

May 29, 2026

Still Standing

May Series: Built Different

Week Focus: Unshakable

Scripture – Ephesians 6:13

“And after you have done everything... to stand.”

Devotional Reflection

Sometimes victory looks different than we expected. We often imagine victory as immediate breakthrough, instant change, or complete relief from pressure and difficulty. But there are seasons where victory simply looks like still standing after everything you have faced. Remaining grounded, faithful, and steady through pressure is a form of victory many people overlook. Sometimes the greatest evidence of growth is not that the struggle disappeared, but that you endured it.

Standing means you did not quit when life became difficult. It means pressure came, but your faith remained intact even while your emotions were stretched. It means you continued trusting God when circumstances tried to shake your confidence and stability. Standing is evidence that something stronger is being built within you. The fact that you are still moving forward reveals that God has been sustaining you all along.

The enemy often expects pressure to break people emotionally, spiritually, and mentally. But every season you survive with your faith intact becomes evidence that your foundation is becoming stronger. Difficult seasons reveal how deeply your life is rooted in God and how much stability He has been developing within you. Standing does not mean you never struggled—it means you continued trusting God through the struggle. You kept praying, believing, and remaining grounded even while life felt uncertain.

Today, take a moment to recognize how far God has already brought you. There were seasons you thought would completely destroy you, but you are still here and still standing. That is evidence that God has been strengthening you more than you realized. What once would have broken you is now revealing the stability God has been building within you.

Focus for Today

I am still standing.

Practice

- Reflect on what God has brought you through
 - Thank Him for sustaining your life
 - Encourage someone else who feels overwhelmed
-

Prayer

Lord, thank You for helping me remain standing through difficult seasons. In Jesus name, Amen.

Reflection Question

What season did God help me survive that could have broken me?