

Dear Friends,

The summer is upon us! We recently lost power at the parsonage one Sunday afternoon when we had some strong winds. Several houses in the neighborhood were affected by the outage. I love for the indoor temperature to be nice and cool at night. I truly feel like this helps me to breathe and sleep much better. Nikki and Patricia are just fine with the house being warm, so we have found a happy compromise.

The night of the power outage, they were sound asleep. Even our dog, TJ, was sleeping like a puppy. I could not sleep. The indoor heat and sound of chainsaws trimming tree limbs from the power lines was haunting me. The power was out when we got home at around 3:00 PM and did not come back on until 3:00 AM that next morning. I tossed and turned, desperately trying to fall asleep. I sat on the couch, stared into oblivion, and drank some ice-cold Sprite, using the quickly melting ice from our freezer. That was refreshing.

After finishing my Sprite, I headed to bed for one more attempt at some shut eye. I laid there for about ten minutes to no avail. Then I remembered the "pillow flip" trick! For some reason, when you flip your pillow over, the temperature is so much cooler on the other side. I immediately flipped my pillow over. Ahhhh! I drifted off to sleep. Have you ever noticed this phenomenon? The next thing I knew, I was awakened when I heard the oscillating fan turn on. The power had been restored! I slept like a baby for the rest of the night once the air conditioner kicked on.

I think the cooler temperature on the underside of the pillow has to do with the lack of heat transfer from our heads on the top side of the pillow. Sometimes our lives are like that – in need of a refreshing change. Change can be hard at times, and at other times change can be wonderful. Do you feel like you are in a season where you are welcoming change and even optimistic, adaptive, and revived by the change? Remember, in the midst of change, God is our constant. Psalm 18:2 (KJV) says, "The Lord is my rock, and my fortress, and my deliverer; my God, my strength, in whom I will trust; my buckler, and the horn of my salvation, and my high tower." Maybe we need a "spiritual pillow flip," embracing the renewed purpose God freely offers. Stay cool, stay inspired, and stay blessed, friends. Happy Summer! Blessings, Pastor Terry



*The youth group will meet June 28th, Sunday, from 4 to 5:30 pm at 1st UMC Nolanville.*



*We are glad to have Trudy Horridge join our church family. Trudy transferred her membership to St. Andrews May 12th.*



**The communion offering in June is chosen by the Texas Horizon Conference. This year the communion offering for June 7th is for the Disaster Response Fund. These donations will serve as relief in areas such as the April disasters in north Texas from tornados or where disasters occur in Texas. If you wish to donate, please place your donation in an envelope provided in the pews and mark as communion. Checks should be payable to St. Andrews and make note on the check for communion.**



*When we learn to forgive the past, we sow the seeds for a glorious future!*



**Sundays:** Sunday School class 9:30 am. Church service 11 am.

**Tuesdays—** Bible Study 10 am followed by Domino group at 12:30 pm, Fowler Hall

Annual Conference is May 31st—to June 3rd, Wichita Falls

Men's Fellowship—Thursday, June 4th, at 6 pm, potluck at Nolanville 1st UMC

Parkinson Group will meet Friday, June 5th at 2:30 pm

Dinner Group, Hallmark Restaurant, June 14th, 4:30 pm all welcome

Parkinson Group will meet Friday June 19th in Fowler Hall starts 2:30 pm



Rainbow Emmaus will meet June 11th, at St. Andrews with potluck starting at 6:30 pm, business and worship to follow. Remember to bring your worship book, cross and name tag.



The Men's fellowship group will meet at 1st UMC Nolanville, Thursday evening, June 4th, at 6 pm with a potluck dinner, devotional, fellowship. Please come and enjoy an evening of fellowship.

**Happy Birthday!**

Ethel Rowe	2	Ray Gray	14
Gary Hunt	3	Javon Jackson	15
Ernie Cashion	6	Thomas Horn	19
Cindy Coffell	8	Scottie Kerr	22
Michelle Trudo	13	Robert Kratzer	22

*June 21, 2026*



You can watch the service live on Facebook starting at 11 am. Log in as follows: St Andrew's United Methodist Church, Killeen, TX Facebook.



The choir is taking a summer break. Choir practice is cancelled starting May 27th and will start practice again on August 19th. Thank you for sharing your talents and all your hard work with us. We will look forward to the choir returning to our service at the end of summer.



*Lord, grant me a simple, kind, open, believing, loving and generous heart, worthy of being your dwelling place.*