



On the traditional land of the Semiahmoo

the Parish of St. Mark

O C E A N  P A R K

May 24, 2026
The Day of Pentecost



Welcome!

We are so glad you have come to St. Mark's today!

In this place we do two primary things: we give thanks to God and pray for the world. If there is something on your heart you need to share with God, this is the right place to share it.

*You are God's Beloved Child, and you belong **here**.*

This morning in worship...

The Happy Day of Pentecost is here! Pentecost is 50 days after Easter Sunday and is when we remember that God has given us the same Spirit that Jesus has. Did you know? You have the same breath of life inside you as Jesus did. I wonder what you will do with this Holy Breath? We welcome the **Common Sound Choir** this morning to bless us with music.

These flowers are given in honour of Pentecost Sunday, rejoicing in the presence of the Holy Spirit who renews, inspires, and unites us in faith. To dedicate flowers, please sign up on the flower chart in the hall and let the office know your dedication.



Today's Scripture

From Introductions to the Lessons by Bill Bennett.

Acts 2:1-21 Luke links the coming of the holy spirit upon the early Christian followers with the great Jewish festival of the Feast of Weeks or Harvest or First Fruits.

1 Corinthians 12:3b-13 Paul sees the greatest gift of the Holy Spirit is the gift of love, of agape.

John 20:19-23 The disciples are blessed with the gift of peace as the Holy Spirit is bestowed upon them.

Today is a Family Service

Today we all stay together to celebrate the feast of Pentecost. For Jesus' youngest friends, there are activity booklets and a work table. Pentecost is a day of joy and celebration, so we welcome and delight in the pitter-patter and wiggliness of God's youngest children. For those who need it, please use the family room, where the sound of the service is streamed.

Coffee Hour

Please gather in the hall for coffee and refreshment following the service.

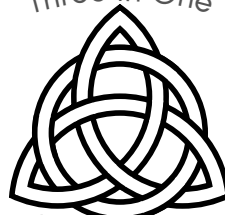
Next Week: May 31

Trinity Sunday

Genesis 1:1-2:4a; Psalm 8; 2 Corinthians 13:11-13; Matthew 28:16-20

the Reverend David Taylor Preaches.

Three in One



One in Three

the Gathering of the Community

Common Praise 638

**O Holy Spirit, by whose breath
life rises vibrant out of death,
come to create, renew, inspire;
come kindle in our hearts your fire.**

**In you God's energy is shown;
to us your varied gifts made known.
Teach us to speak; teach us to hear;
yours is the tongue and yours the ear.**

**From inner strife grant us release.
Turn nations to the way of peace.
To fuller life your people bring,
that as one body we may sing:
praise to the Father, Christ his word,
and to the Spirit: God the Lord.**

The grace of our Lord Jesus Christ, and the
love of God, and the communion of the Holy
Spirit, be with you all.

And also with you.

Almighty God,
**to you all hearts are open, all desires
known, and from you no secrets are
hidden. Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit, that
we may perfectly love you, and worthily
magnify your holy name; through Christ our
Lord. Amen.**

If You Believe and I Believe

John Bell

**If you believe and I believe
and we together pray,
the Holy Spirit must come down
and set God's people free,
and set God's people free,
and set God's people free;
the Holy Spirit must come down
and set God's people free.**

Spirit Open My Heart

Ruth Duck

***Spirit, open my heart
to the joy and pain of living.
As you love may I love,
in receiving and in giving,
Spirit, open my heart.***

**God, replace my stony heart
with a heart that's kind and tender.
All my coldness and fear
to your grace I now surrender.**

**Write your love upon my heart
as my law, my goal, my story.
In each thought, word, and deed,
may my living bring you glory.**

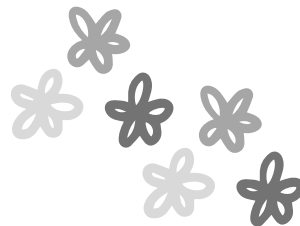
**May I weep with those who weep,
share the joy of sister, brother.
In the welcome of Christ,
may we welcome one another.**

God of wind and flame,

**send your life-giving Spirit upon your
people: give fire to our words,
strength to our witness and boldness
to our proclamation of your wondrous
work in Christ; who, with you and the
Spirit, lives and reigns now and for
ever. Amen.**

Prayer to Listen for God's Word

Children are welcome to come forward for a special prayer. They will remain in the service today with their families. There are activities in the children's area.



The peace of the Lord be always with you.

And also with you!

the Proclamation of the Word

We have large-print versions of the Scripture available for those who need one. Please ask a greeter for one.

The Acts of the Apostles (2:1-21).

Listen for God's Word.

Our hearts are open.

Hymn of Creation

The Reverend David Taylor

All of creation is lifting its voice

singing, "Alleluia, alleluia!"

The mountains and valleys are

without a choice.

They lift their voices to the Loving God,

and sing, "Alleluia!"

If we do not sing, the rocks still cry out,

"Allelu, alleluia!"

Let's join in the hymn of creation and shout,

"Allelu, allelu, allelu, alleluia!"

We lift up our eyes to the heavenly choir;

see the sun and moon and stars, still higher;

and heavenly angels looking back at us,

with joy they join creation's tireless song,

and sing, "Alleluia!"

If we do not sing, the skies still cry out,

"Allelu, alleluia?"

Let's join in the hymn of creation and stand,

"Allelu, allelu, allelu, alleluia!"

The Spirit of God is renewing the world,

shining light and love into the darkness.

But no one will know if we don't raise our

voices. With creation, all the nations stand,

and sing, Alleluia!"

If we do not sing, then who will cry out,

"Allelu, alleluia?"

Let's join in the hymn of creation and stand,

"Allelu, allelu, allelu, alleluia!"

If we do not sing the rocks still cry out, "Allelu, alleluia!"

If we do not sing, the skies still cry out, "Allelu, alleluia!"

Heaven and earth declare the glory of love! "Allelu, allelu, allelu, alleluia!"

Paul's First Letter to the Corinthians (12:3b-13).

Listen for God's Word.

Our hearts are open.

Celtic Alleluia

Christopher Walker, Fintan O'Carroll

Alleluia!

The Lord be with you.

And also with you.

The Holy Gospel

of our Lord Jesus Christ

according to John.

Glorify to you,

Lord Jesus Christ

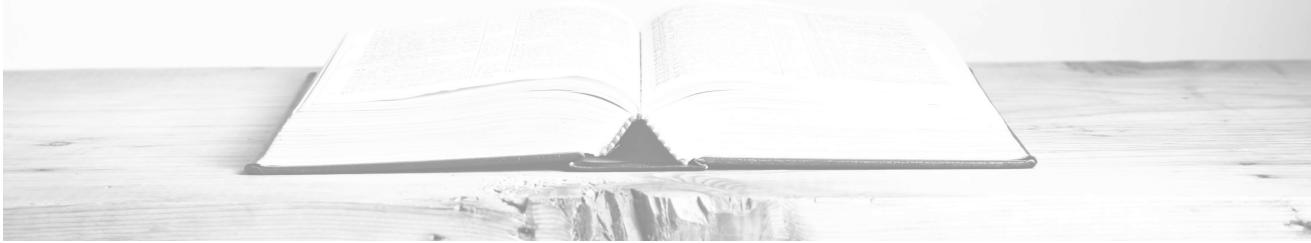
John 20:19-23

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Sermon

Sermon Notes



The Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father; through whom all things were made; who, for us and for our salvation came down from heaven; who by the power of the Holy Spirit became incarnate from the Virgin Mary, and was made human; who for our sake was crucified under Pontius Pilate; who suffered death and was buried; who, on the third day, rose again in accordance with the scriptures; who ascended into heaven and is seated at the right hand of the Father; who will come again in glory to judge the living and the dead, and whose kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father; who with the Father and the Son is worshipped and glorified; who has spoken through the prophets; we believe in one holy catholic and apostolic Church; we acknowledge one baptism for the forgiveness of sins; we look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

While we have chiefly come to give thanks to God, our second purpose for gathering is to intercede for the world. We know that "the prayer of the righteous is powerful and effective" (James 5:16).

The Confession & Absolution

Almighty God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

the Celebration of the Eucharist

*We collect our tithes and offerings and present them to the Lord. We give thanks to God for your generosity to the ministry of this community. You can give using an envelope, by signing up to our Pre-Authorized Debit program, or by using the terminal in the foyer. **Today we use Eucharistic Prayer 3 from the BAS.***

*While the offering is collected,
we will be blessed by the music of the **Common Sound Choir.***

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

The priest continues in prayer.

Sanctus

Per Harling

**You are holy, you are whole. You are always ever more
than we ever understand. You are always at hand.**

**Blessed are you coming near. Blessed are you coming here
to your church in wine and bread, raised from soil, raised from dead.**

You are holy, you are wholeness, you are present.

Let the cosmos praise you, Lord! Sing hosanna in the highest!

Sing hosanna! Sing hosanna to our God!!

The priest continues in prayer.

The Lord's Prayer

Mallotte

**Our Father, which art in heaven, hallowed by thy name. Thy kingdom come, thy will be
done on earth as it is in heaven. Give us this day our daily bread, and forgive us our
debts, as we forgive our debtors. And lead us not into temptation but deliver us from
evil; for thine is the kingdom, and the power, and the glory, forever. Amen.**

We break this bread to share in the body of Christ.

We, being many, are one body, for we all share in the one bread.

The gifts of God for the Children of God.

Thanks be to God.

All are invited to receive Communion.

Prayer for healing is offered during communion on the right side of the sanctuary.

Breathe

Marie Barnett

**This is the air I breathe, this is the air I breathe:
your holy presence living in me.**

**This is my daily bread, this is my daily bread:
your very word spoken to me.**

And I, I'm desperate for you.

And I, I'm lost without you.

Hover o'er me, Holy Spirit

Elwood H. Stokes

**Hover o'er me, Holy Spirit,
bathe my trembling heart and brow;
fill me with thy hallowed presence;
come, O come and fill me now.**

Fill me now, fill me now;

Jesus, come and fill me now.

Fill me with thy hallowed presence;

come, O come and fill me now.

**Thou canst fill me, gracious Spirit,
though I cannot tell thee how;
but I need thee; greatly need thee;
come, O come and fill me now.**

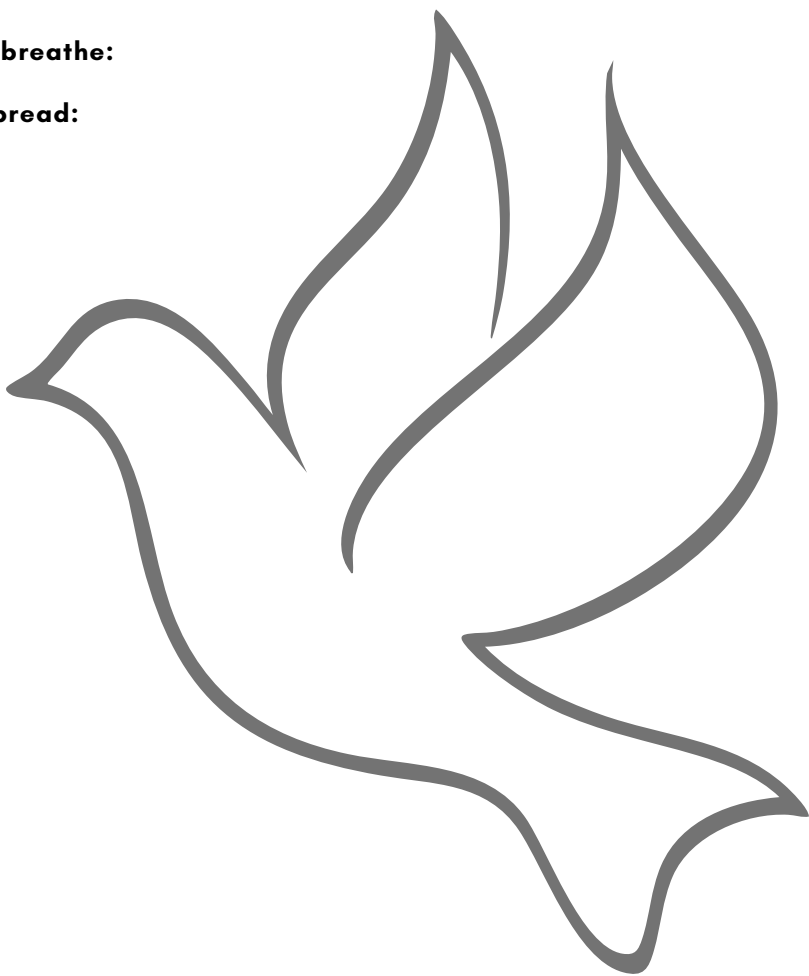
**I am weakness, full of weakness,
at thy sacred feet I bow;
blest, divine, eternal Spirit,
fill with pow'r and fill me now.**

**Cleanse and comfort,
bless and save me;
bathe, O bathe my heart and brow.**

**Thou art comforting and saving;
thou art sweetly filling now.**

Please remain seated while the Common Sound Choir sings our final communion song.

Announcements



Glory to God,
**whose power, working in us, can do
infinitely more than we can ask or imagine.**
Glory to God from generation to
generation, in the Church and in Christ
Jesus, for ever and ever. Amen.

Blessing

Rain Down
Jaime Cortez

***Rain down, rain down,
rain down your love on your people.
Rain down, rain down,
rain down your love, God of life.***

**Faithful and true is the word of our God.
All of God's works are so worthy of trust.
God's mercy falls on the just and the right;
full of God's love is the earth.**

**We who revere and find hope in our God
live in the kindness and joy of God's wing.
God will protect us
from darkness and death;
God will not leave us to starve.**

**God of creation, we long for your truth;
you are the water of life that we thirst.
Grant that your love
and your peace touch our hearts,
all of our hope lies in you.**

Go in peace to live the gospel,
extending God's invitation to all.
Thanks be to God.

*Lyrics are printed with permission through:
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Financial Support

We are grateful for your stewardship of this place through your tithes and offerings. They ensure that St. Mark - Ocean Park will be a centre and a light to the community for generations to come.

If you would like to become a regular steward of the ministry of this place, please fill out a welcome card and give it to the greeter, or the priest.

Donations can be made
by **cash** or **cheque**

(made out to the Parish of St. Mark - Ocean Park),

by **Pre-Authorized Debit (PAD)**,
at the **Electronic Donation Station (EDS)** in
the foyer (please ask the usher for assistance),
by **e-Transfer** at

stmark.op.treasurer@gmail.com, or
through **CanadaHelps** on our website.

If you would like donation **envelopes**, please
connect with the office.

All donations will receive a tax-receipt in
February of the following year.



The Pulse

Youth News

Youth Group
Grades 8 - 12
Fridays from 7 - 9 pm

This Friday:

Space Night!

Experience the vacuous
silence of space... which will
last approximately 0.7
seconds at Youth Group!

Bring a friend!



News for Kids & Families

Sunday Videos!

Check out our YouTube channel each
Sunday for great videos to watch with
your children!

est.mark-oceanparkanglicanc3043

Kids Club

begins on June 14th!

Are you interested in helping facilitate
Kids Club?

Please come talk to David!



The Lunch Basket for today is offered to the glory of God and in thanksgiving for the fellowship we share as a parish community.
May all who gather at this table be nourished in body, mind, and spirit.



Prayer Chain & Sunday Intercessions

If you, or someone you know is in need of prayer, please connect with **Lynne** at lynneh1@telus.net. She will share your request with a community of faithful intercessors!

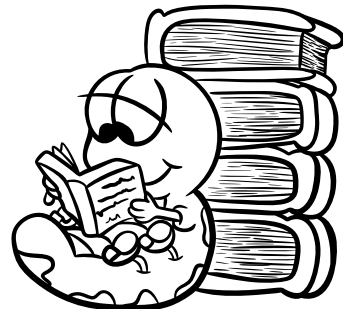
To have a name mentioned in the Sunday Intercessions, please write their name on the sheet at the back of the sanctuary, connect with **Michael** at michael@klaverrealtor.ca, or contact the office.

Library News

Doing What Comes Supernaturally. Learning to minister in the power of the Holy Spirit

by P. Lawrence

A Christian book focused on living a life empowered by the Holy Spirit. The core idea is that what seems “supernatural” from a human perspective—like hearing God, showing compassion, healing, or acting with bold faith—can become natural for believers who grow in their relationship with God.



News & Events

This week at the Parish

Tuesday	Parish Council 7 pm
Wednesday	Holy Communion, 10 am Savvy Seniors 1 pm
Thursday	Percy Smith Memorial 1 pm Contemplative Prayer 7 pm
Friday	Choir Practice 7:30 pm Sr. Youth Group 7:00 pm

Newcomers Gathering

TODAY! Following the 10am service

New to St. Mark's, or feeling new? Join us for a simple lunch on Pentecost Sunday. It's a relaxed chance to meet others, share a bit of your story, and learn more about our community – no pressure, just connection.



Alongside Hope

Alongside Hope News

Alongside Hope works with churches and communities across Canada to support refugee sponsorship, Indigenous reconciliation, and newcomers to Canada. One example of their work is the “Mapping the Ground We Stand On” workshop, which helps Canadians learn about Indigenous history, reconciliation, and right relationships in our communities.

**You can learn about it at alongsidehope.org.
I wonder if this is something we can do at St. Mark's?!**



THE CENTRE FOR

SPIRITUAL RENEWAL

Pathways to Peace

Saturday, June 20, 9:30am to 3:30pm

the Parish of St. Dunstan, Aldergrove

Facilitated by Katherine Murray, with music by the Reverend David Taylor

Come join in this **retreat day** as we explore the ways that make for peace in our hearts and into our lives and world. This facilitated day will include group sessions, stations of engagement, contemplative worship, spiritual practices, and an opportunity to connect in community.

Registration \$50

(lunch and snacks included)

thecentreforspiritualrenewal.org

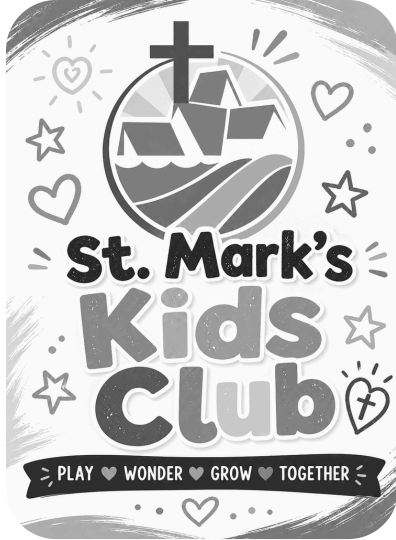
Percy Smith Memorial

Thursday, May 28th at 1pm

Craig Reynolds Memorial

Tuesday, June 2nd at 2pm

Broadway Church in Vancouver



Kids Club Training!

Are you interested in becoming a trained volunteer for our new Sunday morning children's program?

We will be offering Kids Club training on two Sundays after the 10am service: **May 31** and **June 7**. You only need to attend **one session** to become a volunteer! Simply **sign up for the date that works best for you**.

At the training, we will explore the vision for St. Mark's Kids Club, review volunteer requirements, and offer practical hands-on training for working with children. And of course, there will be pizza!

Please sign up on the day you can attend at the entrance to the church!

The Spirituality of Invitation

Take a copy of this booklet and begin exploring how God is inviting you to live, pray, and reach out to others in this Year of Invitation.

*Who can you invite
to experience the peace of
Christ in this place?*

Mission Conference of the Diocese of New Westminster

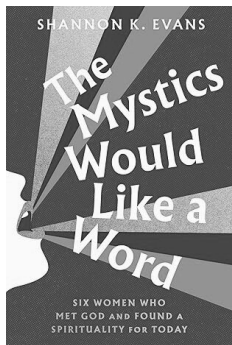
THIS WEEK!! Friday to Saturday, May 29 & 30

The Diocese of New Westminster is excited to be hosting Mission Conference 2026 on Saturday, May 30. The theme this year is "Moving in Mission, Guided by Spirit." **Archbishop Michael Curry**, former presiding bishop of the Episcopal Church, will be keynote speaker.

Registration is **FREE** and Childcare will be available.

Friday night @ Christ Church Cathedral beginning at 7:30pm

Saturday @ the Synod Offices 9am to 4pm



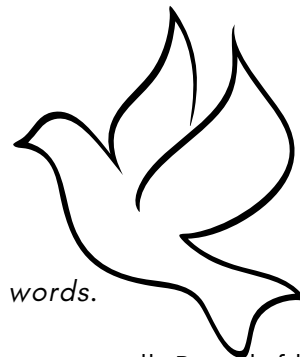
Lent/Easter Book Study with Father Dara

Thursday at 6pm

The Mystics Would Like a Word:

Six Women Who Met God and Found a Spirituality for Today

May 28th Therese of Lisieux



Spiritual Practice: Praying in the Spirit

*The Spirit helps us in our weakness;
for we do not know how to pray as we ought,
but that very Spirit intercedes with sighs too deep for words.*

Romans 8:26-27

At Pentecost, the Spirit of God is poured out – not just upon a few, but upon all. Breath fills the room. Words rise up. People pray in ways they did not plan or control. Something deeper than understanding is at work.

There are moments when we do not know what to pray: when someone is suffering, when the world feels heavy, when our own hearts are unclear. In those moments, remember, we are not empty – we are held. The Spirit prays within us, carrying what we cannot yet name.

This kind of prayer teaches us to trust. It loosens our need to get the words right. It opens us to God's presence already at work within us.

And in a quiet, hidden way, this becomes an act of love for our neighbour. As we pray beyond our understanding, we hold others before God – not with perfect clarity, but with faithful presence.

This week, try a simple practice: **sit in stillness, breathe slowly, and offer your breath to God. If words come, pray them. If not, trust that the Spirit is already praying within you.**

Prayer:

*Holy Spirit, breath of God within us, pray through us when we do not have the words.
Carry the needs of our hearts and the needs of our neighbours into your loving presence.
Teach us to trust your work within us. Amen.*

Daily Bible Readings

Monday Matthew 12:22-32
Tuesday Matthew 12:33-42

Wednesday Matthew 12:43-50
Thursday Matthew 13:24-30

Friday Matthew 13:31-35
Saturday Matthew 13:36-43



the Parish of St. Mark - Ocean Park
STMARKBC.ORG

Office Hours:

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