

St. Helen's Anglican Church of Canada
Diocese of New Westminster

Trinity Sunday
May 31, 2026



Presider: The Ven. Richard Leggett
Preacher: The Rev. Jeffrey Preiss
Music Director: Dale Throness

THE GATHERING OF THE COMMUNITY

PRELUDE

All stand

OPENING HYMN Holy, Holy, Holy, Lord God Almighty

CP 1

LAND ACKNOWLEDGEMENT

As we celebrate the outpouring of the Holy Spirit at Pentecost, we acknowledge with gratitude and respect that we gather on the ancestral territory of the Musqueam peoples. May the Spirit's unifying fire ignite within us a deeper commitment to reconciliation with all who dwell here.

THE GREETING

The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit, be with you all.

And also with you.

There is one body and one Spirit;
there is one hope in God's call to us;
one Lord, one faith, one baptism,
one God and Father of all.

COLLECT OF THE DAY

Let us pray.

O God,
your name is veiled in mystery,
yet you have made us
and call us by name;

draw us more deeply into your divine life,
so that we may show forth in our lives
your justice, kindness and humility;
for you alone are holy, one God, now and for ever. **Amen.**

Please be seated

THE PROCLAMATION OF THE WORD

FIRST READING Genesis 1.1-2.4a

Shawn de Raaf

A reading from Genesis.

When God began to create the heavens and the earth, the earth was complete chaos, and darkness covered the face of the deep, while a wind from God swept over the face of the waters. Then God said, "Let there be light," and there was light. And God saw that the light was good, and God separated the light from the darkness. God called the light Day, and the darkness he called Night. And there was evening and there was morning, the first day.

And God said, "Let there be a dome in the midst of the waters, and let it separate the waters from the waters." So God made the dome and separated the waters that were under the dome from the waters that were above the dome. And it was so. God called the dome Sky. And there was evening and there was morning, the second day.

And God said, "Let the waters under the sky be gathered together into one place, and let the dry land appear." And it was so. God called the dry land Earth, and the waters that were gathered together he called Seas. And God saw that it was good. Then God said, "Let the earth put forth vegetation: plants yielding seed and

fruit trees of every kind on earth that bear fruit with the seed in it.” And it was so. The earth brought forth vegetation: plants yielding seed of every kind and trees of every kind bearing fruit with the seed in it. And God saw that it was good. And there was evening and there was morning, the third day.

And God said, “Let there be lights in the dome of the sky to separate the day from the night, and let them be for signs and for seasons and for days and years, and let them be lights in the dome of the sky to give light upon the earth.” And it was so. God made the two great lights — the greater light to rule the day and the lesser light to rule the night — and the stars. God set them in the dome of the sky to give light upon the earth, to rule over the day and over the night, and to separate the light from the darkness. And God saw that it was good. And there was evening and there was morning, the fourth day.

And God said, “Let the waters bring forth swarms of living creatures, and let birds fly above the earth across the dome of the sky.” So God created the great sea monsters and every living creature that moves, of every kind, with which the waters swarm and every winged bird of every kind. And God saw that it was good. God blessed them, saying, “Be fruitful and multiply and fill the waters in the seas, and let birds multiply on the earth.” And there was evening and there was morning, the fifth day.

And God said, “Let the earth bring forth living creatures of every kind: cattle and creeping things and wild animals of the earth of every kind.” And it was so. God made the wild animals of the earth of every kind and the cattle of every kind and everything that creeps upon the ground of every kind. And God saw that it was good.

Then God said, “Let us make humans in our image, according to our likeness, and let them have dominion over the fish of the sea and over the birds of the air and over the cattle and over all the wild animals of the earth and over every creeping thing that creeps upon the earth.”

So God created humans in his image, in the image of God he created them; male and female he created them.

God blessed them, and God said to them, “Be fruitful and multiply and fill the earth and subdue it and have dominion over the fish of the sea and over the birds of the air and over every living thing that moves upon the earth.” God said, “See, I have given you every plant yielding seed that is upon the face of all the earth and every tree with seed in its fruit; you shall have them for food. And to every beast of the earth and to every bird of the air and to everything that creeps on the earth, everything that has the breath of life, I have given every green plant for food.” And it was so. God saw everything that he had made, and indeed, it was very good. And there was evening and there was morning, the sixth day.

Thus the heavens and the earth were finished and all their multitude. On the sixth day God finished the work that he had done, and he rested on the seventh day from all the work that he had done. So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation.

These are the generations of the heavens and the earth when they were created.

Hear what the Spirit is saying to the Church.
Thanks be to God.

PSALM 8

Refrain:



O God our gov - er - nor, how ex - alt - ed is your name in all the world!

O God our governor,
how exalted is your name in all the world!
Out of the mouths of infants and children
your majesty is praised above the heavens. **R.**

You have set up a stronghold against your adversaries,
to quell the enemy and the avenger,
When I consider your heavens, the work of your fingers,
the moon and the stars you have set in their courses. **R.**

Who are we that you should be mindful of us?
Who are we that you should seek us out?
You have made us but little lower than the angels;
you adorn us with glory and honour. **R.**

You give us mastery over the works of your hands;
you put all things under our feet;
All sheep and oxen,
even the wild beasts of the field, **R.**

The birds of the air, the fish of the sea,
and whatsoever walks in the paths of the sea.
O God our governor,
how exalted is your name in all the world! **R.**

SECOND READING 2 Corinthians 13.11-13

Gillian Moore

A reading from the 2nd Letter to the Corinthians.

Finally, brothers and sisters, farewell. Be restored; listen to my appeal; agree with one another; live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss. All the saints greet you.

The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with all of you.

Hear what the Spirit is saying to the Church

Thanks be to God.

THE GOSPEL ACCLAMATION

Alleluia, alleluia, alleluia. (2x)

CP 712

Choir:

*Blessed are you, O Lord of creation,
revealing your kingdom to the humble and weak.*

Alleluia, alleluia, alleluia. (2x)

THE HOLY GOSPEL Matthew 28.16-20

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, Lord Jesus Christ.

Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshiped him, but they doubted. And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Alleluia, alleluia, alleluia. (2x)

CP 457

SERMON

The Rev. Jeffrey Preiss

THE ORDER OF BAPTISM

PRESENTATION AND EXAMINATION OF THE CANDIDATE

Presider The candidate for Holy Baptism will now be presented.
Sponsor I present Kyle Frederick Taylor to receive the sacrament of baptism.

Presider Kyle, do you desire to be baptized?

Candidate I do.

Presider Do you renounce Satan and all the spiritual forces of wickedness that rebel against God?

Candidate I renounce them.

Presider Do you renounce the evil powers of this world which corrupt and destroy the creatures of God?

Candidate I renounce them.

Presider Do you renounce all sinful desires that draw you from the love of God?

Candidate I renounce them.

Presider Do you turn to Jesus Christ and accept him as your Saviour?

Candidate I do.

Presider Do you put your whole trust in his grace and love?

Candidate I do.

Presider Do you promise to obey him as your Lord?

Candidate I do.

The Presider addresses the whole Community,

Will you who witness these vows do all in your power to support Kyle in his life in Christ?

We will.

PRAYERS FOR THE CANDIDATE

Liz Hodgson

A member of the community leads the prayers.

Deliver Kyle, O Lord, from the way of sin and death.

Lord, hear our prayer.

Open his heart to your grace and truth.

Lord, hear our prayer.

Fill him with your holy and life-giving Spirit.

Lord, hear our prayer.

Teach him to love others in the power of the Spirit.

Lord, hear our prayer.

Send him into the world in witness to your love.

Lord, hear our prayer.

Bring him to the fullness of your peace and glory.

Lord, hear our prayer.

Grant, O Lord, that all who are baptized into the death of Jesus Christ your Son may live in the power of his resurrection and look for him to come again in glory; who lives and reigns now and for ever.

Amen.

THANKSGIVING OVER THE WATER

The Lord be with you.

And also with you.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Holy God, holy and merciful, holy and mighty, you are the river of life, you are the everlasting wellspring, you are the fire of rebirth.

Glory to you for oceans and lakes, for rivers and streams. Honour to you for cloud and rain, for dew and snow. Your waters are below us, around us, above us: our life is born in you. You are the fountain of resurrection.

Praise to you for your saving waters: Noah and the animals survive the flood, Hagar discovers your well. The Israelites escape through the sea, and they drink from your gushing rock. Naaman washes his leprosy away, and the Samaritan woman will never be thirsty again.

At this font, holy God, we pray: Praise to you for the water of baptism and for your Word that saves us in this water. + Breathe your Spirit into all who are gathered here and into all creation. Illumine our days. Enliven our bones. Dry our tears. Wash away the sin within us, and drown the evil around us.

Satisfy all our thirst with your living water, Jesus Christ our Saviour, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

THE BAPTISMAL COVENANT

The Presider and Deacon lead the Community in the Covenant.

Do you believe in God the Father?

**I believe in God,
the Father almighty,
creator of heaven and earth.**

Do you believe in Jesus Christ, the Son of God?

I believe in Jesus Christ, God's only Son, our Lord.

**He was conceived by the Holy Spirit,
born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died and was buried;
he descended to the dead.**

**On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come again to judge the living and the dead.**

Do you believe in God the Holy Spirit?

**I believe in God the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.**

Will you continue in the apostles' teaching and fellowship, in the breaking of the bread, and in the prayers?

I will, with God's help.

Will you persevere in resisting evil and, whenever you fall into sin, repent and return to the Lord?

I will, with God's help.

Will you proclaim by word and example the good news of God in Christ?

I will, with God's help.

Will you seek and serve Christ in all persons, loving your neighbour as yourself?

I will, with God's help.

Will you strive for justice and peace among all people, and respect the dignity of every human being?

I will, with God's help.

Will you strive to safeguard the integrity of God's creation, and respect, sustain and renew the life of the Earth?

I will, with God's help.

THE BAPTISM

Presider

Kyle, I baptize you in the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

The Presider makes the sign of the cross on the forehead of the newly-baptized.

Kyle, you are sealed by the Holy Spirit in baptism and marked as Christ's own for ever. **Amen.**

Heavenly Father, we thank you that by water and the Holy Spirit you have bestowed upon this your servant the forgiveness of sin, and have raised him to the new life of grace. Sustain him, O Lord, in your Holy Spirit. Give him an inquiring and discerning heart, the courage to will and to persevere, the spirit to know and to love you, and the gift of joy and wonder in all your works. **Amen.**

THE GIVING OF THE LIGHT

Receive the light of Christ,
to show that you have passed from darkness to light.

**Let your light so shine before others
that they may see your good works
and glorify your Father in heaven.**

Let us welcome the newly baptized.
**We receive you into the household of God.
Confess the faith of Christ crucified,
proclaim his resurrection,
and share with us in his eternal priesthood.**

THE EXCHANGE OF THE PEACE

God has made us one in Christ and has given us the Spirit to dwell in our hearts.

The peace of the Lord be always with you.
And also with you.

THE HOLY COMMUNION

THE OFFERTORY

As the altar is prepared for Holy Communion, the congregation is invited to make an offering as an expression of gratitude for God's generosity.

OFFERTORY HYMN Today I Awake

CP 9

Please remain standing until communion.

PRAYER OVER THE GIFTS

Let us pray.

Living God,

receive all we offer you this day.

**Grant that hearing your word and responding to your Spirit,
we may share in your divine life.**

We ask this in the name of Jesus Christ the Lord. Amen.

THANKSGIVING AT THE TABLE

May God be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to God our Creator.

It is right to give our thanks and praise.

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Saviour Jesus Christ. You reveal your glory as the glory of the Father, the Son, and the Holy Spirit: equal in majesty,

undivided in splendour, one Lord, one God, ever to be adored in your eternal glory. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

Holy, Holy, Holy Lord

CP 735

Holy God, holy and mighty, holy and immortal: you we praise and glorify, you we worship and adore. You formed the earth from chaos; you encircled the globe with air; you created fire for warmth and light; you nourish the lands with water. You moulded us in your image, and with mercy higher than the mountains, with grace deeper than the seas, you blessed the Israelites and cherished them as your own. That also we, estranged and dying, might be adopted to live in your Spirit, you called to us through the life and death of Jesus.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

Together as the body of Christ, we proclaim the Lord's death until he comes.

Christ has died. Christ is risen. Christ will come again.

With this bread and cup we remember your Son, the first-born of your new creation. We remember his life lived for others, and his death and resurrection, which renews the face of the earth. We await his coming, when, with the world made perfect through your wisdom, all our sins and sorrows will be no more.

Amen. Come, Lord Jesus.

Holy God, holy and merciful, holy and compassionate, send upon us and this meal your Holy Spirit, whose breath revives us for life, whose fire rouses us to love. Enfold in your arms all who share this holy food. Nurture in us the fruits of the Spirit, that we may be a living tree, sharing your bounty with all the world.

Amen. Come, Holy Spirit.

Holy and benevolent God, receive our praise and petitions, as Jesus received the cry of the needy, and fill us with your blessing, until, needy no longer and bound to you in love, we feast forever in the triumph of the Lamb: through whom all glory and honour is yours, O God, O Living One, with the Holy Spirit, in your holy church, now and for ever. **Amen.**

THE LORD'S PRAYER

As our Saviour taught us, let us pray.

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.**

**Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

THE BREAKING OF THE BREAD

We break this bread
to share in the body of Christ.
**We, being many, are one body,
for we all share in the one bread.**

These are the gifts of God for all God's people.
Thanks be to God.

JESUS, LAMB OF GOD

CP 747

THE COMMUNION

All who seek Christ and are drawn to this holy table are invited to come forth to receive Holy Communion. Dipping the bread (intinction) into the wine is not permitted. If you wish to receive a blessing rather than Holy Communion, please indicate such by placing your right hand over your heart.

COMMUNION HYMNS Lead Us, Heavenly Father, Lead Us

CP 564

 May the Spirit of Christ Be Our Hope

CP 483

PRAYER AFTER COMMUNION

Let us pray.

Eternal God,

may we who have received this eucharist

worship you in all we do,

and proclaim the glory of your majesty.

We ask this in the name of Jesus Christ the Lord. Amen.

DOXOLOGY

Glory to God,

whose power, working in us,

can do infinitely more

than we can ask or imagine.

Glory to God from generation to generation,

in the Church and in Christ Jesus,

for ever and ever. Amen.

BLESSING

Friends of the risen Christ, be of good courage.

Hold fast that which is good. Render to no one evil for evil.

Strengthen the faint-hearted. Support the weak.

Help the afflicted. Show love to everyone.

Love and serve the Lord, rejoicing in the power of the Holy Spirit;

and the blessing of the living God: the Source of all being,

the eternal Word and the Holy Spirit,

be among you and remain with you always. **Amen.**

DISMISSAL

Go into the world as co-workers with Christ,
making disciples among all people.

Thanks be to God.

CLOSING HYMN Sing Ye Praises to the Father

CP 391

POSTLUDE

*Please be seated for the postlude. The community disperses in silence.
In respect of those who may linger in contemplation,
conversation is reserved for the narthex.*



UPCOMING EVENTS AT ST. HELEN'S

Join us for our Sunday Worship on June 7, 2026

Book of Common Prayer | at 8:00 am

*This is a simple yet deep spoken celebration of the Eucharist
using the traditional Book of Common Prayer.*

Choral Eucharist | at 10:00 am

*This is a modern Eucharist service, with choral music sung
by the St. Helen's Choir.*

Worship Exchange with Saint Anselm's

We will host Saint Anselm's on Sunday, the 7th of June,
at our 10.00 am eucharist.

Saint Anselm's will host us on Sunday, the 14th of June,
at their 10.30 am eucharist.

Contemplative Prayer

Contemplative Prayer sessions are held **every Wednesday at 7:30pm.**

No more contemplative prayer on Thursday afternoons.

Volunteers Today:

Intercessor: Liz Hodgson

Readers: Shawn de Raaf, Gillian Moore

Lay Administrators: Shawn de Raaf, Tony Hodgson

Counter: Lynn Raymond

Zoom: Dale O'Brien

Volunteers Next Week:

Intercessor: Iman Zandroto

Readers: Angela White, Gillian Moore

Lay Administrators: Shawn de Raaf, Tony Hodgson

Counter: Dale O'Brien

Zoom: Irene Vavasour

Next Week's Scripture Readings

The First Reading: Genesis 12.1-9

The Psalm: Psalm 33.1-12

The Second Reading: Romans 4.13-25

The Gospel: Matthew 9.9-13, 18-26

Prayer Requests

Prayers for:

Jamie & Beth, Tom Hodgkinson, Karen, Mrs Therese Chabot,
Mark, Lois Ruth, Diane

The Bergamasca Concert

The Bergamasca Concert will be held at **St. Helen's on Saturday, June 20, at 7 pm**. This is a benefit concert for St. Helen's, and all donations go to the church. Admission by donation.

The Bergamasca Consort plays

SONGS AND SWEET AYRES THAT GIVE DELYTE



Saturday June 13th at 1pm

All Saints Ladner
4755 Arthur Drive, Delta, BC

Sunday June 14th at 3pm

Old Hastings Mill Store Museum
1575 Alma Street (north end), Vancouver, BC
<https://hastingsmillmuseum.ca/upcoming-events>

Saturday June 20th at 7pm

St. Helen's Church
4405 West 8th Avenue, Vancouver, BC

Admission by donation

Encountered by the Holy

You're invited to ***Encountered by the Holy, the 2026 O'Driscoll Forum on Preaching and the Arts*** at Vancouver School of Theology, taking place on **June 14–15**. This year's forum explores what it means to encounter the holy not as an abstract idea, but as something that shapes how we speak, listen, create, and respond in the world. You are welcome to join two free public events featuring guest preacher and speaker Craig Barnes as well as musician and artist, Julian Davis Reid:

Sunday, June 14 | 7 PM

Notes of Rest Concert with Julian Davis Reid

Monday, June 15 | 7 PM

Seeking Beauty and Truth Public Lecture with Craig Barnes

VANCOUVER SCHOOL OF THEOLOGY
O'DRISCOLL FORUM
ON PREACHING AND THE ARTS

ANGLICAN
FOUNDATION OF CANADA

VST
VANCOUVER
SCHOOL OF
THEOLOGY

ENCOUNTERED BY THE HOLY

WORSHIP, MUSIC & PUBLIC LECTURE



JULIAN DAVIS REID



CRAIG BARNES



JUNE 14 & 15
IN-PERSON & ONLINE
CHRIST CHURCH CATHEDRAL, VANCOUVER
& VANCOUVER SCHOOL OF THEOLOGY

[VST.EDU/EVENTS](https://vst.edu/events)

How to Contribute to St. Helen's Financially

We deeply appreciate financial contributions to our shared congregational life and mission. The best ways to donate are:

- Set up a Pre-Authorized Donation - simply send an email to sthelenswpg@gmail.com to get started or change your amount
- Donate via interact e-transfer to sthelenswpg@gmail.com
- Scan the QR code to the right or visit sthelensvancouver.com/give to donate via credit card
- Use one of the envelopes available at the back of the church by the offering plate to donate via cheques or cash



Office Hours

Tuesday, 09:00am-5:00pm
Wednesday, 09:00am-5:00pm
Friday, 09:00am-5:00pm

Interim Priest office hours: Tuesday and Friday, 9:30am-1pm
Or by appointment

Connect with us:

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Dcn. Jeffrey Preiss: rev.jeffreypreiss@gmail.com
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