



POHICK EPISCOPAL CHURCH

The 1774 home church of George Washington and George Mason.
In Christ: Embracing our history, welcoming in the present, transforming for the future.

Sunday, May 17, 2026

**The Seventh Sunday of Easter
The Sunday after Ascension Day**

10:30 am

Holy Eucharist: Rite II

Facebook Live from inside Pohick Church • BCPonline.org, p. 355

*The Order of Worship is from The Book of Common Prayer
The Hymns and Service Music are in The Hymnal 1982 and from Trinity Hymnal 1961
Service Music Setting: William Mathias, 1938-1992*

The congregation enters in silence before the service

PRELUDES Cambridge Carillon John C. Dare, 1933-2021
All hail the power of Jesus' Name Linda R. Lamb
Coronation, Miles Lane, Diadem

HOLY EUCHARIST: RITE TWO **The Book of Common Prayer, pp. 353-366**

THE WORD OF GOD BCP p. 355

PROCESSIONAL See the Conqueror mounts in triumph – *In Babilone* **HYMN 215**

OPENING ACCLAMATION **p. 355**

The people stand
Celebrant Alleluia. Christ is risen.
People **The Lord is risen indeed. Alleluia.**

COLLECT FOR PURITY **p. 355**

GLORIA IN EXCELSIS Glory to God – Mathias **S 278**

Celebrant The Lord be with you.
People **And also with you.**

Celebrant Let us pray.

COLLECT **Seventh Sunday of Easter, p. 226**

O God, the King of glory, you have exalted your only Son Jesus Christ with great triumph to your kingdom in heaven: Do not leave us comfortless, but send us your Holy Spirit to strengthen us, and exalt us to that place where our Savior Christ has gone before; who lives and reigns with you and the Holy Spirit, one God, in glory everlasting. **Amen.**

When the apostles had come together, they asked Jesus, “Lord, is this the time when you will restore the kingdom to Israel?” He replied, “It is not for you to know the times or periods that the Father has set by his own authority. But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.” When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight. While he was going and they were gazing up toward heaven, suddenly two men in white robes stood by them. They said, “Men of Galilee, why do you stand looking up toward heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into heaven.”

Then they returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a sabbath day’s journey away. When they had entered the city, they went to the room upstairs where they were staying, Peter, and John, and James, and Andrew, Philip and Thomas, Bartholomew and Matthew, James son of Alphaeus, and Simon the Zealot, and Judas son of James. All these were constantly devoting themselves to prayer, together with certain women, including Mary the mother of Jesus, as well as his brothers.

Reader The Word of the Lord.

People *Thanks be to God.*

THE PSALTER

Psalm 68:1-10. 33-36, BCP pp. 676, 678-679

Exurgat Deus

Chant by John Davy, 1763-1824

*Sung by all seated*

- 1 Let God arise, and let his | enemies • be | scattered; *
 let those who | hate him | flee be | fore him.
- 2 Let them vanish like smoke when the wind | drives it • a | way; *
 as the wax melts at the fire, so let the wicked | perish at • the
 | presence • of | God.
- 3 But let the righteous be glad and re | joice be • fore | God; *
 let them | also • be | merry • and | joyful.



- 4 Sing to God, sing praises to his Name;
exalt him who | rides up•on the | heavens; *
YAHWEH is his | Name, re|joice be|fore him!
- 5 Father of orphans, de|fender • of | widows, *
God in his | holy | habi|tation!
- 6 God gives the solitary a home and brings forth prisoners | into | freedom; *
but the | rebels • shall | live in • dry | places.
- 7 O God, when you went forth be|fore your | people, *
when you | marched | through the | wilderness,
- 8 The earth shook, and the skies poured down rain,
at the presence of God, the | God of | Sinai, *
at the presence of | God, the | God of | Israel.
- 9 You sent a gracious rain, O God, upon | your in|heritance; *
you refreshed the | land when | it was | weary.
- 10 Your people | found their | home in it; *
in your goodness, O God, you have made pro|vision • for the | poor.
- 33 Sing to God, O | kingdoms • of the | earth; *
sing | praises | to the | Lord.
- 34 He rides in the heavens, the | ancient | heavens; *
he sends forth his | voice, his | mighty | voice.
- 35 Ascribe | power • to | God; *
his majesty is over Israel;
his | strength is | in the | skies.
- 36 How wonderful is God in his | holy | places! *
the God of Israel giving strength and power to his people!
| Bles•sed | be | God!

Gloria Patri

Glory to the Father, and | to the | Son, *
and | to the | Holy | Spirit:
As it was in the be|ginning, is | now, *
And | will be • for|ever. A|men.

THE EPISTLE LESSON

1 Peter 4:12-14; 5:6-11

Beloved, do not be surprised at the fiery ordeal that is taking place among you to test you, as though something strange were happening to you. But rejoice insofar as you are sharing Christ's sufferings, so that you may also be glad and shout for joy when his glory is revealed. If you are reviled for the name of Christ, you are blessed, because the spirit of glory, which is the Spirit of God, is resting on you.

Humble yourselves therefore under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you. Discipline yourselves, keep alert. Like a roaring lion your adversary the devil prowls around, looking for someone to devour. Resist him, steadfast in your faith, for you know that your brothers and sisters in all the world are undergoing the same kinds of suffering. And after you have suffered for a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, support, strengthen, and establish you. To him be the power forever and ever. Amen.

Reader The Word of the Lord.
People *Thanks be to God.*

GRADUAL Rejoice, the Lord of life ascends – *Parker*

HYMN 222

THE GOSPEL LESSON

John 17:1-11

Priest The Holy Gospel of our Lord Jesus Christ according to John
People *Glory to you, Lord Christ.*

Jesus looked up to heaven and said, "Father, the hour has come; glorify your Son so that the Son may glorify you, since you have given him authority over all people, to give eternal life to all whom you have given him. And this is eternal life, that they may know you, the only true God, and Jesus Christ whom you have sent. I glorified you on earth by finishing the work that you gave me to do. So now, Father, glorify me in your own presence with the glory that I had in your presence before the world existed.

"I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and yours are mine; and I have been glorified in them. And now I am no longer in the world, but they are in the world,

and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one.”

Celebrant The Gospel of the Lord.
People ***Praise to you, Lord Christ.***

THE SERMON

The Reverend Daniel M. Cenci

Moment of Silence

THE NICENE CREED

p. 358

THE PRAYERS OF THE PEOPLE (*Form IV*)

p. 388

Deacon or other leader Let us pray for the Church and for the world.
Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

Lord, in your mercy

Hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

Lord, in your mercy

Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy

Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Lord, in your mercy

Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Lord, in your mercy

Hear our prayer.

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy

Hear our prayer.

The Celebrant adds a concluding Collect.

| | |
|--|---------------------------------|
| CONFESSION OF SIN | p. 359 |
| THE PEACE | p. 360 |
| WELCOME AND ANNOUNCEMENTS | |
| THE PRESENTATION OF THE BREAD AND WINE | |
| THE HOLY COMMUNION | BCP p. 363 |
| THE OFFERINGS OF BREAD AND WINE | |
| OFFERTORY ANTHEM | William Henry Harris, 1883-1973 |

Behold, the tabernacle of God

Behold, the tabernacle of God is with men, and the Spirit, the Spirit of God dwelleth within you; for the temple of God is holy. Which temple ye are: for the love of whom ye do this day celebrate the joys of the temple with a season of festivity. Alleluia.

Sarum antiphon for the Dedication of a Church, Revelation 21:3

**Praise God, from whom all blessings flow;
Praise Him, all creatures here below;
Alleluia, alleluia!
Praise Him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.
Alleluia, alleluia!
Alleluia, alleluia, alleluia!
Amen.**

| | | |
|---------------------------|--|--------|
| THE GREAT THANKSGIVING | <i>Eucharistic Prayer B</i> | p. 367 |
| SANCTUS | Holy, holy, holy, Lord – Mathias, <i>arr. Don Brownlee</i> | S 128 |
| THE LORD'S PRAYER | | p. 364 |
| THE BREAKING OF THE BREAD | | p. 364 |
| THE INVITATION | | |

All baptized Christians are invited to receive Communion (see back page).

Please follow the direction of the ushers to Communion Stations.

THE MINISTRATION OF COMMUNION

COMMUNION VOLUNTARY Diderich Buxtehude, c. 1637-1709

We now implore the Holy Ghost, *Nun bitten wir den Heiligen Geist, BuxWV 208*

COMMUNION *Agnus Dei* – Jesus, Lamb of God – William Mathias S 165

COMMUNION SONG George Frideric Handel, 1685-1750

But thou didst not leave (*Messiah*)

He was cut off out of the land of the living; for the transgressions of Thy people was he stricken. But Thou didst not leave His soul in hell, nor didst Thou suffer Thy Holy One to see corruption. *Isaiah 53:8, Psalm 16:10*

THE PRAYER OF THANKSGIVING p. 365

THE BLESSING

1. All hail the power of Je - sus' Name! Let an - gels pros - trate fall,
 2. Crown him, ye mar - tyrs of your God Who from his al - tar call,
 3. Ye seed of Is - rael's chos - en race, Ye ran - sored of the fall,
 4. Sin - ners, whose love can ne'er for - get The worm - wood and the gall,
 5. Let ev - 'ry kin - dred, ev - 'ry tribe On this ter - res - trial ball,
 6. O that with you - der sa - cred throng We at his feet may fall,

Let an - gels pros - trate fall; Bring forth the roy - al di - a - dem,
 Who from his al - tar call; Ex - tol the Stem of Jes - se's rod,
 Ye ran - sored of the fall, Hail him who saves you by his grace,
 The worm - wood and the gall, Go, spread your tro - phies at his feet,
 On this ter - res - trial ball, To him all maj - es - ty as - cribe,
 We at his feet may fall! We'll join the ev - er - last - ing song,

And crown him, crown him,
 And crown him, crown him, crown him, crown

crown him, crown him, And crown him Lord of all!
 him, And crown him Lord of all. A - MEN.

Words: Edward Perronet, 1726-1792, alt. John Rippon, 1751-1836
 Music: James Ellor, 1819-1899

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**We warmly welcome all newcomers and visitors and hope you'll introduce yourselves,
 receive a gift, and leave us your contact information!**

❧SERVING TODAY❧

| | |
|---------------------------|--|
| Celebrant | The Reverend Ted Renaud |
| Preacher | The Reverend Daniel M. Cenci |
| Minister of Music | Ronald Butts Boehmer |
| Choirs | Pohick Choir, Hiram Diaz, <i>tenor</i> |
| Ensemble | Pohick Handbells |
| Lay Eucharistic Ministers | Mari and Steve Harding |
| Shepherd | Jeff Schavland |
| Acolytes | Etta Bogdan, Rosemarie Schavland, Avianna Gonzalez, Hope Kelley |
| Duty Driver | Kaitlyn Wright |
| Ushers | Pehr Pehrsson and Rick Nelson |
| Altar Guild | Cooke Team |
| Docent | Tom and Susan Costa |
| Greeter | Donna Crawford |
| Digital Ministry | Marc Abrams, Chris Brown, Walker Hofmann, Sage Hofmann, Doug Smith, and Fiona Hofmann |

❧ *PRAYERS, INTERCESSIONS, AND THANKSGIVINGS* ❧

- **For the special needs and concerns of this congregation**, especially for Craig Floyd, Wren Norwood, Becky Wagner, Nissa D'Andrea, Bill Hosp, D'Andrea Wooten, Jim Murphy, Donna Crawford, Pat DeYoung, Alexander Clumpkens, Everett Wanko, Maggie Calio, Anne Sayer, Jim Bartholomew, Edwardene Pitcock, David Leon, Shannon Chandler, The Rev. Dennis Adams and his wife, Barbara, the Boyle Family, Cricket Blanton, Jim Walterman, Linda Liddle Blackington, Odin Knudsen, and Jen Tatum.
- We pray for all the blessings of this life, especially those celebrating birthdays this week: Andrew Biddlecomb, Jordan Cooke, Ben Sweetser, Hannah Lugar, Theron Jackson, and Scott Schwoppe.
- We pray for our members who serve our country, particularly those overseas, and their families: Ryan Moatta, Gabby Rolland, Summer Lancet, Colt Drew, Andrew Choi, The Hicks Family, Marty Wilson, and Nicholas Amorando.
- We pray for the victims of violence and of natural disasters worldwide. We pray for a Peaceful resolution of all global conflicts, and we ask your protection for all innocent people.
- We pray for all Christians who face persecution for their faith.
- In the Diocese of Virginia, we pray for St. James, Richmond; St. Stephen's, Richmond; and Triangle of Hope.

❧ *ALTAR FLOWERS* ❧

*Today's Altar flowers are in celebration of the graduation of our granddaughter,
Danielle Jones, from Pace University in New York City.
given by Dennis & Connie Myers*

❧ *TODAY'S EVENTS* ❧

- **7:45 am to 11:45 am:** The Nursery will be open and an attendant will be on site.
- **Golden Dove Gift Shop is open today from 8:45am-10:30am.**
- **9:15 am: New Member/Inquirers Class-** Rev. Daniel and Rev. Ted will be offering an 8-week class for anyone interested in becoming a member of Pohick Church. The series will focus on scripture, church history, Anglican theology, and Liturgy. **Class is TODAY at 9:15am in the Annex.** The class is open to prospective new members and to anyone who would like a refresher on the history and beliefs of Episcopal/Anglican Christians. If you are interested in joining Pohick Church, please reach out to Rev. Daniel via email at dcenci@pohick.org.

- During the Sunday School hour in addition to the inquirers class, we will be offering a **lectionary-based Bible study TODAY in the Vestry House**, led by Rev. Ted Renaud.
- **9:15 am-10:15 am: Church School's LAST DAY!** Preschool through fourth grade. Parents, please pick up your children at the door of the classrooms.
- **9:15 am in the Nursery: Grace Space LAST DAY** (18–36-month-olds with parent or grandparent)
- **10:20 am Classroom D: Children's Chapel LAST DAY**, parents can drop off preschool-2nd graders
- **LCAC: Food drive: Fill Rev. Daniel's truck TODAY!** Lorton Community Action Center
Thanks Pohickians for their generosity.
- **TODAY: Deanery Picnic! 1-3pm**, Grist Mill Park, 4320 Mt. Vernon Mem Hwy, Alexandria. Last name A-M: bring side dish. Last name N-Z bring dessert. Bring your own chairs and blankets!
- **EYC: 6pm, ages 5th-12th graders.**

❧ SPECIAL ANNOUNCEMENTS ❧

- **The Ann Mason Guild** would like to thank all that supported our Mother's Day Bistro L Hermitage gift card raffle. This year's lucky winner is Susanne Leon.
- **2026 Honduras Mission Trip: July 25- August 1:** Rev. Daniel will be leading a team of youth and adults to Concepcion Del Sur, Honduras on a medical and construction mission. We will be working with Friends of Honduras USA, a non-profit organization established for the purposes of providing advocacy for the victims of poverty and abuse in Honduras, promoting democracy, and facilitating trustworthy communication. The mission team will be providing much needed medical care for the residents of Conception Del Sur and assisting with the ongoing construction of a medical facility in the community. Team members will also travel to remote locations in the Honduran mountains to distribute medical supplies, food, and other necessities. No prior medical, construction, or missions experience is necessary.
- **The Robert and Bernice Kilmarx & Anne Powell Scholarship** is now open to graduating high school seniors of 2026. The purpose of the scholarship is to encourage and assist the youth of Pohick Church by providing financial assistance for our college students, encouraging the parish to continue to provide prayer and emotional support, and raising awareness of parish youth in post-secondary education. Applications are in the Parish Office and also can be obtained by emailing Rev. Ted (trenaud@pohick.org). Submit your application, essay, and two letters of reference to the church office - in attention to The Scholarship Committee by May 31. Awards will be given on Youth Sunday, June 7.
- **If you have a Graduating High Schooler**, please notify the Church Office to ensure recognition.
- **STAY TUNED! Pohick Church Sportswear is coming soon . . .**

- **Shrine Mont Parish Family Weekend Registration is now open.** The dates for our Parish Family Weekend are 26 to 28 June. For assured rooms registration is highly encouraged before or on 17 May. After that date rooms may not be available due to limited availability.
- **REGISTRATION UPDATE:** Thanks to the Brotherhood of St. Andrew and the Rector's Discretionary Account, we are able to offer **discounts for the youth** for Shrine Mont weekend 2026! Discounted costs: ages 3-14, \$65; ages 14-20, \$97.
- **SHRINE MONT RATES:** Double (14 years and older) \$197; Single (14 years and older): \$258; Child (age 4-13 years): \$135; Child 3 and younger are free. Questions: call Neil Sunderland @ 703.670.2962, or nomadicmapper@aol.com.
- **As we continue through the spring allergy and cold season, we kindly ask everyone to be mindful of our parish family's health.** If you are experiencing coughing, sneezing, congestion, or other symptoms, please consider wearing a mask when attending church or joining us from home through our 10:30 a.m. livestream. Your thoughtfulness helps protect others and ensures we can continue to gather safely and comfortably as a parish community.

❧ *UPCOMING EVENTS* ❧

Ministry of Music
Sunday, May 31, 2026, Trinity Sunday, 5 p.m.

Sounds of Pohick

*Pohick Pickers, St. Francis Choir, Pohick Handbells. Pohick Youth Choir,
Pohick Choir & Pohick Organ*

- **MAY 20: Eucharist at the Fairfax, 1:30 pm**
- **MAY 21: Eucharist at Harmony at Spring Hill, 1:30 pm**
- **MAY 24: "HONORING OUR HEROES"** The Pohick Church Chapter of the Brotherhood of St Andrew plans to conduct a Memorial Day 2026 observance, Sunday 24 May 0930-1000 at the Bell Tower. Everyone is invited and encouraged to attend to remember and honor our Veterans killed in combat or who died because of combat injuries.
- To provide a visible sign that our congregation honors our fallen Veterans, **the Brotherhood will make available enamel poppy lapel pins after Sunday services during coffee hour.** A donation of \$5 is suggested to support the observance and all remaining funds donated to the clergy for use in Veterans Ministry.
- **MAY 25:** Parish Office Closed for Memorial Day
- **MAY 27:** Join the Community of Hope as we visit the Labyrinth at St. Aidan's in Alexandria, 10am. Contact the Pohick parish office for more information.
- **MAY 29:** Friday Family Fellowship, 6pm
- **MAY 30:** EYC Coffee House, 5pm
- **MAY 31: Golden Dove Sidewalk Sale & Outdoor Coffee Hour** in the Courtyard, 8:45AM-Noon
- **MAY 31:** Sounds of Pohick, 5:00 pm
- **JUNE 07:** Youth Sunday and Parish Picnic

- **JUNE 13:** America's 250th Colonial Tea at Pohick
- **JUNE 14: Bishop's Visit**
- **JUNE 26-28: Shrine Mont**
- **July 2026:** Stay tuned for details about Patriotic Pohick Church's America the Beautiful celebration all month long
- **July 13-17, Pohick Vacation Bible School,** Ages 18 months-5th grade. The theme this year is Snowball Mountain Challenge! Registration is now open: Log onto pohick.org
- **July 25- August 1, 2026 Honduras Mission Trip**
- **It's never too early to begin planning for this year's Fair—our 80th! Mark your calendar for Saturday October 3, 2026.** The organizing team is exploring sponsorship opportunities with local businesses at multiple levels. We are compiling a list of merchants within a three to five-mile radius of the parish to invite as potential sponsors. If you have suggestions for businesses we should approach, or if you would like to assist the Fair Committee, please contact Rick Church at rickandkristi@comcast.net

❧ VISIT THE GOLDEN DOVE GIFT SHOP ❧

VISIT THE GOLDEN DOVE GIFT SHOP for spring decor, gifts for grads, personalized Pohick items, olive wood ornaments and crosses, baptism and confirmation gifts, clothing and purses for the ladies, AND Pohick's "famous" Apple Butter!

Hours: 1st & 3rd Sundays-8:45-10:30AM

2nd & 4th Sundays-11:30AM-12:30PM

First Saturdays-1-3PM (during docent tours)

SPECIAL NEW GIFTS—are framed sketches of our very own Pohick church—we have a limited number for sale!

GOLDEN DOVE GIFT SHOP NOW ONLINE!

www.pohick.org Homepage, click on "Golden Dove"

❧ MINISTRIES ❧

CHILDREN'S MINISTRY: TODAY: Church School, Grace Space and Children's Chapel

Susan Pehrsson, Director of Christian Education, 703-282-6574 or spehrsson@pohick.org

YOUTH MINISTRY: EYC: (Ages 5th-12th graders) The Rev. Ted Renaud, trenaud@pohick.org

and the Rev. Daniel Cenci, dcenci@pohick.org

PASTORAL CARE MINISTRY: The Rev. Ted Renaud, trenaud@pohick.org

MINISTRY OF MUSIC:

Sunday, May 17, The Seventh Sunday of Easter: The Sunday after Ascension Day

- 9:15 a.m. Pohick Handbells, *Church*
- 9:45 a.m. Pohick Choir, *Music Room & Church*
- **10:30 a.m. Holy Eucharist: Rite II**, *Pohick Choir, Pohick Handbells, Hiram Diaz, tenor*
- **1:00-3:00 p.m. Potomac Region Picnic** (Diocese of Virginia), *Pohick Pickers*

Tuesday, May 19, 6-6:30 p.m. St. Francis Choir

Thursday, May 21, *Music Room*

- 5:30-6:15 p.m. Youth Choir, *RSCM White, Yellow*
- 6:15-7:15 p.m. Pohick Handbells
- 7:30-9 p.m. Pohick Choir

Sunday, May 24, The Day of Pentecost: Whitsunday

- 9:45 a.m. Pohick Choir, Pohick Youth Choir, *Music Room & Church*
- **10:30 a.m. Holy Eucharist: Rite II**, *Pohick Choir, Pohick Youth Choir, Pohick Handbells (4 ringers)*

❧ FOR YOUR INFORMATION ❧

- **Education for Ministry (EfM)** Classes are Mondays at 7pm on Zoom. Denise McHugh at 410-300-9867, dmchugh@umd.edu, or John Egan 703-973-5038, jjegan3@netscape.net.
- **Coffee N Compline on-line Wednesdays at 7:00 pm.** Fellowship, reflection and worship. Call the Parish Office at 703 339-6572 for the Microsoft Teams link. This same link is used every Wednesday.
- **Our regular Sunday Services are at 8 am (Rite I Eucharist spoken) and 10:30 am (Rite II Eucharist sung).** Christian Education for all ages begins at 9:15 am. YOUTH (EYC) 6pm Sundays.
- **Announcements** are on pohick.org /news/weekly-announcements. Email to adminassistant@pohick.org to receive our weekly email. **Parish Office hours:** Mon-Thu 9am-3pm, Fridays 9am-noon.

❧ INSTRUCTIONS FOR RECEIVING COMMUNION ❧

In the Episcopal tradition, all baptized Christians are welcomed to receive Communion at the Lord's Table; simply come to the altar rail and kneel to receive if you are able, or you may stand. If you are unable to come to the rail, please indicate to an usher that you would like communion brought to you.

The options for receiving communion are:

- *You may hold out both hands to receive bread and drink from the cup;*
- *To receive by intinction, please leave the bread in your open palm and the Chalice bearer will dip the bread in the chalice for you and place it back in your hand.*
- *To reduce germ exposure in the chalice medical authorities have suggested, and the Diocese recommends, only the Chalice Bearer intinct the bread in the Common Cup.*
- *If you prefer to receive only bread, simply cross one arm across your chest as you hold out your hand for bread.*
 - *You may cross your arms over your chest and simply receive a blessing.*

Vestry of Pohick Church

| <u>Member</u> | <u>Elected Position and Commission Leads</u> |
|--------------------|--|
| Neil Hogg | Senior Warden |
| Dave Billingsley | Junior Warden, Building and Grounds |
| Andrea Gurrola | Treasurer, Resources/ Stewardship/Policy |
| Tom Mayberry | Register, Pastoral Care/Worship/Education |
| Dan Derbes | |
| Molly Diaz | Young Adult/Family Ministry |
| Rick Church | Communication/Digital Ministry |
| John Egan | |
| Christopher Hempel | |
| Patrick Riley | |
| Tom Wright | |
| Barbara Schavland | (youth rep 25/26) |
| Olivia Diaz | (youth rep 26/27) |
| Hal Yarwood | Service and Fellowship Outreach |

Staff of Pohick Church

| | |
|--------------------------------------|------------------------------|
| Priest-In-Charge: | The Reverend Daniel M. Cenci |
| Assistant Rector/ Youth Minister: | The Reverend Ted Renaud |
| Minister of Music: | Ronald Butts Boehmer |
| Director of Education: | Susan Pehrsson |
| Finance Admin.: | Julie Ramacciotti |
| Sexton: | Clint Herbert |
| Administrative Asst.: | Kara Faunt |
| Cemetery Warden: | Sandra Caesar |
| Communications Mgr: | Deborah Hennig |
| Nursery Supervisor: | Jennifer Tatum |

**QR Code is set up for one-time giving for
visitors or guests.**



Pohick Episcopal Church

The Reverend Daniel M. Cenci, Priest-In-Charge

9301 Richmond Highway

Lorton, VA 22079

703-339-6572 • pohick.org

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“Follow” us on Instagram at Pohick

**Home Church of George Washington and
George Mason**