



The Lord is risen!
Alleluia!

On the traditional land of the Semiahmoo

the Parish of St. Mark

O C E A N  P A R K

May 10, 2026
Sixth Sunday of Easter



Welcome!

*We are so glad you have come to St. Mark's today!
In this place we do two primary things: we give thanks to God and pray
for the world. If there is something on your heart you need to share with
God, this is the right place to share it.
You are God's Beloved Child, and you belong **here**.*

This morning in worship...

It is still Easter—two more weeks of it. Today we welcome the Reverend Peter Smythe from the Mission to Seafarers. As we hear how God is at work in this ministry, we give thanks for those who sacrifice their time to bring the goods we rely on from around the world. Oh! And **Happy Mother's Day** to mothers of all kinds!

Altar Flowers are given today by Barbara and Jamie Grantham to the Glory of God and in loving memory of Barbara's mother Georgina Stuart Strachan and Jamie's mother Enid Eleanor Grantham. To dedicate flowers, please sign up on the flower chart in the hall.



Today's Scripture

From Introductions to the Lessons by Bill Bennett.

The Acts of the Apostles 17:22-31 Paul addresses the philosophical fraternity of Athens. The Areopagus was named after a prominent rocky outcrop in the city. As was the style, he quotes two Greek philosophers in his address.

The First Letter of Peter 3:13-22 This passage encourages the persecuted Christians in Rome to live Christ-like lives.

John 14:15-21 John reflects upon the meaning of the gifting of the Holy Spirit upon the disciples.

St. Mark's Kids Club

Our children are a valued and cherished part of our community. As we continue to discern how best to support the spiritual lives of God's youngest members, there may be some Sundays when Kids Club does not meet. On those days, please make use of the activity tables, and remember: Jesus delights in the pitter-patter of little feet, and in the joyful noise and wonder of children.

Coffee Hour

Please gather in the hall for coffee and refreshment following the service.

Next Week: May 17

Ascension Sunday

Daniel 7:9-14; Psalm 24:7-10; Ephesians 1:15-23; Luke 24:44-53

Father Dara Preaches.

the Gathering of the Community

Alleluia! Christ is risen.

The Lord is risen indeed. Alleluia!

May his grace and peace be with you.

May he fill our hearts with joy.

Almighty God,

to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Common Praise 418

Draw the circle wide.

Draw it wider still.

***Let this be our song,
no one stands alone,
standing side by side,
draw the circle wide.***

**God the still-point of the circle,
'round whom all creation turns;
nothing lost, but held forever,
in God's gracious arms.**

**Let our hearts touch far horizons,
so encompass great and small;
let our loving know no borders,
faithful to God's call.**

**Let the dreams we dream be larger,
than we've ever dreamed before;
let the dream of Christ be in us,
open every door.**

Come, All You People

Alexander Gondo

**Come all you people,
come and praise your Maker;
Come all you people,
come and praise your Maker;
Come all you people,
come and praise your Maker;
come now and worship the Lord.**

**Come all you people,
come and praise the Saviour;
Come all you people,
come and praise the Saviour;
Come all you people,
come and praise the Saviour;
come now and worship the Lord.**

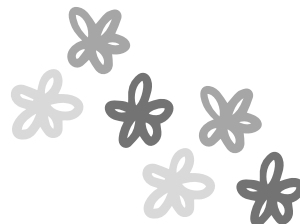
**Come all you people,
come and praise the Spirit;
Come all you people,
come and praise the Spirit;
Come all you people,
come and praise the Spirit;
come now and worship the Lord.**

Lord God,

**we depend on you for life itself, and
on seafarers to meet so many of our
daily needs. Watch over all who go
down to the sea in ships - on business,
for leisure, or to rescue those in peril
or difficulty. Keep them from danger,
befriend them in loneliness, and bring
them safely home to those they love;
through Jesus Christ our Lord. Amen.**

Commissioning of the Children

We have a wonderful program for your child this morning. They will return for Communion. Please note that all our children's workers have had a criminal record check and are approved by the Diocese of New Westminster to work with vulnerable people.



The peace of the Lord be always with you.

And also with you!

the Proclamation of the Word

We have large-print versions of the Scripture available for those who need one. Please ask a greeter for one.

The Acts of the Apostles (17:22-31).

Listen for God's Word.

Our hearts are open.

Psalms 115

Not to us, O Lord, not to us,
but to your name give glory;

**because of your love
and because of your faithfulness.**

O Israel, trust in the Lord,

who is your help and your shield.

O house of Aaron, trust in the Lord;

who is your help and your shield.

You who fear the Lord, trust in the Lord;

who is your help and your shield.

The Lord has been mindful of us

and will bless us;

blessing the house of Israel

and the house of Aaron;

those who fear the Lord will be blessed,

both small and great together.

May the Lord increase you more and more,

you and your children after you.

May you be blessed by the Lord,

the maker of heaven and earth.

The First Letter of Peter (3:13-22).

Listen for God's Word.

Our hearts are open.

Celtic Alleluia

Christopher Walker, Fintan O'Carroll

Alleluia!

The Lord be with you.

And also with you.

The Holy Gospel

of our Lord Jesus Christ according to John.

Glory to you,

Lord Jesus Christ

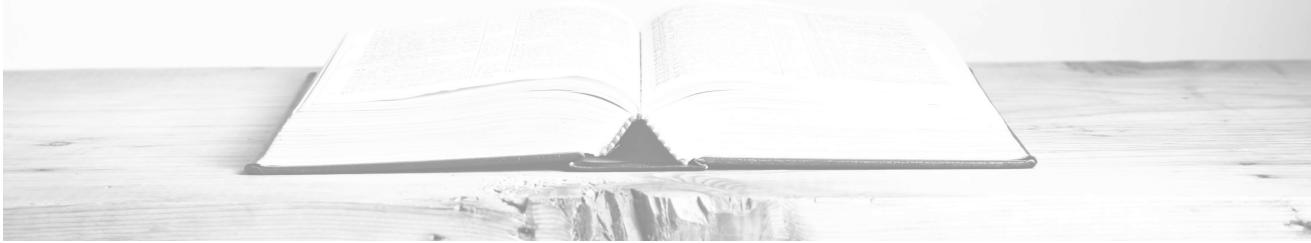
John 14:15-21

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Sermon

Sermon Notes



The Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father; through whom all things were made; who, for us and for our salvation came down from heaven; who by the power of the Holy Spirit became incarnate from the Virgin Mary, and was made human; who for our sake was crucified under Pontius Pilate; who suffered death and was buried; who, on the third day, rose again in accordance with the scriptures; who ascended into heaven and is seated at the right hand of the Father; who will come again in glory to judge the living and the dead, and whose kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father; who with the Father and the Son is worshipped and glorified; who has spoken through the prophets; we believe in one holy catholic and apostolic Church; we acknowledge one baptism for the forgiveness of sins; we look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

While we have chiefly come to give thanks to God, our second purpose for gathering is to intercede for the world. We know that "the prayer of the righteous is powerful and effective" (James 5:16).

The Confession & Absolution

Almighty God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

the Celebration of the Eucharist

*We collect our tithes and offerings and present them to the Lord. We give thanks to God for your generosity to the ministry of this community. You can give using an envelope, by signing up to our Pre-Authorized Debit program, or by using the terminal in the foyer. **Today we use Eucharistic Prayer 1 from the BAS.***

Common Praise 520

**The King of love my shepherd is,
whose goodness faileth never;
I nothing lack if I am his
and he is mine forever.**

**Where streams of
living water flow,
my ransomed soul he leadeth,
and where the
verdant pastures grow,
with food celestial feedeth**

**Perverse and foolish oft I strayed,
but yet in love he sought me,
and on his shoulder gently laid,
and home rejoicing brought me.**

**In death's dark vale I fear no ill
with thee, dear Lord, beside me;
thy rod and staff my comfort still,
thy cross before to guide me.**

**Thou spread'st a table in my sight;
thy unction grace bestoweth;
and O what transport of delight
from thy pure chalice floweth!**

**And so through all
the length of days
thy goodness faileth never;
good Shepherd,
may I sing thy praise
within thy house forever!**

Sanctus

Per Harling

You are holy, you are whole.

**You are always ever more
than we ever understand.**

You are always at hand.

Blessed are you coming near.

**Blessed are you coming here
to your church in wine and bread,
raised from soil, raised from dead.**

**You are holy,
you are wholeness, you are present.**

Let the cosmos praise you, Lord!

Sing hosanna in the highest!

Sing hosanna! Sing hosanna to our God!!

The priest continues in prayer.

The Lord's Prayer

Mallotte

**Our Father, which art in heaven, hallowed by thy
name. Thy kingdom come, thy will be done on
earth as it is in heaven. Give us this day our
daily bread, and forgive us our debts, as we
forgive our debtors. And lead us not into
temptation but deliver us from evil; for thine is
the kingdom, and the power, and the glory,
forever. Amen.**

Lord, we died with you on the cross.

Now we are raised to new life.

We were buried in your tomb.

Now we share in your resurrection.

Live in us, that we may live in you.

Alleluia! Alleluia! Alleluia!

The gifts of God for the Children of God.

Thanks be to God.

All are invited to receive Communion.

Prayer for healing is offered during communion on the right side of the sanctuary.

Common Praise 649

**Breathe on me, Breath of God,
fill me with life anew,
that I may love what thou dost love,
and do what thou wouldst do.**

**Breathe on me, Breath of God,
until my heart is pure;
until my will is one with thine,
to do and to endure.**

**Breathe on me, Breath of God,
till I am wholly thine;
until this earthly part of me
glows with thy fire divine.**

**Breathe on me, Breath of God:
so shall I never die,
but live with thee the perfect life
of thine eternity.**

Common Praise 553

**Ubi caritas et amor,
Ubi caritas, Deus ibi est.**

**Live in charity and steadfast love,
Live in charity;
God will dwell with you.**

Rain Down

Jaime Cortez

***Rain down, rain down,
rain down your love on your people.
Rain down, rain down,
rain down your love, God of life.***

**Faithful and true is the word of our God.
All of God's works are so worthy of trust.
God's mercy falls on the just and the right;
full of God's love is the earth.**

**We who revere and find hope in our God
live in the kindness and joy of God's wing.
God will protect us
from darkness and death;
God will not leave us to starve.**

**God of creation, we long for your truth;
you are the water of life that we thirst.
Grant that your love
and your peace touch our hearts,
all of our hope lies in you.**

Announcements

Glory to God,
**whose power, working in us, can do
infinitely more than we can ask or
imagine. Glory to God from generation to
generation, in the Church and in Christ
Jesus, for ever and ever. Amen.**

Blessing

Common Praise 300

**Christ is made the sure foundation,
Christ the head and cornerstone,
chosen of the Lord, and precious,
binding all the church in one,
holy Zion's help forever,
and her confidence alone.**

**All that dedicated city,
dearly loved of God on high,
in exultant jubilation
pours perpetual melody,
God the One in Three adoring
in glad hymns eternally.**

**To this temple, where we call thee,
come, O Lord of hosts, today;
with thy wonted loving kindness,
hear thy servants as they pray;
and thy fullest benediction
shed within its walls always.**

**Laud and honour to the Father,
laud and honour to the Son,
laud and honour to the Spirit,
ever three, and ever one,
one in might and one in glory,
while unending ages run.**

**Alleluia! Alleluia! Go forth into the world,
rejoicing in the power of the Spirit!
Thanks be to God! Alleluia! Alleluia!**

*Lyrics are printed with permission through:
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Financial Support

We are grateful for your stewardship of this place through your tithes and offerings. They ensure that St. Mark - Ocean Park will be a centre and a light to the community for generations to come.

If you would like to become a regular steward of the ministry of this place, please fill out a welcome card and give it to the greeter, or the priest.

Donations can be made
by **cash** or **cheque**

(made out to the Parish of St. Mark - Ocean Park),

by **Pre-Authorized Debit (PAD)**,
at the **Electronic Donation Station (EDS)** in
the foyer (please ask the usher for assistance),
by **e-Transfer** at

stmark.op.treasurer@gmail.com, or
through **CanadaHelps** on our website.

If you would like donation **envelopes**, please
connect with the office.

All donations will receive a tax-receipt in
February of the following year.



The Pulse

Youth News

No Youth Group this Week due to the Victoria Day Long Weekend

Instead, enjoy this poem...

There once was Queen Victoria, quite grand,
Who ruled over much of the land.
With a wave and a stare,
She'd say, "Mind your hair!"
"And please try to follow my plan!"



News for Kids & Families

Sunday Videos!

Check out our YouTube channel each Sunday for great videos to watch with your children!

est.mark-oceanparkanglicanc3043

Sunday School

Are you interested in helping facilitate Sunday School?

Please come talk to David!



The Lunch Basket is given this week by Brenda Horner and Ron Henze to the Glory of God and with thanks to God for His many blessings, especially the gift of mothers and the unconditional love they give to their families



Prayer Chain & Sunday Intercessions

If you, or someone you know is in need of prayer, please connect with **Lynne** at lynneh1@telus.net. She will share your request with a community of faithful intercessors!

To have a name mentioned in the Sunday Intercessions, please write their name on the sheet at the back of the sanctuary, connect with **Michael** at michael@klaverrealtor.ca, or contact the office.

Library News

The Warsaw Sisters

by Amanda Barratt

The Warsaw Sisters is a gripping WWII story of two sisters in occupied Poland—one risking her life to save Jewish children, the other fighting in the resistance. Inspired by true events, it's a moving tale of courage, sacrifice, and the bonds that hold us together in the darkest times.



News & Events

This week at the Parish

Tuesday	ACW meeting 2 pm Men's Club Dinner 6 pm
Wednesday	Holy Communion, 10 am Savvy Seniors 1 pm
Thursday	Contemplative Prayer 7 pm Choir Practice 7:30 pm
Friday	Sr. Youth Group 7:00 pm

Men's Club Dinner Meeting

Tuesday, May 12, 6 pm

Our guest speaker is Gord Monro. New comers are welcome. Please RSVP. Let Brian know today, so that the right amount of food can be prepared.

New-Comers Gathering

May 24, following the 10am service

New to St. Mark's, or feeling new? Join us for a simple lunch on Pentecost Sunday. It's a relaxed chance to meet others, share a bit of your story, and learn more about our community — no pressure, just connection.

Sign up on the table in the entry!

Donations for ACW Place

It's that time of year when **ACW Place** prepares baby bales for new mothers in communities in northern BC/YT. We are collecting **NEW layette items for infants up to 12 months.**

ACW Place is also looking for **donations of travel size toiletries.**

Handel Society of Music Choir and Baroque Orchestra Spring Concert

Saturday May 16th at 7:30pm at St. Mark's.
handelsociety.ca

Recycle with Purpose

Thank you for supporting our church through your refundables — every return makes a difference!

Please take bottles and cans directly to a Return-It depot. Pre-tagged bags and instructions are available in the hall, or use your own bag and enter 604-535-8841 at the kiosk to print a sticker.

About Mission to Seafarers

The Mission to Seafarers is a ministry offering pastoral care and practical support to seafarers visiting our ports — providing ship visits, hospitality, advocacy, and a "home away from home" for those far from family.

How you can support them:

Pray for seafarers and chaplains; **give financially** to support their work; **volunteer** your time; or **donate items** such as warm clothing, toiletries, and phone cards to bless those far from home.

For more information, visit flyingangel.ca.

Think Before You Click - Tips from the Parish Office

If someone asks you to hand over your credit card to a courier, it's a scam.

Criminals may pose as your bank, credit card company, or even the police, using urgency to pressure you into sharing your card, PIN, or personal information. They may claim your card is compromised and needs to be collected and replaced. They might send a courier to collect your card, promising it will be returned once the "investigation" is complete, or that a replacement card is on the way.

Do not share sensitive information or give your card to anyone. Legitimate organizations will never ask for this.

If something feels off, trust your instincts—refuse the request and contact your bank directly to verify.

Talk to someone you trust if you're unsure. Contact your bank or service provider directly to verify any request.



The Spirituality of Invitation

Take a copy of this booklet and begin exploring how God is inviting you to live, pray, and reach out to others in this Year of Invitation.

Baptism Sunday

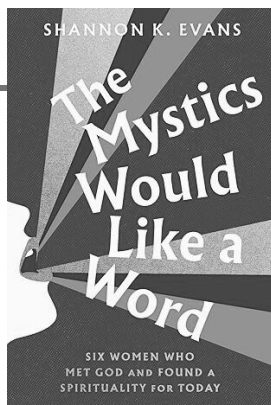
We will celebrate the new life of Jesus through baptism at the 10am service on **June 28**. If you would like to be baptized, or know someone who might be, please get in touch with David.



Kids Club Training

To help support our new Kids Club on Sunday mornings, there will be a leadership training on May 31st and June 7th following the 10 am service. All are welcome to come learn about the program and how we can make church a place of spiritual nourishment for the youngest of God's children!

Please RSVP!



Lent/Easter Book Study with Father Dara

Thursday at 6pm

The Mystics Would Like a Word:

Six Women Who Met God and Found a Spirituality for Today

May 14, Julian of Norwich



Sometimes the most powerful way we can love our neighbour happens quietly – in prayer. Prayer allows us to carry others before God. When we pray for someone, we acknowledge that their life matters to God and to us. Intercessory prayer connects our compassion with God's care.

Jesus frequently prayed for others. He prayed for his disciples, for those who were suffering, and even for those who opposed him. In doing so, he revealed that prayer is not only personal – it is relational.

When we pray for our neighbours, our hearts begin to change. We become more patient, more compassionate, and more attentive to their needs.

Spiritual Practice #2: Holy Intercession

Consider choosing one person this week to pray for each day: a friend, a co-worker, a family member, or even someone you find difficult. Hold their name before God and ask for blessing, healing, and peace in their life. **Continue to hold the Five People you have dedicated to pray for this year.**

Prayer quietly weaves love into the unseen places of the world.

Faithful God, we bring before you the people in our lives. Bless them, strengthen them, and guide them. As we pray for others, deepen our love and help us become instruments of your peace. Amen.

Daily Bible Readings

Monday Matthew 13:1-16

Wednesday Matthew 22:41-46

Friday John 15:1, 6-16

Tuesday Matthew 13:18-23

Thursday Matthew 28:16-20

Saturday Matthew 7:28-8:4



the Parish of St. Mark - Ocean Park
STMARKBC.ORG

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