

May 17, 2026

SUNDAY REFLECTION — Stay Connected and Grow

May Series: Built Different

Week Focus: Remain and Grow

Scripture – John 15:4–5

“Remain in me... apart from me you can do nothing.”

Devotional Reflection

Take a moment and reflect on this past week. Not just on what you intended to do, but on how you actually stayed connected. Jesus calls you to remain in Him, which means growth is not just about starting—it is about continuing. This week was not just about connection—it was about consistency.

You may begin to recognize areas where you stayed more aware of your connection to God. Maybe you paused more before responding. Maybe you were more intentional with your time. Maybe you found yourself returning to God more quickly throughout the day. These are signs that your connection is becoming more consistent.

Remaining changes how you live. Instead of reacting quickly, you begin to respond with clarity. Instead of feeling scattered, you begin to feel more aligned. This is what it looks like to stay connected. Your life becomes steadier because your source remains the same.

You may also notice areas where your connection felt inconsistent. Moments where you drifted, became distracted, or relied on yourself. This awareness is not failure—it is direction. It shows you where you need to strengthen your connection moving forward.

As you step into the week ahead, remember this: growth is not about doing more—it is about staying connected. The more you remain in Christ, the more your life will develop in the right direction. What you continue in will shape what you become.

Today, thank God for what He is forming in you. You are not just growing—you are learning to remain. And what you stay connected to will determine how your life continues to grow.

Focus for Today

I stay connected so my life continues to grow.

Practice

- Reflect on where you stayed connected this week
 - Identify where you need to improve consistency
 - Commit to remaining daily
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Prayer

Lord, thank You for teaching me to remain. Help me stay connected so my life continues to grow. In Jesus name, Amen.

Reflection Question

Where did I stay connected this week—and where do I need to grow?