

Living Waters

June / July 2026



**St. Paul's
Anglican Church**
Opening Hearts and Minds to God's Grace



**Salute
to Grade 12
grads Page 8**



**Let's
celebrate
our newcomers
Page 8**



**Stomp
on over
to the
Stampede
BBQ
Page 9**



**Join Nnenna's
journey Page 15**

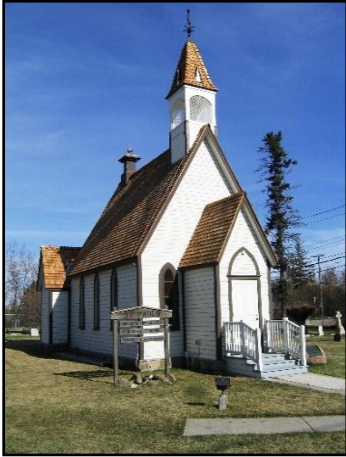
**Potluck
celebrates our
heritage Page 21**



Bean there, tossed that!

Muyi shows off his bean bag tossing skills at the Spring Celebration. More photos Page 4 & 5.

St. Paul's information



7 Sunmills Green SE Phone
Calgary, Alberta T2X 3P6 (403) 256-1428

Email: office@stpaulscalgary.ca
Website: www.stpaulscalgary.ca



Sunday service

Our 10:00 am Sunday Services can be shared in-person or online (live streamed on our website and YouTube

(<https://www.youtube.com/channel/UClxdfHv5pFYST--j8as1GVg>) to access Services on our website, please click on the Sermon tab in the top right-hand corner of the home page).

Incumbent

The Rev. Tony Hilling

Assistants

The Rev. Sean Devlin
The Rev. Cyril Haynes
The Rev. Deacon Betty Nadurak

Parish Council 2026

Incumbent's Warden – Muiy Ekomwenrenren
Deputy People's warden - TBD
People's Warden - Paul Bourgeois
Deputy Incumbent's Warden - TBD

Parish Council Clerk - Bill Hart
Community Connection - Cec Sparrow
Hospitality - Abby Ekomwenrenren
Maintenance - Muiy Ekomwenrenren
Newcomers - Gloria Ford
Pastoral Care - Deacon Betty Nadurak
Outreach: John L'Ecuyer
Christian Education - Prosper Omagoro
Youth – Cheryl Scott
Sunday School – Onyinye Oyeka
Youth Representative – Cameryn Scott
Worship – TBD
Stewardship – Kerin Spaargaren

Members at Large

Emeka Nweke
Joan McCartney

Synod Delegates

Barb Leinweber
Cec Sparrow
Vacant

MCES Designated Directors

Barry O'Flynn
Ingrid Bolton (Treasurer)

Treasurer

Ingrid Bolton

Parish Ministries

Worship Ministries

Altar Guild - Barb Leinweber
Sacramental Assistants – Ed Mullaney
Choir – Paul Bourgeois
Prayers of the People – Dinah Breu
Readers – Robbie Coller
Servers – Cheryl Scott/Father Cyril
Sidespeople – Suzanne Wray
Prayer Team – Dinah Breu
Envelope Secretary – Debra Brisbin
Counters— Roxie Hall

Fellowship Ministries

Greeters – Roxie Hall
Coffee Time – Hospitality
Ladies' Luncheon - Gloria Ford
Men's Breakfast - Paul Bourgeois
Secret Friends – Julie Wilson

Christian Education

Nursery - Cheryl Scott
Youth - Cheryl Scott
Adult Education - Clergy & Lay
Stewardship – vacant
Anglican Fellowship of Prayer – Dinah Breu
Sunday School Co-ordinator – Onyinye Oyeka

Youth Ministry

S.P.Y – Cheryl Scott

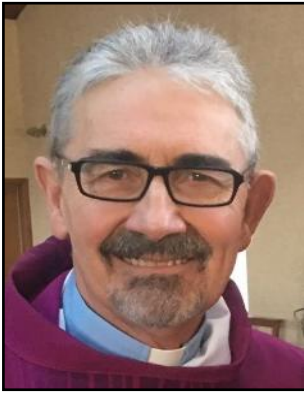
Pastoral Ministries

Pastoral Care Team – Betty Nadurak
Hospital Visiting – Clergy & Pastoral Care Team
Home Visiting – Clergy & Pastoral Care Team
Casserole Ministry – Linda Hubert
Prayer Group – Dinah Breu
Prayer Chain – Dinah Breu
Father Lacombe Care Centre Sunday Eucharist—Kathleen Robinson
Card Ministry – Pauline Payne
Grief Support Group – Laura Anne Fink
Quilt/Shawl Prayer Ministry – Laura Anne Fink

Outreach Ministries

Alongside Hope — Doreen Peters
Outreach Committee – John L'Ecuyer (Age Care Seton, Food Bank, CAWST, Mainsprings, Veteran Association Food Bank etc.)
Living Waters – Chizoba Ezeani

Traditional Land Acknowledgement: *Creator, you made all people of every land. In the spirit of respect and truth, we honour the traditional Treaty 7 territory of the Blackfoot Confederacy, including the Siksika, Kainai and Piikani Nations, the Stoney Nakoda, including the Chiniki, Bearspaw, and Wesley Nations, and the Tsuu T'ina Nation. We acknowledge the Métis Nation of Alberta, Region Three. In the spirit of reconciliation and because we are all treaty people, we also acknowledge all people who make their homes in the traditional Treaty 7 territory of Southern Alberta.*



The Rev'd Tony Hilling

INCUMBENT'S MESSAGE

CORPUS CHRISTI BODY OF CHRIST

Next Sunday (June 7th) we will celebrate the Feast of the Body of Christ (in Latin, Corpus Christi). During this celebration, I will lead the Holy Eucharist with a running commentary in place of the usual homily (I hear a gasp of relief!). However, I thought that I might spend some additional time on this subject in this *Living Waters* edition so that we can cover it in greater detail than the Sunday service would allow.

June is the month when the traditional churches have more of a focus on the Eucharist. A number of St. Paul's members come from other backgrounds and may wonder at some of the actions and symbols that they see on a Sunday morning. Here is a summary in general terms that may prepare us for the coming Instructed Eucharist.

As you might expect, Holy Eucharist as we celebrate it today has its origins in the Jewish Synagogue Service, the Passover Celebration and the ritual of the meal prayers. If ever you have been to a Seder Meal, you will get a sense of the semitic origins of the Eucharist. But just imagine that you are one of the disciples at the Last Supper expecting Jesus to lead His friends in the usual Passover, the details of which they knew by heart. After all, He did say: "I have eagerly desired to eat this Passover with you before I suffer." (Luke 22:15). Then He takes the first cup of wine (as was usually done in the Seder Meal) but adds the words "... I will not drink again from the fruit of the vine until the Kingdom of God comes." Well that's different! Then He takes the bread (as he has done many times) and says: "This is my body, given for you; do this in remembrance of me." And for the second cup He says: "This cup is the new covenant in my blood, which is poured out for you." It must have come as a shock to the disciples that they were no longer in a traditional Passover. What was Jesus doing?

These words of Jesus quoted above are the core of the Eucharist, what we sometimes refer to as the "Words of Institution"; that is, the divine words that took "Passover" and "Redemption" in a new direction that would separate those Jewish Christians from their past. In 1 Corinthians 10:16, Paul asks: "Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a participation in the body of Christ?" Paul's questions make it clear; this is the New Passover not just for Jews but for the whole world, and the bread and the wine have become the body and blood of Christ. The more we celebrate Holy Eucharist, the more we participate in the Lord's dying and rising.

I hope this explains a little why Anglicans treat Holy Eucharist very solemnly and seriously. To a certain extent, it has received less emphasis in other Christian congregations, who see the eucharistic action as purely symbolic. Somehow, Our Risen Saviour got lost in the symbols. This was never meant to be. The bread and wine were meant to draw us more into the body and blood of the Lord; to savour His very real presence. And in so doing become more and more the hands and feet of the Lord in this broken world. You've probably heard me say before that the Eucharist is dangerous! We are placing ourselves in harm's way. But Our Saviour has gone before us, yet remains with us!

**We are
placing
ourselves
in harm's
way.**

Fr. Tony



Spring-loaded with fun

Plants, baked goods, games,
a silent auction and more



Below, Kudzai may have been a bit alarmed by organizer Abby's boisterous sales pitch, but otherwise it was all fun & games at the Spring Celebration on May 23.



Regular Activities at St. Paul's:

- Sunday:** Holy Eucharist: 10 a.m.
Hand chimes Practice: 11:30 – 12: 30 p.m.
Word to World Ministries Canada: 2 p.m.
Philippines Independent Church: 4 p.m.
- Monday:** Walking Group: 9 a.m. (see the St. Paul's website under events for locations)
St. Paul's Stringers rehearsal: 7:30 p.m.
Prayer Group — 1:30 p.m. (2nd Monday of the month in-person)
& 7:30 p.m. (4th Mondays of the month via Zoom)
- Tuesday:** Girl Guides: 6:30 - 8 p.m. (on break til September)
Parish Council: 7:00 p.m. (2nd Tuesday of the month) Next date is June 9.
- Wednesday:** Morning Prayer: 9:30 a.m.
Morning Bible Study: 10:30 a.m.
Hunger for Healing: 11:30 a.m. (in the Chapel)
Prayer Shawl Ministry: 1 p.m. (1st & 3rd Wednesdays of the month)
Evening Bible Study by Zoom: 7:00 p.m.
- Thursday:** TOPS (Taking off Pounds Sensibly): 6 p.m.
Choir Practice: 7:30 p.m. (If you'd like to join Choir, please contact Paul Bourgeois).
- Friday:** Hand chimes Practice 10 –11 a.m.
S.P.Y. Group: 6:30 p.m. 1st Friday of the month. (Check website.) Meetings are currently on hold.
Coffee House: 7 p.m. 2nd Friday on alternate months. Next date is July 3 (note date change for July)
- Saturday:** Ladies Luncheon: 11:20 a.m. - 4th Saturdays. Next dates are June 27 & July 11 (note date change in July.)
Men's Breakfast: 8:30 a.m. - 3rd Saturdays (Held at St. Peter's alternate months. Check the church website to confirm location.) Next dates are June 20 at St. Peter's and July 18 at St. Paul's.

Welcome newcomers

This is a list the names of anyone who has officially joined the parish recently by completing one of forms in the pews that asks if you would like to make St. Paul's your Parish Home. These are the names added since the last publication of *Living Waters*. If there are errors or omissions regarding this list, please contact Chizoba at office@stpaulscalgary.ca



- Theresa Eloghosa Ada-Okungbowa.
- Ndidi Cynthia Ukpemo: Christabel; Wesley.
- Obinna Nelson Okonkwo & Cynthia Nchedo Ilechukwu; Charisse.
- David Semiheto & Onnella Ndayizeye
- Caron Ross
- Warren Ross



Rev. Sean celebrated a traditional Book of Common Praise eucharist service at 8 a.m. on Easter morning assisted by Deacon Betty.



ROSTER FOR SERVICES (10 a.m. unless noted otherwise)

DATE	OBSERVATION	PRESIDING	PREACHING	ASSISTING	SPECIAL THEMES
June 7	2 nd Sunday after Pentecost Corpus Christi	Tony	Tony	Betty	Birthdays & Anniversaries Instructed Eucharist. No Sunday School
June 14	3 rd Sunday after Pentecost	Sean	Sean	Betty	
June 21	4 th Sunday after Pentecost	Tony	Tony	Betty	National Indigenous Day of prayer Father's Day
June 28	5 th Sunday of Pentecost	Tony	Tony	Betty	St. Peter & St. Paul Canada Day Celebration
July 5	6 th Sunday after Pentecost	Tony	Tony	Betty	Birthdays & Anniversaries Stampede BBQ & Parish picnic
July 12	7 th Sunday of Pentecost	Sean	Sean	Betty	Western themed music
July 19	8 th Sunday of Pentecost	Tony	Tony	Betty	
July 26	9 th Sunday of Pentecost	Tony	Tony	Betty	
Aug. 2	10 th Sunday of Pentecost	Sean	Sean	Betty	Birthdays & Anniversaries Heritage Weekend Potluck Lunch

UPCOMING EVENTS



Welcome Everyone! Please join us after the Sunday service for coffee & goodies. If you are new to St. Paul's, please ask for a welcome package.

Newcomers Celebration: A special coffee time after the service on **June 7** will honour our new parish family members. Come enjoy some cake and help welcome our newcomers. Email Invites have been sent out to all our Newcomers since our last celebration Sept. 14. If you did not get an invite, please contact the parish office.



Men's Breakfast: The next date is Saturday, **June 20** at St. Peter's starting at 8:30 a.m. In July, the gathering will be held on **July 18** at St. Paul's. All men 13+ are invited to join great food and fellowship!



Graduation Celebration: On Sunday, **June 21**, we will honour our **Grade 12 graduates** during and after the 10 a.m. service. Please note, the celebration is for Grade 12 only.



Baby Bottle Fundaiser: Baby bottles are available in the parish hall for the Bottles for Change fundraiser with Mainsprings Pregnancy & Family Support. Fill bottles with change or a cheque, and return them by Father's Day, **June 21**.



Ladies' Luncheon: On Saturday, **June 27** at 11:20 a.m., join Nnenna Ekweronu as she shares her journey of faith in Jesus Christ, becoming a licensed Lay Reader and moving from Nigeria to Canada. See Page 15 for details. On Saturday, **July 11** Ladies' Lunch group is doing a road trip from 11 a.m. to 3 p.m. to the Flower Festival at the historic Millarville Christ Church. See Page 16 for details.



Coffee House: Due to holiday schedules, the next Coffee House will be **Friday, July 3 at 7 p.m.** Come enjoy our own house band, open mic and snacks. This is a family friendly event.



Stampede BBQ & Picnic: On **July 5** at 11:30 a.m. Hot dogs, hamburgers and drinks provided. Please bring a salad or dessert to share. Entertainment by St. Paul's Stringers. Western wear welcome.

Summer office closure: The St. Paul's admin office will be closed **every Friday in July and August**, as well as statutory holidays.

Heritage Sunday Potluck Lunch: Please join us **Aug. 2 at 11:30 a.m.** for a potluck lunch to celebrate the Heritage Day long weekend! Bring a dish that represents your ancestry (or anything you would like!) to share. Label which country it represents. All welcome.

Fundraisers: A **gift card fundraiser** run by the Hospitality Ministry lets you purchase gift cards for everyday use. You get a full value gift card. St. Paul's receives a percentage donated by the retailer. Hospitality is also accepting donations of **recyclable bottles**. Please see Abby for details.

YouTube: Our YouTube page now has comments enabled. Feel free to share your thoughts and join the conversation by commenting on our livestream videos.

Coffee Time Chart: Please consider signing up for Coffee Time – a vital part of our parish family life. The Coffee Time Chart is available in the Parish Hall. **Please sign up with both your first and last name.** Training is available.

Walking Group: Feel free to join this group for a walk on **Mondays at 9 a.m.** through a local park. Locations for each week are on the St. Paul's website under Events.

Flower Chart: The Flower Chart is available in the Parish Hall. The cost is \$30. To make a dedication, fill out a form under the chart or contact Chizoba at the office by email.

Bulletin: Deadline for announcements or bulletin items is Tuesday of each week. Please submit by email to the parish office to office@stpaulscalgary.ca

Living Waters: The deadline for the August/September issue of Living Waters will be **Wednesday July 22**. Please submit materials as early as possible to office@stpaulscalgary.ca

**Let's eat Cake
and celebrate
our newcomers**

**A special
June 7 coffee
time will honour
our new parish
family members.
See you there!**



**ST. PAUL'S
GRADUATION
CELEBRATION! 2026!**

**We're honouring
our Grade 12
graduates!**

**SUNDAY, JUNE 21
AT 10 A.M.**



St. Paul's Stampede BBQ & Picnic

SUNDAY

11:30 A.M.

5th

July 2026

St. Paul's
Anglican Church

Entertainment by the
St. Paul's Stringers



**Hot dogs, hamburgers
and drinks provided**

Fun Games for families
Dress western in the spirit
of Stampede





Lift high the cross

Despite a definitely cool nip in the air, the St. Paul's congregation proudly processed around the church waving palm crosses on March 29 to begin the Palm Sunday service. Special music had everyone urging Jesus to "RIDE ON!"

"No one can hinder thee!"







Prayers

Collected and shared by Dinah



“May my prayer be set before you like incense, may the lifting up of my hands be like the evening sacrifice.”

“All the moments you spend in prayer...are like streams flowing into the deep places of your soul, constantly replenishing the reservoir of peace that is already there.”

Peaceful & Still-In Touch

“When you can’t put your prayer into words, God hears your heart.”
-Lynn Dove

A PRAYER FOR STILLNESS

“Be still and know that I am God.” -Psalm 46:10

Lord, I ask for that quietness which reflects the stillness in the heart of God, as a calm sea reflects the shining stars. Enable me to hear the still, small voice of eternity speaking through the sounds of time, that I may dwell in your peace and be one with your love, through Jesus Christ our Lord. AMEN.

- Based on Raymond Hockley “Order for Evening Prayer,” York Minster.

PRAYER FOR THE WORLD

O God, we pray for countries experiencing the turmoil of conflict and political instability. We ask for peace to be restored. Please grant wisdom and integrity to world leaders so that they will work for the good of the people they govern and serve. We pray that citizens everywhere would have their rights preserved, so they can live peacefully, free from fear. AMEN.

Compassion UK

PRAYER FOR OUR SPIRITUAL LEADERS

We ask you, Lord, to fill Archbishop Greg, our clergy, Tony, Cyril, Betty, Sean and Garry, with the knowledge of your will, through all spiritual wisdom and understanding. We pray this in order that they may live lives worthy of you and may please you in every way: bearing fruit in every good work, growing in the knowledge of you, being strengthened with all power according to your glorious might so that they may have great endurance and patience and joyfully give thanks to you who has qualified them to share in the inheritance of the saints in the kingdom of light. AMEN.

-Adapted from Col. 1: 9-12

PRAYERS FOR OURSELVES AND OTHERS

“May we walk daily in the light of your presence.”
- Psalm 89:15



FOR OUR HOMES AND FAMILIES

Lord Jesus Christ, who by your coming to us in great humility sanctified the life of the home; we commend to you our homes and the members of our families, both near and far. Unite us in your love and guard us by your power from all

danger and evil. Make us thankful for all the blessings of family life and keep us mindful of those for whom home has no meaning. AMEN

-Unknown Author

FOR THOSE WHO TRAVEL

“God whose glory fills the whole creation, and whose presence we find wherever we go, preserve all those who travel this summer holiday season; surround them with your loving care; protect them from every danger; and bring them in safety to their journey’s end; through Jesus Christ our Lord.” AMEN.

-Book of Alternative Services

FOR ALL IN NEED OF YOUR HEALING TOUCH

“Answer me when I call to you, my righteous God. Give me relief from my distress; have mercy on me and hear my prayer.”
- PSALM 4:1

Refresh the promise of the resurrection in each of our lives, O God of saving grace.

Take the hearts that are heavy with grief and wrap them with a sense of eternity deep within. Take the minds that are wrought with anxiety and anoint them again with the peace that passes understanding. Take the bodies that are broken, or battling, or worn, and pour out a healing far beyond words and a comfort far beyond imagination.

Take those who find themselves walking in darkness and rekindle the assurance of your light, a light that comes by the magnitude of your grace, and the daring resurrection promise of your presence with us, now and forever, making the ordinariness of our lives, unbelievably sacred. AMEN.

-Global Ministries

WHERE ARE YOU LORD?

Father, when we feel alone, may we whisper, “Where are You?” and hear You say; “Child here I am.” When we’re heartbroken, may we howl and hear You say, “Child, here I am.” When we’re raging, may we shout and hear You say, “Child, here I am.” When we’re overwhelmed, may we sigh and hear You say, “Child, here I am.” May we call on Your

Name today, tomorrow and every day to come, knowing You will always say, "Child, here I am," In Jesus' Name, AMEN.

-In Touch

Gentle me, Holy One, into an unclenched moment, a deep breath, a letting go of heavy experiences, of shriveling anxieties, of dead certainties, that, softened by the silence, surrounded by the light and open to the mystery, I may be found by wholeness, upheld by the unfathomable, entranced by the simple and filled with the joy that is You. AMEN
-Ted Loder

GRATITUDE FOR HEALINGS AND BLESSINGS

"Praise the Lord, O my soul, and all that is within me praise his holy Name."
- Psalm103:1

Loving Lord, As I express my gratitude to you in prayer, may it be a pleasing, joyful sound to you. Thank you, Lord, for your love. It brings me acceptance and significance.

Thank you, Lord, for your truth. It brings me guidance and direction. Thank you, Lord, for your mercy. It brings me help and comfort. Thank you, Lord, for your faithfulness. It brings me stability and strength. Thank you, Lord, for your beauty displayed in the earth. It brings me joy and delight.

Thank you, Lord, for your way of redemption - the cross. It brings me salvation and regeneration

- By Beth McLendon of Inspirational-prayers.com

SEASONAL PRAYERS

The Visit of The Blessed Virgin Mary to Elizabeth -June 1
"Blessed is she who believed that the Lord's promise would be fulfilled.
- Luke 1.45

Almighty God, who looked with favour on your servant Mary and called her to be the mother of your Son, nurture in us the humility and gentleness that found favour in your sight, that with her we may proclaim the greatness of your name and find the mercy you show to those who fear you; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever AMEN.

- For All the Saints

ST. BARNABAS JUNE 11

Christ our Lord, we remember today with thanksgiving your servant Barnabas, that generous and warm-hearted man who was a true Son of Consolation in the apostolic church. Help us by your grace to follow his faith, the faith that works through love; and like him, make us generous in our giving, in our judgments and in our friendship.

Grant this, O Lord, for the honour of your name. AMEN
Frank Colquhoun

FATHER'S DAY JUNE 15

Thank you Lord God for our fathers. Thank you for their care, guidance and support. Thank you that they did what they thought best in bringing us up, that they showed us what they thought was right and important in life and trained us to do it. Thank you for the freedom we were given, all their words of advice and warning, for the practical lessons we have learned from them.

Thank you for fun times with them. Thank you, Lord, for our fathers. AMEN
- Martin Manser (adapted)

CORPUS CHRISTI JUNE 20

Gracious and merciful God, in a wonderful sacrament you have given us a memorial of the passion of your Son Jesus Christ: grant that we who receive these sacred mysteries may grow up into Him in all things until we come

to your eternal joy, through our Saviour Jesus Christ who is alive with you and the Holy Spirit, one God now and for ever. AMEN.

- NZPB p. 586a

Praise and glory to you creator Spirit of God; you make our bread Christ's body to heal and reconcile and to make us the body of Christ. You make our wine Christ's living sacrificial blood to redeem the world. You are truth. You come like the wind of heaven, unseen, unbidden.

Like the dawn you illuminate the world around us, you grant us a new beginning every day. You warm and comfort us. You give us courage and fire and strength beyond our everyday resources. Be with us Holy Spirit in all we say or think, in all we do this and every day. AMEN.

- NZPB P.541

WORLD REFUGEE DAY JUNE 20

Our Gracious Lord,
There are many in Your world today who have been forced from their homes by persecution and violence. Keep them in your constant care and bring them to a place of safety. Be the Good Shepherd to refugees who are in flight. Guide them to the green pastures of safety. Be the Everlasting Father to refugees who have lost home and loved ones. Lead, protect and provide for them. Be the Great Physician to refugees who are suffering. Grant them healing and hope. Be the Hiding Place to refugees who are languishing in camps. Shelter their souls as well as their bodies. Be the Deliverer to refugees who have been able to return home. Restore their lives so that those who have sown in tears may reap in joy. Be the Wonderful Counselor to refugees who have been resettled. Help them find their way in a new land. Be the Giver of all good gifts to those who serve refugees. Empower them to do justice and love mercy and walk humbly with You. Be the Lord of lords to all the earth, that those who rule would do so in justice and righteousness, and no one would have to become a refugee anymore.

NATIONAL ABORIGINAL DAY JUNE 21

Creator God, from you every family in heaven and on earth takes its name. You have rooted and grounded us in your covenant love and empowered us by your Spirit to speak the truth in love, and to walk in your way towards justice and wholeness. Mercifully grant that your people, journeying together in partnership, may be strengthened and guided to

help one another to grow into the full stature of Christ, who is our light and our life. AMEN.

-Covenant Collect,
Anglican Council of
Indigenous Peoples

Creator, we give you
thanks for all you are

and all you bring to us for our visit within your creation. In Jesus, you place the Gospel in the center of this Sacred Circle through which all of creation is related. Give us your strength to live together with respect and commitment as we grow in your spirit, for you are God, now and forever. Amen.

-Episcopal Native Ministries: Gospel Based
Discipleship

THE BIRTH OF JOHN THE BAPTIST JUNE 24

Give us, O God, something of the spirit of your servant John the Baptist: his moral courage, his contentment with simplicity, his refusal to be fettered by this world, his faithfulness in witness to the end. So may we be heralds of Christ and his kingdom and make ready his way, to the glory of his Name. AMEN

-Adapted from Response

ST. PETER AND ST. PAUL JUNE 29

God of Grace, your church is built on Peter's faith; grant that we, like him, forgiven and restored, may overcome our weaknesses and serve you without wavering now and forever. AMEN

-A New Zealand Prayer Book

Convert us, Jesus the persecuted, as you converted Paul and sent him as apostle to the world. May our love, our prayers, our suffering carry your gospel at whatever cost to all who wait to hear it. AMEN -A New Zealand prayer Book

ST. THOMAS, THE APOSTLE JULY 3

Christ our light, like Thomas we want to see,
need to touch, need to be sure before we believe.

When we don't know, help us to trust,

When we can't see, help us to keep on walking. AMEN

- A New Zealand Prayer Book (adapted)

ST. MARY MAGDALENE JULY 22

Sweet is your friendship, Saviour Christ. Mary, you accepted. Mary, you drew to the foot of the cross, Mary, you met in the garden; grant us a like redemption that we may be healed and serve you in the power of your risen life. AMEN

-A New Zealand Prayer Book (adapted)

ST. JAMES, THE APOSTLE, JULY 25

O God, we remember today your apostle James, first among the Twelve to suffer martyrdom for the name of Jesus, and we pray that you will give to the leaders of your Church that spirit of self-denying service which is the hallmark of true authority among your people, through Jesus Christ our Lord. AMEN

-BCP of the Episcopal church USA (adapted)

A BLESSING

May the God of Gentleness be with you, caressing you with sunlight and rain and wind; may God's tenderness shine through you to warm all who are hurt and lonely. May the blessing of Gentleness be on you. May the God of Peace be with you, stilling the heart that hammers with fear or doubt or confusion; and may His Peace, the warm mantle of His Peace, cover those who are troubled or anxious. May the blessing of Peace be on you. May the God of Joy be with you, thrilling you with his nearness, filling your throat to ringing, singing exultation. May the blessing of Joy be on you.

AMEN - Spirit of Gentleness

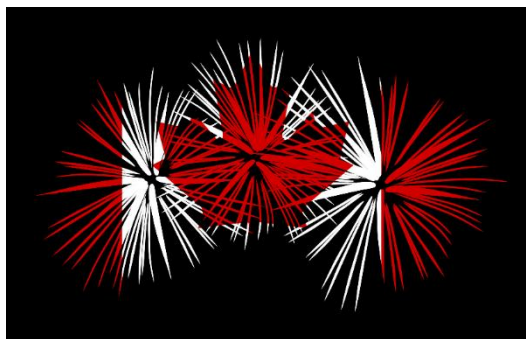
FOR OUR COUNTRY, CANADA JULY 1

"He shall have dominion from sea to sea and from the river to the ends of the earth."

Psalm 72:8

God and Father of us all, graciously bless this our nation, and send out your light and your truth to lead us in the paths of justice and peace. Give wisdom to those who exercise authority in the government of our land, remove all causes of contention and strife among us, unite us in the service of your kingdom; and make us a God-fearing people, regarding your laws and living together in brotherly love and concord; through Jesus Christ our Lord.

AMEN



O CANADA!

Our home and native land!

True patriot love in all of us command.

With glowing hearts we see thee rise,

The True North strong and free!

From far and wide,

O Canada, we stand on guard for thee.

God keep our land glorious and free!

O Canada, we stand on guard for thee.

O Canada, we stand on guard for thee

O Canada! Where pines and maples grow,

Great prairies spread and lordly rivers flow,

How dear to us thy broad domain,

From sea to sea to sea.

Thou land of hope for all who toil!

Thou True North, strong and free! God keep

our land glorious and free!

O Canada, we stand on guard for thee.

O Canada, we stand on guard for thee!

Ladies' Luncheon Saturday, June 27



**“All things work for good for those who love God
and are called to His purpose.”**

- Romans 8:28

**This verse reflects Nnenna Ekweronu’s journey
of trusting God in every season.**

**Join her on June 27 at 11:20 a.m. as she shares her story of
faith in Jesus Christ - waiting on God’s guidance, becoming a
licensed Lay Reader, and moving from Nigeria to Canada.**

**Table Topic: How have I listened to God’s voice
for direction in my life?**

Bring friend. Make a friend. Be a friend.

Ladies' Luncheon Flower Festival



Date: July 11, 2026
Time: 11 a.m. – 3 p.m.
Fee: \$10 per person
Please sign up in the parish hall. Speak with Janet, Gloria or Chidinma if you need a ride

Bring your own lunch and enjoy a picnic at the **Flower Festival** at the historic **Millarville Christ Church (1896)**.

Menu: ~Tea, homemade scones, strawberry preserves, whip cream.

Bring friend. Make a friend. Be a friend.

Labyrinth: Pilgrimage into Holy Week

A Labyrinth is not a maze. A maze has more than one path which can confuse & trick you. A labyrinth has only one path in arriving at the centre and the same path out, like life's journey with its twists & turns. One can physically walk a labyrinth or use a finger or marker to trace it. The Labyrinth is another spiritual tool, used for meditation with a Bible verse, prayer or a question.



At the March Ladies' Luncheon, the ladies used 2 different coloured pencils, using one colour to trace the path in and another colour to trace the same path out, whilst the participants listened to reflective music of Hildegard Von Bingen (Benedictine mystic.) This type of meditation exercise was a very meaningful experience, as shared by a few of the ladies.

Labyrinth Walk at Christ Church

All ladies are invited to meet at Christ Church for a peaceful walk through the labyrinth.

Date: Saturday, June 6

Time: 10:00 a.m.

Address: : 3602 8th Street SW, Calgary

For more information, see Nicola.

St. Paul's Anglican Church Income Statement January 1, 2026 to April 30, 2026

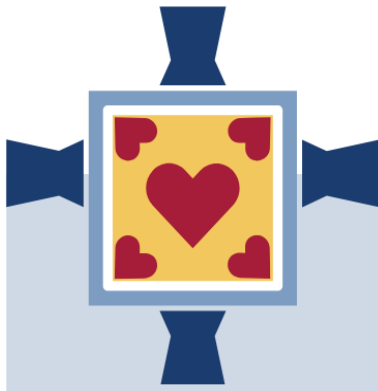
	Jan - Apr 26	Jan - April 25	Budget
Income			
Interest Income	104	7,505	0
Offerings	88,095	86,257	88,673
Other Income	5,006	2,415	5,085
Total Income	93,205	96,177	93,758
	93,205	96,177	93,758
Expense			
Administration	21,856	22,225	22,664
Apportionment	8,436	8,396	8,434
Christian Education	142	204	1,336
General Maintenance	10,200	13,475	9,164
Hospitality/Fellowship	1,013	487	1,000
Insurance	2,068	2,212	2,436
Ministerial	35,759	32,632	35,164
New Comers	0	0	0
Outreach	2,087	7,608	8,336
Pastoral Care	0	0	36
Utilities	5,009	5,478	5,200
Worship	2,152	3,087	3,500
Total Expense	88,722	95,804	97,270
	4,483	373	-3,512

Our surplus at the end of April was \$4,483. Thank you to everyone for helping support our mission financially in these challenging times.

To make a donation, you can use envelopes provided by the Envelope Secretary. To donate electronically, the preferred method is **by e-transfer. Please use the email gift@stpaulscalgary.ca**. No password is needed.

To help our Envelope Secretary, please include your envelope number in the message, or your name and address. You can also donate via our website (<https://www.stpaulscalgary.ca/donate>). This is completely secure, with the highest level of PCI compliance. You can also set up direct deposit. For the form, go to our website, type "Donation" in the search box, and click on "Pre Authorized Donations."





Plenty Good Room

Reflection for the Season after Pentecost

Questions for Reflection:

Planned Gifts (legacy gifts) are a way of planting seeds that mature over a long time. Have you considered making a gift from your estate to support the mission of your congregation?



J. Davey Gerhard is the Executive Director of TENS and believes in God's all-

inclusive invitation to find Love when we are gathered together. He lives, works, and worships in San Francisco, California.

After the fire of Pentecost, the Church enters its longest season – marked by green, the color of growth. This ordinary time is anything but ordinary: it is the season when the daily work of following Christ becomes our steady rhythm.

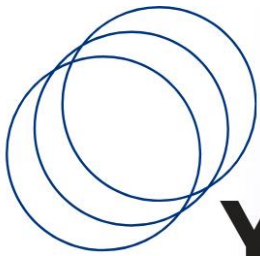
The spiritual Plenty Good Room echoes the call of this season. God's kingdom is not only revealed in mountaintop moments or holy days, but in the steady unfolding of daily life – plenty good room for us to grow in love, service, and generosity. Each ordinary day becomes a chance to choose our seat at God's table and to make space for others.

Ordinary Time reminds us that stewardship is not seasonal; it is a way of life. Our choices about how to use our time, our resources, and our energy are all acts of discipleship. We are called to see that God's abundance is present in the regular, even mundane, moments – when we teach a child, share a meal, volunteer in our community, or support the ongoing mission of the church.

Scarcity whispers that the everyday does not matter, that only the grand gestures or the extraordinary count. But God reveals that holiness is woven into the fabric of daily living. The parables of Jesus are full of seeds, bread, lamps, and coins, ordinary things that reveal extraordinary truths. In this long season of green growth, we are invited to trust that our daily generosity – whether in prayer, presence, or financial support – nurtures a flourishing Heavenly Kingdom.

The long green season is where faith matures. Just as plants deepen their roots and stretch toward the sun, so too do we grow when we practice steady generosity, gratitude, and hospitality. By tending the ordinary with extraordinary love, we join the Spirit in making plenty good room for all. This season after Pentecost, let us continue to sow seeds of generosity, trusting that God will bring the growth. There is plenty good room – for steady discipleship, for flourishing communities, for a harvest of grace.

“Let us not grow weary in doing what is right, for we will reap at harvest time, if we do not give up.” – Galatians 6:9 [TENS.org](https://tens.org)



MANAGING YOUR AVAILABILITY

I would like to thank everyone who has taken the time to learn a bit more about our Church Management System, Breeze. Most Ministry Leaders and Event Coordinators now use Breeze to schedule their volunteers, and more volunteers have been accepting their assignments in Breeze so that we have a full understanding of our volunteer lineup for each service or event. This is progress!

Don't forget that any member of St. Paul's can ask to create their own userid and password to access some of Breeze's features. Just send a request to the office, and we will invite you to sign up. With your userid and password, you will be able to view the current St. Paul's calendar of events, edit your personal profile and those of your family members, donate online and monitor all your personal donations for the current year, whether given by cash or cheque, eTransfer, Pre-Authorized donation or Online.

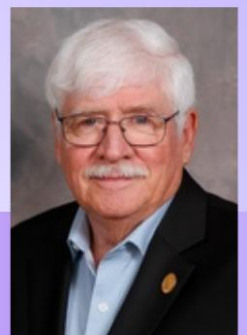
It is important that all volunteers sign up for Breeze to more effectively manage their assignments. Not only can you view a list of your assignment dates under My Profile, but you can set your unavailable dates, called "blockout dates," directly in Breeze. You just need to log in, go to My Profile, select Volunteering, and click Manage Blockout Dates to choose the days they can't serve, then hit Save.

Ministry Leaders can also request blockout dates from volunteers by sending a request through the event's Volunteers tab or by email or manually add dates for volunteers if needed. This helps ensure volunteers are only scheduled when they're available and prevents conflicts.

Volunteers can edit or remove their blockout dates at any time from their profile as well.

A new Procedures Manual has been written and posted on our website illustrating how you can sign up, how leaders can create and manage their volunteer schedules, and how volunteers receive and accept their assignments. Just search for "breeze" in the task bar at the top of our webpage and you will find a brief description of Breeze and a link to the manual.

If you have any further questions or need help, please ask.



**Paul
Bourgeois
(People's Warden)**





Heritage Sunday Potluck Lunch

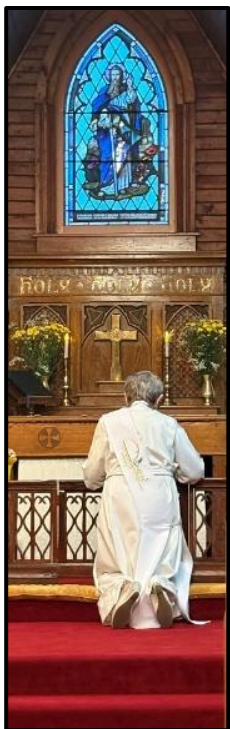
Aug. 2 at 11:30 a.m.



Please
bring
a dish
to share
- either
from
your
native
country
or inspired
by another
culture.



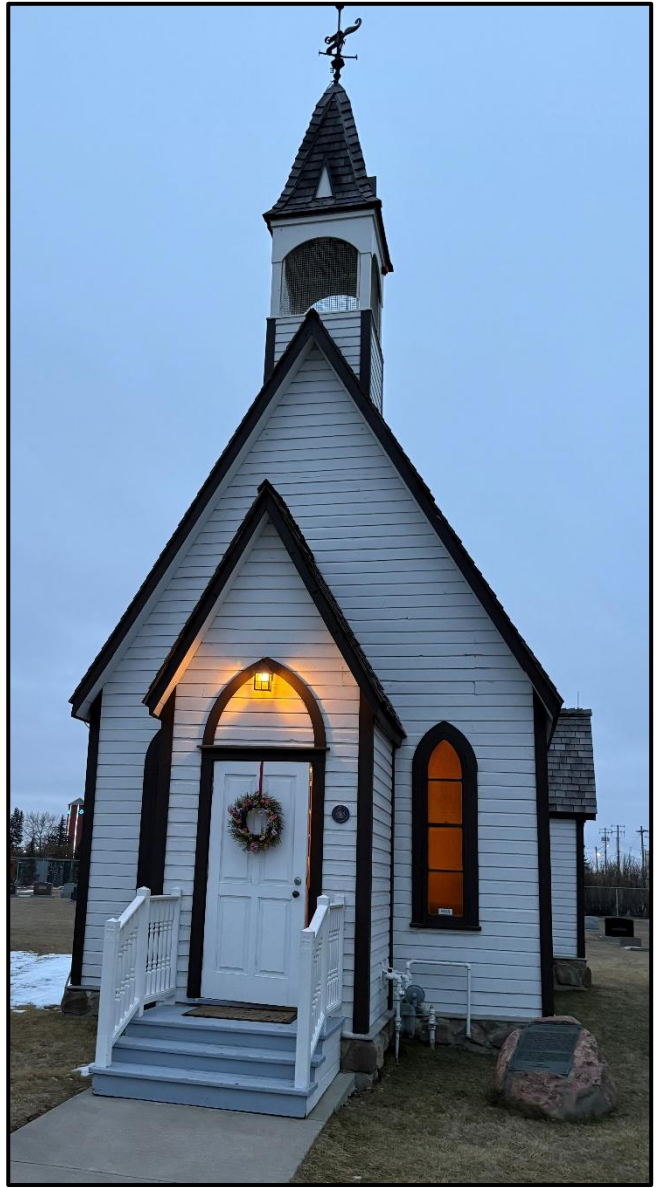
**Be sure to label it with
the country of origin.**



Sunrise service greets Easter morning



Despite the early hour, there were lots of happy faces at the Sunrise service at historical St. Paul's on Easter morning. Carol Shaw was somehow hidden behind a post in the group photo above, but we managed to capture her in the photo at left greeting Neil Brown.





Ringling out joy

Annette Pingot, left, conducts the hand chimes group for a performance between the two services held at St. Paul's on Easter morning.

Light for St. Luke's: Every watt counts

St. Luke's Hospital in Nablus on the West Bank is operated by the Episcopal Diocese of Jerusalem. It serves a population of 455,000 Palestinians, including 57 marginalized villages and 4 refugee camps. Unreliable and costly sources make health care a challenge during the best of times, and a crisis during the worst of times. That's where solar power comes in. Solar energy helps keep the lights on, keeps medical equipment working and helps doctors care for patients safely.

Alongside Hope is partnering with the Diocese of Jerusalem to purchase and install solar panels for the roof of the hospital. An anonymous donor has pledged to match every dollar donated to Light for St. Luke's up to \$176,000. This is enough to fund all 407 panels needed.

We are being asked to support this campaign. You can do this through your parish envelopes or go to alongsidehope.org/light-for-st-Lukes. Together, we will keep the light shining.
— submitted by Doreen Peters



Alongside Hope



A nurse checks on a newborn in the maternity ward at St. Luke's.



St. Paul's
Stringers



COFFEE HOUSE



DUE TO
HOLIDAY
SCHEDULES,
THE NEXT
COFFEE
HOUSE WILL
BE HELD
ON FRIDAY,
JULY 3RD
AT 7 P.M.
OPEN MIC!

ALL WELCOME!

Men's Breakfast



All men age 13 and up are invited.
If possible, let us know if you plan to
attend so we know how many to expect.

June 20 at St. Peter's
July 18 at St. Paul's
... both at 8:30 a.m.

Dear Friend,

Thank you for your commitment to The Mustard Seed.
Your kindness helps men and women



in need to turn their life around. Your gift sparks hope for new beginnings. Your generosity helps meet the physical, mental and spiritual needs of people experiencing poverty and homelessness.

Your kindness enables us to continue providing those experiencing homelessness in Calgary with what they need most... nutritious meals, showers, clothing, safe shelter and access to support to improve their lives.

By donating, you help care for our community's most vulnerable, and ensure they are surrounded by a caring community that supports their success. Hope begins with a community that cares and we are blessed to have a kind and caring donor like you by our side. We could not continue our work without your faithful support. Your partner in changing lives,
James Gardiner, Chief Executive Officer, The Mustard Seed

Dear St. Paul's Anglican Church,

Your generosity (\$500 donation) transformed lives in Calgary this year. Because of you, over 350 individuals are supported daily through our life-changing programs and our supportive housing operated at 99% capacity on average through 2025. Your gift gives safe, sober, housing, vocational skills, training, opportunities and meals. Each and every number represents a neighbour's journey towards stability and hope.

Your partnership with the Calgary Dream Centre made real, lasting change possible.



In 2026, the CDC looks forward to impacting and helping even more Calgarians rebuild their lives because no one is beyond hope. Thank you for being a vital part of this transformative work in your community. With gratitude and blessings for the new year.

Craig Hill, CEO



Dear St. Paul's Anglican Church,

Thank you for your incredible gift of \$452.60 received on January 13, 2026. Your donation brings us one step closer to a world where all people have the opportunities to succeed because their basic water and sanitation needs have been met.

Your investment has fuelled something simple but powerful; thanks to the support of the outreach program at St. Paul's Anglican Church, we can now reach more communities to share knowledge about how to improve water, sanitation and hygiene using affordable technologies. Your decision to give helps build capacity, creating lasting solutions and passing on life-giving knowledge to others. This multiplier effect has already reached over 72 million people, with the ambitious goal to reach millions more by the 2030 milestone.

None of this would be possible without the generous support of donors and community supporters like you.

Now, more than ever, it's the power of people that will make a lasting difference.

**Sincerely Marie Miles,
Stewardship
Officer -**



**Centre for
Affordable,
Water, and
Sanitation
Technology**

Dear friends,

Thank you for partnering with us as a valued member of the Mainsprings Pregnancy and Family Support donor community. (St. Paul's made a donation of \$500 as well as gathering \$478 for the Bottles for Change campaign in 2025.)

This past year has brought an extraordinary increase in the number of families seeking help, along with greater complexity in their situations. Your generosity has allowed us to meet these growing needs and offer young families a space to grow - a place where they can find stability, encouragement and hope.

Your financial support reaches far beyond practical assistance; it reminds families that they matter, and that their stories are worth investing in. One client's eldest child, genuinely moved by this care, shared; "Thank you for helping my mom."

Thank you for believing in the dignity and worth of every person who walks through our doors. Your commitment strengthens our ability to grow, to adapt, and to continue offering meaningful support to families facing difficulties.

From all of us at Mainsprings, thank you for extending compassion to people you may never meet, yet whose lives are meaningfully shaped by your generosity.

**Gratefully,
Jutta Wittmeier, Executive Director**





Calgary Food Bank staff were very happy to stop by St. Paul's to pick up two large boxes full of non-perishable food donations. Donations are welcome in the bin by the freezer. Thanks to everyone who has contributed!

Greetings:

On behalf of The Salvation Army Community Services (Calgary), I would like to extend my sincere thank you to St. Paul's Anglican Church for your donation for our Outreach Program.

Your support means so much to us and even more to the many Calgarians whose lives are touched by our programs every day. We have supported Calgarians in need since 1904. We offer hope and support, journeying with individuals towards recovery and resilience. We strive to listen, learn and adapt as community needs evolved.

We strengthen our community by serving our community!

Your support allows us to serve thousands of people every year! We also operate emergency shelters and transitional and corrections housing for 375 men and women. Our outreach team serves people experiencing homelessness in downtown Calgary, Forest Lawn and at C-train stations with mobile warming stations in winter.

We are growing our community and family services programming at our new space in Forest Lawn, which includes a food pantry, tax return support, classes and activities for thousands of people of all ages.

Thank you again for your thoughtful generosity and ongoing support.

Cliff Wiebe, Executive Director



Dear St. Paul's Anglican Church,

Thank you for your gift of \$500.

Your donation provides support to foster inclusion, independence and recreation for Albertans with disabilities and medical conditions. We strive to ensure that the resources they need for an independent and full life are available through our main programs.

Easter Seals Alberta's Camp Horizon provides year-round, inclusive camp experiences for individuals of all ages with disabilities and medical conditions. Camp offers a unique opportunity for campers to build self-esteem and independence. Activities challenge their mind and body while creating lasting friendships and lifelong memories.

Easter Seals McQueen Home is a self-governed, nine-bedroom home in Edmonton for individuals with a disability, looking to achieve more independence, greater inclusion in the community, and access to employment, education and recreation.

Easter Seals Alberta's Family Resource Centre is a trusted hub, providing vital guidance and resources to families and caregivers in need. We empower families with information on tools to advocate for their loved ones. Our compassionate assistance, spans all life stages, helping navigate systems, access, funding and service providers, connect with natural supports, and more.

We offer support with guardianship applications, mobility, equipment, home automation, educational supports and a disability travel card. Our services are available both in person and virtually to meet families needs.

Thank you again for your donation!

**Sincerely,
Katherine Such, CEO**



There is still time to participate in the Bottles for Change fundraiser with Mainsprings Pregnancy & Family Support.

Fill a bottle with change or a cheque, and return it by Father's Day, June 21. Bottles are available in the parish hall.

Your change changes lives





Ladies enjoy delicious catered lunch



The April 25 Ladies' Lunch was a lovely time of fellowship as the ladies gathered to enjoy a delicious catered lunch. It was a refreshing time of both fellowship and spiritual encouragement, as well as a nice break from the routine of each individual bringing their own bagged lunch.



Ladies' Luncheon Mission Statement

Ladies' Luncheon is a welcoming space for women (16+ y) to connect, laugh, share and grow together.

We come as we are, celebrating joys, navigating challenges, and supporting one another in love, while reflecting on God's presence and purpose in our lives. It's a place for friendship, encouragement and spiritual nourishment; offering Christ-centred fellowship, sharing and growth. Be a Friend. Bring a friend. Make a friend.



Psalm 8 was the focus of the Bible reading at the April Ladies' Luncheon. The reading invited reflection on the majesty of God's creation and His care for each of us. The passage encouraged gratitude and reminded everyone of the value and purpose God gives to every person, leaving those in attendance feeling uplifted and encouraged.

Ladies' Luncheon Prayer

Most gracious God, we thank you for this gathering today.

A time of sharing:

Fellowship

Faith

Food

Thank you for the unique gifts and perspectives you have given each of us to share with our group. Holy Spirit, we ask that you fill this room with your presence and bless our time together, that we may be nourished to respond to the needs of others, with the love of Jesus.

Amen



St. Paul's Gift Card Fundraiser



Give Back While You Shop!

Support St. Paul's Hospitality Ministry by buying gift cards for everyday spending. You get the full value, and a percentage goes back to the church automatically.

Easy. Smart. Meaningful. ❤️

Grab yours on Sunday after church
or call 403-256-1428



ST. PAUL'S HOSPITALITY MINISTRY BOTTLE DRIVE

**Got Empty
Bottles?**

**We've Got
a Cause!**

Save your bottles and cans and bring them to church on Sundays or during office hours.

Support St. Paul's Hospitality Ministry, help the environment and invite others to join in.

Please see Abby for guidance on where to leave bottles.

JUNE 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Office closed 9 a.m. Walking Group 7:30 p.m. Stringers Rehearsal	2 7 p.m. Gloria's Alpha Group	3 9:30 a.m. Morning Prayer 10:30 a.m. Bible Study 11:30 a.m. Hunger for Healing 1 p.m. Prayer Shawl Ministry	4 6-7:30 p.m. TOPS 7:30 p.m. Choir Practice	5 10 a.m. Hand Chimes Practice	6
7 10 a.m. Holy Eucharist New members welcome Celebration 11:30 a.m. Hand Chimes Practice 2 p.m. Word to World Ministries 4 p.m. Philippines Church	8 9 a.m. Walking Group 1:30 p.m. Prayer Group in Person 7:30 p.m. Stringers Rehearsal	9 7 p.m. Parish Council	10 9:30 a.m. Morning Prayer 10:30 a.m. Bible Study 11:30 a.m. Hunger for Healing	11 6-7:30 p.m. TOPS 7:30 p.m. Choir Practice	12 10 a.m. Hand Chimes Practice	13
14 10 a.m. Holy Eucharist 11:30 a.m. Hand Chimes Practice 2 p.m. Word to World Ministry 2:30 p.m. Eucharist at Father Lacombe Centre 4 p.m. Philippines Church	15 9 a.m. Walking Group 7:30 p.m. Stringers Rehearsal	16	17 9:30 a.m. Morning Prayer 10:30 a.m. Bible Study 11:30 a.m. Hunger for Healing 1 p.m. Prayer Shawl Ministry	18 6 p.m. TOPS 7:30 p.m. Choir Practice	19 10 a.m. Hand Chimes Practice	20 8:30 a.m. Men's Breakfast at St. Peter's
21 10 a.m. Holy Eucharist Grad Celebration 11:30 a.m. Hand Chimes Practice 2 p.m. Word to World Ministry 4 p.m. Philippines Church	22 9 a.m. Walking Group 7:30 p.m. Stringers Rehearsal 7:30 p.m. Prayer Group via Zoom	23	24 9:30 a.m. Morning Prayer 10:30 a.m. Bible Study 11:30 a.m. Hunger for Healing	25 6 - 7:30 p.m. TOPS 7:30 p.m. Choir Practice	26 10 a.m. Hand Chimes Practice	27 11:20 a.m. Ladies' Luncheon
28 10 a.m. Holy Eucharist 11:30 a.m. Hand Chimes Practice 2 p.m. Word to World Ministry 4 p.m. Philippines Church	29 9 a.m. Walking Group 7:30 p.m. Stringers Rehearsal	30	<p>Holy Eucharist is in person and also lived streamed on our website</p> <p>https://www.stpaulscalgary.ca/</p>			

JULY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> <p>Holy Eucharist is in person and also lived streamed on our website https://www.stpaulscalgary.ca/</p> </div>			1 Officed Closed 9:30 a.m. Morning Prayer 10:30a.m. Bible Study 11:30 a.m. Hunger for Healing 1:30 p.m. Prayer Shawl	2 6 - 7:30 p.m. TOPS 7:30 p.m. Choir Practice	3 Admin Office Closed 10 a.m. Hand Chimes Practice 7 p.m. Coffee House	4
5 10 a.m. Holy Eucharist 11:30 a.m. Stampede BBQ and Parish Picnic 11:30 a.m. Hand chimes Practice 2 p.m. Word to World Ministries 4 p.m. Philippines Church	6 8:30 a.m.– 2:30 p.m. Rental 9 a.m. Walking Group 7:30 p.m. Stringers Rehearsal	7 8:30 a.m.– 2:30 p.m. Rental	8 8:30 a.m.– 2:30 p.m. Rental 9:30 a.m. Morning Prayer 10:30a.m. Bible Study 11:30 a.m. Hunger for Healing	9 8:30 a.m.– 2:30 p.m. Rental 6 - 7:30 p.m. TOPS 7:30 p.m. Choir Practice	10 8:30 a.m.– 2:30 p.m. Rental Admin Office Closed 10 a.m. Hand Chimes Practice	11 11 a.m. Ladies' Luncheon at Christ Church Millarville
12 10 a.m. Holy Eucharist 11:30 a.m. Hand Chimes Practice 2 p.m. Word to World Ministry 4 p.m. Philippines Church	13 8:30 a.m.– 2:30 p.m. Rental 9 a.m. Walking Group 1:30 p.m. Prayer Group in person 7:30 p.m. Stringers Rehearsal	14 8:30 a.m.– 2:30 p.m. Rental 7 p.m. Parish Council	15 8:30 a.m.– 2:30 p.m. Rental 9:30 a.m. Morning Prayer 10:30 a.m. Bible Study 11:30 a.m. Hunger for Healing 1 p.m. Prayer Shawl	16 8:30 a.m.– 2:30 p.m. Rental 6 - 7:30 p.m. TOPS 7:30 p.m. Choir Practice	17 8:30 a.m.– 2:30 p.m. Rental Admin Office Closed 10 a.m. Hand Chimes Practice	18 8:30 a.m. Men's Breakfast at St. Paul's
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26 10 a.m. Holy Eucharist 11:30 a.m. Hand Chimes Practice 2 p.m. Word to World Ministry 2:30 p.m. Eucharist at Father Lacombe Care Centre 4 p.m. Philippines Church	27 8:30 a.m.– 2:30 p.m. Rental 9 a.m. Walking Group 7:30 p.m. Stringers Rehearsal 7:30 p.m. Prayer Group via Zoom	28 8:30 a.m.– 2:30 p.m. Rental	29 9:30 a.m. Morning Prayer 10:30 a.m. Bible Study 11:30 a.m. Hunger for Healing	30 6 - 7:30 p.m. TOPS 7:30 p.m. Choir Practice	31 Admin Office Closed 10 a.m. Hand Chimes Practice	