

REFLECTION

Questions

JOHN 4:16-26

- In verses 16-18, Jesus gently but directly confronts the woman about her past (“Go, call your husband”). How does it feel to know that Jesus already knows the deepest, most shameful parts of your life? What area of your life might Jesus be inviting you to be honest about right now?
- When confronted with her sin, the woman immediately shifts the conversation to a religious debate about where to worship (vv. 19-20). In what ways do you sometimes use theological questions, church activities, or religious routines to avoid dealing with your own heart issues?
- Jesus says true worshipers will worship the Father “in spirit” (v. 23-24). What does it mean for your worship to come from the heart and be empowered by the Holy Spirit, rather than just going through external motions (singing, attending church, etc.)?
- Worship must also be “in truth.” How important is it that our worship is rooted in the truth of who God is and what He has revealed in Scripture and in Christ? Where might your understanding or practice of worship need to be corrected by biblical truth?
- Verse 23 says the Father is seeking true worshipers. How does this change the way you think about worship? Does it encourage or challenge you?
- In verse 26, Jesus clearly reveals Himself as the Messiah (“I who speak to you am he”). Has there been a moment in your life when Jesus became personally real to you? How has that encounter affected your worship?
- If someone asked you, “What does it look like to worship God in spirit and truth in everyday life?” how would you answer?
- On a scale of 1-10, how would you rate your current worship life in terms of being “in spirit” and “in truth”? What is one thing you can do this week to grow in authentic worship?