

Psalm 119:145-176

Nisi quia Dominus

145 I call with my whole heart; *
answer me, O Lord, that I may keep your statutes.

146 I call to you; oh, that you would save me! *
I will keep your decrees.

147 Early in the morning I cry out to you, *
for in your word is my trust.

148 My eyes are open in the night watches, *
that I may meditate upon your promise.

149 Hear my voice, O Lord, according to your loving-kindness; *
according to your judgements, give me life.

150 They draw near who in malice persecute me; *
they are very far from your law.

151 You, O Lord, are near at hand, *
and all your commandments are true.

152 Long have I known from your decrees *
that you have established them for ever.

153 Behold my affliction and deliver me, *
for I do not forget your law.

154 Plead my cause and redeem me; *
according to your promise, give me life.

Morning Prayer – Tuesday May 19, 2026

155 Deliverance is far from the wicked, *
for they do not study your statutes.

156 Great is your compassion, O Lord; *
preserve my life, according to your judgements.

157 There are many who persecute and oppress me, *
yet I have not swerved from your decrees.

158 I look with loathing at the faithless, *
for they have not kept your word.

159 See how I love your commandments! *
O Lord, in your mercy, preserve me.

160 The heart of your word is truth; *
all your righteous judgements endure for evermore.

161 Rulers have persecuted me without a cause, *
but my heart stands in awe of your word.

162 I am as glad because of your promise *
as one who finds great spoils.

163 As for lies, I hate and abhor them, *
but your law is my love.

164 Seven times a day do I praise you, *
because of your righteous judgements.

165 Great peace have they who love your law; *
for them there is no stumbling block.

Morning Prayer – Tuesday May 19, 2026

166 I have hoped for your salvation, O Lord, *
and I have fulfilled your commandments.

167 I have kept your decrees *
and I have loved them deeply.

168 I have kept your commandments and decrees, *
for all my ways are before you.

169 Let my cry come before you, O Lord; *
give me understanding, according to your word.

170 Let my supplication come before you; *
deliver me, according to your promise.

171 My lips shall pour forth your praise, *
when you teach me your statutes.

172 My tongue shall sing of your promise, *
for all your commandments are righteous.

173 Let your hand be ready to help me, *
for I have chosen your commandments.

174 I long for your salvation, O Lord, *
and your law is my delight.

175 Let me live, and I will praise you, *
and let your judgements help me.

176 I have gone astray like a sheep that is lost; *
search for your servant,
for I do not forget your commandments.

Glory to God, Source of all being, eternal Word, and Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.

We Praise Thee Te Deum laudamus

We praise thee, O God; we acknowledge thee to be the Lord.

All the earth doth worship thee, the Father everlasting.

To thee all Angels cry aloud,

the Heavens and all the Powers therein.

To thee Cherubim and Seraphim continually do cry:

Holy, holy, holy, Lord God of Sabaoth;

 Heaven and earth are full of the majesty of thy glory.

The glorious company of the apostles praise thee.

The goodly fellowship of the prophets praise thee.

The noble army of martyrs praise thee.

The holy Church throughout all the world

 doth acknowledge thee,

 the Father, of an infinite majesty,

 thine adorable, true, and only Son,

 also the Holy Ghost the Comforter.

Thou art the King of glory, O Christ.

Thou art the everlasting Son of the Father.

When thou tookest upon thee to deliver man,

thou didst humble thyself to be born of a Virgin.

When thou hadst overcome the sharpness of death,

thou didst open the kingdom of heaven to all believers.

Thou sittest at the right hand of God, in the glory of the Father.

We believe that thou shalt come to be our judge.

 We therefore pray thee, help thy servants,

 whom thou hast redeemed with thy precious blood.

 Make them to be numbered with thy saints, in glory everlasting.

Ephesians 3:14-21

A reading from the letter of Paul to the Ephesians.

For this reason I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, forever and ever. Amen.

The word of the Lord.

Thanks be to God.