 13



Crossword – Key:

Across

2. God
3. Love
6. People
7. Jesus
8. Pray

Down

1. Followers
4. Share
5. Help

Cryptogram – Key:

Romans 5:8

But God proves his love for us in that while we still were sinners Christ died for us.