

One Sabbath

Meals with Jesus Series
Solid Rock Church
Pastor Elliott Anderson





What is Sabbath?

Shabbat: to cease or to rest

Sunset Friday until night on Saturday

Challah, up to 3 synagogue services

117X in Bible, 45X in Gospels

Genesis 2: 2, And on the 7th day God finished his work that he had done, and he rested on the 7th day from all his work that he had done.

THE 4TH
COMMANDMENT
REMEMBER THE SABBATH
AND KEEP IT HOLY

Old Covenant: Sabbath Commandment

Exodus 20: 8 – 10, Remember the Sabbath and keep it holy. Six days you shall labor and do all your work, but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, neither you nor your son or daughter, nor your manservant, or maidservant, nor your animals, nor the alien within your gates.

Lord of the Sabbath

Mark 2: 27 – 28, Then Jesus said to them, “The Sabbath was made for man, not man for the Sabbath. So, the Son of Man is Lord even of the Sabbath.”

Life needs and mercy takes precedence over religious rules – the Sabbath is to help people – not hurt them!



BioMed Central

24 hours unplugging from work, technology, and to rest

Reduced stress markers

Better immune system

Reduced anxiousness

Better and deeper sleep

Reduced dysregulation

Better peace and joy



Paul: Freedom within Rest



Colossians 2: 16 – 17,

Therefore do not let anyone judge you by what you eat or drink, or about a festival, a new moon, or a Sabbath day. These are a shadow of the things that were to come, the reality, however, is found in Christ.

Pastor Sabbaticals

An intentional leave from Pastor responsibilities: from the Biblical concept of *shmita*: resting agricultural every 7 years.

Leviticus 25: 4, But in the 7th year there shall be a Sabbath of solemn for the land, a Sabbath to the Lord. You shall not sow your field or prune your vineyard.

Started in Higher Education - Harvard in 1880's.

Started to be practiced in Churches in the 1980's.

Meals with Jesus Series

April 12	Breakfast on the Beach	John 21: 9 – 14
April 19	Tax Collector's Party	Luke 5: 27 – 39
April 26	Simon's House	Luke 7: 36 – 50
May 3	The 5,000	Luke 9: 10 - 17
May 10	Mary and Martha's	Luke 10: 38 - 42
TODAY	One Sabbath	Luke 14: 1 – 11

4th Meal / Confrontation with the Pharisees on the Sabbath

Luke 6: Jesus and the disciples eat grain in the field

Luke 7: The prostitute anoints Jesus at Simon's House

Luke 11: Jesus eats a meal without ceremonial washing first

Luke 14: Heals the man with dropsy at Chief Pharisee's house.

Context and Current Affairs in Luke 13

1 – 3, Jesus addressed an incident where Pontius Pilate (Governor of Judea) massacred Galilean worshippers while they offered sacrifices, mixed their blood with the offering

4 – 9, Jesus addressed the accident that killed 18 people at the Tower of Siloam and warns against interpreting personal tragedy as a direct result of individual sin.

Healing in Luke 13

10 – 21: Jesus healed a crippled woman in one of the Synagogues. Pharisee rebuked Jesus – Jesus rebuked him.

22 – 30: Narrow road teaching in the cities / villages around Jerusalem.



Pharisees Save Jesus in Luke 13

Jesus Foretells His Death

31 - 33, Just at that time some Pharisees came up to Jesus, saying to Him, “Go away and depart from here, for Herod wants to kill you.” And Jesus said to them, “Go and tell that fox, behold, I cast out demons and perform cures today and tomorrow and the third day I reach my goal. Nevertheless, I must journey on today and tomorrow and the next day, for it cannot be that a prophet should perish outside of Jerusalem.”

Meal at the Home of the Chief Pharisee

Luke 14: 1, One Sabbath, when Jesus went to dine at the house of the ruler of the Pharisees, they were watching him carefully.



Chief Pharisee Responsibilities

Final interpretation of the Law
Expert teacher of the Scriptures
Head of all the Synagogue officials
Leading Pharisee in the Sanhedrin
Collaborator with High Priest(s)



Setting of the Meal at the Chief Pharisee's House

This wasn't an open banquet like at Matthew's

This wasn't an open courtyard like at Simon's house

This would have been after the Synagogue service

This was after "the 1st Woes" judgments – Luke 6 and 11

This would have been an invitation only event

This was a deliberate effort to "catch" Jesus in sin



The Other Invited Guest

Luke 14: 2, And there, in front of Jesus, was a **certain man suffering from dropsy**.

Dropsy = Edema

Swelling in the legs, arms, hands, or feet caused by fluid retention.

It is not a disease itself, but a symptom of an underlying condition, such as heart, kidney, or liver disease, or severe malnutrition.





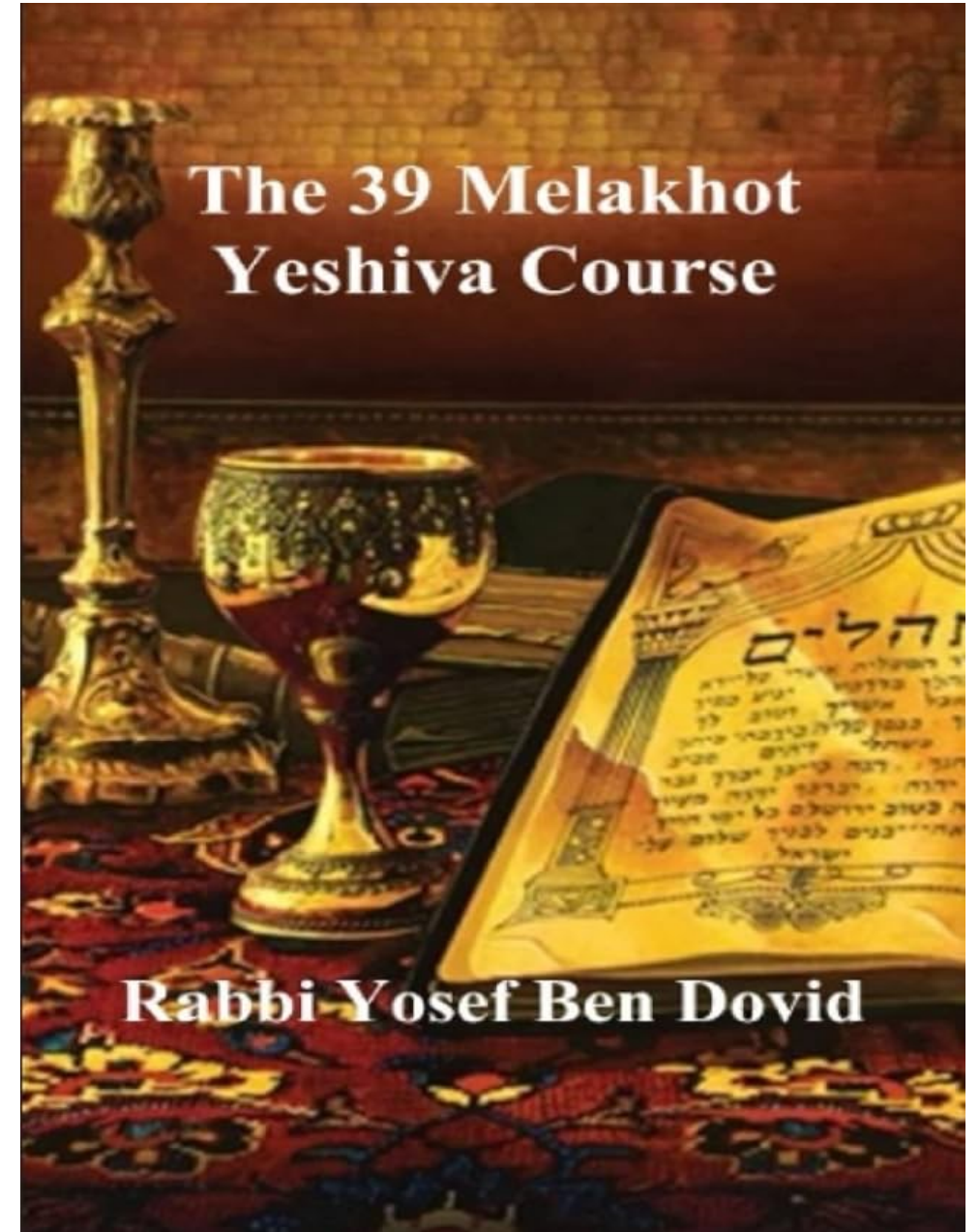
The Divine Question

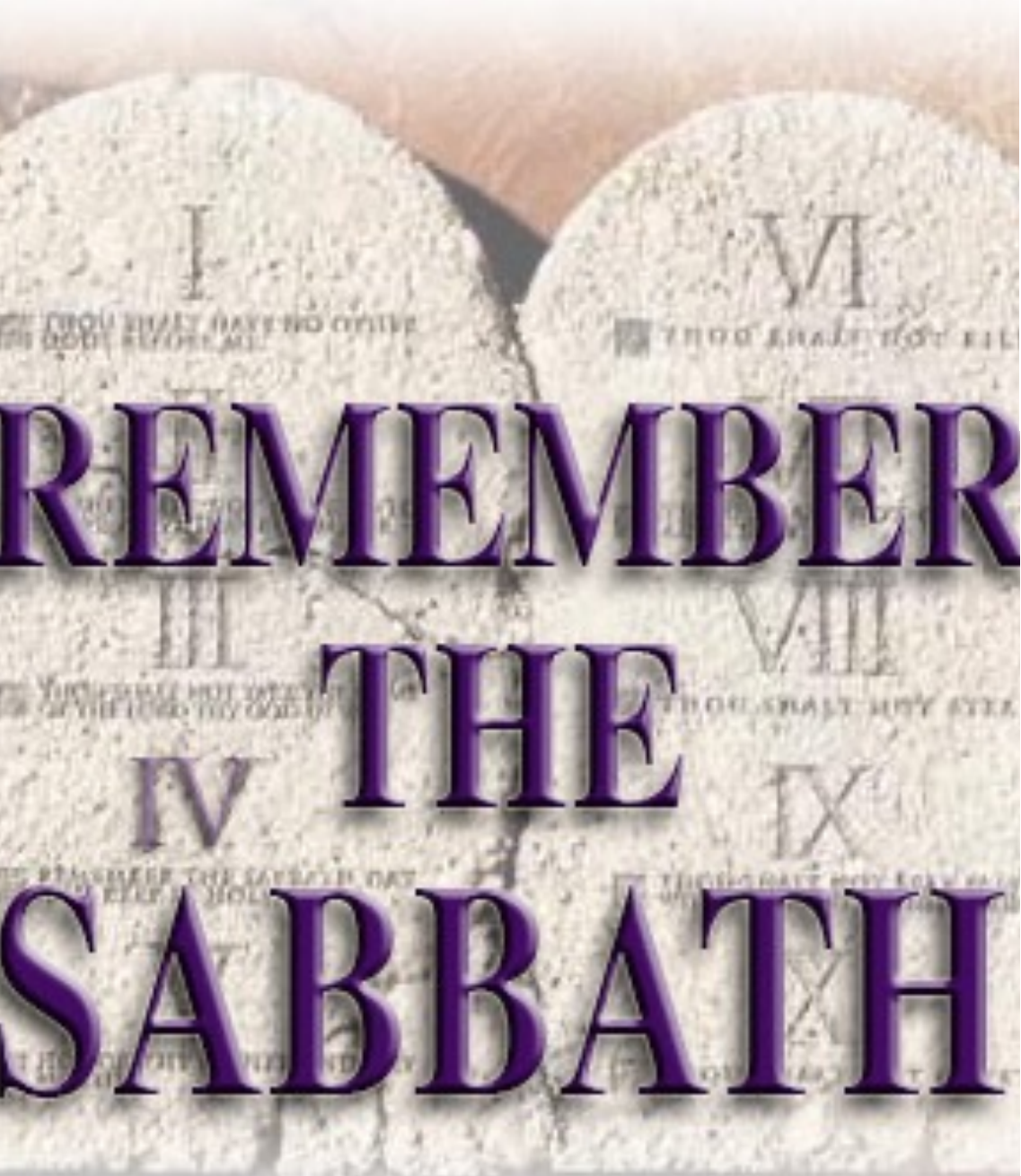
Luke 14: 3, And Jesus responded to the lawyers and Pharisees saying, **“Is it lawful to heal on the Sabbath or not?”**

What did the Law say about Sabbath Healing?

The Halakha generally prohibits healing on the Sabbath unless a life is in danger, a principle based on preventing work, which is classified under the 39 forbidden labors.

The Melakhot





Prohibited Activities in the Melakhot

Sewing, Cooking, Baking
Plowing, Building, Making
Lighting fires or lamps
Writing more than 2 words
Tying a knot with 2 hands
Moving things out of house



The Divine Paradox

Luke 14: 3, And Jesus responded to the lawyers and Pharisees saying, **“Is it lawful to heal on the Sabbath or not?”**

Only Jesus could heal.

The Pharisees couldn't heal anybody on any day!



The Divine Dilemma

Luke 14: 3 – 4a, “Is it lawful to heal on the Sabbath or not?”

But they remained silent.

If they said “no,” they would have been seen as heartless – cruel...

If they said “yes,” they would contradict their own traditions of the law...



The Divine Decision

Luke 14: 4, But they remained silent. So, taking hold of the man, **Jesus healed him** and sent him on his way.

The Sabbath is to help people – not hurt them!

The 7th and last Sabbath Healing

Synagogue	demon possessed man	Mark 1
Peter's house	his mother-in-law	Mark 1
Synagogue	man with withered hand	Matthew 12
Pool of Bethesda	lame man at Bethesda	John 5
Along the road	man born blind	John 9
Synagogue	crippled woman	Luke 13
Pharisee's house	man with dropsy	Luke 14

Hundreds of Healings of Jesus

Individual healings	37 – 50 people
Mass healings	10 lepers
Multitudes healed	Mark 1, Luke 4, Matthew 8
Thousands fed	All 4 gospels

John 21: 25, And there are also many other things which Jesus did, which if they were written in detail, I suppose that even the world itself would not contain the books which were written.

The Divine Analogy

Luke 14: 5 – 6, And Jesus said to them, “Which one of you shall have a son or an ox fall into a well, and will not immediately pull him out on a Sabbath day?” And they could make no reply to this.



24X the Words of Jesus Silenced Pharisees and the Demons

Luke 14: 4 and 6	Pharisees and dropsy healing
Matthew 22: 46	Who's son is the Christ?
Mark 12: 34	Great commandment
Mark 1: 34	Wouldn't permit the demons to speak
Mark 3: 11 – 12	Strictly ordered demons not to speak

40X people walked away – requirements too difficult

Rest and recovery in routines

Relationships in faith over traditions of religion

Sabbath /Church are for people

Pray for me and Angie on our Sabbatical

