



# CHRIST CHURCH

## UNITED CHURCH OF CHRIST

AN OPEN & AFFIRMING WISE CONGREGATION.



MENTAL HEALTH SUNDAY

May 17, 2026

9:30 AM



"God gives power to the faint, and strengthens the powerless." -Psalm 68:35

**No matter who you are or where you are on life's journey, you are welcome here.**

*\* Please stand in body or spirit.*

*Quiet meditation at the first note of the prelude.*

**PRELUDE**

\*\*\*\*\* **LIGHTING OF THE CANDLES** \*\*\*\*\*

**HYMN** "There's a Wideness in God's Mercy" (music supplement pg. 7)

**\* CALL TO WORSHIP**

One: Look to the heavens, people of God.

**All: See the steadfast love of the Most High.**

One: Christ ascends in glory, yet remains near to the weary and burdened.

**All: Shout to God with cries of joy.**

One: Bring your whole selves into this sacred space.

**All: Bring your hope, your grief, your anxiety, your exhaustion.**

One: Clap your hands, children of Love incarnate.

**All: Sing praises to God, our healer and our hope. For nothing can separate us from the love of God.**

\*\*\*\*\* **BELL** \*\*\*\*\*

**\*HYMN** "His Eye Is On the Sparrow" (music supplement pg. 8)

**OPENING PRAYER**

**SILENT PRAYER**

**WELCOME & ANNOUNCEMENTS**

**PRAYER OF RECONCILIATION** (unison)

Merciful God, we long for wholeness, yet often hide our struggles behind smiles and silence. We yearn for peace within our minds, for rest within our spirits, for freedom from the fears and burdens we carry. Too often, we judge ourselves harshly, resist asking for help, or believe we must suffer alone. Open the eyes of our hearts anew. Teach us that vulnerability is not weakness, and that seeking support is not failure. Clothe us with your Spirit of comfort and courage, that we may become a community of compassion, where healing is nurtured, and no one walks alone. In the name of Christ, who ascended in glory yet remains present with us in our pain and hope, we pray. Amen.

*TIME FOR SILENT CONFESSION*

**ASSURANCE OF GRACE**

**CHILDREN'S MINISTRY**

**WAVING A SIGN OF PEACE** 🙌

**MINISTRY OF MUSIC**



**CHRIST CHURCH**  
 UNITED CHURCH OF CHRIST  
 DES PLAINES, ILLINOIS

# CAKE WALK!

**30** Saturday, May 30th  
**3:00 PM**  
 1492 Henry Ave, Des Plaines, IL

**How It Works:**  
 Join the fun, walk the circle, and when the music stops...  
**You might win a cake!**

**Tickets:**  
 ● \$1 per round  
 ● \$10 for unlimited rounds  
 ♥ All proceeds support our church scholarship fund

♥ Fun for all ages  
 ♥ Bring your friends & family!

# Music Sale

Build up your music catalogue with sacred and secular pieces from our collection!

\$1 per piece!



Buy 5 pieces, get 1 free!

**June 6**  
**10 AM to 3 PM**  
**Wobbe Hall**

\*Some filing cabinets, desks and miscellaneous office items will also be available for sale.

Family Friendly - All Are Welcome - Children Through Adults

**SATURDAY  
JUNE 20, 2026**

**1 - 5 PM  
FREE**



Trinity Lutheran Church, 675 E. Algonquin Rd , Des Plaines, IL

Free Food | Performances | Family-Friendly Drag Show  
LGBTQIA+ Support Organizations | Activities, Games & More!

[speakdesplaines.org/pride](https://speakdesplaines.org/pride)

*A Community  
Partnership  
Between*



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OR



# IN MEMORY / HONOR

In memory of our moms, Dorothy Bos and Myrtle Hudson on Mother's Day from Bud and Elaine Hudson

In sacred memory of those who died from the pain of mental illness and suicide.

In honor of those who wake up each day and keep going.



## May we continue special prayers for...

Dawn Mashek  
Sue Prunty  
John Prellberg  
Kelly Roberts  
Hope & Bruce Tschappat  
Helen Harney  
The Hudsons

Marilyn McCown  
Ariana Subera  
Rev. Marcia Urban  
Charles Eppely  
Alice Barnhart  
Grice Family  
Isabell Kendl

Documented &  
Undocumented  
Immigrants  
Our Country  
Ukraine, Lebanon,  
Palestinian, and Israeli  
citizens

## Homebound

Marion Meseth  
Marilyn Hoover  
Dorothy Zemke  
Kathie Groll  
Cathy Chappell  
Jack Storm

## Special prayers for:

Those living with mental illness, illness, without a home or food, our church community, service people, veterans, our nation, and our leaders.



# Happy Birthday!

20 - Bud Hudson  
21 - Barbara Dopp

# happy anniversary

17 - John & Maggie LaMarche (50)

## Thanks to everyone scheduled to help with worship:

Pastor.....	Rev. Gilbert Martinez
Liturgist/Lector.....	Megan Shipp
Music Director.....	Karen Wilberg
Council Greeter.....	Bob Neil
Ushers.....	Rita Barth, Gary Smith, Cathy Wiesner, Ruben Oviedo

Choose  
kindness

## ANNOUNCEMENTS

inspire

**LAST WEEK'S ATTENDANCE: 50±**  
*Our attendance is calculated using our  
LIVE Facebook viewers and those in person.*

**GET IT TOGETHER:** Tiny Toes & Big Hearts! Our Get It Together group crafted blankets, hats & booties for Project Baby Blanket! They'll bring a little love to NICU babies. Can you crochet or knit? Consider joining our group! The group meets on the third Wednesday of each month in the lounge. *The next meeting will be on May 20th, from 10:00 am - 12:00 pm.*


**MEN'S LUNCH:** Held on the second Monday of every month at 11:45 am, at Sunrise Grill.

**WOMEN'S BREAKFAST:** Held the second Tuesday of every month at 9:00 am, at Sunrise Grill.

**SELF-HELP CLOSET & PANTRY:** They are in dire need of the following items: ketchup, mustard, mayo, pasta sauce (plain), flour, sugar, instant coffee, breakfast cereal (chocolate), new or like-new clean bed linens and towels, men's, women's, children's underwear (all sizes), body wash, shampoo, dish soap, laundry detergent, and paper towels. Please bring clean, dry plastic grocery bags.

**COMMUNITY BACKPACK PROJECT:** If you would like to bring items for The Community Backpack Project, these are the suggested items (please no glass jars): single serve breakfast cereal, instant oatmeal packets, pancake mix, canned red beans, one-pound bags of rice, pasta and pasta sauce, canned soup, canned pasta, stew or chili, peanut butter and jelly, fruit cups, pudding cups, fruit snacks, individually-wrapped snacks and chips. Please place them in the blue bins. Speak to Cathy for more information!

**COFFEE HOUR SIGN-UP: Looking for a way to get involved? Sign-up for coffee hour in the office.**

**ALTAR FLOWERS:** Sign-up sheet is available in the office. 

**TRIVIA CONTEST @ TRINITY LUTHERAN:** Form a group of 2-6 to compete in trivia on **July 18<sup>th</sup>** ! \$20 per participant, and refreshments served. Sign up on the Trinity website, or using the QR code.

[trinitydesplaines.org/trivia-night](http://trinitydesplaines.org/trivia-night)



**INTERFAITH FAMILY PRIDE FEST:** Enjoy a free Pride celebration in Evanston, IL at Raymond Park. **Sunday June 14<sup>th</sup> from 2 PM to 5 PM.**

**SPECIAL MEETING:** There will be a special meeting after worship on **Sunday, May 24<sup>th</sup>**  
The sole purpose of this meeting is to call for a congregational vote regarding our ongoing search for a potential new physical church building. Specifically, the Vision Task Force, under the direction of the Church Council, is asking the congregation to consider expanding the geographic scope of our search beyond our current city limits, while still remaining within reasonable proximity to our community.

**RELIABLE HELP FOR ALL YOUR HOME REPAIR AND UPKEEP NEEDS!** Services include general repairs, minor electrical & plumbing, painting, flooring, furniture assembly, power washing, landscaping, and home & window cleaning. **Call Emanuel at (224) 392-9069 - Please only call regarding such services.**





**Christ Church**  
**United Church of Christ**  
**1492 Henry Avenue - Des Plaines, IL 60016**  
**847-297-4230**



**Tuesday - Friday**

9:00 am - 3:00 pm

**PASTOR'S OFFICE HOURS**

Tues. & Wed. 9:30 am - 3 pm;

***Days off:*** Friday & Saturday



**Website:** [christchurchuccdesplaines.org](http://christchurchuccdesplaines.org)

**Facebook:** [facebook.com/christchurchuccdesplaines](https://facebook.com/christchurchuccdesplaines)

**Instagram:** [instagram.com/christchurchuccdesplaines](https://instagram.com/christchurchuccdesplaines)

**CHURCH STAFF**

**Rev. Gilbert Martinez, *Pastor***

[gilbert@christchurchuccdesplaines.org](mailto:gilbert@christchurchuccdesplaines.org)

**Kat Chwalisz, *Administrative Assistant***

[kat@christchurchuccdesplaines.org](mailto:kat@christchurchuccdesplaines.org)

**Helayne Levin, *Finance Coordinator***

[helayne@christchurchuccdesplaines.org](mailto:helayne@christchurchuccdesplaines.org)

**Karen Wilberg, *Music Director & Church Organist***

[karen@christchurchuccdesplaines.org](mailto:karen@christchurchuccdesplaines.org)

**Tommie Jordan, *Custodian***

**Emanuel Alvarez, *Maintenance Technician***

**Rita S. Barth, *Faith Forward Adventures Lead Teacher***

**Grace Pastor, *Faith Forward Adventures Teacher***

**Lay Ministry: All Members**

Judy Rosedale, *Council President*; Laura Hallberg, *Council Vice-President*

Council greeters are available to listen to your questions, concerns  
& positive feedback about worship and all areas of church life.

**Art Sketch of Church Front by Nancy Boeckenhauer 1990.**