



## “Rebuilding the Walls” Week 4

**Big Idea:** Healing and restoration begin when we honestly face what is broken, trust God through the process, and commit to rebuilding what He is restoring in our lives.

### **Main Scriptures**

**Nehemiah 2:11–16 (NLT)** “So I arrived in Jerusalem. Three days later, I slipped out during the night, taking only a few others with me. I had not told anyone about the plans God had put in my heart for Jerusalem. We took no pack animals with us except the donkey I was riding. After dark I went out through the Valley Gate, past the Jackal’s Well, and over to the Dung Gate to inspect the broken walls and burned gates. Then I went to the Fountain Gate and to the King’s Pool, but my donkey couldn’t get through the rubble. So, though it was still dark, I went up the Kidron Valley instead, inspecting the wall before I turned back and entered again at the Valley Gate. The city officials did not know I had been out there or what I was doing, for I had not yet said anything to anyone about my plans.”

Healing begins when we honestly face what is **broken**.

### **1. HONEST EXAMINATION COMES BEFORE REBUILDING**

Nehemiah 2:11–16 (NLT)

Nehemiah did not ignore the **damage**.

Healing usually begins with **truth**.

### **2. HEALING CAN BEGIN QUIETLY**

Nehemiah inspected the walls at **night**.

Some healing seasons begin privately through: Prayer Reflection Counseling Scripture Surrender

### **3. BROKEN PLACES ARE NOT ABANDONED PLACES**

Broken walls did not mean God had **abandoned** Jerusalem.

Your brokenness does not mean Christ has left **you**.

#### **4. RESTORATION IS A PROCESS**

Healing is not usually **instant**.

Some wounds heal layer by layer as trust, obedience, and support **grow**.

#### **5. TRUST GOD THROUGH THE PROCESS**

Proverbs 3:5–6 (NLT) “Trust in the Lord with all your heart; do not depend on your own understanding. Seek His will in all you do, and He will show you which path to take.”

Healing with Christ requires **trust**.

#### **6. REBUILDING REQUIRES COMMITMENT**

Luke 14:28 (NLT) “But don’t begin until you count the cost. For who would begin construction of a building without first calculating the cost to see if there is enough money to finish it?”

Healing requires: Surrender Patience Perseverance New disciplines

#### **7. CHRIST RESTORES IDENTITY**

Psalm 147:3 (NLT) “He heals the brokenhearted and bandages their wounds.”

Christ restores your identity, peace, and **purpose**.

**8. GOD USES BROKENNESS FOR TESTIMONY** Healed wounds can become a powerful **testimony**.

Your restoration may encourage someone else’s healing journey.

What debris needs to be **cleared** out?

Where is God calling you to begin **rebuilding**?