

Sacred Heart Yokosuka

Religious Education



Rosary: The Second Luminous Mystery: The Wedding at Cana

The mother of Jesus said to him, “They have no wine.” And Jesus said to her, “Woman, what is this for you and me? My hour has not yet come.” His mother said to the servants, “Do whatever he tells you.”

Gospel: Matthew 28:16-20

All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit.

Main Topic: Matrimony

#1: 74-0

#2: 103-104

#3: 109-116

#4: 91-101

1. "Matrimony" means "Motherhood" because that is the purpose of this sacrament. "Marriage" means "Joining" because the two become one flesh.
2. The form of Matrimony is the free consent of the spouses. "I take you to be my wife" and "I take you to be my husband."
3. The wedding of two Catholics normally takes place during Holy Mass because of the connection of all the sacraments with the Paschal mystery of Christ.
4. The parties to a marriage covenant are a baptized man and baptized woman who are free to contract marriage both in the sense that they are not being forced to and in the sense that they are allowed to (e.g. not already married to someone else)
5. The spouses as ministers of Christ's grace mutually confer upon each other the sacrament of Matrimony by expressing their consent before the Church. The consent is ordinarily witnessed by a bishop, priest, or deacon and two other witnesses.
6. In special circumstances, the Church can appoint a lay person to witness a marriage
7. The primary effect of Matrimony is the Bond between the spouses which by its very nature is perpetual and exclusive
8. The other effects of Matrimony are the graces to perfect the couple's love, strengthen their indissoluble unity, help one another to attain holiness in their married life, and the procreation and education of their children
9. We promise "'til death do us part": In Matrimony, the spouses promise to remain true to each other for life
10. God promises union: "The two shall become one flesh"

11. It is appropriate for the bride and groom to prepare themselves for the celebration of their marriage by receiving the sacrament of penance

Faith Focus: Chastity

Chastity is an important part of being a Christian, especially as you grow up. Have a conversation with your parents about chastity and purity.

Saints: St. Louis & St. Zélie Martin

July 12

Louis Martin and Zélie Guérin were the first married couple to be canonized together. When they were young, both of them thought about becoming a monk and a nun to serve God. However, they were both turned away from the monasteries they tried to join. In 1858, they met each other on a bridge in a town in France called Alençon. They fell in love and got married just a few months later.

Louis and Zélie were hard workers. Louis was a skilled watchmaker and jeweler. He was a quiet man who loved to go fishing. Zélie was a talented artist who started her own business making beautiful lace. Together, they used the money they earned to help people in their town who were poor.

The Martins had nine children in total. Sadly, four of their children died when they were very young. The five daughters who survived all grew up to become nuns. One of those daughters was St. Thérèse of Lisieux, who is one of the most famous saints in the world.

The family spent a lot of time together praying, going to church every morning, and helping their neighbors. They showed that you don't have to do "big" things to be holy; you just have to do small things with a lot of love.

Life was not always easy for them. Zélie got very sick with cancer and passed away in 1877 when her youngest daughter, Thérèse, was only four years old. Louis moved his family to Lisieux to be near his relatives. Later in his life, Louis also became sick and struggled with dementia until he passed away in 1894.

Keyword: Covenant – a promise

A covenant is different from other promises such as a contract because, in a covenant, even if one side breaks their promise, the other side has to keep their promise. Christianity is the new Covenant God made with us which will never go away.

Prayer: Come Holy Spirit

Come, Holy Spirit, fill the hearts of Thy faithful and kindle in them the fire of Thy love. Send forth Thy Spirit and they shall be created. And Thou shall renew the face of the earth. O God, who by the light of the Holy Spirit, did instruct the hearts of Thy faithful. Grant us in the same Spirit to be truly wise, and ever rejoice in His consolation. Through Christ, our Lord. Amen

Next time...

Rosary: The Third Glorious Mystery: Pentecost

Acts 1:12-14, 2:1-11

Then they returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a Sabbath day's journey away. And when they had entered, they went up to the upper room, where they were staying, Peter and John and James and Andrew, Philip and Thomas, Bartholomew and Matthew, James the son of Alphaeus and Simon the Zealot and Judas the son of James. All these with one accord were devoting themselves to prayer, together with the women and Mary the mother of Jesus, and his brothers.

When the day of Pentecost arrived, they were all together in one place. And suddenly there came from heaven a sound like a mighty rushing wind, and it filled the entire house where they were sitting. And divided tongues as of fire appeared to them and rested on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues as the Spirit gave them utterance.