



Diocese of Athabasca

Sunday School Lesson Plan – Sunday, May 3, 2026

Here's a **Sunday School Lesson Plan** for young children (ages 4–8) and some activities for older children using the **Revised Common Lectionary readings** for **May 3, 2026 – Fifth Sunday of Easter (Year A)**. Bible Verses: Acts 7:55-60; Ps 31:1-5, 15-16; 1 Pet 2:2-10; Jn 14:1-14; Preface of Easter

✨ Sunday School Lesson Plan

Fifth Sunday of Easter – May 3

Theme / Lesson Title

“Jesus Shows Us the Way”

Big Idea

Jesus is the way to God, and we can trust him to guide us and be with us always.

Lesson Focus for Kids

Children will learn that Jesus is always with us, helps us not to be afraid, and shows us how to live and love others.

Scripture Readings (Kid-Friendly Language)

From Acts of the Apostles 7:55-60

Stephen loved Jesus very much. Even when people were unkind to him, he trusted God and prayed, “Jesus, take care of me.” He showed forgiveness and love, just like Jesus.

Psalm – Psalm 31

“God, I trust you. You are my safe place. You take care of me and keep me safe.”

From First Epistle of Peter 2:2-10

We belong to God! We are like living stones building something wonderful together. God loves us and calls us his special people.

Gospel – Gospel of John 14:1-14

Jesus said, “Do not be afraid. I am the way, the truth, and the life. I am going to prepare a place for you. I will always be with you.”

Welcome & Opening Prayer (Circle Time)

Teacher says:

“Good morning! Today we will learn how Jesus shows us the way and helps us when we feel unsure or afraid.”

Opening Prayer:

Dear Jesus,
Thank you for loving us.
Thank you for showing us the way.
Help us to trust you and follow you every day.
Amen.

Memory Verse

John 14:6

“I am the way, the truth, and the life.”

Actions:

- **Way** – point forward like a path
 - **Truth** – hands open like a book
 - **Life** – hands over heart
-

Bible Story Time

Tell the story simply and gently:

Jesus was talking to his friends. They were worried because Jesus said he would be going away.

Jesus said, “Do not be afraid. Trust me.”

He told them,

“I am the way to God. If you follow me, you will never be lost.”

Jesus also promised,

“I will always be with you.”

Explain:

- Jesus shows us how to love
- Jesus helps us make good choices
- Jesus is always near, even when we cannot see him

Briefly connect to Stephen:

Stephen trusted Jesus and showed love even in a hard time.

Craft / Activity

“Jesus is the Way” Path Craft

Materials:

- Paper
- Crayons/markers
- Stickers
- Glue

Instructions:

1. Draw a winding path across the page.
2. Add footprints along the path.
3. Draw Jesus at the end (or walking along the path).
4. Decorate with hearts and crosses.
5. Write: **“Jesus shows me the way.”**

Game

Follow the Path

Create a simple path on the floor using tape or paper.

- Children take turns walking along the path.
- Add simple directions: “turn,” “stop,” “jump.”

Explain:

Following the path is like following Jesus—he shows us where to go.

Song Suggestions

- **Jesus Loves Me**
 - **I Have Decided to Follow Jesus**
 - **This Little Light of Mine**
-

Snack Suggestions

Path Snack

Ideas:

- Crackers arranged like a path
- Fruit pieces (berries or grapes) along the path

Say together:

“Jesus leads us and takes care of us.”

Wrap-Up & Reflection Questions

Ask:

- What did Jesus say about being the way?
- How can we follow Jesus?
- When do we need Jesus to help us?

Reinforce:

We can trust Jesus to guide us every day.

Closing Prayer

Dear Jesus,
Thank you for showing us the way.
Help us to trust you
when we are happy or afraid.
Guide us to love others like you do.
Amen.

Take-Home Idea

- Take a walk as a family and talk about paths and directions.
 - Pray together: “Jesus, show us the way.”
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Teacher Notes

- Keep the tone reassuring: “Do not be afraid” is key.
- Emphasize trust and guidance rather than complex theology.
- Connect “way” to everyday experiences (roads, directions, choices).
- Briefly mention Stephen as an example of trusting Jesus in hard times.

Other Idea Links

In searching for ideas for the lessons I sometimes come up with things that I choose not to add at this time but maybe you will find them helpful if the previous information is not what you are looking for. You can click on the links below to see more ideas.

<https://sundayschool.works/lessons/jesus-is-the-way-truth-and-life/>

<https://www.youtube.com/watch?v=SrKA7bvYzzg>

<https://www.scripturalgrace.com/post/jesus-is-the-way-the-truth-and-the-life-bible-lesson-for-kids-john-14-1-14>

<https://www.etsy.com/ca/listing/1856894545/jesus-is-the-way-printable-kids-craft>

https://sermons4kids.com/activities/i-am-the-way-4?srsItd=AfmBOorR564ZEHVg6ISEVYiFtcVIUOnPKim-aH4V_RHaW5oSAJgILOqh

<https://www.twinkl.ca/resource/catholic-he-is-the-way-activity-sheet-cfe-rer-121>

<https://www.etsy.com/listing/1881885268/one-way-jesus-sign-printable-paper-craft>

<https://sermons4kids.com/activities/i-am-the-way-5>

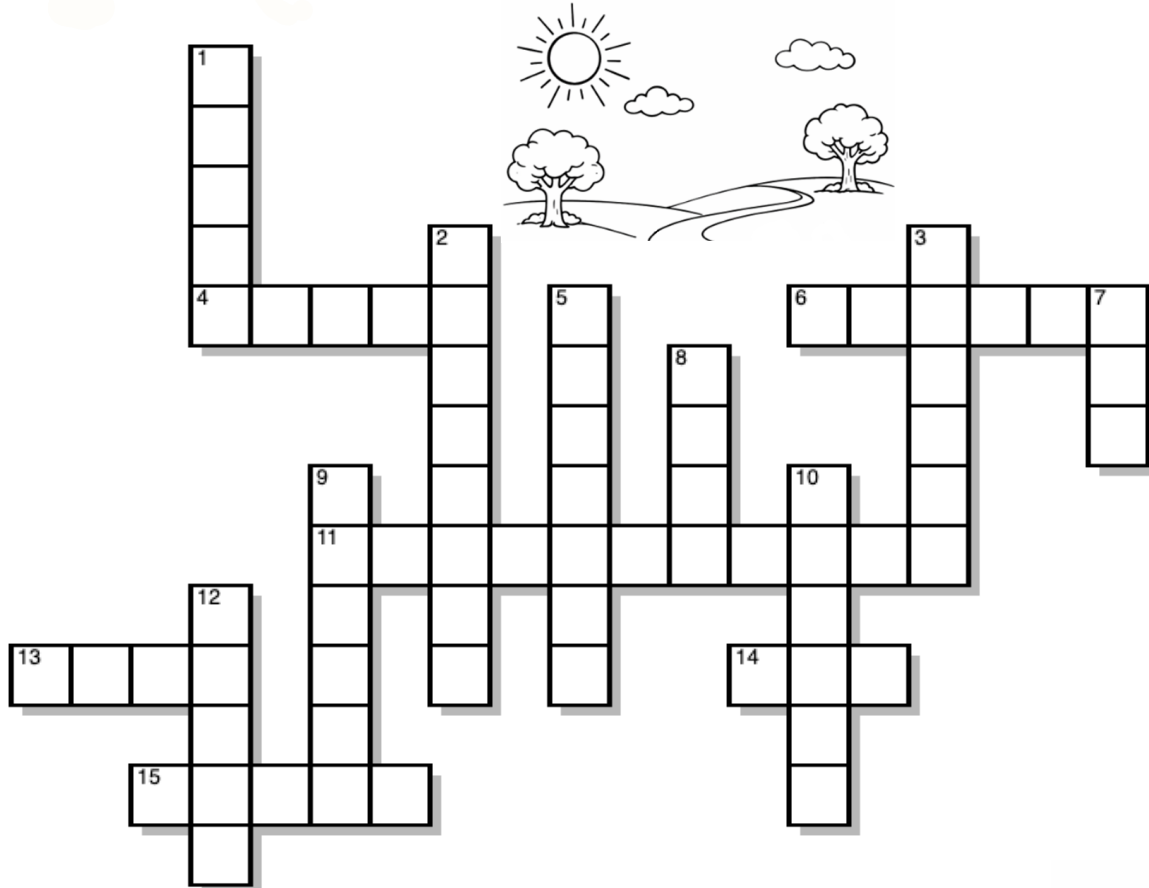
Jesus Shows Us the Way

Fifth Sunday of Easter



Jesus Shows Us the Way

Fifth Sunday of Easter



ACROSS

- 4 Reality
- 6 Pursue
- 11 Pardon
- 13 Affection
- 14 Our Father
- 15 Direct

DOWN

- 1 Assurance
- 2 Kids
- 3 Forever
- 5 Vow
- 7 Path
- 8 Exist
- 9 Fearful
- 10 Accepted
- 12 Our Saviour



Jesus Shows Us the Way

Fifth Sunday of Easter

F P Y M L Y K B T M N K P D
O X V Z J A M Q T R N X F T
L V M R L E L K W Z U O B Q
L W M W D B R N P G R S M L
O Y A I J J E Q G G N E T B
W Y U T N C T L I M S D B N
S G X E L T H V O I W L O E
Q M V M R Y E I M N A K V G
J I N U L N T O L F G O Q V
L E T J E Z R Z R D L Y A W
W H S S K P R A Q T R V N M
K M S U L M I K J Q V E Z N
Z Z Y Y S D T N V J V X N K

Trust
Guide
Jesus
God
Children
Afraid
Love
Follow

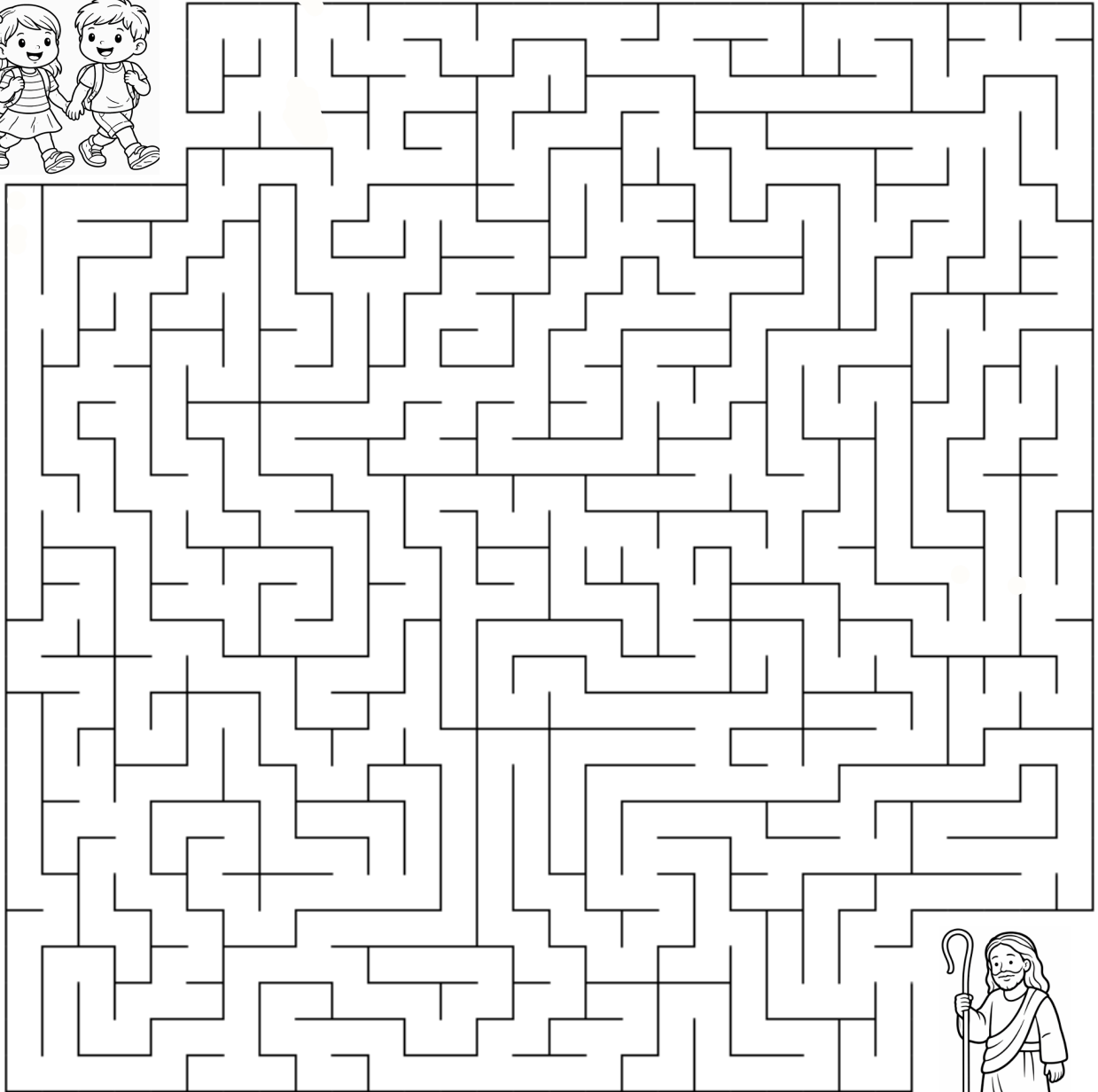
Love
Forgiveness
Belong
Always
Truth
Way
Promise



Jesus Shows Us the Way

Fifth Sunday of Easter

Help the children find their way to Jesus.



Jesus Shows Us the Way

Fifth Sunday of Easter

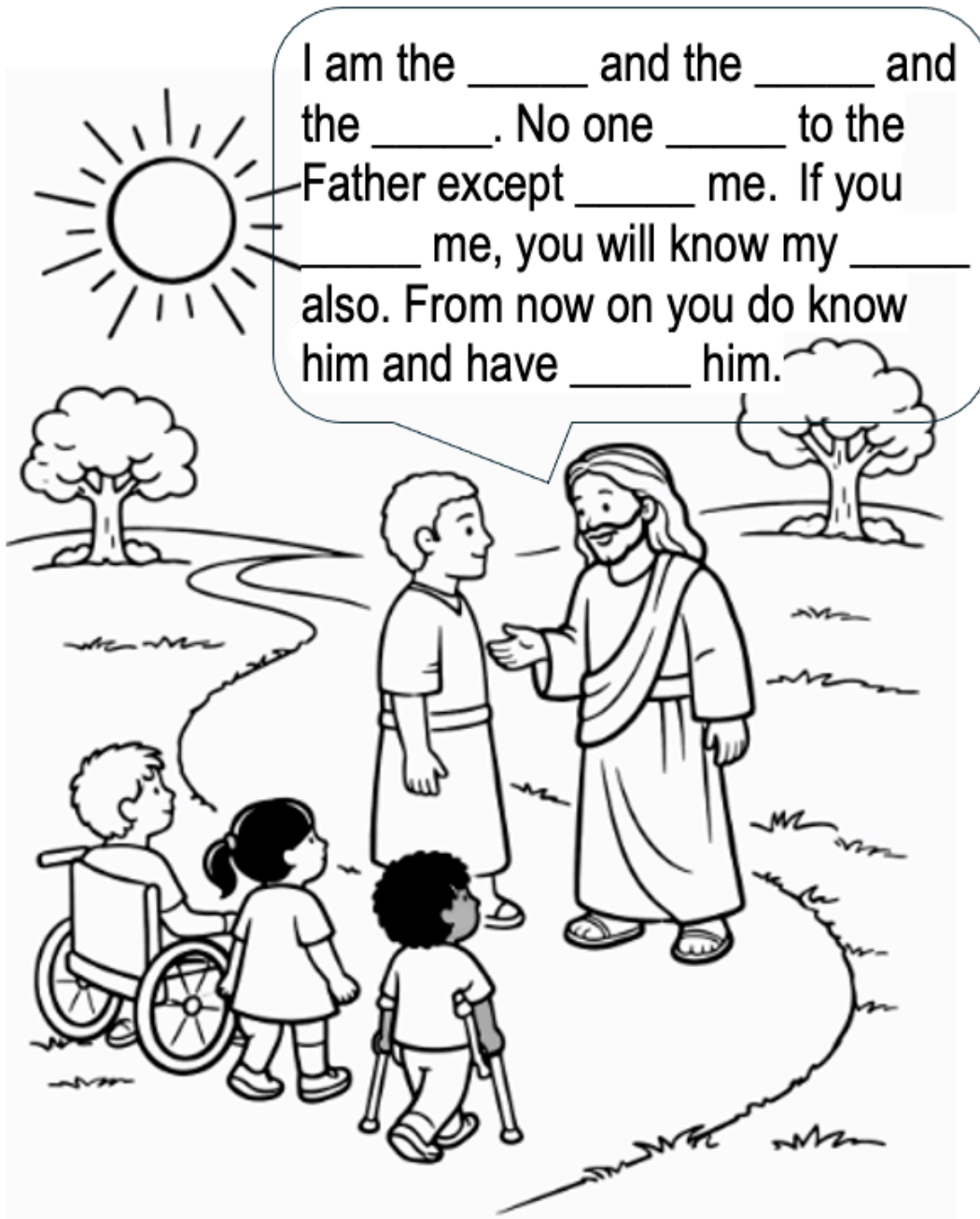
A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	

<u>8</u>	<u>7</u>	<u>26</u>				<u>25</u>	<u>5</u>	<u>1</u>						<u>15</u>	<u>11</u>	<u>3</u>	<u>1</u>	<u>1</u>	<u>3</u>		
<u>12</u>	<u>8</u>				<u>5</u>	<u>7</u>	<u>24</u>	<u>19</u>						<u>25</u>	<u>11</u>	<u>3</u>				<u>12</u>	<u>8</u>
<u>10</u>	<u>7</u>	<u>5</u>	<u>16</u>	<u>5</u>	<u>1</u>	<u>22</u>	<u>22</u>							<u>10</u>	<u>7</u>	<u>5</u>					
<u>8</u>	<u>7</u>	<u>26</u>	<u>5</u>			<u>11</u>	<u>25</u>	<u>12</u>	<u>1</u>					<u>22</u>							
<u>22</u>	<u>25</u>	<u>19</u>	<u>1</u>			<u>21</u>	<u>1</u>	<u>25</u>	<u>3</u>					<u>12</u>	<u>1</u>						
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Jesus Shows Us the Way

Fifth Sunday of Easter



Use the following list of words to fill in the blanks above.

comes Father know life seen through truth way

Crossword – Key:

Across

- 4. Truth
- 6. Follow
- 11. Forgiveness
- 13. Love
- 14. God
- 15. Guide

Down

- 1. Trust
- 2. Children
- 3. Always
- 5. Promise
- 7. Way
- 8. Live
- 9. Afraid
- 10. Belong
- 12. Jesus

Cryptogram – Key:

Psalm 31:3

You are indeed my rock and my fortress for your name's sake lead me and guide me.

Fill-in-the-Blank – Key:

John 14: 6-7

Jesus said to him, "I am the way and the truth and the life. No one comes to the Father except through me. If you know me, you will know^{ed} my Father also. From now on you do know him and have seen him."