



"A Burden that Builds Heroes" Week 1

Behind every hero is a "Wonder Woman" who won battles in the Spirit before they were ever fought in the flesh.

A Burden is Where Hero Stories Begin

Main Scripture

Nehemiah 1:1-4 (NIV) "The words of Nehemiah son of Hakaliah: In the month of Kislev in the twentieth year, while I was in the citadel of Susa, Hanani, one of my brothers, came from Judah with some other men, and I questioned them about the Jewish remnant that had survived the exile, and also about Jerusalem. They said to me, 'Those who survived the exile and are back in the province are in great trouble and disgrace. The wall of Jerusalem is broken down, and its gates have been burned with fire.' When I heard these things, I sat down and wept. For some days I mourned and fasted and prayed before the God of heaven."

Your burden is the Holy Spirit's invitation to intercede.

Romans 8:26 (NIV) "...the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans."

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Prayer is the Real Superpower

You don't have to be a "Super Mom" when you are a "Spirit-filled" Mom.

Real power is exercised in the secret place where, in the natural, nobody sees, but that power is on full display in the spiritual realm.

No Hero is Raised Alone

"Therefore, confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective." — James 5:16 (NIV)

The Holy Spirit weaves our prayers into a safety net for our children.

Private Prayer, Public Impact

Philippians 4:6-7 (NIV) “Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”

You aren't just raising a child; you are hosting the Presence of God in their lives.

The Family Challenge

Identify the Burden: Ask the Spirit what to pray.

Write 3 Requests: Family, Future, and Burden.

Pray Out Loud: Let the Spirit lead your words.

Why It Matters

What you pray over today in the Spirit, they will walk in tomorrow by His power.

“You may not have a golden lasso or a cape, but through the Holy Spirit, you have the power to change the destiny of your bloodline.”

Fight like a Wonder Woman; pray in the Spirit.