

- II. Body
 - A. Spiritual Life is Found Only in Christ..
 - B. Spiritual Growth is Found Only in Christ
 - C. Live With a Heavenly Perspective
 - D. **Put Off Old Sinful Habits.**

Put Off Old Sinful Habits

(Part 1)

A Study in Colossians

I. The Text - Colossians 3:5-11 (See Block Diagram handout)

Observations:

1. How many commands are listed in these verses? What are they?
2. How many lists do you see?
3. What theme would you attach to each list?
4. In the first list, can you observe any reason Paul listed these things in this particular order?
5. In the second list, what does the progression seem to be?

II. The Meaning

A. Put to death sinful _____ (3:5-7)

1. Understanding the command:

a) Are we to _____ sinful passions or are we to _____ ourselves dead to sinful passions?

b) What is the foundation for this command?

c) Who is this command addressed to?

2. Understanding the progression:

a) The *fruit* is _____ but the *root* is _____.

3. Understanding the reason:

a) The _____ of God is coming.

b) This is the way you lived before you were saved.

III. The Application

Case Study: Harry

Harry, a Christian friend, confesses to you that he has struggled with pornography since he was 12 years old. He is now 25. He is a member of your church and attends regularly. He is a part of a small group, but he has been vague about his addiction with other men in the group. He stumbles late at night or on weekends when he has much more time on his hands.¹

Discussion Questions:

1. Where do you think Harry is in the progression of sins we see listed in verse 5? How high has he climbed this tree?

2. As you read through this case study, what key words may be an indication that Harry is viewing his sin through a psychological lens rather than a biblical lens?

¹ This case study is taken from *Rescue Plan* pg. 17

3. According to verse 5, what action does Harry need to take?

4. How motivated do you think Harry is to kill this sin in his life?

5. How can you help Harry increase his motivation to kill this sin in his life?

6. What questions would you ask Harry to help lead him back to the root problem of this sin?

7. What are some potential idols Harry is worshipping?

8. What homework would you give to Harry?