



# **POHICK EPISCOPAL CHURCH**

The 1774 home church of George Washington and George Mason.  
In Christ: Embracing our history, welcoming in the present, transforming for the future.

**Sunday, May 31, 2026**

**First Sunday after Pentecost:  
Trinity Sunday  
Baptism**

**8:00 am**

**Holy Eucharist: Rite One**

Celebrant Blessed be God: Father, Son, and Holy Spirit.

*People* ***And blessed be his kingdom, now and for ever. Amen.***

Celebrant There is one Body and one Spirit;

*People* ***There is one hope in God's call to us;***

Celebrant One Lord, one Faith, one Baptism;

*People* ***One God and Father of all.***

Celebrant The Lord be with you.

*People* ***And also with you.***

Celebrant Let us Pray.

**THE COLLECT**

**First Sunday after Pentecost: Trinity Sunday, p. 176**

Almighty and everlasting God, who hast given unto us thy servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of the Divine Majesty to worship the Unity: We beseech thee that thou wouldest keep us steadfast in this faith and worship, and bring us at last to see thee in thy one and eternal glory, O Father; who with the Son and the Holy Spirit livest and reignest, one God, for ever and ever. ***Amen.***

**THE FIRST LESSON**

**Genesis 1:1-2:4a**

In the beginning when God created the heavens and the earth, the earth was a formless void and darkness covered the face of the deep, while a wind from God swept over the face of the waters. Then God said, "Let there be light"; and there was light. And God saw that the light was good; and God separated the light from the darkness. God called the light Day, and the darkness he called Night. And there was evening and there was morning, the first day. And God said, "Let there be a dome in the midst of the waters, and let it separate the waters from the waters." So God made the dome and separated the waters that were under the dome from the waters that were above the dome. And it was so. God called the dome Sky. And there was evening and there was morning, the second day.

And God said, "Let the waters under the sky be gathered together into one place, and let the dry land appear." And it was so. God called the dry land Earth, and the waters that were gathered together he called Seas. And God saw that it was good. Then God said, "Let the earth put forth vegetation: plants yielding seed, and fruit trees of every kind on earth that bear fruit with the seed in it." And it was so. The earth brought forth vegetation: plants yielding

seed of every kind, and trees of every kind bearing fruit with the seed in it. And God saw that it was good. And there was evening and there was morning, the third day.

And God said, “Let there be lights in the dome of the sky to separate the day from the night; and let them be for signs and for seasons and for days and years, and let them be lights in the dome of the sky to give light upon the earth.” And it was so. God made the two great lights—the greater light to rule the day and the lesser light to rule the night—and the stars. God set them in the dome of the sky to give light upon the earth, to rule over the day and over the night, and to separate the light from the darkness. And God saw that it was good. And there was evening and there was morning, the fourth day.

And God said, “Let the waters bring forth swarms of living creatures, and let birds fly above the earth across the dome of the sky.” So God created the great sea monsters and every living creature that moves, of every kind, with which the waters swarm, and every winged bird of every kind. And God saw that it was good. God blessed them, saying, “Be fruitful and multiply and fill the waters in the seas, and let birds multiply on the earth.” And there was evening and there was morning, the fifth day.

And God said, “Let the earth bring forth living creatures of every kind: cattle and creeping things and wild animals of the earth of every kind.” And it was so. God made the wild animals of the earth of every kind, and the cattle of every kind, and everything that creeps upon the ground of every kind. And God saw that it was good.

Then God said, “Let us make humankind in our image, according to our likeness; and let them have dominion over the fish of the sea, and over the birds of the air, and over the cattle, and over all the wild animals of the earth, and over every creeping thing that creeps upon the earth.”

So God created humankind in his image,  
in the image of God he created them;  
male and female he created them.

God blessed them, and God said to them, “Be fruitful and multiply, and fill the earth and subdue it; and have dominion over the fish of the sea and over the birds of the air and over every living thing that moves upon the earth.” God said, “See, I have given you every plant yielding seed that is upon the face of all the earth, and every tree with seed in its fruit; you shall have them for food. And to every beast of the earth, and to every bird of the air, and to everything that creeps on the earth, everything that has the breath of life, I have given every green plant for food.” And it was so. God saw everything that he had made, and indeed, it was very good. And there was evening and there was morning, the sixth day.

Thus the heavens and the earth were finished, and all their multitude. And on the seventh day God finished the work that he had done, and he rested on the seventh day from all the work that he had done. So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation.

These are the generations of the heavens and the earth when they were created.

Reader        The Word of the Lord.

*People        Thanks be to God.*

**THE PSALTER (said seated)**

**Psalm 8**

*Domine, Dominus noster*

1 O Lord our Governor, \*

how exalted is your Name in all the world!

2 Out of the mouths of infants and children \*

your majesty is praised above the heavens.

3 You have set up a stronghold against your adversaries, \*

to quell the enemy and the avenger.

4 When I consider your heavens, the work of your fingers, \*

the moon and the stars you have set in their courses,

5 What is man that you should be mindful of him? \*

the son of man that you should seek him out?

6 You have made him but little lower than the angels; \*

you adorn him with glory and honor;

7 You give him mastery over the works of your hands; \*

you put all things under his feet:

8 All sheep and oxen, \*

even the wild beasts of the field,

9 The birds of the air, the fish of the sea, \*

and whatsoever walks in the paths of the sea.

10 O Lord our Governor, \*

how exalted is your Name in all the world!

## THE EPISTLE LESSON

2 Corinthians 13:11-13

Finally, brothers and sisters, farewell. Put things in order, listen to my appeal, agree with one another, live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss. All the saints greet you.

The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with all of you.

Reader        The Word of the Lord.

*People        Thanks be to God.*

## THE GOSPEL LESSON

Matthew 28:16-20

Celebrant    The Holy Gospel of our Lord Jesus Christ according to Matthew

*People        Glory be to thee, O Lord.*

The eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshiped him; but some doubted. And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age."

Celebrant    The Gospel of the Lord.

*People        Praise be to thee, O Christ.*

## THE SERMON

The Reverend Kenneth J. Katona

*Moment of Silence*

*The candidate for Baptism and their family may now come forward.*

### Presentation of Candidate for Baptism

*Priest        The Candidate for Holy Baptism will now be presented.*

Presenters    I present *Janice Emily Ripley King* to receive the Sacrament of Baptism.

*Priest        Do you desire to be baptized?*

*Candidate    I do.*

*Priest* Do you renounce Satan and all the spiritual forces of wickedness that rebel against God?

*Answer* *I renounce them.*

*Priest* Do you renounce the evil powers of this world which corrupt and destroy the creatures of God?

*Answer* *I renounce them.*

*Priest* Do you renounce all sinful desires that draw you from the love of God?

*Answer* *I renounce them.*

*Priest* Do you turn to Jesus Christ and accept him as your Savior?"

*Answer* *I do.*

*Priest* Do you put your whole trust in his grace and love?

*Answer* *I do.*

*Priest* Do you promise to follow and obey him as your Lord?

*Answer* *I do.*

*Priest* Will you who witness these vows do all in your power to support Janice in her life in Christ?

*People* ***We will.***

*Priest* Let us join with those committing themselves to Christ and renew our own baptismal Covenant.

### **The Baptismal Covenant** (*congregation responds*)

*Priest* Do you believe in God the Father?

*People* ***I believe in God, the Father almighty, creator of heaven and earth.***

*Priest* Do you believe in Jesus Christ, the Son of God?

*People* ***I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.***

*Priest* Do you believe in God the Holy Spirit?  
*People* ***I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.***

*Priest* Will you continue in the apostles' teaching and fellowship, in the breaking of the bread, and in the prayers?

*People* ***I will, with God's help.***

*Priest* Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?

*People* ***I will, with God's help.***

*Priest* Will you proclaim by word and example the Good News of God in Christ?

*People* ***I will, with God's help.***

*Priest* Will you seek and serve Christ in all persons, loving your neighbor as yourself?

*People* ***I will, with God's help.***

*Priest* Will you strive for justice and peace among all people, and respect the dignity of every human being?

*People* ***I will, with God's help.***

### **Prayers for the Candidate**

*Reader* Let us now pray for this person who is to receive the Sacrament of new birth. Deliver them, O Lord, from the way of sin and death.

*People* ***Lord, hear our prayer.***

*Reader* Open her hearts to your grace and truth.

*People* ***Lord, hear our prayer.***

*Reader* Fill her with your holy and life-giving Spirit.

*People* ***Lord, hear our prayer.***

*Reader* Keep her in the faith and communion of your holy church.

*People* ***Lord, hear our prayer.***

*Reader* Teach her to love others in the power of the Spirit.

*People* ***Lord, hear our prayer.***

*Reader* Send her into the world in witness to your love.

*People* ***Lord, hear our prayer.***

*Reader* Bring her to the fullness of your peace and glory.

*People* ***Lord, hear our prayer.***

*Priest* Grant, O Lord, that all who are baptized into the death of Jesus Christ your Son may live in the power of his resurrection and look for him to come again in glory; who lives and reigns now and forever. ***Amen.***

### **Thanksgiving over the Water**

*The Priest blesses the water, first saying*

The Lord be with you.

*People* ***And also with you.***

*Priest* Let us give thanks to the Lord our God.

*People* ***It is right to give him thanks and praise.***

*Priest* We thank you, Almighty God, for the gift of water. Over it the Holy Spirit moved in the beginning of creation. Through it you led the children of Israel out of their bondage in Egypt into the land of promise. In it your Son Jesus received the baptism of John and was anointed by the Holy Spirit as the Messiah, the Christ, to lead us, through his death and resurrection, from the bondage of sin into everlasting life.

*Priest* We thank you, Father, for the water of Baptism. In it we are buried with Christ in his death. By it we share in his resurrection. Through it we are reborn by the Holy Spirit. Therefore in joyful obedience to your Son, we bring into his fellowship those who come to him in faith, baptizing them in the Name of the Father, and of the Son, and of the Holy Spirit.

Now sanctify this water, we pray you, by the power of your Holy Spirit, that those who here are cleansed from sin and born again may continue for ever in the risen life of Jesus Christ our Savior. To him, to you, and to the Holy Spirit, be all honor and glory, now and for ever. ***Amen.***

## The Baptism

*Priest (Janice Emily)*

I baptize you in the Name of the Father, and of the Son, and of the Holy Spirit.  
*Amen.*

*Then the Priest places a hand on the person's head, marking on the forehead the sign of the cross and saying*

*(Janice Emily)*

you are sealed by the Holy Spirit in Baptism and marked as Christ's own for ever.  
*Amen.*

*When this action has been completed for all candidates, the Priest, at a place in full sight of the congregation, prays over them, saying*

*Priest Let us pray.*

Heavenly Father, we thank you that by water and the Holy Spirit you have bestowed upon these your servants the forgiveness of sin, and have raised them to the new life of grace. Sustain them, O Lord, in your Holy Spirit. Give them an inquiring and discerning heart, the courage to will and to persevere, a spirit to know and to love you, and the gift of joy and wonder in all your works. ***Amen.***

Let us welcome the newly baptized.

*Priest and People*

***We receive you into the household of God. Confess the faith of Christ crucified, proclaim his resurrection, and share with us in his eternal priesthood.***

THE PEACE

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WELCOME AND ANNOUNCEMENTS

THE PRESENTATION OF THE BREAD AND WINE

THE OFFERTORY

THE GREAT THANKSGIVING: *Eucharistic Prayer I*

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THE PRAYER OF CONSECRATION

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THE LORD'S PRAYER

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THE BREAKING OF THE BREAD

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| THE INVITATION              | p. 338 |

*All baptized Christians are invited to receive Communion (see back page). Please follow the direction of the ushers to Communion Stations.*

|   |           |
|---|-----------|
| <b>THE MINISTRATION OF HOLY COMMUNION</b> |           |
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| THE BLESSING AND DISMISSAL                | p. 339-40 |

**We warmly welcome all newcomers and visitors and hope you'll introduce yourselves, receive a gift, and leave us your contact information!**

### **❧SERVING TODAY❧**

|                           |                                 |
|---------------------------|---------------------------------|
| Celebrant                 | The Reverend Daniel M. Cenci    |
| Preacher                  | The Reverend Kenneth J. Katona  |
| Assistant Rector          | The Reverend Ted Renaud         |
| Lay Eucharistic Ministers | Tony Marsico and Calvin Pilgrim |
| Acolyte                   | Barbara Schavland               |
| Ushers                    | Dru Hodges and Hal Yarwood      |
| Greeter                   | Nancy and Jud Bireley           |

### **❧PRAYERS, INTERCESSIONS, AND THANKSGIVINGS❧**

- **For the special needs and concerns of this congregation**, especially for Craig Floyd, Wren Norwood, Becky Wagner, Nissa D'Andrea, Bill Hosp, D'Andrea Wooten, Jim Murphy, Donna Crawford, Pat DeYoung, Alexander Clumpkens, Everett Wanko, Maggie Calio, Anne Sayer, Jim Bartholomew, Edwardene Pitcock, David Leon, Shannon Chandler, The Rev. Dennis Adams and his wife, Barbara, the Boyle Family, Cricket Blanton, Jim Waltermann, Linda Liddle Blackington, Odin Knudsen, and Jenny Tatum.
- We pray for all the blessings of this life, especially those celebrating birthdays this week: Alex Eitler, Elizabeth Powell, Jackie Wells, Hunter Albertson, Madeleine Arnold, Sophia Herbert, Neil Hogg, and William Wrona.
- We give thanks for Janice Emily Ripley King, baptized today into the Body of Christ.

- We pray for our members who serve our country, particularly those overseas, and their families: Ryan Moatta, Gabby Rolland, Summer Lancet, Colt Drew, Andrew Choi, The Hicks Family, and Nicholas Amorando.
- We pray for the victims of violence and of natural disasters worldwide. We pray for a Peaceful resolution of all global conflicts, and we ask your protection for all innocent people.
- We pray for all Christians who face persecution for their faith.
- In the Diocese of Virginia, we pray for Holy Comforter, Vienna; and Christ Church, Alexandria.

### ❧ *ALTAR FLOWERS* ❧

*Today's Altar flowers are given to the glory of God and in thanksgiving for thirteen beautiful years of marriage to Daniel Cenci--from Jessica Cenci*

*On my 96<sup>th</sup> birthday, I give thanks for the many friends at Pohick who have enriched my life in so many ways--from Jackie Wells*

### ❧ *TODAY'S EVENTS* ❧

- **Golden Dove Sidewalk Sale & Outdoor Coffee Hour** in the Courtyard, 8:45AM-Noon
- **9:15 am: New Member/Inquirers Class-** Rev. Daniel and Rev. Ted will be offering an 8-week class for anyone interested in becoming a member of Pohick Church. The series will focus on scripture, church history, Anglican theology, and Liturgy. **Class is TODAY at 9:15am in the Annex.** The class is open to prospective new members and to anyone who would like a refresher on the history and beliefs of Episcopal/Anglican Christians. If you are interested in joining Pohick Church, please reach out to Rev. Daniel via email at [dcenci@pohick.org](mailto:dcenci@pohick.org).
- **9:15 am: Lectionary-based Bible study, in Vestry House.**
- **10 am-12 pm:** For parents with children under 36 months of age who wish to attend our summer adult forums and are in need of the Nursery: please contact the office in advance so we can arrange for the nursery to be open and an attendant to be on site.

- **BEGINNING TODAY: Summer Children's Sunday School:** For parents who wish to attend our summer adult forums, Pohick Church will be offering a summer Sunday School program for children. This will be a combined class of children ages 4-12 and will meet in Classroom A from 9:15am-10:15am on Sunday mornings. Summer Sunday school will begin on May 31<sup>st</sup> and will end on August 30<sup>th</sup>. All children are welcome to attend!
- **10:20 am: Children's Bible Storytelling** is for preschoolers through 2<sup>nd</sup> grade. It is held in classroom D. Parents should drop off their children at 10:20 am. The children will join their parents in church after the Peace.
- **5:00 pm: Sounds of Pohick, Pohick Pickers, St. Francis Choir, Pohick Handbells, Pohick Youth Choir, Pohick Choir and Pohick Organ.**
- 6:15 pm: Volunteers are appreciated and welcome to assist in moving the handbell tables and equipment after the Sounds of Pohick.
- **EYC today: 6 pm.**

## *❧ SPECIAL ANNOUNCEMENTS ❧*

- **REV. CENCI** will never ask anyone for gift cards or for money via email. If you get an email from him asking for anything, please delete it. Check the sender email: it should only be dcenci@pohick.org. Any other email, is fake.
- **COMPUTER SCAM** – We've identified a malicious email that was sent to multiple users with the subject: "SAVE THE DATE! YOU ARE SPECIALLY INVITED". This message is not legitimate and is part of a phishing attempt designed to get users to click a link and download a harmful file. PLEASE, do not click on any links you are not familiar with.
- **If you haven't bought your "Pohick Church Merch" yet,** shirts and magnets are available for purchase in the Parish Office during the week.
- **2026 Honduras Mission Trip: July 25- August 1:** Rev. Daniel will be leading a team of youth and adults to Concepcion Del Sur, Honduras on a medical and construction mission. We will be working with Friends of Honduras USA, a non-profit organization established for the purposes of providing advocacy for the victims of poverty and abuse in Honduras, promoting democracy, and facilitating trustworthy communication. The mission team will be providing much needed medical care for the residents of Concepcion Del Sur and assisting with the ongoing construction of a medical facility in the community. Team members will also travel to remote locations in the Honduran mountains to distribute medical supplies, food, and other necessities. No prior medical, construction, or missions experience is necessary. **Register by TODAY: email Rev Daniel at dcenci@pohick.org**

- **The Robert and Bernice Kilmarx & Anne Powell Scholarship** is now open to graduating high school seniors of 2026. The purpose of the scholarship is to encourage and assist the youth of Pohick Church by providing financial assistance for our college students, encouraging the parish to continue to provide prayer and emotional support, and raising awareness of parish youth in post-secondary education. Applications are in the Parish Office and also can be obtained by emailing Rev. Ted ([trenaud@pohick.org](mailto:trenaud@pohick.org)). **Submit your application, essay, and two letters of reference to the church office attention to The Scholarship Committee by TODAY.** Awards will be given on Youth Sunday, June 7. We look forward to receiving applications!
- **Need for Youth Volunteers** –Vacation Bible School (VBS) is July 13-17. **We need some Young Adults as the classroom helpers!** Please sign up at [pohick.org/events/vbs/](http://pohick.org/events/vbs/) and select “Teen Helper”, or see Susan Pehrsson, Christian Education Director.
- **Shrine Mont Parish Family Weekend Registration is now closed.** The dates for our Parish Family Weekend are 26 to 28 June. Questions about your existing reservation: please call Neil Sunderland @ 703.670.2962, or [nomadcmapper@aol.com](mailto:nomadcmapper@aol.com).

### *❧ UPCOMING EVENTS ❧*

- **JUNE 07:** Youth Sunday and Parish Picnic
- **JUNE 09:** Vestry meeting, 7pm
- **JUNE 13:** America's 250th Colonial Tea at Pohick, 2pm
- **JUNE 14:** Bishop's Visit
- **JUNE 17:** Eucharist at the Fairfax, 1:30 pm
- **JUNE 18:** Eucharist at Harmony at Spring Hill, 1:30 pm
- **JUNE 26-28:** Shrine Mont
- **JULY 4. 2026:**  
 12:30- Patriotic bike parade around the Pohick Cemetery.  
 1:00pm- Reading of the Declaration of Independence  
 1:30pm- Patriotic Hymns  
 1:45pm- reception  
 1:45pm-3:00pm- Docent tours
- **JULY 6. 2026:** Parish Office Closed for Independence Day
- **WEDNESDAYS IN JULY (1, 8, 15, 22, 29):** "Sermons that Shaped America", 7pm in Pohick Church
- **JULY 13-17, Pohick Vacation Bible School,** Ages 18 months-5<sup>th</sup> grade. The theme this year is Snowball Mountain Challenge! Registration is now open: Log onto [pohick.org](http://pohick.org)

- **JULY 25- AUGUST 1, 2026 Honduras Mission Trip.** Register by May 31: email Rev Daniel at [dcenci@pohick.org](mailto:dcenci@pohick.org)
- **It's never too early to begin planning for this year's Fair—our 80th! Mark your calendar for Saturday October 3, 2026.** The organizing team is exploring sponsorship opportunities with local businesses at multiple levels. We are compiling a list of merchants within a three to five-mile radius of the parish to invite as potential sponsors. If you have suggestions for businesses we should approach, or if you would like to assist the Fair Committee, please contact Rick Church at [rickandkristi@comcast.net](mailto:rickandkristi@comcast.net)

## *❧ VISIT THE GOLDEN DOVE GIFT SHOP ❧*

### **GOLDEN DOVE GIFT SHOP SIDEWALK SALE & COFFEE HOUR is TODAY 8:45-Noon!**

Pohick cookbooks and handmade jewelry are marked down! Other items for sale include books, personalized Pohick tea towels, magnets, ornaments, candles & NEW framed sketches, clothing, purses and scarves for ladies, and NEW beaded friendship bracelets w/crosses and hearts!

We have great gifts for grads, Dads, teachers, baptisms, birthdays or for yourself! The shop will be open and items will also be on display outside.

Thank you for supporting Pohick's gift shop! All proceeds go toward helping those in need through many ministries.

**GOLDEN DOVE GIFT SHOP NOW ONLINE!**  
[www.pohick.org](http://www.pohick.org) Homepage, click on "Golden Dove"

## *❧ MINISTRIES ❧*

**CHILDREN'S MINISTRY: TODAY: Storytelling**, drop off at 10:20am, children join parents during the Peace. Contact: Susan Pehrsson, Director of Christian Education, 703-282-6574 or [spehrsson@pohick.org](mailto:spehrsson@pohick.org)

**YOUTH MINISTRY: EYC: (Ages 5<sup>th</sup>-12<sup>th</sup> graders)** The Rev. Ted Renaud, [trenaud@pohick.org](mailto:trenaud@pohick.org) and the Rev. Daniel Cenci, [dcenci@pohick.org](mailto:dcenci@pohick.org)

**PASTORAL CARE MINISTRY:** The Rev. Ted Renaud, [trenaud@pohick.org](mailto:trenaud@pohick.org)

**MINISTRY OF MUSIC: Sunday, May 31, First Sunday after Pentecost: Trinity Sunday**

- 9:15 a.m. *handbell set up, Church*
- 9:30 a.m. Pohick Handbells, *Church*
- 9:45 a.m. Pohick Choir, *Music Room & Church*
- **10:30 a.m. Morning Prayer: Rite One, Pohick Choir, Pohick Handbells**

- 4:15 p.m. Pohick Handbells, *Church*
- 4:30 p.m. Pohick Youth Choir, Pohick Choir, *Music Room & Church*
- **5 p.m. Sounds of Pohick**, *Pohick Pickers, St. Francis Choir, Pohick Handbells, Pohick Youth Choir, Pohick Choir*

**June 2026** *Music rehearsals resume after Labor Day, September 7*

**Sunday, June 7, Second Sunday after Pentecost**, Proper 5,

- 9 a.m. Pohick Pickers, Church
- **10:30 a.m. Holy Eucharist: Rite II**, *'Youth Sunday', Pohick Pickers (no choir)*

**Sunday, June 14, Third Sunday after Pentecost**, Proper 6, **Episcopal Visitation**,

- 9:30 a.m. Pohick Choir, Pohick Handbells, 4 ringers, *Music Room & Church*
- **10:30 a.m. Confirmation & Holy Eucharist: Rite II**, *Pohick Choir, Pohick Handbells, 4 ringers*

## *✿ FOR YOUR INFORMATION ✿*

- **Education for Ministry (EfM)** Classes are Mondays at 7pm on Zoom. Denise McHugh at 410-300-9867, dmchugh@umd.edu, or John Egan 703-973-5038, jjegan3@netscape.net.
- **Coffee N Compline on-line Wednesdays at 7:00 pm.** Fellowship, reflection and worship. Call the Parish Office at 703 339-6572 for the Microsoft Teams link. This same link is used every Wednesday.
- **Our regular Sunday Services are at 8 am (Rite I Eucharist spoken) and 10:30 am (Rite II Eucharist sung).** Christian Education for all ages begins at 9:15 am. YOUTH (EYC) 6pm Sundays.
- **Announcements** are on pohick.org /news/weekly-announcements. Email to adminassistant@pohick.org to receive our weekly email.
- **Parish Office hours:** Mon-Thu 9am-3pm, Fridays 9am-noon.

## *✿ INSTRUCTIONS FOR RECEIVING COMMUNION ✿*

*In the Episcopal tradition, all baptized Christians are welcomed to receive Communion at the Lord's Table; simply come to the altar rail and kneel to receive if you are able, or you may stand. If you are unable to come to the rail, please indicate to an usher that you would like communion brought to you.*

*The options for receiving communion are:*

- *You may hold out both hands to receive bread and drink from the cup;*
- *To receive by intinction, please leave the bread in your open palm and the Chalice bearer will dip the bread in the chalice for you and place it back in your hand.*

- *To reduce germ exposure in the chalice medical authorities have suggested, and the Diocese recommends, only the Chalice Bearer intinct the bread in the Common Cup.*
- *If you prefer to receive only bread, simply cross one arm across your chest as you hold out your hand for bread.*
  - *You may cross your arms over your chest and simply receive a blessing.*

Vestry of Pohick Church

| <u>Member</u>      | <u>Elected Position and Commission Leads</u>  |
|--------------------|---|
| Neil Hogg          | Senior Warden                                 |
| Dave Billingsley   | Junior Warden, Building and Grounds           |
| Andrea Gurrola     | Treasurer, Resources/ Stewardship / Policy    |
| Tom Mayberry       | Register, Pastoral Care / Worship / Education |
| Dan Derbes         |   |
| Molly Diaz         | Young Adult/Family Ministry                   |
| Rick Church        | Communication/Digital Ministry                |
| John Egan          |   |
| Christopher Hempel |   |
| Patrick Riley      |   |
| Tom Wright         |   |
| Barbara Schavland  | (youth rep 25/26)                             |
| Olivia Diaz        | (youth rep 26/27)                             |
| Hal Yarwood        | Service and Fellowship Outreach               |

Staff of Pohick Church

|                                      |                              |
|--------------------------------------|------------------------------|
| Priest-In-Charge:                    | The Reverend Daniel M. Cenci |
| Assistant Rector/<br>Youth Minister: | The Reverend Ted Renaud      |
| Minister of Music:                   | Ronald Butts Boehmer         |
| Director of Education:               | Susan Pehrsson               |
| Finance Admin.:                      | Julie Ramacciotti            |
| Sexton:                              | Clint Herbert                |
| Administrative Asst.:                | Kara Faunt                   |
| Cemetery Warden:                     | Sandra Caesar                |
| Communications Mgr:                  | Deborah Hennig               |
| Nursery Supervisor:                  | Jenny Tatum                  |

**QR Code is set up for one-time giving for visitors or guests.**

**Pohick Episcopal Church**

*The Reverend Daniel M. Cenci, Priest-In-Charge*

9301 Richmond Highway

Lorton, VA 22079

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**Home Church of George Washington  
and George Mason**

