

ANGLICAN PARISH OF SALT SPRING ISLAND ANNOUNCEMENTS



In the Community —

- **Community Meditation with Peter Levitt** | Salt Spring Library | FREE

Tuesdays' — May 19 & 26 + June 2, 9 & 16 — 12:00 to 1 pm

Meditation leader Peter Levitt has practiced meditation for more than fifty years. As a fully authorized Zen teacher, he founded and led the Salt Spring Zen Circle until his retirement in 2023. He is the author of twenty books of poetry and prose, including translations from Japanese, Chinese, and Spanish. He developed this program with the hope that learning the general basics of meditation will bring greater calm, ease, enjoyment and understanding to fellow islanders. Each week's session will include instruction, meditation, questions & answers, and the sharing of tea. Participants will be sitting in chairs and will be able to continue this practice at home. Beginning and experienced participants are welcome to join.

- **Amazing Island Women Panel Discussion** | ArtSpring | by donation

Thursday, May 21st — 1:00 to 2:30 pm

In this panel discussion, five iconic Salt Spring women discuss their personal journeys to leadership in their chosen fields and reflect on how being a woman has helped or hindered their progressions.

Speakers dive into how they succeeded to where they are today, their visions and hopes for the future, and their advice to women aiming to succeed in our 21st century world. Moderated by photographer and journalist Connie Kuhns, this conversation explores the joys and pitfalls of living and succeeding in a small, island community. There will also be discussion on the many different levels of success and how for many, being healthy and happy can be a huge achievement in itself.

Amazing Island Women is presented in concurrence with *Homage*, a unique, beautiful and powerful exhibition of 40 tailor-made and exquisite necklaces designed and created for 40 of Canada's most iconic women. Through design and choice of material, each piece celebrates the achievements, talents, perseverance and character of their dedicated icon, and is accompanied by a biography and a drawing of each woman. *Homage* celebrates influential Canadian women and shines a light on how they continue to shape our country in the face of new challenges and changes in attitudes toward women in society.

In our Parish —

- There will be a meeting of Parish Council in the Lower Hall following service today, May 17th.

- **OUTREACH MEETING**

1:00 pm, Friday May 22nd in the Church Library

Please come and tell us about a local, national, and/or inter-national project you want to support.

New members very welcome.

- **ALL SAINTS' AFTER DARK**

Thursday, May 21st | 7:30—9:30 pm

Join us here in our Sanctuary for an unforgettable night as Meredith Bates unveils her new album *The Observer Effect* with special guests!

This album invites listeners into an immersive experience, examining the interplay between observation and reality—a principle drawn from quantum mechanics and philosophy. Bates describes the album as an exploration of witnessing and being witnessed, an examination of emotional and political exchanges that shape our perceptions. Her compositions deftly probe themes of perception, illusion, and metamorphosis, revealing the intricate dynamics that influence sound and identity.

- **ALL SAINTS' GARDENERS.**

Weather permitting we gather weekly from **10:00—11:30 am on Thurs'** We invite you to join us for as long & often as you are able. We begin with prayer to aid our ministry, & you will find it very rewarding as we work together to maintain the beauty & health of our church garden.

Please bring your own tools.

For more info or to be put on the contact list, call **Lolla: 250-537-2918**