

- II. Body
 - A. Spiritual Life is Found Only in Christ..
 - B. Spiritual Growth is Found Only in Christ
 - C. Live With a Heavenly Perspective
 - D. **Put Off Old Sinful Habits.**

Put Off Old Sinful Habits

(Part 2)

A Study in Colossians

I. **The Text - Colossians 3:5-11** (See Block Diagram handout)

II. **The Meaning**

A. Put to death sinful passions. (3:5-7)

1. Understanding the command.
2. Understanding the progression.
3. Understand the reason.

B. Put off _____ language. (3:8-9a)

1. _____ speech is rooted in anger and produces obscene language.

2. _____ speech against one another.

C. Put into _____ who you are positionally. (9b - 11)

1. Positionally you have _____ the old self.

2. Positionally you have _____ the new self.

3. Remember the new man is being _____ through knowledge to reflect the image of Christ your creator.

4. Because you are part of the new man, _____ into the body of Christ

III. The Application

It's Thursday. Jack returns at 6:30 from a pressured workday eager to enjoy a tasty meal and a relaxing evening with his family. Unfortunately, the house is cluttered and the kids are wild. Supper isn't ready, in fact it has not even started. "All I want is to come home to a peaceful house," he yells at Jill, "Is that too much to ask? This place is a mess!" He then compounds the problem by asking that proverbially provocative question that no right-minded spouse should ever ask: "Just what have you been doing all day around here?"

Jill is also angry, but she doesn't yell back, - at least not this time. Her anger is more icy-blue than red-hot. Jill resents Jack's criticism, his yelling, and his lack of tenderness. In turn, she withdraws. She retreats dutifully into the kitchen, licking her wounds, feeling alone and defeated. She mutters to herself her common chorus, *If only I had a husband who would accept me as I am. I need to be loved unconditionally, not attacked all the time. Supper?* She murmurs, *I'd like to dump this hot pasta right over his hot head.*

1. What is at the root of Jack's anger? What is he wanting that he is not getting?
2. Is this a sinful desire?
3. What is the fruit of Jack's anger?
4. In the list that Paul gives us in verse 8, how far has Jack's anger progressed?
5. What is at the root of Jill's anger? What is she wanting that she is not getting?
6. Is this a sinful desire?
7. What is the fruit of Jill's anger?
8. What steps can we take to help Jack and Jill put to death the anger that is leading them to destroy one another with their words?

- a. According to Romans 8:13 how can Jack and Jill put to death sinful anger?

- b. How do we use the Spirit to put to death the deeds of the body? (See Ephesians 6:17-18)

- c. In this fight against sin how is the Spirit supplied to believers? (See Galatians 3:5)

- d. How then does faith in God's Word help us avoid the temptation to sin?