

St. Helen's Anglican Church of Canada  
Diocese of New Westminster

**The Sixth Sunday of Easter**  
**May 10, 2026**



Presider: The Ven. Richard Leggett  
Preacher: The Ven. Richard Leggett  
Deacon: The Reverend Jeffrey Preiss  
Music Director: Dale Throness

## THE GATHERING OF THE COMMUNITY

### PRELUDE

*All stand*

OPENING HYMN The Day of Resurrection

CP 205

### THE GREETING

*Presider*

Alleluia! Christ is risen.

**The Lord is risen indeed. Alleluia!**

May his grace and peace be with you.

**May he fill our hearts with joy.**

### THE COLLECT FOR PURITY

Almighty God,

**to you all hearts are open,**

**all desires known,**

**and from you no secrets are hidden.**

**Cleanse the thoughts of our hearts**

**by the inspiration of your Holy Spirit,**

**that we may perfectly love you,**

**and worthily magnify your holy name;**

**through Christ our Lord. Amen.**

THE GLORIA IN EXCELSIS

CP 702

## COLLECT OF THE DAY

Let us pray.

Three-fold God of love,  
you invite us to abide in you.  
May we follow the Spirit of truth,  
so that through us your commanding love  
may speak to the heart of the world;  
through Jesus Christ our Lord. **Amen.**

*Please be seated*

## THE PROCLAMATION OF THE WORD

FIRST READING    Ezekiel 34.1-7a

Hepsi Chand

A reading from the prophet Ezekiel.

The word of the Lord came to me: Mortal, prophesy against the shepherds of Israel; prophesy and say to them: To the shepherds — thus says the Lord God: Woe, you shepherds of Israel who have been feeding yourselves! Should not shepherds feed the sheep? You eat the fat; you clothe yourselves with the wool; you slaughter the fatted calves, but you do not feed the sheep. You have not strengthened the weak; you have not healed the sick; you have not bound up the injured; you have not brought back the strays; you have not sought the lost, but with force and harshness you have ruled them. So they were scattered because there was no shepherd, and scattered they became food for all the wild animals. My sheep were scattered; they wandered over all the mountains and on every

high hill; my sheep were scattered over all the face of the earth, with no one to search or seek for them.

Therefore, you shepherds, hear the word of the Lord.

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

## PSALM 115

Choir:

Not for ourselves, O Lord, not for ourselves,  
would we claim glory, but for you alone,  
Because of your great love and faithfulness,  
The steadfast care that makes your presence known.

The worldly say of us: "Where is their God?"  
They vainly look for what they idolize,  
for flaunted wealth, for burnished images,  
and trim all gods to their own shape and size.

But we will trust in God, our help and shield,  
transcendent Life on whom all lives depend,  
whose untold mercies give our spirits voice  
to bless the Lord in songs that never end.

A reading from the Acts of the Apostles.

Then Paul stood in front of the Areopagus and said, “Athenians, I see how extremely spiritual you are in every way. For as I went through the city and looked carefully at the objects of your worship, I found among them an altar with the inscription, ‘To an unknown god.’ What therefore you worship as unknown, this I proclaim to you. The God who made the world and everything in it, he who is Lord of heaven and earth, does not live in shrines made by human hands, nor is he served by human hands, as though he needed anything, since he himself gives to all mortals life and breath and all things. From one ancestor he made all peoples to inhabit the whole earth, and he allotted the times of their existence and the boundaries of the places where they would live, so that they would search for God and perhaps fumble about for him and find him — though indeed he is not far from each one of us. For ‘In him we live and move and have our being’; as even some of your own poets have said, ‘For we, too, are his offspring.’

“Since we are God’s offspring, we ought not to think that the deity is like gold or silver or stone, an image formed by the art and imagination of mortals. While God has overlooked the times of human ignorance, now he commands all people everywhere to repent, because he has fixed a day on which he will have the world judged in righteousness by a man whom he has appointed, and of this he has given assurance to all by raising him from the dead.”

Hear what the Spirit is saying to the Church

**Thanks be to God.**

## THE GOSPEL ACCLAMATION

**Alleluia, alleluia, alleluia. (2x)**

CP 457

*Choir:*

*Now in our presence the Lord will appear,  
shine in the faces of all of us here;  
fill us with joy and cast out all our fear:  
Alleluia.*

**Alleluia, alleluia, alleluia. (2x)**

## THE HOLY GOSPEL John 14.12-21

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to John.

**Glory to you, Lord Jesus Christ.**

Jesus said, "Very truly, I tell you, the one who believes in me will also do the works that I do and, in fact, will do greater works than these, because I am going to the Father. I will do whatever you ask in my name, so that the Father may be glorified in the Son. If in my name you ask me for anything, I will do it.

"If you love me, you will keep my commandments. And I will ask the Father, and he will give you another Advocate, to be with you forever. This is the Spirit of truth, whom the world cannot receive because it neither sees him nor knows him. You know him because he abides with you, and he will be in you.

“I will not leave you orphaned; I am coming to you. In a little while the world will no longer see me, but you will see me; because I live, you also will live. On that day you will know that I am in my Father, and you in me, and I in you. They who have my commandments and keep them are those who love me, and those who love me will be loved by my Father, and I will love them and reveal myself to them.”

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

**Alleluia, alleluia, alleluia. (2x)**

CP 457

SERMON

The Rev. Richard Legget

AN AFFIRMATION OF FAITH

**We believe and trust in God the Father,  
the source of all being and life,  
the one for whom we exist.**

**We believe and trust in God the Son,  
who took our human nature,  
died for us and rose again.**

**We believe and trust in God the Holy Spirit,  
who gives life to the people of God  
and makes Christ known in the world.**

**This is the faith of the Church.  
This is our faith.  
We believe and trust in one God,  
the holy and undivided Trinity. Amen.**

## **THE PRAYERS OF THE PEOPLE**

INTERCESSIONS, PETITIONS, AND THANKSGIVINGS      David Van Blarcom

### THE EXCHANGE OF THE PEACE

Alleluia. Christ has been raised from the dead.  
The peace of the Lord be always with you.  
**and also with you.**

## **THE HOLY COMMUNION**

### THE OFFERTORY

*As the altar is prepared for Holy Communion, the congregation is invited to make an offering as an expression of gratitude for God's generosity.*

OFFERTORY HYMN      In Christ There Is No East or West      CP 484  
*Please remain standing until communion.*

### PRAYER OVER THE GIFTS

Let us pray.

God of glory,  
**accept all we offer you this day,  
and bring us to that eternal city of love and light,  
where Christ reigns.  
We ask this in his name. Amen.**

## THANKSGIVING AT THE TABLE

May God be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to God our Creator.

**It is right to give our thanks and praise.**

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, for the glorious resurrection of our Saviour Jesus Christ, the true Paschal Lamb who gave himself to take away our sin, who in dying has destroyed death, and in rising has brought us to eternal life. And so, with Mary Magdalene and Peter and all the witnesses of the resurrection, with earth and sea and all their creatures, and with angels and archangels, cherubim and seraphim, we praise your name and join their unending hymn:

**Holy, Holy, Holy Lord**

**CP 719**

Blessed are you, O God of the universe. Your mercy is everlasting and your faithfulness endures from age to age.

Praise to you for creating the heavens and the earth. Praise to you for saving the earth from the waters of the flood. Praise to you for bringing the Israelites safely through the sea. Praise to you for leading your people through the wilderness to the land of milk and honey. Praise to you for the words and deeds of Jesus, your anointed one. Praise to you for the death and resurrection of Christ. Praise to you for your Spirit poured out on all nations.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

With this bread and cup we remember our Lord's passover from death to life as we proclaim the mystery of faith: **Christ has died. Christ is risen. Christ will come again.**

O God of resurrection and new life: Pour out your Holy Spirit on us and on these gifts of bread and wine. Bless this feast. Grace our table with your presence. **Come, Holy Spirit.**

Reveal yourself to us in the breaking of the bread. Raise us up as the body of Christ for the world. Breathe new life into us. Send us forth, burning with justice, peace and love. **Come, Holy Spirit.**

With blessed Helen and your holy ones of all times and places, with the earth and all its creatures, with sun and moon and stars, we praise you, O God, blessed and holy Trinity, now and forever. **Amen.**

## THE LORD'S PRAYER

As our Saviour taught us, let us pray.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

## THE BREAKING OF THE BREAD

Be known to us, Lord Jesus,  
in the breaking of the bread.

**Be known to us, Lord Jesus,  
in the breaking of the bread.**

The bread which we break, alleluia,  
is the communion of the body of Christ.

**Be known to us, Lord Jesus,  
in the breaking of the bread.**

One body are we, alleluia,  
for though many, we share one bread.  
**Be known to us, Lord Jesus,  
in the breaking of the bread.**

These are the gifts of God for the people of God.  
**Thanks be to God.**

LAMB OF GOD

CP 745

THE COMMUNION

*All who seek Christ and are drawn to this holy table are invited to come forth to receive Holy Communion. Dipping the bread (intinction) into the wine is not permitted. If you wish to receive a blessing rather than Holy Communion, please indicate such by placing your right hand over your heart.*

COMMUNION HYMNS Living Lord of Love's Dominion

CP 453

Not for Tongues of Heaven's Angels

CP 494

PRAYER AFTER COMMUNION

Let us pray.

Giver of the Advocate,  
**you restored us to life  
by raising Christ from death.  
May we who receive this sacrament  
always be strengthened to do your will,  
in the name of Jesus Christ the risen Lord. Amen.**

## EASTER BLESSING

May God the Father, open to you the gates of everlasting life.

**Amen.**

May God the Son, give you joy as you share the Easter faith.

**Amen.**

May God the Holy Spirit, empower you and fill you with Christ's peace.

**Amen.**

And the blessing of the holy and undivided Trinity, one God:  
the Holy One of Israel,  
the Word of redemption and the Spirit of wisdom,  
be with you now and always. **Amen.**

CLOSING HYMN    Come Down, O Love Divine

CP 645

## DISMISSAL

Go in peace

to live the commandment of love. Alleluia. Alleluia.

**Thanks be to God. Alleluia. Alleluia.**

## POSTLUDE

*Please be seated for the postlude. The community disperses in silence.*

*In respect of those who may linger in contemplation,  
conversation is reserved for the narthex.*

## UPCOMING EVENTS AT ST. HELEN'S

**Join us for our Sunday Worship on May 17, 2026**

**Book of Common Prayer | at 8:00 am**

*This is a simple yet deep spoken celebration of the Eucharist using the traditional Book of Common Prayer.*

**Choral Eucharist | at 10:00 am**

*This is a modern Eucharist service, with choral music sung by the St. Helen's Choir.*

## Mission Conference

Anglicans from across the diocese are invited to gather for **Mission Conference** that invites us to listen carefully for where the Holy Spirit may be leading us now. Bishop Michael Curry, former Presiding Bishop of the Episcopal Church, is the keynote speaker. This conference is free. Child care is available.

WHEN : **Saturday, May 30, 2026**

WHERE : **1410 Nanton Ave, Vancouver  
(Synod Office)**

TIME : **8:30am to 3:30pm**

**Registration:**

<https://bit.ly/3QdSUe7>

Anglicans are also invited to join the additional event on Friday, May 29 at 7pm at Christ Church Cathedral for ***Sing Without Ceasing***, a Choral Festival. The conference weekend closes on Sunday, May 31 with a Sunday Eucharist service at Christ Church Cathedral at 10:30am. All are welcome.

Questions? Please email [conference@vancouver.anglican.ca](mailto:conference@vancouver.anglican.ca)



**mission**  
CONFERENCE

MAY  
30  
2026

*Moving in Mission,  
Guided by Spirit*

*More  
information  
coming soon*

*Keynote Speaker*  
**Archbishop Michael Curry**

Venue | DIOCESAN SYNOD OFFICE  
1410 NANTON AVENUE | VANCOUVER

 Diocese of New Westminster  
ANGLICAN CHURCH OF CANADA

### **Volunteers Today:**

Intercessor: David Van Blarcom

Readers: Hepsi Chand, Liz Hodgson

Lay Administrators: Paula Pryce, Tony Hodgson

Counter: Lynn Raymond

Zoom: Lynn Raymond

### **Volunteers Next Week:**

Intercessor: Hepsi Chand

Readers: Matt Powell, Angela White

Lay Administrators: Rhodri Windsor-Liscombe, Suzanne Windsor-Liscombe

Counter: Kathy Li

### **Next Week's Scripture Readings**

*The First Reading: Daniel 7.9-14*

*The Psalm: Psalm 24.7-10*

*The Second Reading: Acts 1.1-11*

*The Gospel: Luke 24.44-53*

## Contemplative Prayer

Contemplative Prayer sessions are held **every Wednesday at 7:30pm.**  
*No more contemplative prayer on Thursday afternoons.*

# *Contemplative Prayer*

## *in the evening*

*Pray · Reflect · Renew*



drawing from Compline and contemplative practices

**Wednesdays at 7:30pm**

**St. Helen's Anglican Church**

4405 8th Ave W, Vancouver BC V6R 2A3

## **Prayer Requests**

Prayers for:

Jamie & Beth

Jean Hodgkinson, and for her husband Tom

Karen

Mrs Therese Chabot

Mark

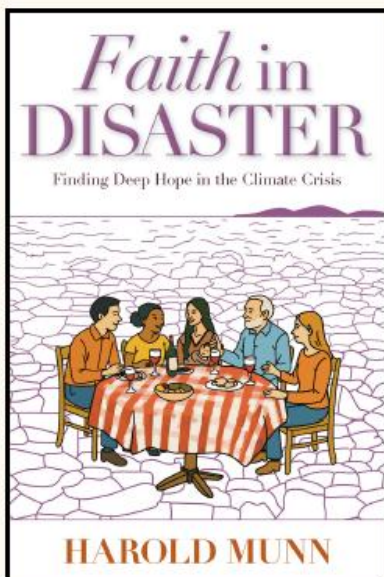
Lois

Ruth

Diane

# FAITH IN DISASTER:

## Finding Deep Hope in the Climate Crisis

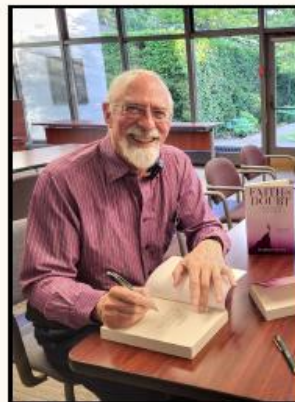


**Friday April 10th** : 7.00 – 9.00 p.m.  
St. Helen's, 4405 W 8th Ave.

**Friday May 1st** : 7.30 – 9.30 p.m.  
Christ Church Cathedral,  
690 Burrard St.

**July 26th – August 1st** :  
Week course & retreat at  
Sorrento Centre, Sorrento, B.C.

Harold Munn, former Dean of Edmonton, and frequent guest presider and preacher, will read excerpts from his second book, "Faith in Disaster," share how Easter joy transforms our climate fear, and will engage in conversation with attendees.



See future events, read reviews, order the book at [www.haroldmunnbooks.com](http://www.haroldmunnbooks.com)

## How to Contribute to St. Helen's Financially

We deeply appreciate financial contributions to our shared congregational life and mission. The best ways to donate are:

- Set up a Pre-Authorized Donation - simply send an email to [sthelenswpg@gmail.com](mailto:sthelenswpg@gmail.com) to get started or change your amount
- Donate via interact e-transfer to [sthelenswpg@gmail.com](mailto:sthelenswpg@gmail.com)
- Scan the QR code to the right or visit [sthelensvancouver.com/give](http://sthelensvancouver.com/give) to donate via credit card
- Use one of the envelopes available at the back of the church by the offering plate to donate via cheques or cash



### Office Hours

Tuesday, 09:00am-5:00pm  
Wednesday, 09:00am-5:00pm  
Friday, 09:00am-5:00pm

Interim Priest office hours: Tuesday and Friday, 9:30am-1pm  
Or by appointment

### Connect with us:

St Helen's Office: [sthelenswpg@gmail.com](mailto:sthelenswpg@gmail.com) | 604-224-0212  
Dcn. Jeffrey Preiss: [rev.jeffreypreiss@gmail.com](mailto:rev.jeffreypreiss@gmail.com)  
The Ven. Richard Leggett : [liturgypacific@gmail.com](mailto:liturgypacific@gmail.com)  
Pastoral Emergencies: 604-828-6704