



### **Part 3: From Death to Life**

On Sunday, we heard a powerful testimony from someone in our church family. Rick shared his honest journey of living with ALS and learning to trust God in the midst of an uncertain future. Through grief, courage, humour, and hope, he reflects on suffering, faith, community, and the quiet ways God continues to meet us—even in life’s hardest seasons.

### **Discussion Questions**

1. Take some time to share how Rick’s story impacted you. What stood out to you the most? How does what Rick shared connect with your current season of life?
2. Rick said that suffering sharpened his focus and changed what mattered most. What are some things our culture tells us are important that may not matter as much in difficult seasons?
3. As a group, read all the passages that Rick referenced in sharing his story. Ecclesiastes 3:1-2, Psalm 139:13-16, 2 Corinthians 1:8-11, Acts 1:8, Philippians 4:6-13, 2 Corinthians 4:16-17, Isaiah 40:31, 2 Corinthians 12:9, Lamentations 3:21-26.
4. Across all the passages Rick referenced, what picture of God emerges most clearly to you: comforter, sustainer, healer, companion, strength-giver, or something else? Why?
5. Rick talked about how suffering changed his perspective on time, relationships, and purpose. How do these passages challenge the way we normally think about success, comfort, or control?
6. Rick said that relationships became more important after his diagnosis. In difficult seasons, what kinds of community or support have helped you most?

### **Moving Forward**

Rick said that God can feel both easier and harder to hear, during painful seasons. Have you experienced times where God felt close or distant, in suffering? What helped you continue moving toward Him?