

May 20, 2026
9:30 am Wednesday Morning Prayer
For the Easter Season

THE GATHERING OF THE COMMUNITY

Presider: Alleluia! Christ is risen.

All: The Lord is risen indeed. Alleluia!

Presider: Let us praise our God

**All: who has given us life and hope
by raising Jesus from the dead.**

Presider: Let us rejoice, then, even in our distress.

All: We shall be counted worthy when Christ appears.

Presider; O God, you have claimed us as your own

All: and called us from our darkness into the light of your day.

Presider: Alleluia! Christ is risen.

All: The Lord is risen indeed. Alleluia!

Presider: We gather here from many places on land that is the traditional and unsundered territory of the Halq'emeyn-speaking Coast Salish peoples.

**All: May Christ lead us on right pathways as we seek truth
and reconciliation in action.**

Presider: Let us pray,

**All: Blessed are you, God of our salvation,
to you be praise and glory for ever.**

**As once you ransomed your people from Egypt
and led them to freedom in the promised land,
so now you have delivered us
from the dominion of darkness**

**and brought us into the loving reign of the risen Christ.
May we, the first fruits of your new creation,
rejoice in this new day you have made
and praise you for your mighty acts.**

Blessed be God, Father, Son, and Holy Spirit.

Blessed be God for ever. Amen.

THE PROCLAMATION OF THE WORD

The Psalm: 101

¹ I will sing of loyalty and of justice;
to you, O LORD, I will sing.

² I will study the way that is blameless.
When shall I attain it?

I will walk with integrity of heart within my house;

³ I will not set before my eyes anything that is base.
**I hate the work of those who fall away;
it shall not cling to me.**

⁴ Perverseness of heart shall be far from me;
I will know nothing of evil.

⁵ One who secretly slanders a neighbour I will destroy.
A haughty look and an arrogant heart I will not tolerate.

⁶ I will look with favour on the faithful in the land,
so that they may live with me;
whoever walks in the way that is blameless shall minister to me.

⁷ No one who practises deceit shall remain in my house;
no one who utters lies shall continue in my presence.

⁸ Morning by morning I will destroy all the wicked in the land,
cutting off all evildoers from the city of the LORD.

The First Reading: Isaiah 4:2-6

Reader: A reading from the prophet Isaiah,

² On that day the branch of the LORD shall be beautiful and glorious, and the fruit of the land shall be the pride and glory of the survivors of Israel. ³ Whoever is left in Zion and remains in Jerusalem will be called

holy, everyone who has been recorded for life in Jerusalem, ⁴ once the Lord has washed away the filth of the daughters of Zion and cleansed the bloodstains of Jerusalem from its midst by a spirit of judgement and by a spirit of burning. ⁵ Then the LORD will create over the whole site of Mount Zion and over its places of assembly a cloud by day and smoke and the shining of a flaming fire by night. Indeed, over all the glory there will be a canopy. ⁶ It will serve as a pavilion, a shade by day from the heat, and a refuge and a shelter from the storm and rain.

Holy Word, Holy Wisdom.

All: Thanks be to God.

The Responsory

Presider: Death is swallowed up in victory.

All: Where, O death, is your sting?

Presider: Christ is risen from the dead,
the first fruits of those who have fallen asleep.

All: Death is swallowed up in victory.

Presider: The trumpet will sound
and the dead shall be raised.

All: Where, O death, is your sting?

Presider: We shall not all sleep,
but we shall be changed.

**All: Death is swallowed up in victory.
Where, O death, is your sting?**

The Second Reading: Ephesians 4:1-16

Reader: A reading from the Letter to the Ephesians,

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, ² with all humility and gentleness, with patience, bearing with one another in love, ³ making every effort to maintain the unity of the Spirit in the bond of peace. ⁴ There is one body and one Spirit, just as you were called to the one hope of your calling, ⁵ one Lord, one faith, one baptism, ⁶ one God and Father of all, who is above all and through all and in all.

⁷ But each of us was given grace according to the measure of Christ's gift. ⁸ Therefore it is said, 'When he ascended on high he made captivity itself a captive; he gave gifts to his people.' ⁹ (When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? ¹⁰ He who descended is the same one who ascended far above all the heavens, so that he might fill all things.)

¹¹ The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, ¹² to equip the saints for the work of ministry, for building up the body of Christ, ¹³ until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. ¹⁴ We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. ¹⁵ But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, ¹⁶ from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Holy Word, Holy Wisdom.

All: Thanks be to God.

Reflection

Affirmation of Faith

All: I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

THE PRAYERS OF THE COMMUNITY

Reader: Let us offer our intercessions, petitions, and thanksgivings,
saying, "Redeemer of Israel, hear our prayer."

May we live as those who believe in the triumph of the cross.

All: **Redeemer of Israel, hear our prayer.**

Reader: May all people receive the good news of Christ's victory.

All: **Redeemer of Israel, hear our prayer.**

Reader: May those born to new life in the waters of baptism
know the power of Christ's resurrection.

All: **Redeemer of Israel, hear our prayer.**

Reader: May those who suffer pain and anguish
find healing and peace in the compassion of Christ.

All: **Redeemer of Israel, hear our prayer.**

Reader: May we be united in Christ's undying love
with all who have passed through the gates of death.

All: Redeemer of Israel, hear our prayer.

*Additional intercessions, petitions, and thanksgivings may be offered
silently or aloud. Among these concerns it is appropriate to remember*

- *the people of God, that they might proclaim the risen Lord*
- *God's creation, that the peoples of the earth may meet their
responsibility to care*
- *those in despair and darkness, that they may find the hope and light of
Christ*
- *those in fear of death, that they may find faith through the resurrection*
- *prisoners and captives.*

The Collect for the Day

Presider: Faithful God,

**All: make our hearts bold with love for one another.
Pour out your Spirit upon all people,
so that we may live your justice
and sing in praise the new song
of your marvellous victory. Amen.**

The Lord's Prayer

In the language closest to your heart, let us pray as Jesus taught us:
*(please use the traditional version or another language
you use for prayer if you desire)*

**All: Our Father in heaven, hallowed be your name.
Your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread. Forgive us our sins,
as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power and glory are yours
now and for ever. Amen.**

Presider: Let us bless the Lord. Alleluia! Alleluia!

All: Thanks be to God. Alleluia! Alleluia!

Presider: May the risen Christ grant us the joys of eternal life.

All: Amen.

This liturgy is adapted from “Pray Without Ceasing”, the Anglican Church of Canada.

Many thanks to our lay worship leader Shawn Shenfield for presiding today.

Readings for Pentecost Sunday, May 24, 2026

Acts 2:1-21; Psalm 104; 1 Corinthians 12:3b-13; John 20:19-23





THIS WEEK AT HOLY TRINITY CATHEDRAL

Today

Fellowship and Bible Study 10-11:30 am in Lounge

Thursday

Vespers 5:30-6 pm online by Zoom+

Saturday

Community Brunch, 11 am-noon

Sunday

BCP Eucharist, 8-9 am. *

Choral Eucharist, 10-11:15 am*

Wednesday

Midweek Morning Prayer 9:30-10 am*

Followed by Bible Study 10:30-11:30 am in Lounge

+ link available by signing up for the weekly newsletter on
www.holytrinitycathedral.ca

**live-streamed over Facebook. You can also find the service feed through the event heading at www.holytrinitycathedral.ca*

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