



# Heart of the Matter Ministries

## A Guide for New Believers

### ✦ WELCOME TO CHRIST PACKET

“A New Life Has Begun!” – 2 Corinthians 5:17

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#### 📖 1. Congratulations—You Are Now in Christ!

If you have confessed Jesus as Lord and believed in your heart, you are saved! Let us know by clicking this [Link](#) or emailing us at [contactus@heartmatterministries.org](mailto:contactus@heartmatterministries.org)

##### Key Scripture:

- “If you declare with your mouth, ‘Jesus is Lord,’ and believe in your heart that God raised him from the dead, you will be saved.” Romans 10:9 NIV

##### What Just Happened?

- You are **forgiven** (Colossians 1:14)
- You are **born again** (John 3:3)
- You are now a **child of God** (John 1:12)
- You are **complete in Christ** (Colossians 2:10)

👉 This is not just a moment—it is a **new identity and new life**.

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#### 👤 2. Your First Steps in Your New Walk

##### 1. Pray Daily

Prayer is simply talking to God.

##### Start simple:

“Lord, thank You for saving me. Teach me, guide me, and help me follow You.”

##### Scripture:

- 1 Thessalonians 5:17 – “*Pray continually.*”

This does not mean you must be on your knees speaking formal prayers every moment of the day. Instead, it describes a **continuous attitude of connection with God**, a life that stays aware of Him, responsive to Him, and dependent on Him.

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##### 2. Read the Bible

God speaks through His Word.

##### Start here:

- Gospel of John
- Psalms
- Proverbs

##### Scripture:

- 2 Timothy 3:16 NIV “*All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness,*”
- 2 Timothy 2:15 NIV “*Do your best to present yourself to God as one approved, a worker who does not need to be ashamed and who correctly handles the word of truth.*”

##### Resources:



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- If you do not have a Bible, download the “Bible” app on your mobile device from the app store.
- Secure a “Holy Bible” from a local store, particularly one that indicates it is a ‘red letter’ Bible, which means the words of Christ are written in the color red.
- Feel free to contact Heart of the Matter Ministries at [contactus@heartmatterministries.org](mailto:contactus@heartmatterministries.org) if you cannot secure a Holy Bible.

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### 3. Stay Connected to Christ

Jesus said:

- John 15:5 – *“Without me ye can do nothing.”*

👉 Spend time with Him daily, this is how you grow.

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### 4. Turn Away From Sin (Repentance)

You are not expected to be perfect, but you are called to grow.

**Scripture:**

- Acts 3:19 – *“Repent ye therefore...”*

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### 5. Get Baptized

Baptism is your public declaration of faith.

**Scripture:**

- Acts 2:38 NIV *“...Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit.”*

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### 3. What to Expect in Your Journey

**You May Experience:**

- Joy and peace
- Spiritual growth
- Temptation and challenges

👉 This is normal. Always remember, God is with you.

**Scripture:**

- Philippians 1:6 NIV *“being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.”*

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### 4. Renew Your Mind

Your thinking will begin to change as you grow.

**Scripture:**

- Romans 12:2

👉 Replace:

- Fear → Faith
- Lies → Truth



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- Doubt → God’s Word

### Renew Your Mind Daily

**Recognize**, notice the thought  
**Reject** what contradicts God  
**Replace** it with Scripture

**Recognize → Reject → Replace**

**2 Corinthians 10:4**  
 (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;) KJV

**2 Corinthians 10:5** Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ; KJV

**Awareness**, Recognize the Thought and ask yourself is it from God. 1 John 4:1 “...Beloved, believe not every spirit”,

**Cast Down the Thought**, When a thought opposes God’s Word, immediately reject it. And replace it with the truth.

**Take the Thought Captive**. Instead of letting the thought control us, submit it to Christ.

**Replace the Thought With Truth**. We simply can not remove thoughts, we replace them with truth. Isaiah 26:3 “*Thou wilt keep him in perfect peace, whose mind is stayed on thee.*”

**Maintain the Mind Daily**. Taking thoughts captive is a **continual discipline**, not a one-time action. Romans 12:2 “*Be ye transformed by the renewing of your mind.*”

Let this mind be in you which is also in Christ Jesus. Philipians 2:5-8

### 5. You Are Not Meant to Walk Alone

Christianity is not a solo journey.

#### Scripture:

- Hebrews 10:25

#### You need:

- Fellowship
- Teaching
- Encouragement

This leads to your next step: **find a church**. A church that teaches the whole Bible and one that will help you grow as one of Christ’s disciples. All Christians called to proclaim the gospel of Jesus Christ.

Mark 16:15 NIV Jesus speaking says “...’*Go into all the world and preach the gospel to all creation.*”

- Matthew 28:19-20 NIV Jesus speaking says “*Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.*”

### 6. Get Planted and Grow

Once you find a church:

- Attend regularly
- Join a group
- Serve



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### Scripture:

- Psalm 92:13 – *“Planted in the house of the Lord...”*
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### **SAMPLE DAILY STARTER PLAN**

#### Daily (15–30 mins):

1. Pray (5 mins)
2. Read Bible (10–15 mins)
3. Reflect or journal (5–10 mins)

This is only a suggestion. Do not be held bondage to this format or timeline. Ask the Holy Spirit to guide you to the best approach for you. And when you miss a step or day, repent and continue on your journey.




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### **DISCIPLESHIP PATHWAY**

You are beginning the most important journey of your life.

#### **Philippians 4:13**

*“I can do all things through Christ which strengtheneth me.”*

-  God is with you.
-  You are not alone.
-  You are called, chosen, and loved.