

Trinity
1876 + 2026



4pm Sunday May 24 2026
The Day of Pentecost
Holy Communion

Welcome! We're glad you're here.

Help us save paper: download this worship booklet on your phone, www.trinityottawa.ca/booklets, Our wifi is Trinity Church, password 1230BankStreet.

To participate online, here are the links - Zoom:

<https://us02web.zoom.us/j/87608313656?pwd=WHZ5Z1lqcjdSa1dHLzhrVHQrdUpzUT09>

Facebook: <https://www.facebook.com/trinityanglicanottawa>

If you are here in person, you are welcome to place your donation in the offering plate at the back of the church. You may also make donations to Trinity by etransfer to treasurer@trinityottawa.ca or by giving online at <https://www.trinityottawa.ca/give>. Please provide us with your contact information so that we can provide you with a tax receipt. Thank you!

We Gather as a Community

As we gather, we acknowledge that Ottawa stands on the unceded traditional territory of the Algonquin Anishinabeg people.

Alleluia! Christ is risen

The Lord is risen indeed. Alleluia!

May his grace and peace be with you

May he fill our hearts with joy

Come, Holy Spirit, creator, and renew the face of the earth.

Come, Holy Spirit, come.

Come, Holy Spirit, counsellor, and touch our lips that we may proclaim your word.

Come, Holy Spirit, come.

Come, Holy Spirit, power from on high: make us agents of peace and ministers of wholeness.

Come, Holy Spirit, come.

Come, Holy Spirit, breath of God, give life to the dry bones of this exiled age, and make us a living people, holy and free.

Come, Holy Spirit, come.

Come, Holy Spirit, wisdom and truth: strengthen us in the risk of faith.

Come, Holy Spirit, come.

Song - Jesus Firm Foundation

Verse 1

How firm a foundation you saints of the Lord
Is laid for your faith in His excellent Word
What more can He say than to you He has said
To you who for refuge to Jesus have fled

Verse 2

Fear not He is with us O be not dismayed
For He is our God our Sustainer and Strength
He'll be our Defender and cause us to stand
Upheld by His merciful almighty hand

Chorus

How firm our foundation
How sure our salvation
And we will not be shaken
Jesus firm foundation

Verse 3

The soul that is trusting in Jesus as Lord
Will press on enduring the darkest of storm
And though even hell should endeavor to shake
He'll never no never no never forsake
He'll never no never no never forsake

Bridge

Age to age He stands faithful to the end
All may fade away but He will remain
He will remain

Chorus

How firm our foundation
How sure our salvation
And we will not be shaken
Jesus firm foundation

Song - Coat Of Many Colours

Verse 1

I am clothed in a coat of many colours
I am wrapped in the light
I am held in the arms of a lovin' Father

Was lyin' in a pit, You restored me now I am found
Thought I was a beggar, now I'm lifted from the ground
Because

Chorus

Red was the blood that saved me
White was the light that pulled me from the dark
Gold was the crown you placed upon my head
And showed me who you are
With mercy and grace, I've been embraced like no other
I gave You my heart, You gave me a coat of many colours
Many colours

Verse 2

There are moments belief gives way beneath my feet
Like the world's pressing in
Fleeting faith lifts me up from defeat

Was lyin' in a pit, You restored me now I am found
Thought I was a beggar, now I'm lifted from the ground
Because

Bridge

I wear my coat everywhere I go
I wear my coat, I want the world to know
I wear my coat remembering the cost
I wear my coat, not as a gain or boast
What you restored goes with me where I go
What you restored is more than I can know
You walk with me everywhere I go
You walk with me, more than the world will know

Chorus

Red was the blood that saved me
White was the light that pulled me from the dark
Gold was the crown you placed upon my head
And showed me who you are
With mercy and grace, I've been embraced like no other
I gave You my heart, You gave me a coat of many colours
Many colours

We Proclaim the Word

Holy God,
**pour out your Spirit to the ends of the earth,
so that your children may return from exile
as citizens of your commonwealth
and our divisions may be healed
by your word of love and righteousness;
for with the same Spirit and the Word incarnate
you are one God, now and for ever. Amen.**

Reading: 1 Corinthians 12:3b-13

No one can say "Jesus is Lord" except by the Holy Spirit.

Now there are varieties of gifts but the same Spirit, and there are varieties of services but the same Lord, and there are varieties of activities, but it is the same God who activates all of them in everyone. To each is given the manifestation of the Spirit for the common good. To one is given through the Spirit the utterance of wisdom and to another the utterance of knowledge according to the same Spirit, to another

faith by the same Spirit, to another gifts of healing by the one Spirit, to another the working of powerful deeds, to another prophecy, to another the discernment of spirits, to another various kinds of tongues, to another the interpretation of tongues. All these are activated by one and the same Spirit, who allots to each one individually just as the Spirit chooses.

For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body—Jews or Greeks, slaves or free—and we were all made to drink of one Spirit.

Hear what the Spirit is saying to the Church

Thanks be to God

The Gospel: John 20:19-23

When it was evening on that day, the first day of the week, and the doors were locked where the disciples were, for fear of the Jews, Jesus came and stood among them and said, “Peace be with you.” After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, “Peace be with you. As the Father has sent me, so I send you.” When he had said this, he breathed on them and said to them, “Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained.”

The Gospel of Christ

Praise to you Lord Jesus Christ

Reflection: Rev. Mark Whittall

Open Space

A time of prayer, reflection, and conversation

Song - Oceans (Where Feet May Fail)

Verse 1

You call me out upon the waters
The great unknown where feet may fail
And there I find You in the mystery
In oceans deep my faith will stand

Chorus

And I will call upon Your name
And keep my eyes above the waves
When oceans rise
My soul will rest in Your embrace
For I am Yours and You are mine

Verse 2

Your grace abounds in deepest waters
Your sov'reign hand will be my guide
Where feet may fail and fear surrounds me
You've never failed and You won't start now

Bridge

Spirit lead me where my trust is without borders
Let me walk upon the waters
Wherever You would call me
Take me deeper than my feet could ever wander
And my faith will be made stronger
In the presence of my Saviour

A Time of Prayer

The Peace

May God's peace be with you
And also with you.

Eucharistic Prayer

Celebrant: May God be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

Blessed are you, gracious God,
creator of heaven and earth;
we give you thanks and praise
through Jesus Christ our Lord.

In fulfilment of your promise
you pour forth your Spirit upon us,
filling us with gifts and leading us into all truth.
You give us power to proclaim your gospel to all nations
and to serve you as a royal priesthood.
Therefore we join our voices with angels and archangels,
and with all those in whom the Spirit dwells,
to proclaim the glory of your name.

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes, comes in the name of the Lord.
Blessed is he who comes in the name,
Hosanna in the highest, hosanna in the highest.**

We give thanks to you ...
... Therefore Father according to his command,

**We remember his death.
We proclaim his resurrection.
We await his coming again.**

And we offer our sacrifice of praise ...
...now and forever.
Amen.

The Lord's Prayer

(please use the words and language of your choice)

**Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and for ever. Amen.**

We Are Sent

Let us pray.

God of wind and flame,
send your life-giving Spirit upon your people:
give fire to our words,
strength to our witness
and boldness to our proclamation
of your wondrous work in Christ;
who, with you and the Spirit, lives and reigns
now and for ever. Amen.

Glory to God, whose power, working in us can do infinitely more than we can ask or imagine.

Glory to God, from generation to generation
in the Church and in Christ Jesus,
for ever and ever. Amen.

Go in peace to love and serve the Lord. Alleluia!
Thanks be to God. Alleluia!

Song - Fear Is Not My Future

Verse 1

Let Him turn it in your favor
Watch Him work it for your good
He's not done with what He's started
He's not done until it's good

Chorus

Hello Peace, Hello Joy
Hello Love
Hello Strength, Hello Hope
It's a new horizon
(REPEAT)

Verse 2

If you're ready for a breakthrough
Just open up and just receive

'Cause what He's pouring out is nothing
You've ever seen You've ever seen

Bridge

Fear is not my future
You are You are
Sickness is not my story
You are You are
Heartbreak's not my home
You are You are
Death is not the end
You are You are

Chorus

Hello Peace, Hello Joy
Hello Love
Hello Strength, Hello Hope
It's a new horizon
(REPEAT)

Thanks for being part of Connect this afternoon.

Announcements

Please note that on Sunday May 31st and on Sunday June 14 we will not have services at 4pm. Please join us at 10am for our 150th Celebration on May 31st and our Outdoor Service and Picnic at Windsor Park on June 14th.

Special service to celebrate Trinity's 150th Anniversary on Sunday, 31 May:

Please join us at 10 AM on Sunday, 31 May to mark Trinity Anglican Church's 150th Anniversary! The service will be celebratory, expressing gratitude for so many years of community fellowship and involving a specially curated performance from the choir and Connect music team, as well as a handful of short reminiscences from parishioners. The Service will be followed by a reception of finger foods and cake. We invite the St-Bernard de Clairvaux congregation to join us. Please let former members of Trinity Anglican Church know about this celebratory service so they may attend as well. Finally, bring your friends and

neighbours. If you are interested in helping with greeting guests or with hospitality preparation and serving, please email carolvmqueen@yahoo.com.
(We will not have a 4pm service on May 31).

Trinity House Applications 2026-2027

Trinity House is an Intentional Christian Community for Students and Young Adults in Ottawa. Applications to live at Trinity House for 2026-2027 are now open. Additional information and the online application can be found here:

<https://www.trinityottawa.ca/pages/trinity-house>

Trinity House is located in the beautiful neighbourhood of Old Ottawa South, at 5 Harvard Avenue, Ottawa. It is located near Carleton University, University of Ottawa, and St. Paul University

Sunday June 14th 10am is our annual Outdoor Service and Picnic at Windsor Park

I hope you can join us for our Outdoor Service on June 14th. This year we will be joined by Southminster United and Saint-Bernard. We need a few volunteers to organize the games and picnic and to transport tables by car to the park. If you can help, please email Sarah sarahconnorgorber@gmail.com (there will be no 4pm service on June 14th)

We're Hiring! Children's Ministry Leader

We have great kids, and we want to enhance our children's ministry. Please see the job description on our website www.trinityottawa.ca

Plant Sale and Doors Open @ Trinity on Saturday, June 6: It's time for Trinity's annual plant sale, held in parallel with Doors Open Ottawa each year. If you have extra plant materials from your garden, please consider contributing them to the plant sale. Pots are available at the back of the sanctuary – take as many as you need. Plants of all sorts are welcome! Proceeds of the plant sale will be donated to Cornerstone Housing for Women. If you're interested in helping out at the plant sale, please speak with Doreen Barnes or Nancy Bassam. We're also looking for ambassadors to welcome the public for Doors Open, so please contact Lindsay Whillans (LDW-13@sympatico.ca) or Kevin Van Der Linden (kvanlin1@gmail.com) if you have questions or are interested in participating, even for a short time. Sign-up sheets for the plant sale (10

a.m. – 2 p.m.) and Doors Open (10 a.m. – 4 p.m.) are on the back table. Thank you for contributing to this special day during Trinity's 150th year of ministry!

Trinity Student Internships 2026-2027.

Applications are now open! Trinity Anglican Church is offering Student Internships for the 2026-2027 academic year to students and recent graduates looking to grow in faith and leadership. Interns will gain hands-on experience in student ministry, event planning, communications, and leadership development, with faith formation and leadership sessions throughout the year. A commitment to being an active and visible member of our Trinity community is required. Interns will receive a \$1,000 honorarium per semester for their participation. To apply, please contact office@trinityottawa.ca.

Wednesdays 7pm Bible Study, Trinity House or Trinity Church (location alternates on a bi-weekly basis) Led by YA Coordinator Rebecca. RSVP with Rebecca via email (rebecca.cowal@trinityottawa.ca) or on our Discord channel.

Music at Trinity: All About Love - Saturday May 30th, 2026 @ 4pm

The Knapik singers return to Music at Trinity with an engaging program of solos, duets and ensemble pieces taken from the Classical repertoire and some of Broadway's greatest hits. Freewill offering.

Mark Your Calendars:

Second Sunday of every month: Food bank Collection.
May 30th 4pm. Music at Trinity: All About Love
May 31 10am. Trinity 150th Anniversary Celebration
June 6th 10am. Plant Sale and Doors Open @ Trinity
June 14th 10am. Outdoor Worship and Picnic, Windsor Park

Mid-Week at Trinity:

Monday Prayer Group, will resume in the fall.

Tuesdays 11.30am Bible Study at the Carleton U Spirituality Centre.
Resumes in September.

Wednesday 12 noon Bible Study on Zoom. Contact Judy
judy.richardson@trinityottawa.ca

Wednesday 7.00pm YA Bible Study. At Trinity House, 5 Harvard Avenue beside the church, contact

rebecca.cowal@trinityottawa.ca

Thursday 7pm Bible Study. Contact Paul paulomugarura@gmail.com.

Thursday 7:30pm Choir rehearsal Contact Fabien Tousignant

fabien.tousignant@trinityottawa.ca



Thanks for joining us today. We love hearing from you.

Rev. Mark

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