


# **Because, They Can Hear What You Believe About Yourself**

*Breaking Inherited Lies So the Next Generation Can Walk Free*



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# **PART 1 — Hidden Lies Shape How We Live**

## **Romans 8:1–2 (niv)**

“There is now no condemnation for those who are in Christ Jesus...”

Many of the lies controlling us are not loud lies against GOD... but quiet lies about ourselves:

- “I’m not enough.”
- “GOD is disappointed in me.”
- “I’ll never really change.”

The lies we quietly believe eventually shape how we live, love, parent, worship, and hear from GOD.

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# **PART 2 — Hagar: “You are the God who sees me” (niv)**

## **Genesis 16:13 (kjv)**

“Thou God seest me.”

Hagar carried rejection, fear, shame, exhaustion, and concern for her child. Yet GOD met her in the wilderness and reminded her that she was seen and not forgotten.

Fear often distorts identity. Many people are not ignoring GOD’S voice — they are filtering His voice through shame, fear, insecurity, and exhaustion.

# PART 3 — Fear, Lies, and Identity

Fear often hides beneath:

- perfectionism
- control
- people-pleasing
- anger
- isolation
- performance

Many people are not living from calling or truth... but from fear management.

The deeper question is not:

“What did you do?”

But:

“What lie are you believing?”

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## **Psalm 103:12 (*kjv*)**

“As far as the east is from the west, so far hath he removed our transgressions from us.”

## **Hebrews 8:12 (*kjv*)**

“Their sins and their iniquities will I remember no more.”

GOD does not punish forgiven sin. We must stop agreeing with lies that Heaven no longer speaks over us.

# PART 4 — Gideon and False Identity

## Judges 6:12 (*kjv*)

“The LORD is with thee, thou mighty man of valour.”

Gideon saw himself as weak, afraid, and insignificant — but GOD spoke identity and purpose over him before he could see it himself.

Sometimes GOD introduces us to who we really are before we believe it.

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## 2 Corinthians 10:5 (*kjv*)

“Casting down imaginations...”

Some strongholds are not obvious sins... but quiet imaginations:

- “I’m invisible.”
- “I’m failing.”
- “I’m too damaged.”
- “I’ll never change.”

We must stop agreeing with lies and begin seeing ourselves the way GOD sees us.

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## Closing Thought

Your children, your family, and the people around you are learning how to see themselves... by watching how you see yourself.

Maybe the greatest gift you can give the next generation... is healing the lies you inherited from the last one.

# Prayer Guide

1. "LORD... show me the fears that have been quietly shaping my life."
2. "Reveal the lies I've agreed with about myself that do not come from You."
3. "Help me stop seeing myself through shame, fear, or failure... and teach me to see myself the way You see me."
4. "And let the healing You begin in me... flow into my children, my family, and the people around me."