

“AUTHENTIC WORSHIP” SERIES

“WHEN HYPE IS
OVER HEART”

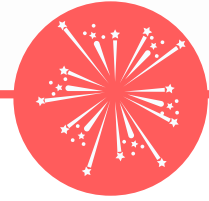
WEEK 1



WORD

“I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.”

Romans 12:1



SPARKS

- Have you ever focused so much on an experience that you forgot its real purpose? What happened?
- Have you ever acted okay outwardly even when something felt wrong inside? What was that like?
- When did you recently feel grateful for something simple? What made it meaningful?

Worship is central in the Christian life, but authentic worship goes deeper than emotions, music, or atmosphere. While hype may create

excitement for a moment, true worship begins.

1. WORSHIP BEGINS WITH GOD, NOT US.

Psalm 66:4

‘All the earth worships you and sings praises to you; they sing praises to your name.’ Selah

True worship starts with recognizing who God is. He is the Creator, and we are His creation. Worship is not mainly about our feelings, preferences, or experiences. When worship becomes centered on ourselves, we slowly lose sight of the One we are truly worshiping.

If worship is truly about God, what usually becomes the focus of your attention during worship?

1

2. WORSHIP BEGINS IN THE HEART.

John 4:24

‘God is spirit, and those who worship him must worship in spirit and truth.’

Jesus taught that worship is not merely external actions or emotional moments. True worship comes from a sincere heart that seeks God honestly and wholeheartedly. Worship that is only outward may look good, but God desires worship that is real and truthful from within.

If God looked beyond outward actions, what would He see in your heart today?

2

3 .WORSHIP IS A RESPONSE TO GOD'S MERCY.

Romans 5:8

'But God shows his love for us in that while we were still sinners, Christ died for us.'

The foundation of worship is not music, lights, or emotions, it is God's mercy through Jesus Christ. Before we ever worshiped Him, God already loved us, forgave us, and made a way for us to come near to Him. Authentic worship flows from gratitude for what God has already done.

Are you worshiping God only when you feel emotional, or because you truly recognize His mercy in your life?

3

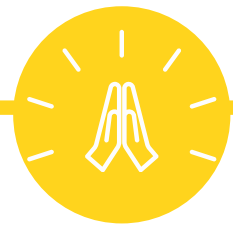
LIVE IT!

- Spend time worshiping God privately, even without music or distractions.
- Make time for quiet reflection instead of constantly seeking noise or entertainment.
- Start a gratitude list and write down ways God has been faithful to you.



PRAYER

- Ask God to help us focus more on His greatness instead of being distracted by emotions, atmosphere, or personal preferences.
- Ask God to examine our hearts and reveal areas where our worship has become routine or insincere.
- Pray that our worship would go beyond songs and become a daily response to God's goodness and faithfulness.



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