



# Trendings

June 3, 2026

*Growing Together in Christ to Love and Serve All People*

*Prayer of the Week:*

## **Prayer for Courage**

Courage comes from the heart  
and we are always welcomed by God,  
the heart of all being.

We bear witness to our faith,  
knowing that we are called  
to live lives of courage,  
love and reconciliation  
in the ordinary and extraordinary  
moments of each day.

We bear witness, too, to our failures  
and our complicity in the fractures of our world.

May we be courageous today.  
May we learn today.  
May we love today.  
Amen.

*Daily Prayer with the Corrymeela Community*

## Upcoming Greeters and Coffee Hosts:

June 7: Mikel Oswalt and Joe Banuelos, Greeters; Dana Nasby, Coffee host

June 14: Katrin and Gunter Bonnofsky, Greeters; Jay Baxter Coffee

Contact Sherry (sherry@salc.church) to be a Sunday greeter or to Host coffee hour.

Sign up to provide flowers on the Flower Chart in the Narthex.

*The office will be CLOSED Thursday, June 18<sup>th</sup> for the Juneteenth holiday and Thursday, July 2<sup>nd</sup> for the Fourth of July holiday.*

*Worship is at 10:00 am on Sundays, both in-person and via livestream.*

*Livestream: Visit [salc.church/media](http://salc.church/media) to access the bulletin and livestream link on YouTube. If you have a Google account, we invite you to offer a greeting or comment in the chat window.*

**Sunday, June 7, Grad Sunday!!**

**9:00 AM Adult Education, SALC Constitution**

**10:00 AM Worship**

## Worship Texts for June 7

**Hosea 5:15—6:6 and Matthew 9:9-13, 18-26**

**Tuesday Morning Men:** Every Tuesday at 8:30 AM, this group meets for discussion and prayer via ZOOM.

## Did you know??

Our SALC office is **closed on Fridays**, and our staff does **NOT check their church email or church voicemail Friday-Sunday**. So, if you send something to the office or other staff members after 3:00 PM on Thursday, please do not expect a reply until after 9:00 AM on Monday. *Thank you!*

**June 17<sup>th</sup> will be a two-week edition of Trendings. Kathy's taking a little vacation! If you have news to share for the end of June/beginning of July, please submit it by June 15<sup>th</sup>. The next edition will be July 1<sup>st</sup>!**

## Summer Evening Worship:

**Summer Evening Worship**  
**5:00 PM**  
**Saint Andrew's Lutheran Church**

**July 5<sup>th</sup>**  
**August 2<sup>nd</sup>**  
**September 6<sup>th</sup>**


Each of these Sundays we will have  
our regular worship service at 5:00 PM  
(No 10:00 AM worship those days).



Together with Pastor Lara, the Worship and Music Committee has planned something new to try this summer. **On Sundays July 5, August 2, and September 6, the worship service will be at 5:00pm, instead of at 10:00am.** We are offering this during a season when many are away on Sunday mornings and might welcome an evening opportunity for worship. Because of the long summer daylight hours in this part of the world, this will still be a safe driving time to and from church for you. We will also advertise this to the churches in the ELCC, as well as in the Synod newsletter, so that others may join us if they wish.

The order of worship will remain the same, with hymns, liturgy, sermon, and Holy Communion.

We are excited to do this, and we look forward to hearing your feedback at the end of the summer after we've had a chance to try this out.



### **SALC Constitution Updates: Sunday, June 7 9:00 AM**

**Ratification Vote for Constitution Changes:** At our Annual Congregation Meeting on January 25, 2026, we voted on proposed changes to the Saint Andrew's Constitution. A majority of those voting voted in favor of the changes, which means they were approved. The next step, which will happen at the Semi-Annual Congregation Meeting on June 14, 2026, is a second vote on these same changes. As at the Annual Meeting, one ballot will be presented to decide if all the changes are ratified.

This ratification vote requires a 2/3 approval to pass.

**On Sunday, June 7, 2026, at the 9:00 AM Adult Education Hour,** there will be a review of the constitution changes, along with the voting process and how the transition from a Council of twelve members to nine will be accomplished if the ratification vote is approved. Please join us to learn more, and bring your questions too!

# Semi-Annual Congregational MEETING



June 14, 2026

11:15 AM

SAINT ANDREW'S LUTHERAN CHURCH



**Annual reports** were emailed to SALC members last week. If you didn't receive yours, please check your spam folder, or contact Kathy ([kathy@salc.church](mailto:kathy@salc.church)) to re-send. Hard copies are available in the Narthex, as well.

## Book Study with Pastor Lara:

There will be two opportunities for discussion each week. On **Tuesdays, there will be a hybrid option from 10:00am – 11:30am either in-person or via Zoom. ([Tuesday Zoom Link](#))** On Wednesdays, there will be an **online only option from 7:00pm – 8:30pm. ([Wednesday Zoom link](#))**. The Zoom links are also accessible from our website on the Book Study event page.

We will follow this schedule for the discussions:

- June 9 (Tu), 10 (W) – Chapters 3 and 4
- June 16 (Tu), 17 (W) – Chapters 5 and 6
- June 23 (Tu), 24 (W) – Chapters 7 and 8
- June 30 (Tu), July 1 (W) – Chapters 9 and 10

Please contact Pastor Lara ([pastor@salc.church](mailto:pastor@salc.church)) .



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This Sunday, **June 7, 2026**, at the **9:00 AM** Adult Education Hour, there will be a review of the constitution changes, along with the voting process and how the transition from a Council of twelve members to nine will be accomplished if the ratification vote is approved. Please join us to learn more, and bring your questions too!

A copy of the Saint Andrew’s Constitution that includes the changes (with explanations for each change) is available for review. A copy is in the church office and it is on the Saint Andrew’s website at <https://tinyurl.com/SALCConstitution>.

If you have questions or comments, please reach out to Constitution Task Force chair Susan Hegedus, [susanhegedus@outlook.com](mailto:susanhegedus@outlook.com), or any council member.



### Sundae Sunday Scoopers Needed

**Six strong-armed volunteers needed to scoop ice cream on June 28<sup>th</sup> .**

Our traditional “Sundae Sunday” will be held after the 10 a.m. worship service on June 28<sup>th</sup> . We’ve moved the date to the week before Fourth of July weekend because of our new summer evening worship service the first Sunday in July,

August and September. *Scooping is easy*. We provide the ice cream and scoops and you dish it up. We set out a variety of toppings so people can make their own sundaes. To volunteer, email Fellowship Coordinator Sherry Grindeland at [sherry@salc.church](mailto:sherry@salc.church).

## Youth and Family News: Grads!



### *Abby Kasper*

**High School:** *Skyline High School and Bellevue College*

**Plans for Next Year:**

Attending **San Francisco State University** to pursue a Bachelors in Communication Studies. Graduating with my associates degree (with distinction) from Bellevue College

**Favorite memory of Saint Andrew's:** Going

on youth trips, especially to May Youth Weekends at Holden Village and Western States Youth Gathering at California Lutheran University

**What are you most excited about in this next chapter of life?** Living in California!

### *Soren Lester*

**High School:** *Skyline High School*

**Plans for Next Year:**

Attending Oregon State University; majoring in Zoology.

**Any honors or accomplishments you want highlighted:** Named Athletes for Kids "Mentor of the Month" for April 2026.

**Favorite memory of Saint Andrew's:** My favorite memory of Saint Andrew's is attending VBS when I was young.

**What are you most excited about in this next chapter of life? Why?** I'm most excited to explore a new path and be introduced to new opportunities to see what type of man I'll become.





## *Seeley Lester*

**College:** *Gonzaga University*

**Plans for Next Year:** I will be working as a physical therapy aide for a year before applying to physical therapy school.

**Any honors or accomplishments you want highlighted:** President's List

**Favorite memory of Saint Andrew's:** Easter egg hunts

**What are you most excited about in this next chapter of life? Why?** I am most excited to use what I have learned in school for my job and to apply for physical therapy schools because that is the final step in my education.

*Congratulations!*



## Corner of Blessing Collection for June

**First:** The “High 5 Diaper Drive” was so well-supported!! Liz and Gary were able to create and “Eiffel Tower” of diapers, inspired by the recent trip to Paris!



**And we are WINNERS!!!**

- Gimme 5 Category (largest percentage over goal): St. Andrews Lutheran Church

Business Diaper Drive Category	Business Diaper Drive Name (Vendor)	Business Diaper Drive Goal	% to Goal	# Units	Total Donated Value
Small	St. Andrews Lutheran Church	2,000	191.70%	3,834	\$ 1,505.45
	Rotary Club of Issaquah	2,000	157.40%	3,148	\$ 1,220.44
	GFWC Kitsap Peninsula	2,000	122.10%	2,442	\$ 793.32
	Village Pediatrics	2,000	115.25%	2,305	\$ 896.03
	Soul Connections	2,000	97.00%	1,940	\$ 800.40
	Kari Olson Designs	2,000	55.40%	1,108	\$ 462.88
	Parklands North Creek	2,000	24.95%	499	\$ 191.39
	Columbia Bank	2,000	19.20%	384	\$ 103.68



For June, Hopelink has asked us to help supply them for their End Summer Hunger program. They have asked us to help them stock up on foods that are kid friendly and will provide these children with adequate nutrition when they are not getting fed at school.

**For June we will be collecting these items:**

- Healthy Cereal/Oats
- Nut/Seed Butters (almond, sunflower, peanut)
- Jelly (no glass jars)
- Snacks (trail mix, crackers, fruit bars, seaweed)
- Applesauce/Fruit Cups
- Ready to Eat Meals (Bumble Bee Snack on the Run, Star Kist Smart Bowls, Campbell's Snacking soup, BeanVivo pouches, etc.)



**PORCHLIGHT NEEDS OUR HELP!**

The Porchlight Rotating Shelter houses 20 to 25 men each month at different churches from 6:00 pm to 7:30 am. First Congregational Church in downtown Bellevue will be the host church in June. They also host in November and they are in need of people to provide meals.

Contact Cheryl Jurrus by phone or email ([cheryljurrus74@gmail.com](mailto:cheryljurrus74@gmail.com)) or Nancy Davis ([davisnancyr@comcast.net](mailto:davisnancyr@comcast.net)) to volunteer to help. Many dates in June are available. Donations of money to buy meals are welcome. Designate your donation for *Porchlight Rotating Shelter*.

The men at the Rotating Shelter are required to "be clean and sober", sign up for chores, and follow some other rules and requirements. Many of them are employed, and some of them are able to move into housing with the help of their case manager. Please pray for them.

*"Be hospitable to one another without complaining. Like good stewards of the manifold grace of God, serve one another with whatever gift each of you has received." I Peter 4: 9-10*



*Mikel was blessed and sent forth to be a blessing to others as she prepares to move to her new home.*

*Thanks to Tom B for the photo assist!*

## Health and Wholeness

The results from last Thursday's blood drive were a bit disappointing. We collected only seven (7) units of blood. Registered donors were decreased and then there were a few no shows. We appreciate those who made it! We really need to have better participation to continue these regular drives.

*Health and Wholeness* will be working with our new coordinator from BloodWorks NW, Kimberly Bullinger, to try to get the numbers up for the next drive, which will be on Thursday, July 23rd, again on the blood mobile in our parking lot.

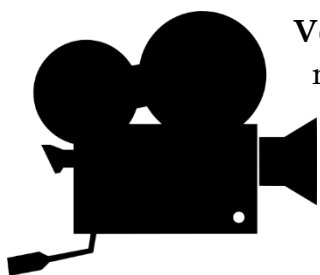
How can YOU help? Sign up! Share the QR Code with friends and family! Every donation makes a difference.

**July**  
**Blood Drive**  
Thursday, July 23rd  
Appointments available  
9:00 AM - 3:00 PM

Use this QR code to schedule!!

Bloodworks Northwest

*Bloodworks NW will have the Blood Mobile in our parking lot! Let's fill all 30 slots!!*



**Volunteers needed for Sunday video livestreaming!** We'd love to have a few more volunteers to run the livestream video on Sunday mornings! It's fairly easy, and you don't have to be particularly good with computers. Ample training and instruction are provided. Please contact Facilities Manager Kurt Lutterman at [kurt@salc.church](mailto:kurt@salc.church) to apply.



## **All Together in One Place: A Message from Presiding Bishop Curry**

*“When the day of Pentecost had come, they were all together in one place” (Acts 2:1).*

Every day, I receive emails and messages from members across this church. Many of you share concerns about the state of the world and how faith informs your response to troubling or perplexing events. Sometimes you ask me to speak out more often regarding current affairs, and sometimes you ask me not to speak so much. I cannot answer every message, yet I am learning from you and feel the heartbeat of this church through the concerns, fears and hopes you share with me.

To continue our conversation and respond to what I am hearing from you, I will issue a monthly message through the end of this year in a series called “All Together in One Place.” Each message will share a pastoral word that witnesses to God’s presence today, rooted in Scripture, our rich theological tradition and the social teaching that connects us for life together.

At the first Pentecost, the disciples were guided by the prophet Joel’s assurance that, even in troubling and perplexing times, God is faithfully present.

Our baptismal vocation together is to serve God and neighbor in daily life, fostering “a faith that is active in love, a love that seeks justice, and an insight that strives to discern what is right, good, and fitting” (ELCA social statement *The Church in Society: A Lutheran Perspective*, 1991, p. 6). Baptism invites us to love our neighbor, to steward creation, to advocate justice and mercy in situations of brokenness, and to seek peace.

As much as we strive to be “all together in one place,” we may not agree on how to do this. The letters I receive testify that we span a beautiful and God-given diversity that invites Lutherans into deep listening, moral deliberation and a certain humility as we seek the common good.

In our differences, we can still be together in one place, when that place is connection in the unity that only Christ gives us (1 Corinthians 12:12-27). We stand in one place when we embrace the dignity of every human being by engaging others with curiosity and respect. We stand in one place when we shake off the immobility of fear to nurture connection in diversity. Our witness to the world embodies 2 Timothy 1:7: “God did not give us a spirit of cowardice but rather a spirit of power and of love and of self-discipline.”

Just as those early followers of Jesus Christ experienced the power of the Holy Spirit, may we also trust when the Holy Spirit comes blowing into our lives to connect the body of Christ.

In peace,

*The Rev. Yehiel Curry, Presiding Bishop of the Evangelical Lutheran Church in America*

## ELCC (Eastside Lutheran Church Community) churches, the Synod and the ELCA:



The Eastside Lutheran Church Community (ELCC) are the ELCA churches on the eastside. WE have opportunity to share worship, resources, and events – separately and collectively. While we often share collaborative and in Be sure to check out the website [HERE](#).

### An ELCC newsletter is in the works! Sign up to receive the links!

Newsletter opt-in instructions:

1. Go to the [ELCC website](#) and scroll to the bottom of the HOME page
2. View the Newsletter Signup section - add your email and press the SUBSCRIBE link
3. Now go to your email inbox and find the Tithe.ly email asking you to verify your email address, and then you are done!



**St. Luke's Lutheran Church, Saturday, June 6, 2026, 1:00 PM – 3:00 PM.**

Would you like to learn how to disagree better? How to explore where we differ, and how to recognize what we share across the gap of political views? Then please join us at this **FREE** workshop conducted by Braver Angels. We will learn and practice skills for listening carefully, looking for common ground, and sharing our perspectives in ways that connect rather than create more misunderstanding. We encourage you to invite those from your circle with different views. This workshop is about sharing experiences

and finding common ground, not about debate or persuasion. All viewpoints are welcome. We hope you'll join us! Register here: <https://www.eastsidelutherancc.org/events/skills-for-disagreeing-better-workshop/2026-06-06>

### Learning opportunity coming to Saint Andrew's!

*Do you know what to do if you see ICE in your community?* **June 9<sup>th</sup> at 7 PM** Indivisible Eastside will be hosting a 1-hour basic class at Saint Andrew's to show you what to do if you happen to see immigration enforcement activity. It's like taking CPR training: you hope you'll never need it, but it's good to know what to do in case of emergency.

This training was developed by **Indivisible Eastside**, Seattle Indivisible and West Seattle Indivisible, with support from ACLU-WA and WAISN. Beth Donahoe will be serving as the trainer. If you have any questions, please email her at [Beth.donahoe@comcast.net](mailto:Beth.donahoe@comcast.net).

[Click the link](#) to register.



## Rachmaninoff Vespers - Cascadian Chorale

Sergei Rachmaninoff is best known for his works for piano and for orchestra. He also composed one of the greatest works in the choral repertoire: the hour-long, unaccompanied All-Night Vigil, often called his “Vespers.” Written in 1915, it incorporates ancient Russian Orthodox chant melodies into a complex weaving of impassioned choral voices. Here is the most beautiful blossom in the final flowering of the great Russian choral tradition at the turn of the twentieth century.

**Saturday, June 6 - 7:30pm - [Tickets](#)**  
Saint Andrew's Lutheran Church ([map](#))  
2650 148th Ave SE  
Bellevue, WA 98007

*SALC member Grete Norquist sings with Cascadian Chorale and personally invites you to come hear this performance!*

**Sunday, June 7 - 3:00pm - [Tickets](#)**

The Episcopal Church of the Holy Cross ([map](#))  
11526 162nd Ave NE  
Redmond, WA 98052

**Adults:** \$20 in advance/\$25 at the door

**Student/Senior:** \$15 in advance/\$20 at the door

All **youth, 18 years or younger**, are **FREE** with a paying adult!

## Pride Month!

**Paws & Pride Dog Walk; June 6, 2026 ; Bellevue Downtown Park | 10:00 AM - 2:00 PM**

*Paws & Pride Dog Walk* is more than just a walk through the park, it's a vibrant community celebration bringing together people, pups and Pride in the heart of Downtown Bellevue. Whether you're attending with your four-legged best friend or simply looking to celebrate and support the LGBTQIA+ community, there's something for everyone to enjoy throughout the day. Check out there website [HERE](#).

Have you read this far?? Let Kathy know you're a Trendings reader ... you'll have a bag of candy waiting in her office with your name on it. 😊

## Calendar

### Wednesday, June 3

7:00 PM Pastor's Book Study, Online

### Thursday, June 4

2:00 PM Timber Ridge worship

### Friday, June 5

*Office is closed.*

### Saturday, June 6

### Sunday, June 7

9:00 AM Adult Education, Constitution  
10:00 AM Worship  
4:30 PM Hillary Nordwell Concert

### Monday, June 8

1:00 PM Staff meeting  
7:00 PM Council meeting, Online

### Tuesday, June 9

8:30 AM Tuesday Morning Men  
10:00 AM Pastor's Book Study, Hybrid

### Wednesday, June 10

2:00 PM Care Team Meeting, Online  
4:00 PM Adult Education Committee, Online  
7:00 PM Pastor's Book Study, Online

### Thursday, June 11

### Friday, June 12

*Office is closed.*

### Saturday, June 13

### Sunday, June 14

*Welcome New Members!*  
10:00 AM Worship  
11:15 AM SALC Congregational Meeting

### Monday, June 15

1:00 PM Staff Meeting

### Tuesday, June 16

8:30 AM Tuesday Morning Men  
10:00 AM Pastor's Book Study, Hybrid  
11:45 AM O.W.L.S.

### Wednesday, June 17

7:00 PM Pastor's Book Study, Online

You can access our  
weekly online calendar  
HERE.

**The Reverend Lara Forbes**, Lead Pastor  
pastor@SALC.church

**The Reverend Timothy T. Weber**,  
Shared-Time Pastor  
timweber@ yahoo.com

**Dr. Will Simpson**,  
Director of Music Ministries  
will@SALC.church

**Doug Johnson**,  
Director of Youth and Family Ministries  
doug@SALC.church

**Sherry Grindeland**, Fellowship Coordinator  
sherry@SALC.church

**Kurt Lutterman**, Facilities Manager  
kurt@SALC.church

**Kathy Fisher**, Communications Director  
kathy@SALC.church

**Vanessa Wilkie**, Handbell Choir Director

**Elaine Koga**, Choir Accompanist

**Abby Kasper**, Facilities Set-up

**April Daniel**, Records Administrator

**Ann Thorpe**, Sunday Church School Coordinator

**Joan Tweten**, Kitchen Team

SALC Family Social Media Accounts:



Find us on:

