

A Life of Fatigue & Futility – Ecclesiastes 1:1-3
Ecclesiastes: Life Under the Sun

Pastor JD Winters – Sunday, May 24, 2026

Hiding from the “elephant”

Qoheleth: _____

Hevel: _____

Amal: _____

Under the Sun: _____

Questions for Further Discussion:

(Great for Life Groups, family devotionals, or with a friend)

1. Think of some of the ways you hide from the “elephant in the room” when it comes to thinking through life’s big questions? How could you be more intentional about pursuing true answers?
2. Consider some of the definitions we discussed of the word hevel. What areas of life feel like smoke or vapor? How can life be fleeting? How can life feel futile or meaningless?
3. What toils in life seem like they should provide fulfillment but end up leaving us empty? When do you feel most exhausted and fatigued with life?
4. Do you believe with the hypothesis that to understand life under the sun we have to look beyond the sun? How is that encouraging? How could it be discouraging?