

# WELCOME TO METROPOLITAN UNITED CHURCH

*Hope, Healing and Beauty in Jesus' name*



*Garden at the Northwest corner of the church (note the blooming Saskatoon Berry bush in the background!)*

## **THE SIXTH SUNDAY OF EASTER | MOTHER'S DAY** **May 10, 2026**

We are an Affirming Congregation, offering welcome and companionship to all, inclusive of age, ethnicity, gender identity, differing abilities, and sexual orientation.

For thousands of years, this land has been the traditional home of the Huron-Wendat, the Seneca, and the Mississaugas of the Credit, covered by Treaty 13. It is still home to Indigenous people from across Turtle Island.

We are grateful to work, live and worship on this land.

# ORDER OF SERVICE

♪ indicates “please stand as you are able.” Our services are livestreamed, so please be aware that you may appear on camera. If you have children with you, there is Sunday School and a quiet play area at the back of the sanctuary.

## CARILLON PRELUDE

**ORGAN PRELUDE**    *Voluntary IV: Larghetto - Allegro moderato*    Theophania Cecil, 1782-1879  
*Cantabile, from Organ Symphony no. 1*    Elfrida Andrée, 1841-1929

*~ We are gathered in Christ ~*

## WORDS OF WELCOME

♪ **PROCESSIONAL HYMN 270** *Dear Mother God*

*HIGHWOOD*

## ♪ INVITATION TO WORSHIP

One:        We've come to worship God,  
              who loves us without condition or exception,  
**All:        who knows us even better than we know ourselves,**  
One:        whose presence never leaves us,  
              and whose love for us never ceases.  
**All:        This is good news!**  
              **Let us worship God together!**  
One:        The Lord be with you.  
**All:        And also with you.**  
One:        Let us pray. *(please be seated)*

## PRAYER OF APPROACH AND CONFESSION

### SILENCE FOR PRIVATE PRAYER

**KYRIE** *(All) More Voices 69*

William S. Kervin

*Kyrie eleison (God, have mercy)*

## ASSURANCE OF PARDON

♪ **ACT OF PRAISE** *(All) 169 v1 Good Christians All, Rejoice and Sing*

*VULPIUS*

*Good Christians all, rejoice and sing! Now is the triumph of our King!  
To all the world glad news we bring: Hallelujah, hallelujah, hallelujah!*

*~ We encounter the Word ~*

## READING

**Psalm 66:8-20**

“Bless our God, O peoples”



## OFFERTORY HYMN 541

OLD 100TH

Praise God from Whom all blessings flow; Praise God, all creatures high and low;  
Give thanks to God in love made known: Creator, Word and Spirit, One. Amen.

## DEDICATION OF OFFERING

## SACRAMENT OF COMMUNION

### GREAT THANKSGIVING

One: Lift up your hearts.

All: **We lift them up to the Lord.**

One: Let us give thanks to the Lord God.

All: **It is right to give God thanks and praise.**

One: Let us pray. *(please be seated)*

## EUCCHARISTIC PRAYER

**SANCTUS AND BENEDICTUS** *(choir only)* from The Praier Booke Noted (1550) John Merbecke

**AGNUS DEI** *(choir only)* from The Praier Booke Noted John Merbecke

## DISTRIBUTION

*The elements are communion wafers and grape juice. Please follow the usher's lead and come forward by rows. We will be taking communion by intinction, meaning you will receive a wafer, which you will then dip in the cup. Gluten-free elements are available at the left-hand station with Rev. Jason. If you wish to remain in your pew, a server will bring the elements to you.*

**MUSIC DURING COMMUNION** *Ubi caritas* Maurice Duruflé, 1902-1986

Where charity and love are, God is there. Christ's love has gathered us into one. Let us rejoice and be pleased in Him. Let us fear, and let us love the living God. And may we love each other with a sincere heart. - *Antiphon for the washing of feet on Maundy Thursday*

## PRAYER AFTER COMMUNION

### LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name,

Thy kingdom come, thy will be done, on earth, as it is in heaven.

Give us this day our daily bread,

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil:

For thine is the kingdom, the power, and the glory forever and ever. Amen.

~ *We are sent to offer hope, healing and beauty in Jesus' name* ~

♪ **RECESSIONAL HYMN 236** *Now Thank We All Our God*

NUN DANKET

## ♪ **COMMISSIONING AND BLESSING**

♪ **BLESSING 429** *(All - please turn toward the centre)*

William Wright

May the blessing of God be upon you. May God's love light all your way.

May the grace of Christ enfold you and peace around you stay.

May the Spirit of God dwell within you. May you live in joy each day.

♪ **ORGAN POSTLUDE** *Ye Choirs of New Jerusalem*

Florence Durell Clark, 1899-1977



Leading in worship are **Dr. Mona LaFosse** and **The Rev. Jason Meyers**. Reading the lesson is **Wendy Hurst**. The ministry of music is offered by Wayne C. Vance Carillonneur **Dr. Elisa Tersigni**, Minister of Music **Dr. Jonathan Oldengarm**, Wayne C. Vance Organ Scholars **Edward Xu** and **Ethan Duan**, the **Metropolitan Choir**, Minister of Music Emerita **Dr. Patricia Wright**, pianist **Lexie Landerkin**, and the **Metropolitan Choristers** (conducted by **Alessia Signorella**). Members of our Care Staff are **Siva Selva** and **Krissy Borsa**. Our sound and livestream technicians are **Paya Dehghani** and **Nishaanth Siva**. Metropolitan's livestreaming equipment was made possible thanks to the generosity of **Wayne C. Vance**. Music reprinted with permission under One Licence #707-069. All rights reserved.

## MUSIC NOTES

On this Mother's Day Sunday, we take the opportunity to celebrate music composed and performed by women. **Theophania Cecil** spent much of her career as an organist of St John's Chapel, Bedford Row, London, England. Her collection of 12 voluntaries finds an original voice, while sitting solidly in the tradition of the Wesleys, William Russell and others, reflecting the influences of Handel and Mozart in equal measure. The Swede **Elfrieda Andrée** was a pioneer in several areas: she was the first Swedish woman to conduct a symphony orchestra, and the first female telegraphist; she successfully campaigned with her colleagues to allow women to qualify as professional organists in the Scandinavian church music system. The *Andante* from her *Symphony no. 1* features lush, late-Romantic harmonies, and sweeping, elegant melodic development growing from the intervals of the minor second and major sixth. The Ontarian **Florence Durell Clark** studied with Sir Ernest MacMillan, Ella Howard and others, and was active in composition, orchestral string playing, and a variety of church positions. Her setting of the Eastertide plainchant *Ye Choirs of New Jerusalem* is a tone poem in the spirit of Herbert Howells' *Psalm Preludes*, and is dedicated to the legendary Charlie Peaker, a giant of the mid-century Canadian scene.

## UPCOMING PROGRAMS AND EVENTS

*Zoom and livestream links in Met Connect and at metunited.ca*

### **SUNDAY, MAY 10th | The Sixth Sunday of Easter | Mother's Day**

- 9:30 am Choristers
- 10:00 am Library Open (re-opens 12:15 pm)
- 10:30 am Nursery
- 11:00 am Worship
- 11:15 am Sunday School
- 12:30 pm Affirm Meeting
- 12:30 pm New Members Class (*Chancel Room & Zoom*)

### **MONDAY, MAY 11h**

- 8:00 pm Centring Prayer (*Zoom*)

### **TUESDAY, MAY 12th**

*Please note that there is no Celtic Communion this week*

- 6:00 pm Trustees
- 6:30 pm Young Adults Social (*Flanders Library*)
- 7:00 pm Metropolitan Silver Band

### **WEDNESDAY, MAY 13th**

- 12:00 pm Zoom Bible Study (email Rev. Jason for details) (*Zoom*)

### **THURSDAY, MAY 14th**

- 8:45 am Thursday Morning Bible Study (*Zoom*)
- 10:45 am Rimbala (*Chancel Room & Zoom*)
- 12:00 pm Noon at Met
- 1:00 pm Knitting Group (*Learning Room & Zoom*)
- 4:00 pm Chop Chop (*Prep for Friday Community Meal*)
- 5:00 pm Wild Church (*Biidaasige Park*)
- 6:00 pm Stewardship Committee
- 6:30 pm Handbell Choir
- 7:00 pm Beatitudes for Progressive Christians (*Flanders Library*)
- 7:30 pm Metropolitan Choir

### **FRIDAY, MAY 15th**

- 10:30 am Community Meal

### **NEXT SUNDAY: MAY 17th | The Ascension of the Lord**

- 9:30 am Choristers
- 10:00 am Library Open (re-opens 12:15 p.m.)
- 10:30 am Nursery
- 11:00 am Worship Service - The Rev. Mark Aitchison preaching (*Sanctuary and Livestream*)
- 11:15 am Sunday School

## COMMUNITY NEWS

### NEW MEMBERS CLASS TODAY

If you are interested in deepening into the life of our community, a class for prospective new members will be offered after worship in the Chancel Room.

### WILD CHURCH IN BIIDAASIGE PARK

All are welcome to join in our monthly nature based worship service. We will be gathering in the new Biidaasige Park along the waterfront at 5pm on Thursday, May 14. Look for the big owl!

### FREE RANGE BIBLE STUDY - MAY 26

All are welcome to join Rev. Jason and "open up the Word out in the world!". We will gather at 6pm on Tuesday, May 26 at the tables outside of Riverdale Farm in Cabbagetown. Please bring a Bible and a snack for sharing. We will be discussing Genesis 1:1-2:4a. Please let Rev. Jason know if you are interested in participating.

### FOUR SEASONS OF HUNGER | SPRING INTO SUMMER DONATIONS

Spring is a time of rejuvenation and new hope. As we savour spring colours and warmer weather, please consider a gift to our Met Community Meal Program. Your gift will help us feed more who are hungry. Thank you for your support! Please give generously. Donations can be made by cheque or e-transfer to [donations@metunited.ca](mailto:donations@metunited.ca). (Please clearly mark "Community Meal". They can also be made online using the QR code.)



### NOON AT MET

This Thursday, the Noon at Met recitalist is baritone James Coole Stevenson.

### PLAN AHEAD:

- May 24 - Pentecost, Doors Open Toronto and Welcoming New Members. Affirm Brunch at the Firkin on Yonge pub. Silver band concert at 1:00pm.
- May 31 - Annual General Meeting after worship
- June 7 - Visual Arts themed service followed by a Lunch and Learn on Met's approach to Visual Arts
- June 14 - Outdoor service with the Metropolitan Silver Band and a blessing of the pets. BBQ to follow.
- June 21 - Indigenous Day of Prayer service. Session after worship on Funeral Planning.

**TOMORROW'S GIFT TO METROPOLITAN?** You may arrange a gift today that will come to Metropolitan in the future. Once you have taken care of your loved ones, please remember our church with a gift of any amount in your will. For information, please contact Doug Flanders at (416) 769-2746; email [dougflanders@sympatico.ca](mailto:dougflanders@sympatico.ca). **A legacy — it's ours to leave.**

### CONTINUED GIVING

Scan the QR code to be directed to our giving page. You can continue to mail in envelopes and/or cheques to the church, or arrange a pre-authorized remittance for regular giving (PAR) from your bank account, or credit card - forms at [metunited.ca/donate](http://metunited.ca/donate). Please contact Elena Pejcinovska, Financial Manager at [elenap@metunited.ca](mailto:elenap@metunited.ca) or 416-363-0331 ext. 229 with any questions.



## DIRECTORY

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Minister of Music: Dr. Jonathan Oldengarm, ext. 226 ([jonathano@metunited.ca](mailto:jonathano@metunited.ca))  
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Nursery Attendant: Johnavac Abraham  
Library: Marion Lick and Maureen Maguire ([library@metunited.ca](mailto:library@metunited.ca))



## Ministry of Music

Minister of Music: Dr. Jonathan Oldengarm, ext. 226 ([jonathano@metunited.ca](mailto:jonathano@metunited.ca))  
Wayne C. Vance Organ Scholars: Ethan Duan & Edward Xu  
Metropolitan Choir Lead Singers: Noelle Slaney, Gisele Kulak, Valeria Kondrashov, Michelle Simmons, Alexander Cappellazzo, Alain Paquette, Ian Speck, Matheus Coelho, Parker Clements  
Director, Great Heart Youth Ensemble: Dr. Benjamin Stein  
Conductor, Metropolitan Choristers: Alessia Signorella  
Wayne C. Vance Carillonist: Dr. Elisa Tersigni  
Director, Metropolitan Silver Band: Fran Harvey



## Administrative Ministry

Executive Director: Dr. David Harrison, ext. 222 ([davidh@metunited.ca](mailto:davidh@metunited.ca))  
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