



SUNDAY SERMON

RECAP

31 May 2026

Watch or Listen to the Service

Latest Audio Sermon: <https://chooselifechurch.com/sermons/>

YouTube link: <https://www.youtube.com/watch?v=WQQdNgeZt-4>

Sermon Notes

Sermon Title: Peace

Pastor: Michael Roebert

Key Scripture: Acts 2:1-18 (NLT)

Introduction

We live in an age of so much turbulence, and stress and anxiety can fill our lives. But the Lord is wanting to replace stress and anxiety with His peace.

Our theme for the year is “A Year of Rest,” and God wants us to be resting with peace, not resting with stress.

He is calling us to be a people of peace and to have our minds filled with peace!

1. Peace with God.

Romans 5:1 NKJV

Therefore, having been justified by faith, we have **peace with God** through our Lord Jesus Christ.

As sons and daughters of God we have peace with Him. Before we got saved, we were removed from Him by our sin, and out of peace with Him. But when we were saved and justified by faith, the sin barrier was removed and we have peace with God.

Saul who became Paul is an example of this. He was out of peace with God, even persecuting the church. But when the Lord saved Him he had peace with God.

Acts 9: 1-2 NKJV

Then Saul, still breathing threats and murder against the disciples of the Lord, went to the high priest and asked letters from him to the synagogues of Damascus, so that if he found any who were of the Way, whether men or women, he might bring them bound to Jerusalem.

Acts 9:17-18 NKJV

And Ananias went his way and entered the house; and laying his hands on him he said, “Brother Saul, the Lord Jesus, who appeared to you on the road as you came, has sent me that you may receive your sight and be filled with the Holy Spirit.” Immediately there fell from his eyes something like scales, and he received his sight at once; and he arose and was baptized.



LIFE GROUPS | Better Together

LIFE CHANGE HAPPENS BEST IN CIRCLES, NOT IN ROWS.



SUNDAY SERMON

RECAP

Acts 22:12-14 NKJV

“Then a certain Ananias, a devout man according to the law, having a good testimony with all the Jews who dwelt there, 13 came to me; and he stood and said to me, ‘Brother Saul, receive your sight.’ And at that same hour I looked up at him. 14 Then he said, ‘The God of our fathers has chosen you **that you should know His will**, and see the Just One, and hear the voice of His mouth.

This is what the Lord longs for us:

- To know His will.
- To see the Just One.
- To hear the voice of His mouth.

The Greek word describing God’s will is Thelema. Thelema refers to God’s desire, God’s wish, God’s best offer.

When we are out of peace with God there is a tension. But when we get saved, the tension is removed and God wants us to know and accept His will, His best offer for our lives. Because it is in this that we will find peace with God.

Point 2 – Peace of God

Peace refers to a state of tranquillity or quietness of spirit that transcends our circumstances.

The Greek word for peace is eirēnē and it refers to quietness and rest, wholeness and completeness.

This peace comes from the Lord. We can’t find it, and shouldn’t look for it, in any other source.

Philippians 4:7 NKJV

“and the **peace** of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.”

John 14:27 NKJV

“**Peace** I leave with you, My **peace** I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.”

1 Thessalonians 5:23 NKJV

Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ.



LIFE GROUPS | Better Together

LIFE CHANGE HAPPENS BEST IN CIRCLES, NOT IN ROWS.



SUNDAY SERMON

RECAP

3 things that can break down the peace of God in our lives:

a. Looking elsewhere for peace

Jeremiah 2:13 NIV, "My people have committed two sins: They have forsaken me, the spring of living water, and have dug their own cisterns, broken cisterns that cannot hold water."

John 14:27 NKJV "Peace I leave with you; My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid."

b. Trusting in yourself for peace

Isaiah 26:3 NIV "You will keep in perfect peace those whose minds are steadfast, because they trust in you."

c. Worrying

Philippians 4:6-7 NLT "Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. 7 Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus."

5 things that build up the peace of God in our lives:

a. Drawing near to God.

James 4:8 NKJV "Draw near to God and He will draw near to you."

b. Discovering the faithfulness of God's character.

Lamentations 3:22-23 NLT "The faithful love of the Lord never ends! His mercies never cease. Great is his faithfulness; his mercies begin afresh each morning."

c. Experiencing His continual goodness.

Reflect on, and give thanks to the Lord for, His goodness in our lives peace increases.

d. Reading and meditating on God's promises of peace.

Psalm 119:165 NLT "Those who love your instructions have great peace and do not stumble".

e. Learning to bask in God's overwhelming love for us.

f. Refusing to allow the everchanging circumstances around us to determine our level of peace, but rather rooting ourselves in God's Word and Character

Hebrews 13:8 NLT, "Jesus Christ is the same yesterday, today, and forever."



SUNDAY SERMON

RECAP

3. Peace in God.

To rest from a place of peace we need to make a habit of making God our refuge, where we find our peace in God.

Psalm 46:1 NKJV

God is our refuge and strength, a very present help in trouble.

Psalm 62:8 NKJV

Trust in Him at all times, you people; pour out your heart before Him; God is a refuge for us.

Psalm 91:1 NKJV

He who dwells in the secret place of the Most High shall abide under the shadow of the Almighty.

Philippians 4:7 NKJV

“and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.”

The following passage contains some **steps** we can follow to finding peace in God.

Philippians 4:4-7

Rejoice in the Lord always. Again I will say, **rejoice!** Let your gentleness be known to all men. The Lord is at hand. Be anxious for nothing, but in everything by **prayer** and supplication, with thanksgiving, let your requests be made known to God; and the **peace of God**, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

- We rejoice
- We pray
- We receive His peace
- We obey
- We trust
- We surrender

Conclusion

John 14:27 NKJV

“**Peace** I leave with you; My **peace** I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.”

