

May 10, 2026

SUNDAY REFLECTION — Built From the Ground Up

May Series: Built Different

Week Focus: Rooted And Built Up

Scripture – Colossians 2:6–7

“So then, just as you received Christ Jesus as Lord, continue to live your lives in him, rooted and built up in him, strengthened in the faith...”

Devotional Reflection

Take a moment and reflect on this past week. Not just on what you learned, but on what has been forming within you. Scripture calls you to continue living in Christ—rooted and built up in Him—which means this is not just a starting point, but a way of living. This week was about more than growth—it was about foundation.

You may begin to recognize areas where your life has started to become more stable. Your thinking may feel clearer, your responses more steady, and your focus more intentional. These are signs that your life is being rooted more deeply. What is being built in you is not surface-level—it is foundational.

Being rooted changes how you handle life. Instead of reacting quickly, you begin to respond with clarity. Instead of feeling easily shaken, you begin to remain steady. This is what it looks like to be strengthened in your faith. What once felt uncertain begins to feel more grounded.

You may also notice areas where your roots still need to go deeper. Places where you feel inconsistent, distracted, or easily moved. This awareness is not failure—it is direction. It shows you where God is continuing to develop your life so that what He builds will last.

As you move into the week ahead, carry this understanding with you: God is not just growing your life—He is building it. What is rooted properly will be built securely. The deeper your roots go, the stronger your life becomes.

Today, thank God for what He is forming in you. You are not just changing—you are being built. And what God is building in your life is designed to last.

Focus for Today

My life is rooted and being built to last.

Practice

- Reflect on where you've grown this week
 - Identify where you need deeper roots
 - Commit to staying connected
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Prayer

Lord, thank You for what You are building in me. Help me stay rooted in You so my life becomes strong and lasting. In Jesus name, Amen.

Reflection Question

Where do I see evidence that my life is becoming more stable?