

Notes from Wes's sermon:

Dealing with Internal Barriers

- Recognise
- Take responsibility
- Confess to the Lord or tell the Lord about it. If there's pain, let your heart have a voice
- Repent
- Forgive
- Renounce/Divorce the agreement with the judgment
- Repel any spirits that may have used any of that against you or as a doorway into your life. Call the spirit by what they do, e.g., spirit of fear, rage, rejection, etc
- Replace the thinking with the Word of truth. Always bring truth to the situation by the Word of God.