

Solid Rock Church

Facing our Fears Through Faith

2 Timothy 1:7 – God did not give us a spirit of fear, but of power and of love and of a sound mind.

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Facing our Fears Through Faith

1. Fears Are Real

1. Facing Our Fears Through The Promises Of God

1. Supporting Each Other With Our Fears Through Christian Community



Fears are Real

Mark 4:35-41 - ³⁵ On that day, when evening came, He said to them, “Let’s go over to the other side.” ³⁶ After dismissing the crowd, they took Him along with them in the boat, just as He was; and other boats were with Him. ³⁷ And a fierce gale of wind developed, and the waves were breaking over the boat so much that the boat was already filling *with water*.

Fears are Real

Mark 4:35-41 - ³⁸ And yet *Jesus* Himself was in the stern, asleep on the cushion; and they woke Him and said to Him, “Teacher, do You not care that we are perishing?” ³⁹ And He got up and rebuked the wind and said to the sea, “Hush, be still.” And the wind died down and it became perfectly calm. ⁴⁰ And He said to them, “Why are you afraid? Do you still have no faith?” ⁴¹ They became very much afraid and said to one another, “Who, then, is this, that even the wind and the sea obey Him?”

Fears are Real

Luke 22:54-62 - ⁵⁴ Now they arrested Him and led *Him* away, and brought *Him* to the house of the high priest; but Peter was following at a distance. ⁵⁵ After they kindled a fire in the middle of the courtyard and sat down together, Peter was sitting among them. ⁵⁶ And a slave woman, seeing him as he sat in the firelight, and staring at him, said, “This man was with Him as well.” ⁵⁷ But he denied *it*, saying, “I do not know Him, woman!”

Fears are Real

Luke 22:54-62 - ⁵⁸ And a little later, another person saw him and said, “You are *one* of them too!” But Peter said, “Man, I am not!” ⁵⁹ And after about an hour had passed, some other man *began* to insist, saying, “Certainly this man also was with Him, for he, too, is a Galilean.” ⁶⁰ But Peter said, “Man, I do not know what you are talking about!”

Fears are Real

Luke 22:54-62 - And immediately, while he was still speaking, a rooster crowed. ⁶¹ And *then* the Lord turned and looked at Peter. And Peter remembered the word of the Lord, how He had told him, “Before a rooster crows today, you will deny Me three times.” ⁶² And he went out and wept bitterly.

Fears are Real

Exodus 3:11, “Who am I that I should go to Pharaoh and I should bring the sons of Israel out of Egypt. Moses later said please Lord, I have never been eloquent neither recently nor in time past. I am slow of speech and slow of tongue.

Facing Our Fears Through The Promises Of God

2 Timothy 1:7 – God has not given us a spirit of fear, but of power and of love and of sound mind. God is on our side.

Facing Our Fears Through The Promises Of God

Psalm 34:4 – I sought the Lord and He answered me and delivered me from all my fears.

Isaiah 41:10 – So do not fear, for I am with you. Do not be dismayed for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

Facing Our Fears Through The Promises Of God

Hebrews 13:5b-6 tells us, For He has said, I will never leave you nor forsake you, so we can confidently say, "The Lord is my helper, I will not fear, what can man do to me?"

John 14:27 - Peace I leave with you, may peace I give to you. Not as the world gives do I give you, Let not your heart be troubled, neither let it be afraid.

Facing our Fears Through Faith

Because He lives, I can face tomorrow!

Because He lives, All fear is gone.

**Because I know He holds the future, And
life is worth the living, Just because He
lives!**

Supporting Each Other With Our Fears Through Christian Community

I Thess 5:11 – Therefore, encourage one another and build up one another, just as you are also doing. My footnote in my Bible on this verse says, “Believers need to be alert, sober, self-disciplines, encouraging and edifying to others.

Supporting Each Other With Our Fears Through Christian Community

- 1. Philippians 2:3-4 ³ Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, ⁴ not looking to your own interests but each of you to the interests of the others.**

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